



Walk-In Hours
 M W F 11am—5pm
 Tu Th 11am—7pm
 Some Saturdays

Open to all and ALWAYS FREE!

fsc Camden@gmail.com
 www.orchardsfsc.org

Mon	Tues	Wed	Thurs	Fri	Sat
2	3 Healthcare App. Help 1:30pm - 5pm ----- Budget 101: Taking Control of Your Money 6pm - 7pm	4 NJ Mentor Job Fair 11am - 3pm ----- Beginner's Yoga 4pm - 5pm	5 South Jersey Gas Info Session 5:30pm - 7pm ----- ESL 5:30pm - 7pm	6 Healthcare App. Help 11am - 5pm ----- Line Dancing 3:30pm - 4:30pm	7 Zumba 10am - 11am <i>*Off premises</i> <i>242 Sicklerville Rd</i>
9	10 Healthcare App. Help 1:30pm - 5pm ----- Ladies Night In Relax & Make Soap 5:30pm - 7pm	11 Rosetta Stone Eng., Span., Ital. 3:30pm - 5pm	12 Tax Prep 5:30pm	13 Line Dancing 3:30pm - 4:30pm	14
16	17 CPR & First Aid Training 3pm - 7pm	18 CENTER CLOSED	19 Eldercare 5:30pm - 7pm ----- Family Crafts 5:30pm - 6:30pm	20 Healthcare App. Help 2pm - 5pm ----- Line Dancing 3:30pm - 4:30pm	21 Zumba 10am - 11am <i>*Off premises</i> <i>242 Sicklerville Rd</i>
23 Every Monday A.C.C.E.S.S. 11am - 2pm	24 Healthcare App. Help 1:30pm - 5pm	25 Rosetta Stone Eng., Span., Ital. 3:30pm - 5pm	26 Family BINGO 5pm - 6pm	27 Healthcare App. Help 11am - 5pm ----- Line Dancing 3:30pm - 4:30pm	28
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Center Highlights

NJ Mentor Job Fair: Come out for an afternoon of networking with NJ Mentor to find your next job.

Budget 101: Taking Control of Your Money: Take control of your finances in this budget workshop!

CPR & First Aid Training: For anyone wishing to get their certification or re-certification.

Classes De ESL Gratis! / FREE Conversational ESL: Estamos ofreciendo clases gratuita de conversacion en Ingles como Segundo Idioma. Regístrese para asistir a nuestra clase para practicar su habilidades. / Join our FREE Conversational ESL class to practice speaking English and to advance your speaking and listening skills.

Seminars/Classes

ACCESS: Access to Computers, Create, Explore, Seek & Succeed. Every Monday, open access to computers for resume & job searching. One-on-one resume by appointment only.

Healthcare Application Help: Meet with a Healthcare Navigator to apply for health insurance for you & your family!
*Please call for instructions on how to register.

Eldercare Series: Come learn information & ask questions with professionals! Example topics include Advanced Directives, Living Wills, Healthcare Proxies, Assisted Living vs. Nursing Homes, & much more!

Ladies Night In: Calling all ladies! Join us as we take time to relax & unwind with adult crafts!

Taking Care of Ourselves: How do you practice self-care? Tips and tricks to taking the best care of ourselves!

Family Activities

Family Bingo: A fun & interactive workshop to win prizes and have fun with family bingo!

Family Zumba: A fun exercise class that makes getting fit an enjoyable experience, for ages 8 & up! *Off premise at 242 Sicklerville Road, Sicklerville. (Back of CCU Daycare Building).

Family Crafts: A fun & interactive workshop for families to work together on creative crafts!

Beginners Family Yoga: Learn basic poses & techniques—breathe, balance, relax & increase flexibility. Ages 8 and up are welcome to attend. Led by a certified instructor!

Always Available

Computer Stations - Stop in anytime during our open hours to use our computers. Free access available to GED/SAT/ACT prep programs, basic typing programs, Rosetta Stone language learning and tutoring computer programs are always available for your use.

Resources - Call, email or come in for any resources.

Volunteering - Want to share your time or talents? Learn more about all the wonderful volunteer