

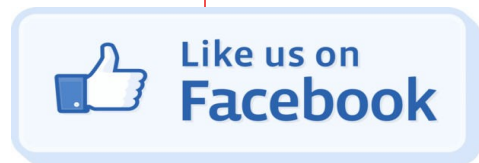
August

Walk-In Hours
 M W F 11am—5pm
 Tu Th 11am—7pm
 Some Saturdays

Open to all and ALWAYS FREE!

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 www.orchardsfsc.org

Mon	Tues	Wed	Thurs	Fri	Sat
Every Monday A.C.C.E.S.S. 11am - 2pm		1 Beginner's Yoga 4pm - 5pm	2 Cooking Matters 5:30pm - 7pm	3 Healthcare App. Help 2pm - 5pm ----- Line Dancing 3:30pm - 4:30pm	4 Zumba 10am - 11am <i>*Off premises Call for location</i>
6	7 Healthcare App. Help 1:30pm - 5pm ----- Beauty Facials Extravaganza 5:30pm - 7pm ----- Book Club 6pm - 7pm	8 Rosetta Stone Eng., Span., Ital. 3:30pm - 5pm	9 Cooking Matters 5:30pm - 7pm	10 Healthcare App. Help 11am - 5pm ----- Line Dancing 3:30pm - 4:30pm	11
13	14 Healthcare App. Help 1:30pm - 5pm ----- Book Club 6pm - 7pm ----- Tutu Creations 5:30pm - 7pm	15 Beginner's Yoga 4pm - 5pm	16 Cooking Matters 5:30pm - 7pm	17 Line Dancing 3:30pm - 4:30pm	18 Zumba 10am - 11am <i>*Off premises Call for location</i>
20	21 Healthcare App. Help 1:30pm - 5pm ----- Book Club 6pm - 7pm	22 Rosetta Stone Eng., Span., Ital. 3:30pm - 5pm	23 Cooking Matters 5:30pm - 7pm	24 Healthcare App. Help 2pm - 5pm ----- Line Dancing 3:30pm - 4:30pm	25 Winslow Twp. Family Day <i>*See legend for details</i>
27	28 Healthcare App. Help 1:30pm - 5pm ----- Book Club 6pm - 7pm	29 Water Fun Pregnancy & Parenthood 11:30am - 1:00pm	30 Family BINGO 2pm - 3pm ----- Cooking Matters 5:30pm - 7pm	31	



Featured Events

Beauty Facials Extravaganza: Join us for an evening of fun doing our own beauty facials. Come as you are and leave like a star!

Water Fun: Pregnancy & Parenthood: Register today to enjoy our summer water fun! Water balloons, buckets of water, sponges, popsicles, and more!

Cooking Matters: Join this 6 week course, you and your family! Meals, nutrition, cooking demonstrations, free groceries, and so much more go on in this amazing family cooking class. Don't miss it!

Winslow Township Family Day: Join us at New Brooklyn Park for Winslow Township's Annual Family Day from 2pm - 8pm. Enjoy live entertainment, give-a-ways, food, fun & much more! Don't forget to visit your family success center's table from 2pm - 4pm for free goodies & fun!

Seminars/Classes

ACCESS: Access to Computers, Create, Explore, Seek & Succeed. Every Monday, open access to computers for resume & job searching. One-on-one resume by appointment only.

Line Dancing: Get ready for this season's weddings, graduations & other parties by learning the most popular line dances.

Healthcare Application Help: Meet with a Healthcare Navigator to apply for health insurance for you & your family! *Please call for instructions on how to register.

Book Club: Do you love to read? So do we! Let's discuss what we're reading and reflect with a group of fellow readers.

Family Activities

Family Bingo: A fun & interactive workshop to win prizes and have fun with family bingo!

Family Zumba: A fun exercise class that makes getting fit an enjoyable experience, for ages 8 & up! *Off premises.

Family Yoga: Learn basic poses & techniques—breathe, balance, relax & increase flexibility. Ages 8 and up are welcome to attend. Led by a certified instructor!

Tutu Creations: Bring in your kids for this fun class learning how to make their own tutus while discussing self confidence!

Always Available

Computer Stations - Stop in anytime during our open hours to use our computers. Free access available to GED/SAT/ACT prep programs, basic typing programs, Rosetta Stone language learning and tutoring computer programs are always available for your use.

Resources - Call, email or come in for any resources.

Volunteering - Want to share your time or talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center. Training for these opportunities is available.