

PARAMOUNT
FOSTER CARE

Fostering.....

*A Child
Friendly Guide*

*10 years and
under*

This guide can be available in different ways, for example in another language or in Makaton, tape recording or pictures. Please speak to Paramount Foster Care – Contact details found at the back of this guide.



What Paramount Foster Care does...

We are a fostering agency that aims to make sure all children that come into care are given a....

safe family home to live in



where they will be happy



have the right support to develop who they are



be able to do well in the future.



You're a Star



So tell me about yourself....

My name is:.....

My age is:.....

I like:
.....
.....
.....

I don't like:
.....
.....
.....



A little bit
about my
foster
carers'....

My foster carer(s) are called:

.....
.....

I will be living at:

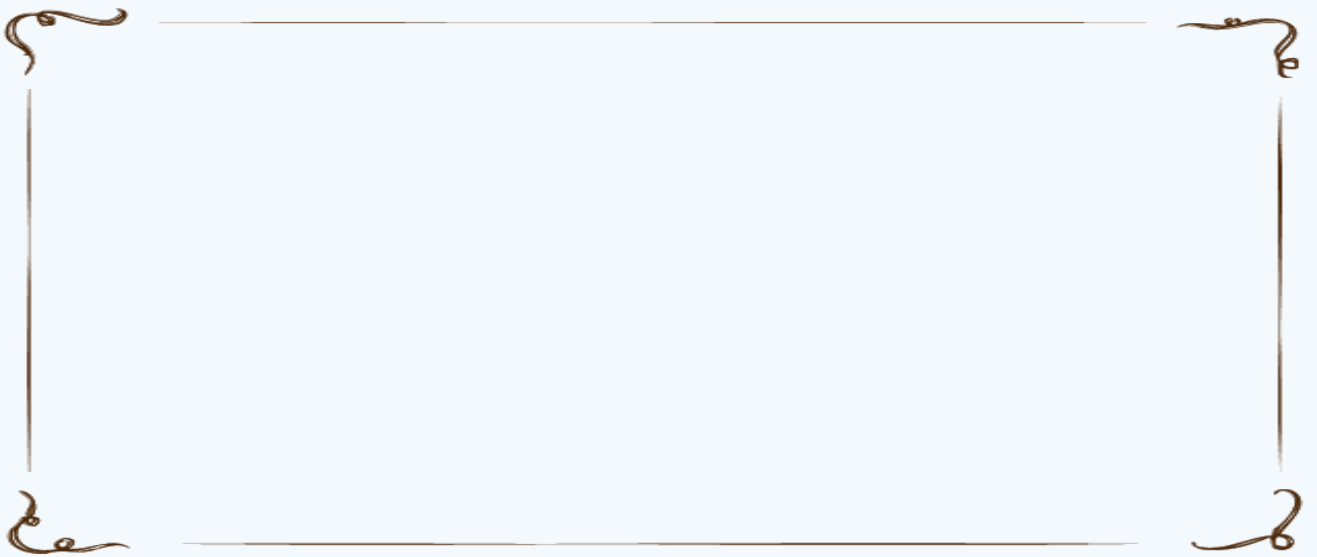
.....

Name/s of other people/pets living there:

.....
.....

My foster carer(s) telephone numbers is/are:

.....



In the box above, you can draw a picture of all the people you will be living with.

All about the word....Fostering

What is Fostering?

Fostering is a way where foster carer(s) are there to provide a stable family life for children or young people.

Who are foster carers'?

These are chosen adults who will look after children that are not able to live with their family in their own home.

Foster carer(s) are there to make sure you are healthy, happy and safe.

These carers sometimes have their own children or other children that they care for, who are living at the house.

Foster carer(s) will;

- feed you, clothe you, provide a shelter for you, take you to school and help you to be as independent as you can be;
- support you in doing things that you will enjoy;
- provide you a bedroom, where you can play, sleep and do your homework;
- set some rules and help you be the best that you can be.



Social Worker.... Who are they and what do they do?

A social worker is another adult who wants the best for you.

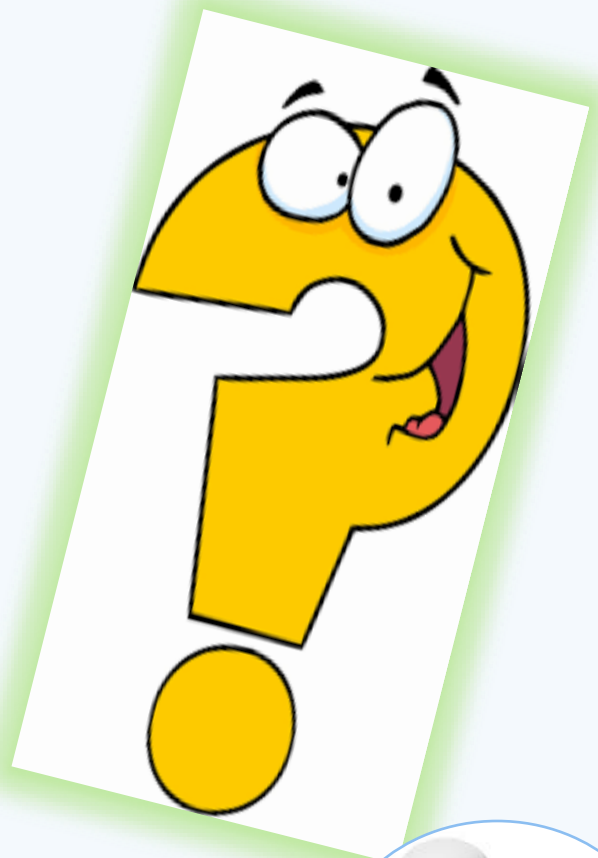
What will my social worker do?

Like foster carer(s), a social worker is another person that wants you to be healthy, happy and safe.

When you first move to your new home, your social worker will take you there to show you your new home. They will show you; your bedroom, where you will play, where you will eat and where you will spend most of your time with you carers. You will also meet other people, if they are living in the house, including any pets.

After this your social worker will regularly meet with you to see if you are OK. If you have any worries, you can share these with your social worker when you meet them.

Your social worker will let you know which of your family members you can meet and when you can meet them. But sometimes not all children can see their family.



My social worker contact name and number is:



REMEMBER you can talk to your social worker about anything and share jokes with them if you want to.

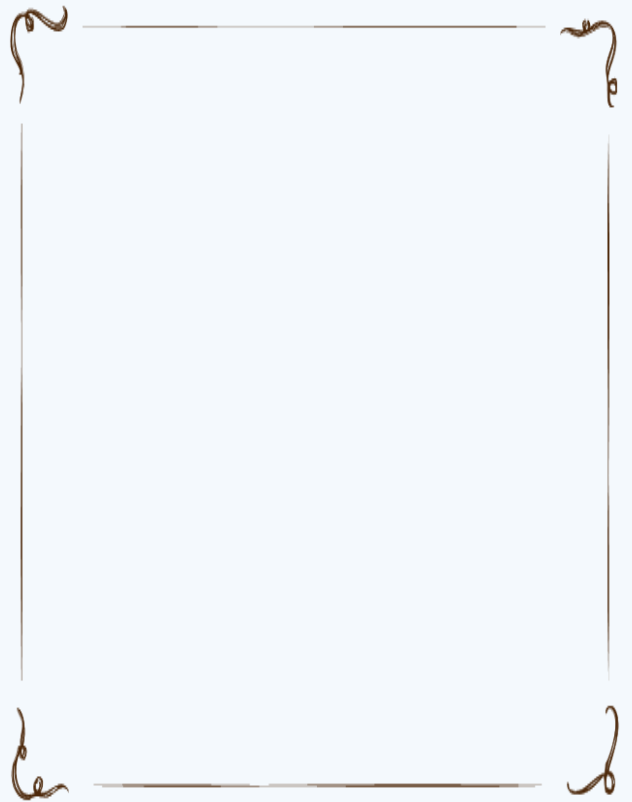
Colour me in...



My Rights and My Future

I have the right to;

- be respected and for adults to treat me equally and listen to me;
- an education, healthcare and advice related to information that matters to me the most;
- enjoy my religion and culture;
- be supported with my disability;



Most importantly I have the right to be safe, secure and protected. If someone is taking away my rights I can speak to my social worker.

In the box above, you can draw a picture of yourself.

My future

During your stay with your foster carer(s) there will be many meetings where all the important grown-ups will get together and make plans for your future. These plans will be written down in your care plan. Your care plan is all about you. Your social worker and other people who care for you will ask you what you think should be in your plan.

A person called the **Independent Reviewing Officer (IRO)** will lead these meetings. I can contact the IRO if I have any worries or concerns.

Bullying?

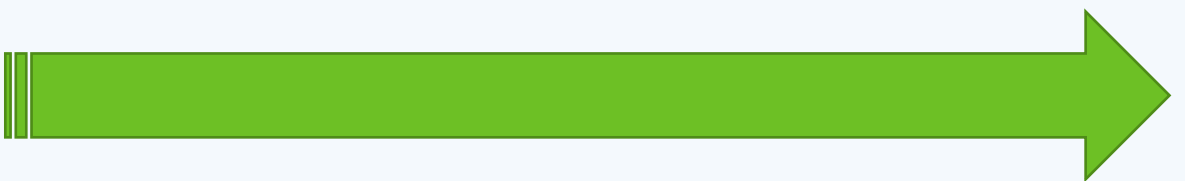
Bullying is behaviour that hurts someone else. It includes:

- *name calling,*
- *hitting,*
- *pushing,*
- *spreading rumours,*
- *threatening or undermining someone.*

It can happen anywhere – at school, at home or online. It's usually repeated over a long period of time and can hurt a child both physically and emotionally.



If you feel that you are being bullied at school or somewhere else, you can talk to some of the people/organisations mentioned on the next page..



What if something goes wrong?

If something is wrong, you can speak to anyone you can trust.

Here are some people you can talk to....



My foster carer(s)

My Social Worker

My Teacher

A grown up I can trust

Ofsted – These people make sure the fostering agency is doing a good job

Childline

My IRO –Independent Reviewing Officer

You can contact any one of the following people/organisations if you also want to complain....

Paramount Foster Care

SMA House
172 Birmingham Road
West Bromwich
B70 6QG
Call: 0121 582 4005

Children's Commissioner for England

Sanctuary Buildings
20 Great Smith Street
London
SW1P 3BT
Call: 020 7783 8330
Email: help.team@childrenscommissioner.gov.uk



Ofsted

Piccadilly Gate,
Store Street,
Manchester M1 2WD
Call: 0300 123 1231
Email: enquiries@ofsted.gov.uk

ChildLine

24 hour helpline for children in distress.
Call: 0800 1111 (freephone)
Email: www.childline.org.uk

You can also use an **advocate** (someone else that can help you with many things including making a complaint for you).

Coram Voice

Call: 0808 800 5792

Email: help@coramvoice.org.uk

Or speak to your **Independent Reviewing Officer (IRO)**.

Their name is:

.....

Their contact number is:

.....

The outcome of your complaint will be shared with you in your preferred way.

Can you find the 5 differences?





Paramount Foster Care

Address:

SMA House
172 Birmingham Road
West Bromwich
West Midlands
B70 6QG

Telephone:

0121 582 4005

Email:

info@paramountfostercare.co.uk