



Wings Support & Recovery

Program Expectations

Please review this document and sign below to acknowledge your willingness to enter the Peer Recovery Support program. To be matched with a Peer Recovery Supporter you must first sign this agreement.

Here is what you can expect from us:

- We will work to inspire hope of recovery from mental illness, addiction or co-occurring disorders.
- We will share lived experience in an appropriate way to foster connectedness and relationship building with peers.
- We will listen and empathize with the peer’s pain and isolation while encouraging growth in recovery.
- We will assist in exploring options to overcome barriers to recovery.
- We will provide a person-centered approach to peer support that taps into a peer’s strengths to build recovery capital.
- We will help develop strategies for improved communication skills and self-advocacy: encouraging a proactive role in their own behavior and physical health.
- We will support the peer in developing a relapse prevention plan.
- We will keep our relationship with you confidential. We will not monitor any participant’s abstinence or report on any participant’s use of substances. We will only recognize participation in the program, and regularity of contact with your Peer Recovery Supporter, if you request this information be released.
- We are ethically obligated to report a participant’s disclosure of personal involvement with child abuse or neglect, elder abuse or neglect, threatened self-harm, or threatened harm to others.

Here is what we expect from you:

- Your recovery is your responsibility. The Peer Recovery Supporter will help you find your own pathway of recovery, but the choices and decisions you make are your own responsibility.
- Please keep your appointments with your Peer Recovery Supporter and strive to be on time. If you are unable to meet at the appointed time, contact your Peer Recovery Supporter as soon as you can.
- You understand and agree that you will not seek to hold your Peer Recovery Supporter or Wings Enrichment Center legally responsible for your decisions or actions.
- You may contact the supervisor who signs below with any questions or concerns you have about your experience in the Peer Recovery Support Program or, if you feel you may benefit from a different Peer Recovery Supporter you have the right to asked if you can be switched to another one.

We are here to help you establish or maintain long-term recovery. We are here to help you be successful and explore what recovery can bring to your life.

(Participant’s Printed Name)

(Peer Supervisor’s Printed Name)

(Participant’s Signature)

(Date)

(Supervisor’s Signature)

(Date)