



## Peer recovery services may include:

- (1) Ongoing exploration of recovery needs;
- (2) Supporting individuals in achieving personal independence
- (3) Encouraging hope;
- (4) Supporting the development of life skills;
- (5) Developing and working toward achievement of personal recovery goals;
- (6) Modeling personal responsibility for recovery;
- (7) Teaching skills to effectively navigate the health care delivery system;
- (8) Providing group facilitation that addresses symptoms or behaviors, thought processes that assist an individual in eliminating barriers to seeking or maintaining recovery, employment, education, or housing;
- (9) Assisting with accessing and developing natural support systems in the community;
- (10) Promoting coordination and linkage among similar providers;
- (11) Coordinating or assistance in crisis interventions and stabilization as needed;
- (12) Conducting outreach;
- (13) Attending and participating in treatment team; or,
- (14) Assisting individuals in the development of empowerment skills through self-advocacy and activities that reduce discrimination and inspire hope.



## What is the Role of a Certified Peer Supporter (CPS)?

### CPS Role Is...

...to inspire hope of recovery from mental illness, drug addiction and co-occurring disorders.

...to share lived experience in an appropriate manner to foster connectedness and build relationships with peers.

...to listen to and understand peers' pain and isolation while exhibiting empathy and support as they move forward in recovery.

...to assist peers in exploring options and overcome barriers preventing them from moving forward in recovery.

...to provide person-driven support that taps into peer strengths related to illness self-management.

...to assist peers in developing strategies to communicate with and advocate for themselves.

...to support peers in implementing a relapse prevention plan.

...to assist peers in adopting a proactive role in their own behavioral and physical health.

### CPS Role Is Not...

...to provide clinical care.

...to replace case managers.

...to simply fill a room rather than offer true peer interaction.

...to pass medications to clients.

...to tell peers "what to do."

...to provide janitorial or cleaning services.

...to provide taxi services.

...to be advertised as a service offered by an organization that does not provide opportunities for peer interaction.

By signing here I acknowledge that I have read, understand, and agree to the scope of practice for a peer recovery supporter.

Signature \_\_\_\_\_ Date \_\_\_\_\_