

SMOKING CESSATION CLASSES 2025

WHEN

**First and Third
Wednesday of each
month at 2 pm**

WHERE

**Northeastern Tribal Health
System (NTHS) Education
Center** (Across from Administration)

Miami, OK

CALL 918-332-4343

OR 918-332-4306



CLASSES

**Approximately one
hour long**

- February 5
- February 19
- March 5
- March 19
- April 2
- April 16
- May 7
- May 21
- June 4
- June 18
- July 2
- July 16
- August 6
- August 20
- September 3
- September 17
- October 1
- October 15
- November 5
- November 19

FACILITATORS

**Jody Ford, RN,
Public Health Nurse**

**Tiffany Koronis, RN,
Public Health Nurse**

**Kylee Graham, RN
Public Health Nurse**

BENEFITING

**NTHS patients that wish
to stop commercial
tobacco use**