

# SMOKING CESSATION CLASSES 2023

## WHEN

**First and Third  
Wednesday of each  
month at 2 pm**

## WHERE

**Northeastern Tribal Health  
System (NTHS) Education  
Center** (Across from Administration)

**Miami, OK**

**CALL 918-332-4343**

**OR 918-332-4306**



## CLASSES

Approximately one  
hour long

- February 1
- February 15
- March 1
- March 15
- April 5
- April 19
- May 3
- May 17
- June 7
- June 21
- July 5
- July 19
- August 2
- August 16
- September 6
- September 20
- October 4
- October 18
- November 1
- November 15

## FACILITATORS

Jody Ford, RN, Public  
Health Nurse

Tiffany Koronis, RN,  
Public Health Nurse

## BENEFITING

NTHS patients that wish  
to stop commercial  
tobacco use

