

SMOKING CESSATION CLASSES 2024

WHEN

**First and Third
Wednesday of each
month at 2 pm**

WHERE

**Northeastern Tribal Health
System (NTHS) Education
Center** (Across from Administration)

Miami, OK

CALL 918-332-4343

OR 918-332-4306



CLASSES

Approximately one
hour long

- February 7
- February 21
- March 6
- March 20
- April 3
- April 17
- May 1
- May 15
- June 5
- June 19 – No Class
- July 3
- July 17
- August 7
- August 21
- September 4
- September 18
- October 2
- October 16
- November 6
- November 20

FACILITATORS

Jody Ford, RN,
Public Health Nurse

Tiffany Koronis, RN,
Public Health Nurse

BENEFITING

NTHS patients that wish
to stop commercial
tobacco use