

WEEKLY FREE MEALS MIAMI, OK



Monday

Father's House - provides a meal at 6 PM.

Location: 2222 G St. NW, Miami, OK

Phone Number: 918-540-2257

First United Methodist Church - provides a sack lunch from 7:30 AM - 3:30 PM

Location: 200 B St. NW Miami, OK

Phone Number: 918-542-4404

Tuesday

First United Methodist Church - provides a sack lunch from 7:30 AM - 3:30 PM

Location: 200 B St. NW Miami, OK

Phone Number: 918-542-4404

Wednesday

First United Methodist Church - provides a sack lunch from 7:30 AM - 3:30 PM

Location: 200 B St. NW Miami, OK

Phone Number: 918-542-4404

New Life Church Nazarene - provides a hot meal from 3:00 PM - 6:00 PM

Location: 2025 E Central Miami, OK

Phone Number: 918-542-3547

Thursday

First United Methodist Church - provides a sack lunch from 7:30 AM - 3:30 PM

Location: 200 B St. NW Miami, OK

Phone Number: 918-542-4404

New Day Church - provides a hot meal from 6:30 PM - 7:30 PM

Location: 807 N Main St. Miami, OK

Phone Number: 918-542-6286

Friday

Soup-er Squad - provides a lunch from 11:30 AM - 1:00 PM

Location: 200 N Main, Miami OK in the Parking Lot behind the Miami Public Library

Last Friday of the month

Ottawa County Food Pantries



All Saints Episcopal Church: 225 B St. NW, Miami OK (918)542-3662

Blessing Box behind the church on 3rd St. NW

Commerce First Assembly of God: 600 S Mickey Mantle Blvd, Commerce (918)675-5222 Open Mon, Wed, & Thurs. from 10AM - 3PM

Elks Lodge: 401 S Main St. Miami Contact Robin Priest or Elks Lodge via Facebook Messenger Mon - Thurs, must live in Ottawa County with proof of residency, phone number, number of people & children with names & ages. Please provide ID at pickup.

First Christian Church: 2424 N Main St. Miami (918)542-9816 Please call. Open Mon - Fri from 8:30AM - 3PM

First Presbyterian Church: 1410 E Veterans Rd. Miami (918)542-3388 Open Mon, Tues, Thurs, & Fri from 10AM - 12PM, 1 bag emergency groceries, once a month.

First United Methodist Church: 200 B St. NW, Miami (918)542-4404 Food Distribution Program small food pantry please call church.

New Day Church: 807 N Main St. North Miami (918)542-6286 Hot meal & food pantry on Thursday from 6:30PM - 7:30PM

New Hope Christian Church: 2221 Rockdale Rd, Miami (918)540-3699 Open 2nd Thursday of the month from 4PM - 6PM.

New Life Church of Nazarene: 2525 E Central, Miami (918)542-3547 Open Wednesday from 3PM - 6PM serving hot meals, showers, laundry & food pantry available as well.

Quapaw Baptist Church: 419 Kentucky St. Quapaw (918)674-2788 Open 3rd Thursday of the month from 4:30PM - 6PM, must have ID & proof of address, income based.

Salvation Army: 1915 N Main St. Miami (918)542-3467 Open Tues, Wed, & Thurs from 9AM - 12PM Must have proof of income & address, 2 types of identification, number of individuals in home, must have children's SS cards to verify. Food pantry is once a month & clothing is twice yearly.

Sacred Heart Catholic Church: 2515 N Main St. Miami (918)542-5281 Food drive 1st Friday of each month starting at 8:30AM until food runs out.

Wyandotte Community Food Pantry: Faith Assembly of God, Corner of Hwy 60 & N Main Wyandotte. (918)678-5300 Wyandotte Residents only, income based, Mon, Tues, Thurs, & Fri. from 9AM - 12PM