



Langham Creek Boys Lacrosse Club '20-'21 Registration

Welcome to the Pack!

We're excited to start our 8th year of Langham Creek Lobos Lacrosse! This year will bring a different set of challenges than we've experienced in years past, especially as we navigate the ever-changing waters of health awareness brought on by COVID-19. Fortunately, we have experienced coaches, dedicated board members, and an enthusiastic team of volunteers to help us overcome any and all issues, all in support of another adrenaline-fueled season of domination by our Lobos! *No opponents, just victims!*

Online Parents' Meeting			
Physical-distancing requirements prevent us from having an in-person Parents' Meeting this year, so we're going virtual with a Zoom meeting. We will address requirements, expectations and registration for this new season.			
Please join us online on Thursday, September 24th, at 6:30 PM			
If you can't join us online, feel free to join by phone.			
Online via Zoom	Via Phone	Meeting ID	Passcode
https://zoom.us/join	(346) 248-7799	876 7006 2321	758486

Why is this process so complicated?

Yes, this process is complicated. Yes, there's a lot of paperwork. And here's why. The Langham Creek Lobos Boys Lacrosse Club is just that, a *club*. With regards to Cy-Fair ISD Langham Creek High School, we are '*associated with*' the school, not '*sponsored by*' the school. Additionally, we are a member of the Cypress-Fairbanks Lacrosse Association (CFLA). CFLA, in turn, is a member of the Texas High School Lacrosse League (THSLL). We are not recognized by the University Interscholastic League (UIL), but we make a good-faith effort to follow UIL rules.

We serve many masters. We must satisfy the requirements of *each one* of these organizations in order to remain in the good graces of *all* of these organizations as a whole. Each organization has their own waivers and consent forms, all of which must be completed in order for your student athlete to participate in any practice, scrimmage, game, or tournament. Please recognize that we have streamlined the registration process as much as possible, and that this year's online process represents our best efforts to minimize your burden.

What are pre-participation requirements?

Certain requirements must be met before your student athlete can attend *any* sort of athletic event sponsored by LCHS Lobos Lacrosse. Typically, submission of a physical examination form and completion of athletic participation forms are required. Students who are enrolled at a CFISD high school have slightly different requirements than privately-schooled or home-schooled students.

My student **IS** attending a CFISD high school

Athletic Participation Forms

- Go to CFISD's [Rank One Sports](https://cypressfairbanksisd.rankonesport.com/New/NewInstructionsPage.aspx) website (https://cypressfairbanksisd.rankonesport.com/New/NewInstructionsPage.aspx). Log in to your account, or create an account if you don't have one. Having an account will ensure that you're able to access and download your forms at a later date should you need them.
- Complete the following forms:
 - Medical History
 - UIL Forms Signature Page
 - CFISD-Emergency Card Information
 - CFISD-ECG Consent Form

Physical Exam Form

- If your student DOES have a physical exam on file from either the '19-'20 OR the '20-'21 school year:
 - Log in to CFISD's [Rank One Sports](https://cypressfairbanksisd.rankonesport.com/New/NewInstructionsPage.aspx) website (https://cypressfairbanksisd.rankonesport.com/New/NewInstructionsPage.aspx) and download the '19 or '20 physical exam form.
 - This form must be uploaded during the TeamSnap registration.
- If your student DOES NOT have a physical exam on file from either the '19-'20 OR the '20-'21 school year:
 - Go to the LCHS Lobos Lacrosse [Registration](https://loboslacrosse.net/registration) website (https://loboslacrosse.net/registration).
 - At the bottom of the page, under the *File Download and Hyperlinks* section, download and print the Athletic Pre-Participation Form.
 - Have the *Physical Examination* page completed by a doctor during a physical exam.
 - Upload the form during the TeamSnap registration OR give to it Coach Domenech or Stefanie Berger by October 31st.

My student **IS NOT** attending a CFISD high school

Athletic Participation & Physical Exam Forms:

- Go to the LCHS Lobos Lacrosse [Registration](https://loboslacrosse.net/registration) website (https://loboslacrosse.net/registration).
- At the bottom of the page, under the *File Download and Hyperlinks* section, download and print the *Athletic Pre-Participation Form*. This file contains both of the required forms.
- Complete the *Medical History* page.
- Have the *Physical Examination* page completed by a doctor during a physical exam.
- Upload both forms during the TeamSnap registration OR give them to Coach Domenech or Stefanie Berger by October 31st.

What is the U.S. Lacrosse Association?

The U.S. Lacrosse Association is the sport's national governing body. It is a requirement of CFLA and THSLL that all student athletes have an active membership for the duration of the lacrosse season. As a direct benefit, membership provides a secondary medical insurance policy in the case of injury to the athlete. These insurance benefits can be explored in more detail on the U.S. Lacrosse [Insurance](https://www.uslacrosse.org/membership/insurance) website (<https://www.uslacrosse.org/membership/insurance>).

During the TeamSnap registration process, the membership number and the expiration date are required. You should create a membership, or validate an existing membership, as soon as possible.

- To create a new membership, go to the [US Lacrosse Membership](https://membership.uslacrosse.org/) page (<https://membership.uslacrosse.org/>).
- To validate an existing membership, go to the [US Lacrosse Membership Lookup](https://memberlookup.uslacrosse.org/usl/index) page (<https://memberlookup.uslacrosse.org/usl/index>).

Enough already! Just let me register!

Finally, you've made it to the good part! We've decided to use TeamSnap for our club registration process this year, so from here on out everything is entirely online. The process can be completed in four easy steps.

- **Info:** This step gathers the usual assortment of required information. Additionally, we also have the U.S. Lacrosse membership details, which, surprisingly, are not required fields. You can complete the registration process without this information, but you *will be required* to submit proof of membership before October 31st.
- **Docs & Waivers:** This step will gather documents and waiver acknowledgments.
 - **Physical Examination:** Each player must have a completed physical exam form on file with the club by October 31st. You can either upload it now, or give it to Coach Domenech or Stefanie Berger no later than October 31st.
 - **Medical History:** Each CFISD player must have this form on file with Rank One Sports. Each non-CFISD student must have a completed form on file with the club. You can either upload it now, or give it to Coach Domenech or Stefanie Berger by October 31st.
 - **A whole bunch of waivers:** Each of the waivers can be approved with the simple click of a checkbox. Please read them. Seriously.
- **Participant Fees:** The registration fee for this season is \$830 for each player, regardless of experience level. Additionally, TeamSnap is able to offer RegSaver, which is an *optional* insurance policy that offers a solution to our "no refund" policy. With some exclusions and limitations, this policy will cover a sports season that is lost in the event of injury or illness. Again, it's an *optional* policy.
- **Checkout:** You can pay with either a bank account or a credit card. If you choose to pay with a credit card then you have the option of paying in three installments.

There are two individual registration paths. Which one you pick depends on your player's lacrosse experience level.

- For experienced lacrosse players, use the ['20-'21 Experienced Player](https://go.teamsnap.com/forms/244265) registration (<https://go.teamsnap.com/forms/244265>).
- For players who are new to lacrosse and have never before played on a team, we're offering a registration option that minimizes your financial risk. At the time of registration, a \$125 deposit will be collected at checkout. This will allow your new player to join all team activities until November 31st. If your player decides that lacrosse isn't the game for him, then you walk away without paying any additional fees. However, if your player decides that lacrosse is the most awesome sport on the face of this planet, then your next two installment payments of \$352.50 each will be collected on December 1st and January 1st. If this sounds like an attractive option, please contact Stefanie Berger. She will make the '20-'21 New Player registration available to you and send you a link to the registration site.

Am I done yet?

Yes! Oh, wait, there's one more step. You and your player each need to download TeamSnap to your mobile device. TeamSnap is used not only for registration and payment processing, but for all messaging between the coaches, players, and parents. We expect it to be an invaluable tool for all of the coordination that has to take place during the season.