



## Langham Creek Boys Lacrosse Club '21-'22 Registration

### Welcome to the Pack!

We're excited to start our 9<sup>th</sup> year of Langham Creek Lobos Lacrosse! While last year's season was highly influenced by the COVID pandemic, we will be applying the lessons learned to this season. Our experienced coaches, dedicated board members, and enthusiastic team of volunteers will help us overcome any and all issues, all in support of another adrenaline-fueled season of domination by our Lobos!

### Why is this process so complicated?

Yes, this process is complicated. Yes, there's a lot of paperwork. And here's why. The Langham Creek Lobos Boys Lacrosse Club is just that, a *club*. With regards to Cy-Fair ISD Langham Creek High School, we are '*associated with*' the school, not '*sponsored by*' the school. Additionally, we are a member of the Cypress-Fairbanks Lacrosse Association (CFLA). CFLA, in turn, is a member of the Texas High School Lacrosse League (THSLL). We are not recognized by the University Interscholastic League (UIL), but we make a good-faith effort to follow UIL rules.

We serve many masters. We must satisfy the requirements of *each one* of these organizations in order to remain in the good graces of *all* of these organizations as a whole. Each organization has their own waivers and consent forms, all of which must be completed in order for your student athlete to participate in any practice, scrimmage, game, or tournament. Please recognize that we have streamlined the registration process as much as possible, and that this year's online process represents our best efforts to minimize your burden.

### What are pre-participation requirements?

Certain requirements must be met before your student athlete can attend *any* sort of athletic event sponsored by LCHS Lobos Lacrosse. Typically, submission of a physical examination form and completion of athletic participation forms are required. Students who are enrolled at a CFISD high school have slightly different requirements than privately-schooled or home-schooled students.

### My student **IS** attending a CFISD high school

#### Physical Exam Form

- If your student DOES have a physical exam on file from either the '21-'22 school year:
  - Log in to CFISD's [Rank One Sports](https://cypressfairbanksisd.rankonesport.com/New/NewInstructionsPage.aspx) website (https://cypressfairbanksisd.rankonesport.com/New/NewInstructionsPage.aspx) and download the '19 or '20 physical exam form.
  - This form must be uploaded during the TeamSnap registration.
- If your student DOES NOT have a physical exam on file from either the '21-'22 school year:
  - Go to the LCHS Lobos Lacrosse [Registration](https://loboslacrosse.net/registration) website (https://loboslacrosse.net/registration).
  - At the bottom of the page, under the *File Download and Hyperlinks* section, download and print the Athletic Pre-Participation Form.
  - Have the *Physical Examination* page completed by a doctor during a physical exam.
  - Upload the form during the TeamSnap registration OR give to it Coach Domenech or Stefanie Berger by November 31<sup>st</sup>.

### My student **IS NOT** attending a CFISD high school

#### Athletic Participation & Physical Exam Forms:

- Go to the LCHS Lobos Lacrosse [Registration](https://loboslacrosse.net/registration) website (https://loboslacrosse.net/registration).
- At the bottom of the page, under the *File Download and Hyperlinks* section, download and print the *Athletic Pre-Participation Form*. This file contains both of the required forms.
- Complete the *Medical History* page.
- Have the *Physical Examination* page completed by a doctor during a physical exam.
- Upload both forms during the TeamSnap registration OR give them to Coach Domenech or Stefanie Berger by November 31<sup>st</sup>.

## What is the U.S. Lacrosse Association?

The U.S. Lacrosse Association is the sport's national governing body. It is a requirement of CFLA and THSLL that all student athletes have an active membership for the duration of the lacrosse season. As a direct benefit, membership provides a secondary medical insurance policy in the case of injury to the athlete. These insurance benefits can be explored in more detail on the USA Lacrosse [Insurance](https://www.uslacrosse.org/membership/insurance) website (<https://www.uslacrosse.org/membership/insurance>).

During the TeamSnap registration process, the membership number and the expiration date are required. You should create a membership, or validate an existing membership, as soon as possible.

- To create a new membership, go to the [USA Lacrosse Membership](https://membership.uslacrosse.org/) page (<https://membership.uslacrosse.org/>).
- To validate an existing membership, go to the [US Lacrosse Membership Lookup](https://memberlookup.uslacrosse.org/usl/index) page (<https://memberlookup.uslacrosse.org/usl/index>).

## Enough already! Just let me register!

Finally, you've made it to the good part! We've decided to use TeamSnap for our club registration process this year, so from here on out everything is entirely online.

There are four individual registration paths. Which one you pick depends on your player's lacrosse experience level and on how you choose to pay.

- For experienced lacrosse players
  - To pay in full (\$855), use the ['21-'22 High School Experienced Player - Full Payment](https://go.teamsnap.com/forms/290522) registration (<https://go.teamsnap.com/forms/290522>).
  - To pay in installments (\$875), use the ['21-'22 High School Experienced Player - Installments](https://go.teamsnap.com/forms/290526) registration (<https://go.teamsnap.com/forms/290526>).
- For first-year lacrosse players ONLY
  - To pay in full (\$437.50), use the ['21-'22 High School New Player - Full Payment](https://go.teamsnap.com/forms/290523) registration (<https://go.teamsnap.com/forms/290523>).
  - To pay in installments (\$437.50), use the ['21-'22 High School New Player - Installments](https://go.teamsnap.com/forms/290527) registration (<https://go.teamsnap.com/forms/290527>).

The process can be completed in four easy steps.

- Info: This step gathers the usual assortment of required information. Additionally, we also have the U.S. Lacrosse membership details, which, surprisingly, are not required fields. You can complete the registration process without this information, but you *will be required* to submit proof of membership before November 31<sup>st</sup>.
- Docs & Waivers: This step will gather documents and waiver acknowledgments.
  - Physical Examination: Each player must have a completed physical exam form on file with the club by October 31<sup>st</sup>. You can either upload it now or give it to Coach Domenech or Stefanie Berger no later than November 31<sup>st</sup>.
  - Medical History: Each CFISD player must have this form on file with Rank One Sports. Each non-CFISD student must have a completed form on file with the club. You can either upload it now or give it to Coach Domenech or Stefanie Berger by November 31<sup>st</sup>.

- Participant Fees: The registration fee for this season is as follows:
  - Experienced Player, Full Payment is \$855
  - Experienced Player, Installments is \$875
  - New Player, Full Payment or Installments is \$437.50
  - Additionally, TeamSnap is able to offer RegSaver, which is an *optional* insurance policy that offers a solution to our “no refund” policy. With some exclusions and limitations, this policy will cover a sports season that is lost in the event of injury or illness. Again, it’s an *optional* policy.
- Checkout: You can pay with either a bank account or a credit card. If you choose to pay with a credit card then you have the option of paying in three installments.

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### Am I done yet?

Yes! Oh, wait, there's one more step. You and your player each need to download TeamSnap to your mobile device. TeamSnap is used not only for registration and payment processing, but for all messaging between the coaches, players, and parents. We expect it to be an invaluable tool for all of the coordination that has to take place during the season.