

# Workplace Profile

## **Joshua Lindley**

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### WILEY



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## Introduction

#### WHAT IS EVERYTHING DISC®?

Joshua, have you ever wondered why connecting with some people is easier for you than with others?

Maybe you've noticed that you relate better to colleagues who focus more on creating momentum and inspiring others.

Or, maybe you're more comfortable working with those who take a spontaneous, energetic approach than those who work at a steadier, more cautious pace.

Or, perhaps you relate best to people who are more expressive than restrained.

Welcome to Everything DiSC Workplace<sup>®</sup>. The DiSC<sup>®</sup> model is a simple tool that's been helping people to connect better for over thirty years. This report uses your individual assessment data to provide a wealth of information about your workplace priorities and preferences. In addition, you'll learn how to connect better with colleagues whose priorities and preferences differ from yours.

#### **CORNERSTONE PRINCIPLES**

- All DiSC styles and priorities are equally valuable and everyone is a blend of all four styles.
- Your work style is also influenced by **other factors** such as life experiences, education, and maturity.
- **Understanding yourself** better is the first step to becoming more effective when working with others.
- Learning about **other people's DiSC styles** can help you understand their priorities and how they may differ from your own.
- You can improve the quality of your workplace by using DiSC to build more effective relationships.

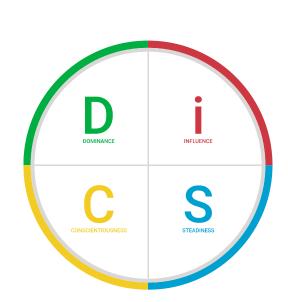
#### **OVERVIEW OF THE DISC MODEL**

#### Dominance

- Direct
- Firm
- · Strong-willed
- Forceful
- Results-oriented

#### Conscientiousness

- Analytical
- Reserved
- Precise
- Private
- Systematic



#### Influence

- Outgoing
- Enthusiastic
- Optimistic
- · High-spirited
- Lively

#### **Steadiness**

- Even-tempered
- Accommodating
- Patient
- Humble
- Tactful



## Your DiSC<sup>®</sup> Overview

#### **YOUR DOT**

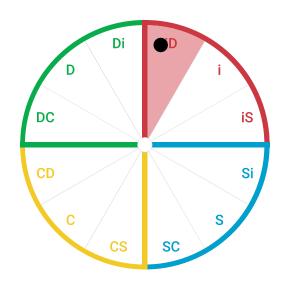
This report is personalized to you, Joshua. In order to get the most out of your *Everything DiSC Workplace® Profile*, you'll need to understand how to read your personal map.

As you saw on the previous page, the Everything DiSC<sup>®</sup> model is made up of four basic styles: D, i, S, and C. Each style is divided into three regions. The picture to the right illustrates the 12 different regions where a person's dot might be located.

#### Your DiSC® Style: iD

Your dot location shows your DiSC<sup>®</sup> style. Because your dot is located in the i region but is also near the line that borders the D region, you have an iD style.

Keep in mind that everyone is a blend of all four styles, but most people tend strongly toward one or two styles. Whether your dot is in the center of one style or in a region that borders two, **no dot location is better than another.** All DiSC styles are equal and valuable in their own ways.

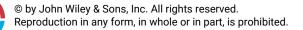


#### CLOSE TO THE EDGE OR CLOSE TO THE CENTER?

A dot's **distance from the edge** of the circle shows how naturally inclined a person is to encompass the characteristics of his or her DiSC style. A dot positioned toward the edge of the circle indicates a strong inclination toward the characteristics of the style. A dot located between the edge and the center of the circle indicates a moderate inclination. And a dot positioned close to the center of the circle indicates a slight inclination. A dot in the center of the circle is no better than one on the edge, and vice versa. **Your dot location is near the edge of the circle, so you are strongly inclined and probably relate well to the characteristics associated with the iD style.** 

#### WHAT'S NEXT?

Now that you know more about the personalization of your Everything DiSC Workplace Map, you'll read more about what your dot location says about you. Then you'll learn about your personal map shading and priorities, and discover how this affects your preferences. After that, you'll learn some basics about the other DiSC styles and how to use that information to connect better with everyone in your workplace.





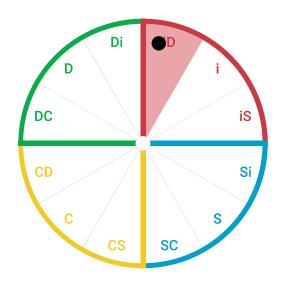
## Your iD Style

#### **YOUR DOT TELLS A STORY**

Because you have an iD style, Joshua, you're probably a goal-oriented person who seeks exciting breakthroughs. Most likely, you want to have the freedom to set your own course. You may have strong ambitions, and you're probably attracted to high-profile assignments that will allow you to maximize your talents.

Most likely, you're extremely passionate and expressive, and your enthusiasm is often contagious. You probably have a self-assured attitude that many people are drawn to. You often use gestures and anecdotes to emphasize your points, and you tend to speak freely with little concern about filtering your thoughts.

You probably have a strong ability to persuade others to adopt your vision. More often than not, your persuasive powers allow you to work toward your goals by gaining the buy-in of others. However, people who are more analytical may challenge some aspects of your plans that you have left unaddressed. While you're often able to create forward momentum in a group, you may need to delegate more indepth responsibilities to others.



Like others with the iD style, you're very active and energetic. You have a strong need for variety, so you like to have multiple projects on your plate, and you probably dislike sitting still for long periods or being forced into monotonous routines. You enjoy the gratification of kicking off a new project, but after the excitement wears off, you may lose interest and fail to follow through on your plans.

Because you enjoy having influence, you may strive to be among the inner circle in an organization. Most likely, you feel a strong need to be heard, and you do your best to make a favorable impression. You appreciate being recognized for your contributions, and you may thrive on public recognition. And, because you value such compliments, you're often generous with your praise of others.

Most likely, you enjoy meeting new people and building on your large network of friends and associates. You may be particularly drawn to other people who share your charisma. You're probably not afraid to share personal information, even with people you've just met. Because you enjoy making connections, you're happy to introduce people who may have common interests. Furthermore, you may embrace opportunities for friendly banter or brainstorming.

When conflict arises, you probably try to focus on the positive. In fact, you may try to brush unpleasant issues under the rug for as long as possible. However, you also have a tendency to jump to conclusions, and if you become very upset, you're more likely to express your anger than to shut down. In such cases, you may lash out at other people without trying to control your emotions. While unleashing your feelings may seem cathartic, you may underestimate the impact that this intensity can have on others.

You're not afraid of the unexpected, and you probably enjoy the excitement of being spontaneous. Because you're so adventurous, you're eager to seize new opportunities, even if it means changing directions quickly. You're open to taking risks and making decisions based on your gut instinct. Because you can be overly optimistic, you may dismiss potential obstacles too quickly.

Joshua, like others with the iD style, your most valuable contributions to the workplace may include your ability to initiate change, your passion, and your drive to succeed. In fact, these are probably some of the qualities that others admire most about you.



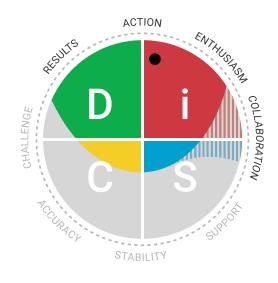
## Shading & Priorities

#### YOUR SHADING EXPANDS THE STORY

Joshua, while your dot location and your DiSC<sup>®</sup> style can say a great deal about you, your map **shading** is also important.

The eight words around the Everything DiSC map are what we call **priorities**, or the primary areas where people focus their energy. The closer your shading comes to a priority, the more likely you are to focus your energy on that area. Everyone has at least three priorities, and sometimes people have four or five. **Having five priorities is no better than having three, and vice versa**.

Typically, people with the iD style have shading that touches Action, Enthusiasm, and Results. Your shading stretches to include Collaboration, which isn't characteristic of the iD style.



#### WHAT PRIORITIES SHAPE YOUR WORKPLACE EXPERIENCE?

#### **Taking Action**

Joshua, you like to act fast and keep moving so that you can make quick progress. Hesitancy may frustrate you, and you grow impatient if rules or procedures threaten your rapid pace. Furthermore, you're probably more adventurous than most people, so you aren't afraid to take chances in the interest of saving time. Your focus on taking action can help the group get things done as quickly and efficiently as possible.

#### **Generating Enthusiasm**

People with the iD style tend to be optimistic, even when faced with adversity. You probably feel that staying upbeat prevents you from losing momentum. Furthermore, your passion often inspires people to share your excitement. Most likely, you have a knack for persuading people without coming across as pushy. Because you enjoy getting everyone on board, you focus on generating enthusiasm.

#### **Getting Results**

Like others with the iD style, you tend to be ambitious and focused on innovation. You're probably willing to take short-cuts and risky leaps if they could yield bigger, more immediate payoffs. Furthermore, you often set the bar high and won't settle for minor victories. You're focused on contributing to the team's success by implementing your ideas rapidly and getting results.

#### Valuing Collaboration

At the same time, you often turn your focus to cooperation and group effort, which is not typical of the iD style. You may enjoy including others in important decisions and activities, and you tend to be intentional about considering other people's viewpoints. Overall, you probably believe collaboration leads to better results, so others are likely to see you as a good team player.

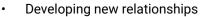


## Motivators & Stressors

#### WHAT MOTIVATES YOU?

Different people find different aspects of their work motivating. Like other people with the iD style, you're probably attracted to projects that are adventurous and colorful. Most likely, you enjoy creative and energetic team environments where you can use your passion and charisma to lead the group toward major accomplishments. However, you may also enjoy working closely with a team toward a common goal, and this is less typical of the iD style.

## You probably enjoy many of the following aspects of your work:



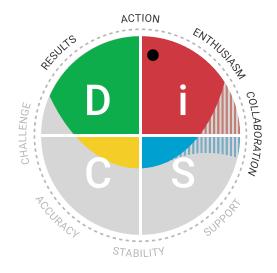
- Persuading others
- Initiating colorful projects
- · Achieving immediate results
- Creating enthusiasm and momentum
- Working toward challenging goals
- Inspiring others to do their best
- Collaborating with coworkers
- Helping people work together

#### WHAT IS STRESSFUL FOR YOU?

Then there are those aspects of your work that are stressful for you. Because you tend to maintain an energetic pace and strive for quick results, you may find routine work to be draining. Consequently, you may be more interested in starting new projects than following through on old ones. Furthermore, you may dislike it if you have to rein in your innovative plans because the organization has different priorities. At the same time, unlike others with the iD style, it may be equally difficult for you to work in environments that don't allow you to collaborate with others.

#### Many of the following aspects of your work may be stressful for you:

- Sustaining interest in routine projects
- Having to moderate your pace
- Partnering with overly cautious people
- Following strict rules or protocols
- Working steadily toward long-term goals
- Setting realistic limits
- Using a slow, systematic approach
- Working in an unsocial environment
- Being isolated for long periods





## Overview of DiSC<sup>®</sup>

The graphic below provides a snapshot of the four basic DiSC® styles.

#### **Dominance** Influence Priorities: getting immediate results, Priorities: expressing enthusiasm, taking taking action, challenging self and action, encouraging collaboration others Motivated by: social recognition, group Active activities, friendly relationships Motivated by: power and authority, Fast-paced competition, winning, success Assertive Fears: social rejection, disapproval, loss Dynamic Fears: loss of control, being taken of influence, being ignored Bold advantage of, vulnerability You will notice: charm, enthusiasm, You will notice: self-confidence. sociability, optimism, talkativeness directness, forcefulness, risk-taking Limitations: impulsiveness, lack of Limitations: lack of concern for follow-through, disorganization others, impatience, insensitivity Questioning Accepting Logic-focused People-focused Objective Empathizing Skeptical Receptive Challenging Agreeable Conscientiousness **Steadiness** Priorities: giving support, maintaining Priorities: ensuring accuracy, maintaining stability, challenging stability, enjoying collaboration assumptions Motivated by: stable environments, sincere appreciation, cooperation, Motivated by: opportunities to use Thoughtful expertise or gain knowledge, attention opportunities to help Calm to quality Methodical Fears: loss of stability, change, loss of Moderate-paced Fears: criticism, slipshod methods, harmony, offending others Careful being wrong You will notice: patience, team player, You will notice: precision, analysis, calm approach, good listener, humility skepticism, reserve, quiet Limitations: overly accommodating, tendency to avoid change, indecisiveness Limitations: overly critical, tendency



to overanalyze, isolates self

## The D Style & You

#### HOW MIGHT YOU REACT TO THE D STYLE?

Imagine that you regularly interact with someone who has a D style and shares your focus on results. She's well-respected by the organization as a go-getter who delivers on her promises, and you can relate to her determination to succeed. However, there may be times when you find her direct, forceful approach to be a bit too aggressive.

Like you, this colleague prefers an action-oriented work environment, and you may appreciate her drive to keep things moving. She often seems intense and demanding, and you probably share her readiness to tackle anything head-on. However, because you like to leverage relationships, you may wonder why she seems so determined to go her own way.

Furthermore, since you tend to be upbeat, you may find her skeptical and questioning nature somewhat perplexing. She probably doesn't seem as interested in building team spirit as you are, and you may wonder why she challenges ideas rather than trying to inspire people to get involved.

#### To you, people with the D style may seem:

#### • Driven

- CompetitiveOutspoken
- Forceful

WHAT IS THE MOTIVATION FOR THEIR BEHAVIOR?

#### Results

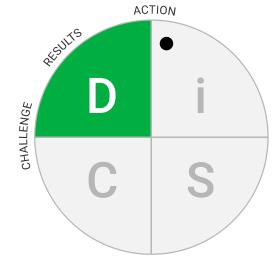
People with the D style tend to be strong-willed individuals who prioritize **Results**. Because they are so driven, they constantly look for new challenges and opportunities. They strive for success and won't give up just because they run into a few obstacles. Since you also tend to be fairly competitive, you can probably relate to their determination.

#### Action

In addition, they prioritize **Action**, so they focus on achieving their goals quickly and forcefully. Cautious and predictable environments are particularly tedious for them, and they may get impatient if others spend a lot of time analyzing ideas rather than acting on them. Since you also prefer to move energetically toward your goals, you can probably relate well to their bold style.

#### Challenge

Furthermore, those with the D style also prioritize **Challenge**. Because they want to control outcomes, they're often questioning and independent-minded. They are unlikely to accept things they're unsure about, and they won't hesitate to challenge ideas that they don't agree with. Since you focus more on maintaining positive relationships, you may find it hard to relate to their sometimes challenging approach.





## The i Style & You

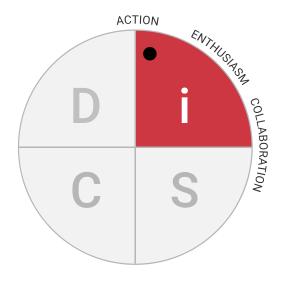
#### HOW MIGHT YOU REACT TO THE i STYLE?

Now, imagine that you also work with someone who has an i style and shares your priority of enthusiasm. He seems to know everyone on a first-name basis and always has the latest scoop. Since you can identify with his positive outlook and high-spirited approach, you probably appreciate his passion for new ideas.

Because you share his priority of action and interest in rapid change, you probably admire his spontaneity and flexibility. However, because of your high energy, the two of you might have trouble sticking to routine tasks. And while you both enjoy coming up with adventurous ideas, you may be more driven to implement them.

While it's not as typical of someone with the iD style, you share his tendency to prioritize collaboration, so you probably appreciate his interest in cultivating relationships and working together. To you, he seems comfortable in the spotlight, and because you also enjoy the social aspects of work, you probably appreciate his fun, outgoing nature.

#### To you, people with the i style may seem:



- Passionate
- Fun-loving
- Adventurous
- Energizing

#### WHAT IS THE MOTIVATION FOR THEIR BEHAVIOR?

#### Enthusiasm

People with the i style put a high priority on **Enthusiasm** and tend to maintain an upbeat attitude. Because they get excited about new possibilities, they may be very expressive when communicating their ideas. Although you tend to share their optimistic viewpoint, you may believe that they occasionally substitute high energy for results.

#### Action

In addition, they prioritize **Action**, so they focus on making quick progress toward exciting solutions. Because they tend to be fast-paced, they may be eager to get going without spending a lot of time considering the consequences. Since you tend to share their preference to hit the ground running, you may relate well to their spontaneous approach.

#### Collaboration

Furthermore, those with the i style also prioritize **Collaboration**. They enjoy meeting new people, and they probably have a talent for getting everyone involved and building team spirit. They appreciate teamwork and often gather the group to work on projects collaboratively. Since you share their emphasis on collaborative efforts, you may join them in looking for opportunities to promote teamwork.



## The S Style & You

#### HOW MIGHT YOU REACT TO THE S STYLE?

Now, let's imagine that you regularly interact with someone with an S style. To you, he seems humble and supportive, and whenever you ask him a question, he's always patient and happy to help. However, he probably doesn't share the sense of drive and passion you find critical to getting results, and you might think he's too concerned with providing support to others.

He is well-liked by everyone and can always be counted on to perform his job consistently. But while he's certainly a "rock" around the office, he's not likely to be spontaneous or shake things up with daring ideas, like you tend to do. As a result, there may be times when you find him to be too cautious and tentative.

You tend to share his focus on teamwork, an unexpected characteristic for someone with the iD style. However, while you probably like to make a strong impression in the workplace, he tends to keep a low profile. In fact, he may seem embarrassed when someone showers him with praise. In response to this kind of recognition, he tends to say, "It's really not a big deal."

#### To you, people with the S style may seem:

# D i collaboration C S support STABILITY

#### Soft-spoken

- Tactful
- Accommodating
- Unassertive

#### WHAT IS THE MOTIVATION FOR THEIR BEHAVIOR?

#### Support

People with the S style place a high priority on providing **Support**. They tend to be good listeners, and as a result, they're often seen as patient and accommodating. They don't hesitate to help out when they can, and they value a warm and easygoing environment. Although you probably appreciate their friendly approach, you may view their laidback style as too soft-hearted.

#### Stability

In addition, they prioritize **Stability**, so they often focus on maintaining a predictable, orderly environment. Since they tend to be cautious, they're probably methodical and avoid rapid change whenever possible. Because you probably embrace bold or exciting ideas, you may find it hard to relate to their caution and avoidance of change.

#### Collaboration

Furthermore, people with the S style also prioritize **Collaboration**. They enjoy working with others in a trusting, warm environment, and they may go out of their way to make sure people feel included and accepted. Because you share their emphasis on group efforts, you may appreciate their focus on creating a receptive atmosphere.



## The C Style & You

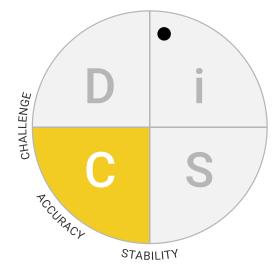
#### HOW MIGHT YOU REACT TO THE C STYLE?

Imagine that you regularly interact with someone with a C style. She's not highly sociable, and you may have trouble relating to her private nature and her systematic approach. Because she wants quality and accuracy, she tends to hole up in her office for long stretches of time, checking her work two or three times before being satisfied, which may seem like overkill and a bit too perfectionistic to you.

To you, this colleague often seems too conventional and methodical. She wants a stable environment where she can ensure reliable outcomes. While you're often bold and adventurous, she seems to overanalyze big decisions. You may see her tendency to calculate risks as a barrier to the forward progress you prefer.

Furthermore, while you're fairly optimistic and flexible, she doesn't hesitate to ask a lot of skeptical questions. You may see her tendency to challenge people's ideas and opinions as counterproductive. Still, you probably appreciate that she tends to pull her own weight and follow through on commitments.

#### To you, people with the C style may seem:



- Detached
- Precise
- Methodical
- Distant

#### WHAT IS THE MOTIVATION FOR THEIR BEHAVIOR?

#### Accuracy

People with the C style place a high priority on **Accuracy**. Because they want to ensure superior results, they tend to analyze options rationally and separate emotions from facts. They value being precise, and as result, they will often ask in-depth or skeptical questions. Since you tend to respond to passion and bold ideas, you may grow weary with their orderly, systematic approach.

#### Stability

In addition, they prioritize **Stability**. Because they tend to value follow-through and restraint, they're uncomfortable with quick or risky decisions and prefer to take time to make an informed choice. They tend to analyze all the options, and they often make decisions that promise predictable outcomes. Because you tend to appreciate spontaneity and immediate results, you may become frustrated with their cautious approach and moderate pace.

#### Challenge

Furthermore, people with the C style also prioritize **Challenge**. In their quest to find the most streamlined or productive method of completing their tasks, they may openly question ideas and point out flaws that others may have missed. Since you're probably more eager to move ahead with new ideas, you may think their skeptical approach could hamper forward progress.



## Connecting with D

#### WHEN YOU NEED TO BE MORE EFFECTIVE

Joshua, people with the D style like to get right to the point, and this might affect the way you relate to one another. They want to get things moving, so they may be blunt when pushing their plans forward. You also tend to move quickly, but you're more likely to try to use charm to get others on board. Since they're more straightforward in their approach, your expressiveness is unlikely to sway them, and the two of you may end up talking over each other.

Therefore, when you need to be more effective with people who have the D style, consider the following strategies:

- Talk to them about how your adventurous ideas will lead to bottom-line results.
- Take the time to listen to their opinions rather than just trying to persuade them to go along with you.
- Let them present their case without interruption.

#### WHEN PROBLEMS NEED TO BE SOLVED

Compared to people with the D style, you're equally likely to make quick decisions and keep things moving. Because of your mutual appreciation for bold ideas and swift solutions, you probably agree on the need for immediate action when solving problems. However, because of your passion and their insistence, the two of you may get locked in a power struggle. In addition, your shared desire for fast answers can cause you to overlook potential complications.

Therefore, when solving problems with people who have the D style, consider the following strategies:

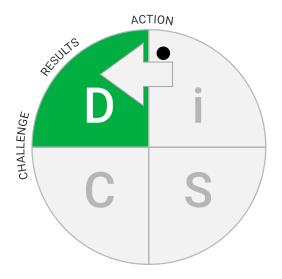
- Don't become so passionate about your ideas that you rush past potential issues.
- Keep in mind that the goal is to work together to find effective, long-term solutions.
- Take time to consider whether your speedy decisions might cause more problems in the future.

#### WHEN THINGS GET TENSE

While you share your "D" coworkers' tendency to be outspoken, you're more likely to focus on the positive when disagreements occur. While they may become very blunt or forceful at times, you're more inclined to try to win an argument through persuasion. However, you may lash out when pushed, and since you both like control, disagreements between the two of you may occasionally become heated, making it difficult to reach a resolution.

Therefore, when things get tense with people who have the D style, consider the following strategies:

- Resist the urge to reciprocate their aggression.
- Refrain from retaliating even if they make the argument personal.
- Stick to the facts and avoid hot buttons.





## Connecting with i

#### WHEN YOU NEED TO BE MORE EFFECTIVE

Because people with the i style are extremely outgoing, Joshua, they prioritize working collaboratively—a preference you share even though it isn't as typical of the iD style. However, while you both may enjoy working as a team, you're probably more driven to achieve bottom-line results than they are. As a result, your tendency to push for your own objectives may leave them feeling a bit overridden or underappreciated.

Therefore, when you need to be more effective with people who have the i style, consider the following strategies:

- Solicit their ideas rather than selling your own.
- Find ways to recognize them so they feel well-liked and appreciated.
- Look for opportunities to benefit from your shared interest in collaboration.

#### WHEN PROBLEMS NEED TO BE SOLVED

People with the i style like to dive in and move quickly when confronting a problem, so your tendency to progress rapidly and optimistically toward solutions will likely resonate with them. However, because you're so passionate about your own solutions, they may think you aren't taking their ideas into consideration. In addition, because of your shared spontaneity, you both may fail to foresee potential complications.

Therefore, when solving problems with people who have the i style, consider the following strategies:

- · Capitalize on your shared energy, but take time to consider pros and cons.
- Avoid letting your confidence in your own ideas keep you from hearing theirs.
- Balance your mutual eagerness with a clear look at your solution's potential consequences.

#### WHEN THINGS GET TENSE

Because people with the i style want to maintain friendly relationships, they're a bit more likely than you are to gloss over differences. However, self-expression is very important to them, so they may insist on being heard in confrontations, even if it means becoming emotional and lashing out. Since you tend to be outspoken and expressive in conflict situations, the two of you may sometimes say harsh things to one another that are difficult to take back.

Therefore, when things get tense with people who have the i style, consider the following strategies:

- · Give them time to have their say and avoid purposefully escalating the argument.
- · Show them that you share their interest in maintaining a good relationship.
- Remember that your outspokenness could be interpreted as a personal attack.





## Connecting with S

#### WHEN YOU NEED TO BE MORE EFFECTIVE

People with the S style value cooperation and friendly interaction, Joshua, and this might affect the way you relate to one another. They probably appreciate your tendency to prioritize collaboration, which is an unexpected characteristic for the iD style. However, while they're often content to step back and let others do most of the talking, your energetic approach may overwhelm them when the two of you collaborate. Still, you both probably share the desire to get everyone involved.

Therefore, when you need to be more effective with people who have the S style, consider the following strategies:

- Use your upbeat, charismatic approach to get to know them as individuals.
- Show concern for their feelings and encourage them to tell you when something is bothering them.
- Let them know you share their interest in working collaboratively.

#### WHEN PROBLEMS NEED TO BE SOLVED

Compared to people with the S style, you're probably more inclined to make swift decisions and be open to bold solutions when it comes to solving problems. Because they dislike dramatic change, they avoid rushing into things. However, you're probably quite willing to alter your course rapidly and act based on your intuition. As a result, their more cautious approach may seem indecisive to you, while your desire to create momentum may seem reckless or risky to them.

Therefore, when solving problems with people who have the S style, consider the following strategies:

- Show respect for their caution, and keep in mind that they enjoy making decisions collaboratively.
- Establish a mutually agreed-upon deadline to avoid any tension that could arise from your decision-making differences.
- · Strike a balance between your more adventurous approach and their more careful one.

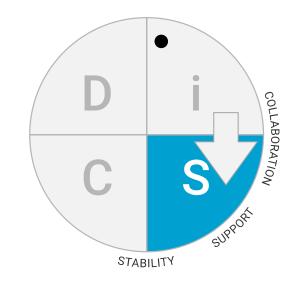
#### WHEN THINGS GET TENSE

Because people with the S style want to support others, they avoid rocking the boat and upsetting the people around them. You often prefer to confront issues more directly than they do, so when things get tense you probably focus on persuading them to accept your solutions. But because they're often simply trying to avoid conflict, you may think that you have convinced them when they're just hiding their true feelings to restore harmony more quickly.

Therefore, when things get tense with people who have the S style, consider the following strategies:

- Take a more diplomatic and patient approach.
- Don't interpret their silence as resolution, as they may be burying their feelings and allowing bitterness to build.
- Follow up to make sure the issue is resolved.





## Connecting with C

#### WHEN YOU NEED TO BE MORE EFFECTIVE

Joshua, people with the C style would often rather focus on facts than feelings, and this might affect the way you relate to one another. Since they like to have time to analyze new ideas, they may find your more spontaneous approach to be frustrating or even reckless. Furthermore, because they tend to be skeptical and reserved, they may be put off by your expressive, energetic communication style.

Therefore, when you need to be more effective with people who have the C style, consider the following strategies:

- Avoid overwhelming them with too much enthusiasm.
- Give them time to analyze new ideas.
- Avoid pressuring them for immediate action.

#### WHEN PROBLEMS NEED TO BE SOLVED

When it comes to solving problems, your "C" coworkers want to thoroughly consider all the consequences before making a decision, while you're more inclined to take risks and trust your gut instinct. As a result, you may become frustrated when they second-guess your plans. In turn, they may see your eagerness to pursue adventurous solutions as haphazard or reckless.

Therefore, when solving problems with people who have the C style, consider the following strategies:

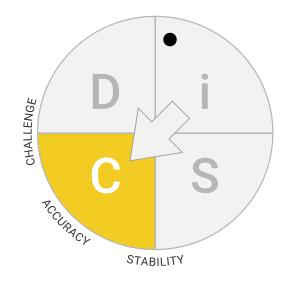
- Reinforce the need for urgency if they seem bogged down, and work with them to set a mutually acceptable timeline.
- Back up your arguments with evidence rather than passion and intuition.
- Strike a balance between your adventurousness and their caution.

#### WHEN THINGS GET TENSE

Because people with the C style often view conflict as a disagreement over who is correct, they usually avoid direct aggression and focus on challenging the reasoning behind an argument. On the other hand, because you're fairly expressive, you may become passionate or outspoken in a confrontation. Since they prefer more time to process and consider the situation objectively, they may withdraw or become defensive in response to your sometimes intense approach.

Therefore, when things get tense with people who have the C style, consider the following strategies:

- Avoid becoming impatient or lashing out emotionally.
- Focus on the facts at hand rather than arguing for your solution with too much passion.
- · Give them space to process the situation before confronting the issue.



## **Taking Action**

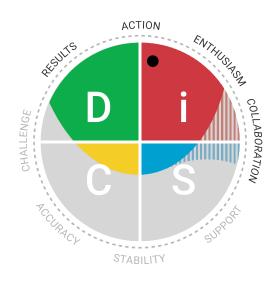
Joshua, given everything you've learned about your style, what follows are **three key strategies** that might help you work more effectively with all the people in your workplace.



## GIVE OTHERS TIME TO PROCESS YOUR MESSAGE

You tend to be very energetic, so you probably enjoy being spontaneous and processing information quickly. However, your fast pace may be overwhelming for others on your team. Because some people aren't able to put their ideas together as quickly as you do when making decisions, you may need to slow down to give them enough time to process so that things feel less chaotic for them.

- Allow for periods of silence so others have time to put their thoughts together.
- Remember to step back and show patience, since many people will not share their concerns when someone else is quick to take charge.



## **2** TAKE CARE TO GET THINGS RIGHT THE FIRST TIME

You probably want to move things along quickly, so you may get frustrated with delays caused by others' need for precision. However, people who are more accuracy-focused may feel that you don't respect their work if you move ahead too quickly, especially if it causes rework. Taking the time to analyze deeper issues will help you get to the root of problems and minimize wasted time and effort.

- Be willing to sacrifice immediate progress to examine the details and get things right.
- Give recognition to people for their focus on quality by letting them know that you value their precision.

## **3** ACKNOWLEDGE PROBLEMS RATHER THAN GLOSSING THEM OVER

You probably prefer to keep an upbeat attitude and look at the bright side of things. But because you tend to skim over problems rather than facing them head-on, you may allow small issues to become more serious than they need to be. Remember that responding quickly with a direct approach can help prevent unpleasant consequences.

- Confront potential issues with others right away so they don't turn into even bigger problems.
- Work to strike a balance between being optimistic and being realistic.



# Personalized Index: D Styles

# DC STYLE

Challenge Results Accuracy **Goals:** Independence, personal accomplishment

Judges others by: Competence, common sense

Influences others by: High standards, determination

**Overuses:** Bluntness; sarcastic or condescending attitude

Under pressure: Becomes overly critical

Fears: Failure to achieve their standards

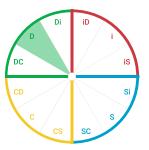
Would increase effectiveness through: Warmth, tactful communication

Joshua, people with the DC style prioritize Challenge, so they want to explore all options and make sure that the best possible methods are used. As a result, they may be very questioning and skeptical of other people's ideas. You aren't as questioning as they are, so you may have trouble relating to their challenging approach.

In addition, they also prioritize Results, so they're often very direct and straightforward. When they're focused on the bottom line, they may overlook the feelings of others. You also tend to be driven, so you can probably relate to their desire for results.

Finally, those with the DC style also prioritize Accuracy. Because they want to control the quality of their work, they prefer to work independently, and they may focus on separating emotions from facts. You may have trouble relating to their analytical approach.

#### **D** STYLE



Results Action Challenge Goals: Bottom-line results, victory

Judges others by: Ability to achieve results

Influences others by: Assertiveness, insistence, competition

**Overuses:** The need to win, resulting in win/lose situations

**Under pressure:** Becomes impatient and demanding

**Fears:** Being taken advantage of, appearing weak

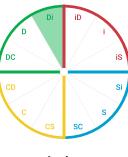
Would increase effectiveness through: Patience, empathy

People with the D style are strong-willed individuals who prioritize Results. Because they want to make their mark, they constantly look for new challenges and opportunities. Since you also tend to be fairly competitive, you can probably relate to their determination.

In addition, they also prioritize Action, so they often focus on achieving their goals quickly and forcefully. Since they tend to be very fast-paced, they like it when people cut to the chase. Since you also prefer to move energetically toward your goals, you can probably relate well to their bold style.

Furthermore, those with the D style also prioritize Challenge. Because they want to control outcomes, they're often questioning and independent-minded. Since you focus more on maintaining positive relationships, you may find it hard to relate to their sometimes challenging approach.

#### **Di STYLE**



Action Results Enthusiasm **Goals:** Quick action, new opportunities

Judges others by: Confidence, influence

Influences others by: Charm, bold action

**Overuses:** Impatience, egotism, manipulation

**Under pressure:** Becomes aggressive, overpowers others

Fears: Loss of power

Would increase effectiveness through: Patience, humility, consideration of others' ideas People with the Di style prioritize Action, and they probably come across as adventurous and bold. Because they grow bored easily, these individuals often seek out unique assignments and leadership positions. Since you also like to maintain a fast pace, you can probably relate well to their high-energy approach to work.

In addition, they also prioritize Results, so they often work to accomplish their goals rapidly. While they are competitive, they can also use charm to persuade others to help them succeed. Because you are also results-oriented, you may respect their drive to succeed.

Finally, those with the Di style also prioritize Enthusiasm, so they may come across as charming and fun because of their high energy. They probably use their excitement to inspire others and to create a lively environment. Because you also tend to be positive and expressive, you probably appreciate their dynamic approach.



# Personalized Index: i Styles

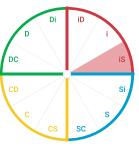
iD STYLE	Goals: Exciting breakthroughs Judges others by: Ability to think creatively, charisma Influences others by: Boldness, passion Overuses: Impulsiveness, outspokenness Under pressure: Becomes impulsive, lashes out at others Fears: Fixed environments, loss of approval or attention Would increase effectiveness through: Focusing on the details, patience, listening to others	Joshua, people with the iD style prioritize Action, so they tend to focus on moving toward their goals quickly. They like to maintain a fast pace, and they're probably comfortable making decisions on the fly. Because you share their active pace, you may join them in working to create momentum. In addition, they also prioritize Enthusiasm, and they may come across as high-energy people who like to rally others around a common goal. Most likely, they maintain an upbeat attitude and bring a genuine optimism to their work. You also tend to express yourself and stay positive, so you may appreciate their tendency to get people excited about ideas. Furthermore, those with the iD style also prioritize Results, so they may come across as ambitious and goal-oriented. Most likely, they enjoy leveraging relationships to achieve new accomplishments. You also want results, so you can probably relate to their ambition.
i STYLE	Goals: Popularity, approval, excitement Judges others by: Openness, social skills, enthusiasm Influences others by: Charm, optimism, energy Overuses: Optimism, praise Under pressure: Becomes disorganized, gets overly expressive Fears: Rejection, not being heard	People with the i style put a high priority on Enthusiasm and tend to maintain an upbeat attitude. They get excited about new possibilities, and they may be very expressive when communicating their ideas. Although you tend to share their optimistic viewpoint, you may believe that they occasionally substitute high energy for results. In addition, they prioritize Action, so they often focus on making quick progress toward exciting solutions. Since they tend to be fast-paced, they may be eager to get going without spending a lot of time considering the consequences. Since you tend to share their preference to hit the ground running, you may relate well to their spontaneous approach.

Enthusiasm Action Collaboration

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**Would increase effectiveness through:** Being more objective, following through on tasks Furthermore, those with the I style also value Collaboration. They usually enjoy meeting new people, and they may have a talent for getting everyone involved and building team spirit. Since you share their emphasis on collaborative efforts, you may join them in looking for opportunities to promote teamwork.

#### **iS STYLE**



Collaboration Enthusiasm Support

#### Goals: Friendship

Judges others by: Ability to see good in others, warmth

**Influences others by:** Agreeableness, empathy

**Overuses:** Patience with others, indirect approaches

**Under pressure:** Takes criticism personally, avoids conflict

Fears: Pressuring others, being disliked

Would increase effectiveness through: Acknowledging others' flaws, confronting problems People with the iS style prioritize Collaboration, so they enjoy teaming up with others as much as possible. Because they want everyone to feel included, they tend to spend time and energy getting people involved. Since you share their desire to work with others, you may be just as eager as they are to turn tasks into group projects.

In addition, they also prioritize Enthusiasm, and they're likely to bring a positive attitude to their work and relationships. They're light-hearted and encouraging, and they often like to spread their optimistic spirit to others. Because you share their positive outlook, you probably find it easy to relate to their happy-go-lucky approach.

Furthermore, those with the iS style also value Support, so they tend to be flexible people who want what's best for the group. When others struggle, they tend to show concern and offer uncritical support. You may think their accepting approach is too softhearted.



# Personalized Index: S Styles

#### Si STYLE



Collaboration Support Enthusiasm **Goals:** Acceptance, close relationships

Judges others by: Receptivity to others, approachability

**Influences others by:** Showing empathy, being patient

**Overuses:** Kindness, personal connections

**Under pressure:** Avoids conflict, tries to make everyone happy

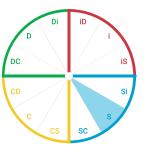
**Fears:** Being forced to pressure others, facing aggression

Would increase effectiveness through: Saying "no" if necessary, addressing issues Joshua, people with the Si style prioritize Collaboration, and they like to involve others in making decisions. Most likely, they try to build team spirit and are less concerned with individual accomplishment. Because you share their tendency to work collaboratively, you probably appreciate their desire for team unity.

In addition, they also prioritize Support, so they tend to place a high importance on the needs of others. Because they have an accommodating nature, they're often willing to set aside their own opinions and needs to help others. You may have trouble relating to their accepting approach, which may sometimes seem counterproductive to you.

Furthermore, those with the Si style also value Enthusiasm, and they usually come across as cheerful. They tend to see the positive in most situations, and they're encouraging of other people's ideas. Most likely, you can relate well to their upbeat approach.

#### **S STYLE**



Support Stability Collaboration Goals: Harmony, stability

Judges others by: Dependability, sincerity

**Influences others by:** Accommodating others, consistent performance

**Overuses:** Modesty, passive resistance, compromise

**Under pressure:** Gives in, avoids revealing true opinions

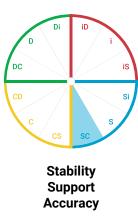
Fears: Letting people down, rapid change

Would increase effectiveness through: Displaying self-confidence, revealing true feelings People with the S style place a high value on providing Support. They tend to be good listeners, and as a result they're often seen as patient and accommodating. Although you probably appreciate their friendly approach, you may view their laidback style as too soft-hearted.

In addition, they also prioritize Stability, so they often focus on maintaining a predictable, orderly environment. Since they tend to be cautious, they may use a methodical pace and avoid rapid change whenever possible. Because you probably embrace bold or exciting ideas, you may find it hard to relate to their caution and avoidance of change.

Furthermore, people with the S style also prioritize Collaboration. Because they value a trusting, warm environment, they may go out of their way to make sure people feel included and accepted. Because you share their emphasis on group efforts, you may appreciate their focus on creating a receptive atmosphere.

#### **SC STYLE**



**Goals:** Calm environment, fixed objectives, steady progress

Judges others by: Reliability, realistic outlook, even temperament

**Influences others by:** Diplomacy, self-control, consistency

**Overuses:** Willingness to let others lead, humility

**Under pressure:** Becomes inflexible, hinders spontaneity, complies

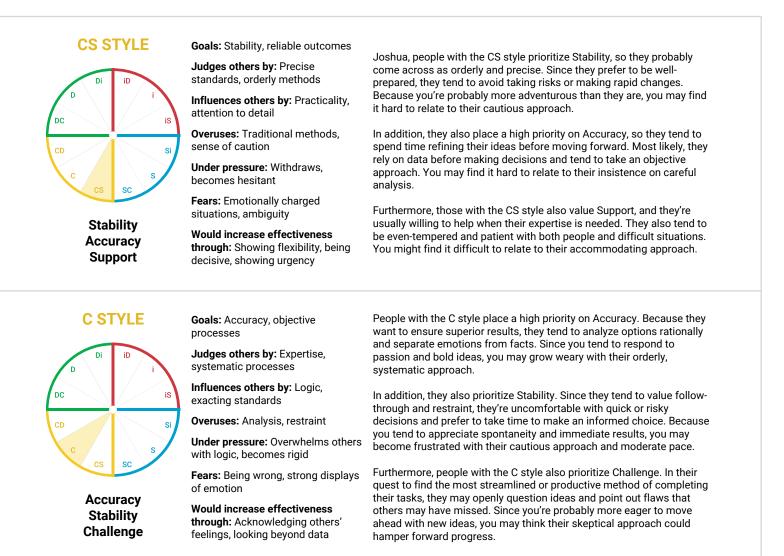
Fears: Time pressure, uncertainty, chaos

Would increase effectiveness through: Initiating change, speaking up People with the SC style place a high priority on Stability and attaining consistent outcomes. Because they tend to be cautious, they may prefer to work in a predictable environment that won't bring a lot of surprises. Since you're probably willing to take risks, you may find it hard to relate to their focus on safe, dependable outcomes.

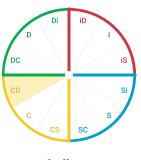
In addition, they also prioritize Support, so they tend to be accommodating and willing to forfeit their own needs and preferences when necessary. Most likely, they're usually patient and diplomatic, and they aren't likely to become overly emotional when pushed. You may have trouble relating to their patient, obliging approach.

Furthermore, those with the SC style also value Accuracy. They tend to work systematically to produce quality work and effective solutions, and they may be fairly analytical at times. You may have trouble relating to their methodical approach and tendency to double-check their work.

# Personalized Index: C Styles



#### **CD STYLE**



Challenge Accuracy Results **Goals:** Efficient results, rational decisions

Judges others by: Competence, use of logic

**Influences others by:** Strict standards, resolute approach

Overuses: Bluntness, critical attitude

Under pressure: Ignores people's feelings, moves ahead independently

Fears: Failure, lack of control

Would increase effectiveness through: Cooperation, paying attention to others' needs People with the CD style prioritize Challenge and may come across as skeptical and determined. Most likely, they won't accept ideas without asking a lot of questions, and they like to uncover problems that could affect results. You tend to be more accepting, so you may find it hard to relate to their critical, questioning approach.

In addition, they also prioritize Accuracy, and they focus on thinking logically to create the best solutions. They tend to avoid letting their emotions get in the way of making rational decisions. To you, their approach may seem overly analytical and perfectionistic.

Furthermore, those with the CD style also value Results and tend to be determined to deliver quality outcomes efficiently. Most likely, they're also willing to take charge of projects when necessary, and they can usually be counted on to keep things on track. Since you tend to share their interest in efficient results, you likely appreciate their determination to succeed.

