

Valerie Manso, ABOC, FNAO, ALB, ACB – President, Manso Management Resources



Valerie Manso has been a member of the ophthalmic community since 1973. Valerie is a Certified Optician in the Province of Ontario, Canada; an American Board of Opticians Certified Optician; and is a Fellow of the National Academy of Opticianry.

In addition to working with American Optical, Sola Optical and Vision Service Plan, she has presented thousands of hours in continuing education for Optometrists, Opticians and Paraoptometric Technicians at venues such as Vision Expo East and West, SECO, Heart of America, East West Congress and many more.

Valerie honed her speaking and presentation skills as a member of Toastmasters International since 1997, achieving the designations of Advanced Leader Bronze and Advanced Communicator Bronze. Additionally, she has held the positions of President, Vice President of Education and Vice President of Membership of her local Toastmasters Club.

In 2003 Valerie was acknowledged by our industry when she received recognition as one of the “Most Influential Women in Optical”, in the inaugural year of this award. And, as a founding member of the Optical Women’s Association, an organization with a 25+ year history, Valerie believes self-development is a priceless gift.

You may contact Valerie with questions at valerie.manso@outlook.com