



FETAL MONITORING

birth toolkit



[m]otherboard

TYPES

CONTINUOUS

- Belts around belly, must stay close to unit

INTERMITTENT WITH DOPPLER

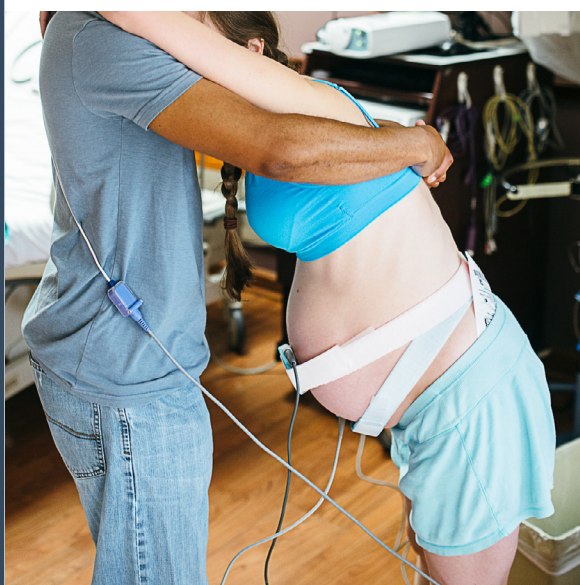
- Good if you're healthy and low risk
- Listen to baby periodically throughout labor with a handheld Doppler

TELEMETRY/WIRELESS UNIT

- If you need to be monitored continuously but want to move around

INTERNAL MONITORS

- FETAL - Inserts into baby's scalp
- IUPC - Inserts into uterus, measures strength of contractions



BENEFITS OF FETAL MONITORING

- Provides information about how baby is tolerating labor
- Fetal heart rate patterns give providers an indication of how baby is tolerating labor
- Continuous monitoring may be helpful if there are health concerns

BENEFITS OF INTERNAL MONITORING

- Can provide the most accurate information about how well baby is tolerating labor
- Provides information about strength of contractions (IUPC)
- Can be used for Amnioinfusion (IUPC)
- Can help with finding right dose of pitocin (IUPC)

BENEFITS

RISKS OF FETAL MONITORING

- Monitoring strips can sometimes be misinterpreted and do not diagnose issues alone
- Continuous monitoring can increase your risk of cesarean
- Wired and internal monitors may restrict movement

RISKS OF INTERNAL MONITORING

- Infection risks associated with bag of waters being broken
- Injury to baby's scalp (scalp electrode)
- Must stay close to the bed and monitors
- Can be uncomfortable

RISKS

