



PARTICIPANT WAIVER

Waiver must be read and signed before participation:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I agree to obey all traffic laws at all times. I assume all risks associated with running this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I waive and release the Carson Valley Days Run, Jog, Run, Tahoe Youth and Family Services, Carson Valley Active 20/30 Club, all City, County, and State governments, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation including any and all minor(s) running with me, in a stroller or otherwise in this event. All fees are nonrefundable. I agree to and grant permission to all of the foregoing to use photographs, motion picture, recordings or any other record of this event for any legitimate purpose. I understand and will abide by the race rules. Tahoe Youth and Family Services reserves the right in any event of emergency or local or national disaster to cancel the race or to change the day and/or time to a later day and that in the event of cancellation or change there is no refund of entry fee.

I acknowledge that I have read, accepted and agreed to the terms on this waiver:

Emergency Contact (print)

Phone

Print your name

Sign your name

Date

If under 18, signature of parent

Date