

# TAHOE YOUTH & FAMILY SERVICES

## 2015-2016 ANNUAL REPORT



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## 45 YEARS OF SERVICE!

WOW! All these years serving the community and still going strong! We could not do the work without the amazing staff, our Board of Directors, and the generosity of our supporters. The dedication of everyone involved is inspiring.

We wish we could say our work is almost done, but if there is suffering from substance abuse, mental illness, homelessness, and struggles in the family, Tahoe Youth & Family Services must continue to lead the charge in service to our community. But as mentioned before, we know we are not alone.

We would like to recognize some of our key Non-Profit collaborators in the community. We are grateful to our friends such as the Barton Foundation, Boys & Girls Club, Community Food Closet, Family Resource Center, Live Violence Free, Partnership of Community Resources, Suicide Prevention Network, and the Tahoe Warm Room working with us to address the issues of our community!



### BOARD OF DIRECTORS

PAM WHEELER PAULA PETERSON PAT FREGA  
MICHELE CHOUNARD MICKEY MADDEN



# OUR MISSION

**Is to promote the healthy development of the children, families, and individuals of our community through counseling, mentoring and support programs**

**Adriana Sanchez, Client Advocate**

**Anna Aguilar, Client Advocate**

**Betty Hathaway, Mentor Coordinator**

**Cheyenne Lane, Supportive Services Coordinator**

**Christopher Croft, Executive Director**

**Daniel Willis, Youth Advocate**

**Debra Higginson, Financial Comptroller**

**Diane Gooding, Primary Prevention**

**Dr. Tom Embree MFT, Clinical Supervisor NV**

**Elisabeth Fricke-Aiazzi, MFTI/LCADC Counselor**

**Emily Bennett, PCCI Counselor**

**Isabel Mesa, Youth Advocate**

**Jason Jacobsen, Drug & Alcohol Counselor**

**Jessica Hudson, CATC Counselor**

**Karen Maack MFT, Clinical Supervisor NV**

**Kelsey Magoon, Drug Free Coalition Program Coordinator**

**Laura Neimark, LCSW Counselor**

**Laura Salinas, Supportive Service Services Assistant/Counselor**

**Linda Gilkerson, Mentor Coordinator**

**Mary DiCario, MFT Counselor**

**Mary Swisher, Administrative Assistant**

**Natalie Denny, Administrative Assistant**

**Rob Stone, CADC Counselor**

**Savanah Zegers, Peer Advocate**

**Sheila Gwinn, Primary Prevention**

**Susan Lippman, Client Advocate**

**Tito Alamillo, Supportive Services Assistant**

**Troy Matthews, Grant Writer**

**Zandi Pluta, Youth Advocate**

## THE TYFS & LOCATIONS

### ALPINE COUNTY OFFICE

100 Foothill Rd, Bldg. D Rm. 5  
Woodruffs, CA 96120

Phone: 530-694-9459

### SOUTH LAKE TAHOE OFFICE

1021 Fremont Avenue  
South Lake Tahoe, CA 96150

Phone: 530-541-2445

### GARDNERVILLE OFFICE

1512 HWY 395 N Suite #3  
Gardnerville, NV 89410

Phone: 775-782-4202

### RANCHOS DROP IN CENTER

1307 Langley Unit #1  
Gardnerville, NV 89460



**24-HOUR CRISIS LINE:**

**1-800-870-8973 (TYFS)**

**CRISIS TEXT LINE :  
'TAHOEYOUTH' to 89683**

Peter Spellman of Heavenly Mountain Resort presenting the Vail Resort Epic Promise Banner to Executive Director Christopher Croft in recognition of their support for TYFS



# Thank You to our Donors & Supporters

**“I feel we all have a stake in our community as much as we do our own spirits, and seeking avenues of generosity is the direct path to peace among us.  
- Shari Arison**

7Eleven-A to Z Insurance-A American Storage Management Co.-Accurate Audio Video-Mark and Sherry Acri - Active Networks, LLC.- Kelly Adams-AECOM-Affordable Business Services- Michelle Aguilar- Stephanie Aitken- Cory Jo Allen- Lisa and Lee Allen- Mike Allen- Jill Alley- Allied Imports and Logistics- Ron and Francie Alling- Alpine County Office of Education- Alpine Family Practice- Darlene Alvarado- Debra and Cass Amacker- Elena Amodeo- Anytime Fitness- Apres Wine Company- Pam Armstrong- Ascent Environmental Inc.- Aspen Hallow- Ashton Lakeland Village- AT&T United Way Employee Giving Program- Austin’s House- Heather Avila- Kimberly Balo and Rick Stokes- Buck Barkley- Jan Barnett-Barton Foundation- Base Camp Pizza- Beach Front Marketing, Inc.- Jodie Beard- Belfor Property Restoration- Helen Beltran- Antonio Benitez- Bill and Sue Bennett- Emily Bennett- Trisha Berman- Hanna Bernard- Virginia Berry- Beverly Realty, Inc.- Connie Billington- BioSpirit Day Spa- Melodi Blanton- Blue’s Custom Bicycles- Stacy and Sandra Bobman- Body Essentials Day Spa- Borges Sleigh & Carriage Rides- Melissa and Ernie Bornstein- Dennis Bowman DDS- Jennifer Boyd- Sue Boyer- Elizabeth and Mike Bradford-

Bread and Broth at St. Theresa’s Catholic Church- Lisa Brockett- Susan Brown- Tina and Charlie Bruess- Joe Buck- Tim and Jenny Buscher- The Byer Family- Bruce Cable- Caesar’s Entertainment- California Tahoe Conservancy- Camp Richardson Resort- Capital Finance- Dora Cappel- Cardinale Way Toyota- Dave and Jan Carpenter- Cars 4 Causes- Carson Valley Lanes- Carson Valley Accounting- Carson Valley Bridge Club- Carson Valley Community Food Closet- Carson Valley Inn- Carson valley Swim Center- Carson Valley United Methodist Church- CASA El Dorado- Cascade Properties, LLC- Casey’s Cantina- Tracy Cassity- Steve and Dense Castle- Michael and Connie Caughlan- Century 21 at Tahoe Paradise- Richard Chambers- The Chaplin Family- Chapman & Associates Foundation- Chase International South Tahoe Realty- Nikki Chavez- Marti and Tom Cheney- Michele Chouinard- Melinda Choy- Christmas Cheer- Michael Ciocca- Classical Glass- Clean Tahoe Program- Bob Cliff- Sydney Coatsworth- Melissa and Anthony Cochia- Dennis and Kathy Cocking- Cocomoes- Matt Cole- CADCA- Community Foundation of Western Nevada- Jean Anne Colon- JoAnn

Conner- The Conroy Family- Christine Cook- Sarah Corder- Corporate Nevada, Ltd.- Deborah Coulter- CPS Family Corporation/DBA Pizza Factory- Amanda Craft- Brandon Craft- Kevin Crebs- The Croft Family- Amrito Cross-Tyson Crystal- Jessica Cunningham- Tom Cunningham- CVS Corporation- Janice Czarnecki- Amy Czesnowski- The Dauscher



**Minden Rotary Club’s John Carne presenting a donation to Mentor Coordinator Linda Gilkerson**

Family- David & Johnson, LTD.- Matthew David- Wendy and Kerry David- Ronald and Toni Deane- Deep Lake Collectables- Mitchell and Beth Delacour- Laura Delillie- Emilie Delworth- Dermody Properties Foundation- Rad Desiraju- Ray and Sue DeWit- Division of Child and Family Services (Melissa Faul, Child Fatality Specialist III)- Carolyn

## Continued

Dolan- Sharon Doughty- Douglas County Board of Commissioners- Douglas County Food Bank- Douglas County School District- Douglas County Sheriff's Office- Dr. & Mrs. Daniel Robertson- Dr. Barry and Angie Kell- Dr. Marissa Muscat- Dr. William and Christine Everts- Edgewood Companies- Gretchen Eicher- Alburt Eiland- El Dorado Community Foundation- El Dorado District Attorney's Office- El Dorado Hills Community Vision Coalition- El Dorado Savings Bank- Elevation 6225 Sports- Anthony and Ellen Eng- Lars and Christine Ensign- Erik Watada State Farm Agency, LLC- Cyndi Esders- Family Resource Center- John Fastabend- Feldman, McLaughlin & Thiel LLP- The Felton Family- Linda Finch- Bill Finn- Susan Foley- June Forster- Julie and William Frame- Nickolas Frances- Julie and Nat Franklin- Karin Franklin- Tracy and Slider Franklin- Wayne and Suzanne Franklin- Freshies Restaurant- Elisabeth Fricke- Friends In Service Helping (F.I.S.H.)- Doug Frienshuh- Frontier Communications- William F. Frye- Hope Gabert- Cindy Gafney- Kim

Galvez- Jan Garcia- Cara-Lee Garrett- Natalie Gautereaux- Kim Gayner- GE Energy- Paul Genasci DDS- Genoa Lakes Golf Club- Mark and Heidi Ghan- Kayvaan Ghassemiah- Cathy Gibb- Nate Giesen- Cynthia Gillis- Deborah Goerlich- Tamara Goldenberg- Len Gollnick- Michelle Gomez- Nicole Gordon- Jim and Betty Gorman- Nicholas Gorman- Vanessa Gorman- Brett Green- Kenneth Groen- April Grothe- Jean Gurney- Shirley Hackett- Hallador Legacy Foundation- Mike and Greta Hamsch- Charlie and Sandy Hamm- Hands 4 Hope- Cindy Hannah- Daniel and Kathy Hannah- Hard Rock Café Lake Tahoe- Jan Hardie- Lindsay Hardie- Harper Estate- Harrah's- Roxanne Hart-Richard and Kate Harvey- Sarah Harvey- Harvey's Hotel Resort & Casino- Betty and David Hathaway- Hay House Publishers- Nicky and Scott Hayward- Valerie Hazely- Heavenly Ski Resort- Norine Hegy- Joan Herdocia- JoAnn and Findel Hernandez- Kyle Hernandez- Theresa and Richard Downer- Debra Higginson- Chris and Karin Holmes- Home Depot- John

and Penny Hopkins- Paul Hopkins- Teresa Horse- HotSpring Spas, Ltd.- Deb Howard- Mike Howard- Tammy Howard- Lisa and Paul Huard- Robert Huckaby- Jessica Hudson- Steven and Kathy Humphreys- Mollie Hurt- IBM Employee Charitable Contribution Campaign- Mia Idzorek- Diane Imbach- Inn By the Lake- Inspire Counseling- IQ Technology Solutions- Sharelene Irete- Ironwood Cinema 8- Ken Isaac Jacks Valley Elementary PTSO- Ann Jaffe- Linda Jamin- Jeff and Kathy Jarboe- Jared Clark Construction Company- Paula Jiru- Julie Joldersma- Caitlin Jankel- Jim Joseph- Pete Joseph- Karen Nourse & William Lischko- Lindsey Kaufman- Kendra Keller- Lauri Kemper- Sam Khalifa- Kim Kilgore- Cole Kinney- Kirkwood Mountain Resort- Kiwanis Club of Lake Tahoe- Kiwanis Club of Tahoe Sierra- Lothar and Susan Knieriemen- Marilyn Kolpacoff- Bill and Shelby Kolstad- Teruyo Kunibe- Jesse Laca- Lake of the Sky Outfitters- Lake Tahoe Basin Management Unit- Lake Tahoe Boat Rides- Lake Tahoe Community College- Lake Tahoe Golf Course- Lake Tahoe Humane Society- Lake Tahoe Resort Hotel- Lake Tahoe Shakesneare Festival-

### *Our Community Members gave over \$390,000 in Financial & In-Kind Support*

MontBleu Resort Casino & Spa- Leonard and Marabel Moorehead- Jane and Jose Morales- Stanley Morgan- Joan Morris- Gina Morros- Movement Mortgage- Mt. Tallac High School- Music Magic- Narcotics Anonymous- Briana Neben- Nel's Tahoe Hardware- Jackie Nelson and Robert Comlossy- Julie Nelson- Mary Nelson- Network for Good- Nevada Energy Foundation- Clint Nichols- William Nichols- Shannon Norrgard- Alissa Nourse and Rick McGuire- Sue and Bob Novasel- Rich and Stacy Noyes- NSD Specialties- Van Oleson-

John Olivera- David Olsen- On Our Own, Inc.- Tilda Orr- Dr. Mireya Ortega DDS- Rose Oshita- Our Lady of Tahoe Catholic Church- Eric Pacheco- Deb Page- Valerie Page- Frank and Theresa Papandrea- Parasol Community Foundation- Parent Services project, Inc.- Park Tahoe Inn- Dr. Eric Park DDS- Laura Parks- Ken Parr- Terrie Peets- The Honorable Thomas E. Perkins, Judge- Judy Perry- Alex Peters- Paula Peterson- Pine Tree Printing- Pinnacle Real Estate Group- Placer Title Company- Jill Pollock- Lorrie and

Bryan Pond- Miguel Porcayo- Debbie Posnien- Todd Poth- Malcom Pribyl- Pro Leisure- Project Merits UGA- Carolyn Pronto- Luis Quijas- Rack'D Clothing Exchange & Boutique- Donald and Irene Radford- Randy Brandmeyer Inc.- Scott Ratcliff- Elizabeth Rau- Carlee and Spence Rauber- Razoo/Nevada's Big Give- Abigail Reaber- Michelle Reilly- Reno Aces- Dawn Riddle- Georgette Riley- Sean Riley- River Coyote Design- Alexis Roby- Lindsey Robinson- Kris Robinson- Nancy and Kenneth Rollston- Carole Romanowitz- Leslie



Supporters of our Mentor Program served over **60** children & committed nearly **4,900 hours** of their time!

*"Having a mentor has been what I look forward to every week, the calls the time we spend together. You are my grown up friend!"* Mentee to their Mentor



Programs like Ski DUCKS give kids & volunteers a chance to hit the slopes!



Organizations such as South Tahoe Public Utility District help support our clients with their generosity

## Continued

Rosas- Mary Rosenfield- Douglas and Diane Rosher- Leila Rosner- Rotary Club of South Lake Tahoe- Ron and Joanie Rumble- Delores Russell- Sacramento Region Community Foundation- Safeway- Michael Salerno- Salter Revocable Trust- Alana Sanchez- Saxons Motorcycle Club- Chuck and Susan Scharer- Sue Schem- Ann Schleich- William Schrader- Scott's Clean Sweep and Snow Removal- James and Liv Seemann- Greg Sellers- Rose Senger- Peter Sereno and Rachelle Pakes- Jackie Serrano- Sessions Salon- Sue Shannon- Sherwin Williams- Kyndra Sierfine- Sierra At Tahoe- Sierra Community Church- Sierra Health Foundation- Sierra Pacific Power- Silver Oak Golf Course- Kat Simmons- Lucette Simon- Lynde Siomiak- Robert and Hega Skelley- SkiDUCKS- Heather Skinner- SLEDNET- Brandon Smith and Julieta Floreano- Jackie Smith- Michael Smith- Smith's Grocery- Joe and Aislynn Soave- Pete and Carol Sonntag- Soroptimist International of Carson Valley- Soroptimist International of South Lake Tahoe- Soroptimist International of Tahoe Sierra- South Lake Tahoe Fireman's Association- South Lake Tahoe Ice Arena- South Lake Tahoe Optimist Club- SLT Police Officers Association- South Lake Tahoe Alliance Resorts- South Tahoe Public Utility District- South Tahoe Refuse-Southwest Gas Corporation Foundation- Specialty Sports Ventures- Peter Spellman- Starbucks- Marlene Starkey- Jane Starratt- Howard and Rosemary Stevens- Tammy Stewart- STMS PTA Group- Robert and Darlene Stone- Charlie Stookey- Sushi Pier- Cindi and Doug Swalm- Dr. Kyle and Britta Swanson- Susan Sybert- Tahoe Arts Project- Tahoe Basin Container Service, Inc.- Tahoe Bowl- Tahoe Douglas Elks

Lodge #2670- Tahoe Douglas Rotary- Tahoe Family Dentists- Tahoe Magic- Tahoe Mountain News- Tahoe Production House- Tahoe Regional Young Professionals- Tahoe Ridge Winery- Tahoe Shore Girls Scouts- Tahoe Spirits, LLC- Tahoe Sports, LTD- Tahoe Chamber of Commerce- Diane Taylor- Kathryn Taylor- Danielle Teck- The Tiegen Family- Terry Lee Wells Foundation- The American Century Championship- The California Wellness Foundation- The Corley Ranch- The Red Hut Café- The Ridge Tahoe- John Thiel- Katherine Thiele- John and Lauren Thomas Elli- Shane Thompson CPA- Jimmy Thompson- Kathy Thompson- Ronald and Deborah Thompson- Marion Tilley- Joe and Joann Gilson- Tot To Tot- Fawned Trigs- Trinity Lutheran Preschool & Childcare Center- Trotter Family Foundation- United Way of Northern Nevada & The Sierra- Unity At The Lake- US Bancorp Foundation- US Bank- Lisa Uzi-Schafer- Vail resorts Epic Promise- Micah Valente- Valley Christian Fellowship- Vanguard Charitable- V-day Vagina Monologues- Wal-Mart Store 5864 (Gardnerville)- Susie Walker- Wally's Summer Winds Resorts- Daniele Waterhouse- West Ridge Homes, Inc.- Pam Wheeler- Joyce White- Kim Wilkins- Robert Williams- Sandy Williams- Wilson Public Affairs Inc.- Winks Silver Strike Lanes- James Wire- Women of the Moose Chapter 408- Zach Wood- Rob Wyatt- Robin Wysong- Yellow Page Communication- Yogurt beach- David and Marsha Young



## **GET RECHARGED GET RESOURCES GET RESPECT**

The official motto of our Drop In Centers applies to all of our services. Our organization offers our community members in need many paths to wellness and a chance to start fresh.



*“Even the hummingbird needs to slow down and recharge to make their journey”  
- Anonymous*

“They [TYFS STAFF] have been there time and time again with a hand out, someone to talk to or just support and encourage. They find a way to bring me up and put me on my feet so I can move on to better things”  
– Drop In Center client

## **SERVICES**

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**MENTAL HEALTH THERAPY:  
INDIVIDUALS, CHILDREN, & FAMILIES**  
Crisis Counseling- Solution Focused Therapy-  
Family Reunification- Cognitive Behavioral  
Therapy- Play Therapy

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**SUPPORTIVE SERVICES FOR RUNAWAY  
& HOMELESS YOUTH:  
AT RISK YOUTH AGES 10-24**  
Outreach to local schools, community events, &  
teen hang outs- Two Drop In Centers  
connecting homeless & disconnected youth to  
resources and a safe place to be- Food- Laundry-  
Hygiene products- Showers- Employability  
Skills

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**SUBSTANCE ABUSE TREATMENT:  
ADOLESCENTS & ADULTS**  
Individual Counseling- Group Counseling- Family  
Counseling- Early Intervention Services-  
Prevention Services- Substance Abuse Evaluations

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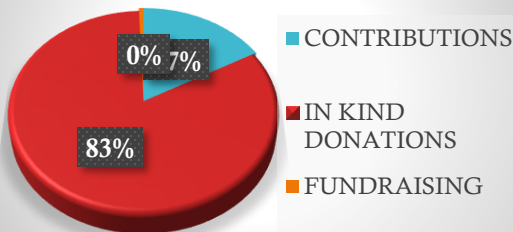
**MENTORING PROGRAM:  
AT RISK YOUTH AGES 4-18**  
Youth matched with a caring, trained, and screened  
adult in a one on one relationship- helps build  
resiliency and provides support through peer, adult,  
and family relationships

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# 2015 – 2016 Fiscal Year Financial Overview

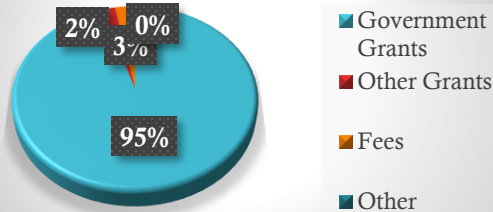
## SUPPORT

2015-2016	SUPPORT
CONTRIBUTIONS	\$65,412
IN KIND DONATIONS	\$323,246
FUNDRAISING	\$2,330



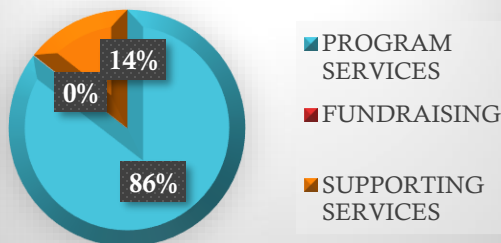
## REVENUE

2015-2016	REVENUE
Government Grants	\$1,118,431
Other Grants	\$21,657
Fees	\$34,243
Other	\$98



## EXPENSES

2015-2016	EXPENSES
PROGRAM SERVICES	\$1,332,510
FUNDRAISING	\$1,859
SUPPORTING SERVICES	\$224,847

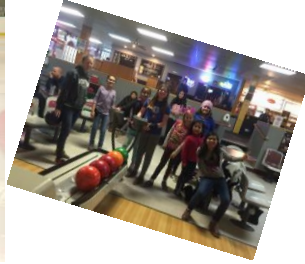


**TOTAL SUPPORT &  
REVENUE: \$1,565,418**

**TOTAL EXPENSES:  
\$1,559,216**

**NET ASSETS: \$143,003**

# MAKING AN IMPACT



Outreach Programs like our **GIRLS Project** make an impact by empowering youth through activities and healthy relationships.



*TYFS has a large presence in our local schools, often conducting lunch-hour activities at the schools*



**“You helped me when I had nothing...thanks for caring and lending a helping hand when I had no one else.”- TYFS Client**



STDFC focuses on strategies and outreach to educate the community about the dangers of drugs.



*South Tahoe Drug Free Coalition (STDFC) was established in 2013 to address the high levels of youth substance use in South Lake Tahoe. Main drugs of focus are alcohol, marijuana, and prescription drugs. Our coalition consists of 12 community sectors; Youth, parents, school, law enforcement, faith based organizations, health care professionals, media, civic and volunteer groups, state / local / tribal agencies, youth serving organizations, and businesses. The mission of STDFC is to mobilize the community to provide strategies to prevent and reduce youth substance use.*

## DID YOU KNOW...

Our Drop In Centers receive an annual average of

# 4076

visits from at -risk youth?

Other Annual Averages:

- 1290 items of food
- 370 items of clothing
- 325 Hygiene packs
- 210 pairs of socks
- 170 showers
- 110 laundry uses

**88%** of our clients reported an improvement to their current situation and overall health as a result of our services

# 54 lbs.

of prescription medication collected at the annual ‘Drug Take Back Day’ hosted by the South Tahoe Drug Free Coalition





**Be the Change you want to see in  
the World  
- Mahatma Gandhi**