

Sandplay / Sandtray Resources

The following is a list, in no way exhaustive, and in no particular order, for resources I have found over the years for Sandplay/Sandtray practice. Without entering into a discussion of Sandplay versus Sandtray as therapeutic interventions or their similarities or differences, I offer this document as an aid to clinicians in furthering their healing work with clients, no matter their philosophical leanings toward one modality or the other.

I encourage all of you to delve into the educational aspect of the Sand World. The more I study theory, symbols and the unconscious-conscious world of the sand, the more committed I become to the power of this work. Dig In!

Symbols / Figures

Play Therapy Supply www.playtherapysupply.com (special groupings-grief, spiritual, etc)

Toys of the Trade www.toysofthetrade.com Lots of figures and also a basic “starter” kit

Self Help Warehouse www.selfhelpwarehouse.com Lots of figures and also a basic “starter” kit

E Museum Store www.emuseumstore.com Check out the small statues by famous artists like Dali. Difficult site to navigate but worth it. Expect to pay for something special.

Child Therapy Toys www.childtherapytoys.com miniatures, trays, sand

Self Esteem Shop <https://selfesteemshop.com/product-category/sandtray-sandplay-therapy/> figures, symbols

Lake Shore Learning <https://www.lakeshorelearning.com/products/p/AA200X>
Block Play people. See the diverse families, people with disabilities, etc. They have sand and water trays that are more in the play therapy arena. Also available through Ebay, Amazon, etc.

Build-A-Rama www.build-a-rama.com Wonderful selection of war miniatures – check out the “billowing smoke” and the chain link fencing with razor wire across the top. Great flags, soldiers from any war, and complete accessories to create a diorama of your favorite war.

Sacred Source <https://www.sacredsource.com/MINIS-SANDTRAY/products/86/> Beautiful god, goddess, etc. Pricy but many hard to find items.

Eclectic Artisans eartisans.net Wiccan and Pagan Statuary, Gods and Goddesses

Motorheads 4 You www.motorheads4u.com
Some interesting 50's looking figures, but be aware many are fragile, so look for die cast for durability look for 1/18 scale.

Caganer www.caganer.com Great traditional miniatures from Spain that have the quirkiness of, being in the act of defecation. So if you want the Pope, or Trump, or Hilary or another notable figure pooping, this is the place!

Yoga Joes www.yogajoes.com Typical toy “army men” but in yoga poses. Come in many different colors and the artist is adding items.

Sandtopia www.sandtopia.com.au Australian sandplay site, with thoughtful categories and Aussie specific items

Archie McPhee www.mcphee.com This Seattle institution has lots of gag type figures like Big Foot, Dash Board Jesus, and other such “tongue in cheek” stuff

Bobbleheads www.bobbleheads.com Bobbleheads in all categories

Factory <https://shop.fctry.com/collections/action-figures> Look at their action figures (political) like Trump, Ginsberg

Office Playground www.officeplayground.com Lots of great office “toys” including an extensive selection of stress toys in many shapes.

Happy Hen Toys www.happyhentoy.com Papo, Schleich and other toys that are great for sand play

Etsy www.etsy.com (many vendors). Search for Sandplay and Sandtray, dollhouse miniatures, vintage figurines, etc., Some stand-out shops: Clay Twister (she has made a couple custom pieces for me, like a Gay Rabbi), SandtrayandMore, (custom polymer, etc) TheMidnightOrange, (beautiful polymer figures) HealingUnicornShop, (variety of custom) NorthernLightsMinis, (unusual dollhouse miniatures) DeCaslinDesign (Beautiful metal road signs)

My Plastic Heart www.myplasticheart.com A funky artist, many Japanese, toy site that is way cool, but pricey. Look for something special.

Counseling Toys http://counselingtoys.com/index.php?main_page=products_all
Affordable play therapy toys (at least that’s what they say!)

Factory Direct Craft www.factorydirectcraft.com Lots of dollhouse and craft products.

Georgia Mann <https://georgiamann.com/> Lovely handmade, thoughtful figures. An investment.

Kennedy’s Mini’s Kennedysminis.etsy.com (Kennedy Dubois)kennedysminis@gmail.com
Does a lot of figures using a 3-D printer. Very in touch with the therapeutic community

Carnival Source <https://www.carnivalsource.com/collections/toys> Lots of bulk cheap toys suitable to share with others.

Ebay www.ebay.com Search for sandplay, miniatures, action figures, etc. Many other sites also sell here as well

Generations Religious Gift Store http://www.ebaystores.com/Generations-Religious-Gifts/3-5-inch-Roman-Saints-in-a-Box-/i.html?_trksid=p4634.c0.m322&_fsub=5624868016&_sid=98305286& Christian Statues and Saints

Sandplay-Etc <http://www.sandplay-etc.com/miniatures/> handmade clay miniatures, figures

Amazon Amazon.com Search for sandplay, miniatures, action figures, etc. Many other sites also sell here as well

Classic TV Toys www.classictvtoys.com Retro TV figures plus custom ones (make your own action figure). Lots of accessories (most under 8" accessories) coffins, man in straightjacket, dumpsters, guitars, guns/pistols, ladders, coolers, laptop, trash can, boxing equipment, wheelchair

Sandtray Manufacturers

Aspen Sandtrays www.aspensandtrays.com Beautiful custom-made sandtrays. Carts and shelving too. Very nice people who aim to please. Check out their round group Sandtray!

Ron's Trays www.Sandtrays.com Sand trays and custom shelving Ron Marincic

Sandtrays www.sandtrays.ca Beautiful trays and carts handcrafted in Canada. 250-715-6825 A great guy in Canada who is connected to a lot of the Northern CA/Pacific NW sandplay people. He makes beautiful trays and also carts. He ships all over the US 250-715-6825

Sand Resources

Jurassic Sand www.jurassicsand.com Sand, sand and more sand!

Sand is also available from many of the play therapy sites. Kinetic sand is being talked about a bit in the Sand World, but is typically frowned upon by Sandplay purists. For most Sandplay Therapists, they have both a wet and dry tray available for sandplayers. The wet tray satisfies the need to mold.

Sandplay / Sandtray Organizations and Training

International Society of Sandplay Therapy (ISST) ISST-society.com

The International Organization governing Jungian.Kalffian Sandplay therapy.

Sandtray Therapists of America (STA) www.Sandplay.org This is the original organization formally associated with Dora Kalff, the originator of Jungian Sandplay. They oversee a certification process as a Certified Sandplay. There is a listing of trainings and Certified Sandplay Therapists on the site, as well as access to their Journal.

San Diego Friends of Sandplay www.gailgerbie.com Go to the tab for: San Diego Friends of Sandplay. Has some basic sandplay articles for downloading, as well as frequent training offered in San Diego

Canadian Association for Sandplay Therapy Nice Resources Page.
<http://www.sandplay.ca/English/060~Resources/> See what's happening with our neighbor.

Jung Center of Los Angeles <https://junginla.org/> offers regular sandplay information sessions and trainings with Certified Sandplay Therapist Teachers.

Sandplay Training Worldwide <https://www.sandplaytrainingworldwide.com/> Linda Cunningham's of Washington State, training site

The Association for Sandplay Therapy sandplayassociation.com/ Sandplay organization started by Barbara Turner after a "schism" with STA. Dr Turner has a formalized training program and has authored several books.

Myth, Symbols and Sandplay <https://mythsymbolsandplay.typepad.com/> A "bloggy" site that reviews sandplay symbols and their meanings.

Sand TRAY Organizations: (Grew both out of the Kalffian Sandplay and the Play Therapy World)

Institute of Playful Healing <http://www.instituteofplayfulhealing.com/> Sean and Aimee Jennings are affiliated with the Sandtray Institute of New Mexico and offer a reciprocal 10 module certification in Sandtray

Sandtray Institute of New Mexico <http://www.sandtraytraining.com/> Theresa Kestly founded the Sandtray Institute of New Mexico and also wrote, *The Interpersonal Neurobiology of Play : Brain-Building Interventions for Emotional Well-Being*

Sandtray Therapy Institute Humanistic approach to Sand Tray Training <https://www.sandtraytherapyinstitute.com/the-humanistic-approach-to-sandtray-therapy/>

Storefront Toy and Used Toy Stores:

Note: there are a lot of local shops no matter where you live that are great places to search for Sand Symbols. Try local Thrift stores, Dollar Stores, Specialty Markets, such as if you have an Asian or other cultural communities within your own. Each is rich with their particular symbols. If you are in a “touristy” community, look for travel souvenirs and of course, always look for unique objects whenever you travel to a new place! Museum stores are also good sources. Train & Dollhouse Stores are also treasure troves, but increasingly they are going out of business. If you are lucky enough to have a local store, become a patron! Here are some “storefront” stores that have come my way over the years:



Brand names to look for in specific categories:

Animals, Knights, mythical/historical figures: **Papo, Safari, Schleich, Plastoy**

Gruesome/Macabre figures: search for the name: **McFarlane**, who is talented in this world, including: Movie Maniacs, Infernal Parade, Dr Fetter’s Family of Freaks, and also search for Tim Burton: Nightmare Before Christmas, etc.

Soldiers and Diorama for any war: the **William Britain Collection: Britains Petite Limited**, but also go to sites like **Build-a-Rama and Michigan Toys**, who handle a lot of different brands in this arena

Dungeons and Dragons D & D (D & D chart: dracosaur.us to check out available pieces and their size in mm) Search criteria: From my experience, most often you want a large or huge size. Also have no idea how updated this list is.

An example of how a clinician explains their Sandplay practice:

<https://www.frankadair.com/services/sandplay> <https://www.frankadair.com/contents/sandplay-video>

Other inspirational sources: (Search for miniatures, sandplay, etc.)

Sandplay Video Productions <https://sandplayvideos.com/> a site dedicated to videos about the Sandplay process

Pinterest Pinterest.com Lots of ideas and sometimes links to artists who create custom figures and diorama

You Tube YouTube.com Many Sandplay (even one by Dora Kalff!) on Sandplay and Sandtray.

Facebook facebook.com There are organizations, international, national and local that are active on Facebook that you can follow, like, etc. Some trainings are also advertised here. Some artists also promote their work that is applicable to being Sand Symbols. Search for toy-art or figurine artists.

Tool Box Systems on Wheels to create “Sandplay on Wheels”

Some of the play therapy sites listed have “kits” that create a mobile Sandtray, including figures. Some organizations (friends of Sandplay among them) have a “go” collection available, and representatives are available to do outside presentations. The following are more elaborate storage boxes and require you to customize a collection on the go:

Rigid Professional Tool System Boxes_(available at Home Depot, Ebay and other sites) and consists of a combination of a 22” Gear organizer, a 22” Tool Box and a mobile Gear Cart.

Craftsman VersaStack Tool System Boxes_(available at Lowes, Ebay and other sites) and consists of a combination of an Organizer, Tool Drawer, Deep Tool Box and a mobile Tool Box.