

*It helps if you remember that everyone is doing their best from their level of consciousness.*  
(Deepak Chopra)

### You are not Alone

**ALONE** is a national organization that strives to enable older people to age at home, safely and securely, for as long as they wish. If you are an older person who would like to learn more about this service, please call ALONE's National Support Line on 0818 222 024. Available seven days a week from 8am to 8pm.

### Domestic Abuse

You do not have to live with control and abuse in your home. Support is right here in your community. Visit [www.safeireland.ie](http://www.safeireland.ie) to find your local service or call the National Abuse Helpline 1800 341 900

### Diocesan Child Protection Services

For support or advice or to report any concerns you may have regarding child protection matters, please contact the following parish representatives: Kilmore Quay; **John Stafford:** 087 914 8009; Kilmore: Tomhaggard

### Samaritans Helpline

Call Us Free, From Any Phone. Find Out More Now. You Talk, We Listen. Call Us Free on 116 123.

### Bereavement Support Line

If you or someone you know is struggling at this time, we are here to help you. It is free to call our Bereavement Support line 1800 80 7077 Monday to Friday 10am to 1pm.

### Pieta House, Preventing Suicide and Self Harm

If you have any concerns, please contact our team on 0818 111 126. Pieta Crisis helpline 1800 247 247 or text Help to 51444

### Women's Refuge

For women in crises there is a 24-hour Free Helpline 1800 220 444

### Alzheimer Society of Ireland

The Alzheimer Society of Ireland's National Helpline Service is open six days a week. Call 1800 341 341/email [helpline@alzheimier.ie](mailto:helpline@alzheimier.ie)

### Active Retirement News

The February meeting of Kilmore ARA takes place on Thursday 2<sup>nd</sup> February in the AOH hall, Bridgetown at 2.30pm. Membership for the year 2023 should be paid at this meeting as we need to register members so that all are covered by insurance for ARA activity. Plans for future activity will be made at this meeting so all members and intending members should try and attend and contribute to these plans. Our bowls team were very unlucky in the league game against New Ross last Wednesday as they led by one point going into the final end, but alas New Ross got two in that final end and so won by a point, our team was Margaret Howlin, Agnes Behan, John Foley and Tom Dunne. On Wednesday 1<sup>st</sup> Feb. the team will be at home in the league to Gorey in the Stella Maris Centre at 2.00pm. We practice every Tuesday night at 7-00pm in the SMC. We had a lovely afternoon at Quigley's of Kilmore for a coffee afternoon and 20 questions on Thursday 26<sup>th</sup>. The quiz had a tie for top spot by the teams of Frank Loneragan and Agnes Behan and the team of Seamus Byrne and Tom Dunne, the tie breaker saw Frank and Agnes winning. Our thanks to Quigleys for the hospitality.

### Bridgetown Information & IT Centre

The office in the AOH Hall is open Mon – Wed 9am – 4pm. Library and IT room also available during these hours. All office services are available, printing, photocopying, laminating, emailing etc. All Social Welfare forms are available. The hall is available for hire for private functions and events. Please call in and see the facilities and services which are available for the general community. All are welcome.

### Kilmore B-Friending & Outreach Service

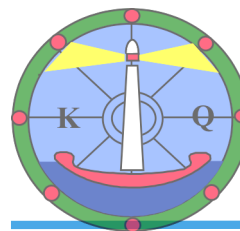
Kilmore B-Frienders and Outreach Services are here to help you combat loneliness, isolation, feelings of depression or just a friendly ear to listen to your fears and worries. It can be easier for people to chat to an individual outside their family circle. You do not have to be alone to feel loneliness etc. you can be from a large family and still feel down and need someone to talk to. All the volunteers are Garda vetted and trained. It is a strictly confidential service. If you have any fears or worries please reach out for help and support, do not suffer alone. You can contact Margaret on 087 9731471, the parish office 053 9135181, Fr Pat on 086 2256794, or Sr. Mary on 053 9129638 or 087 6784830.

### Ballycogley Players

This coming Friday (February 3<sup>rd</sup>) we will take to the stage in Our Lady's Island Community Centre for our first pre-festival performance of our full length play 'The Red Iron' by Jim Nolan, which will be directed by Ellen Cloney, we are the first amateur drama group to perform 'The Red Iron', a new play which was first staged in Waterford, in 2019. From February 15<sup>th</sup> – 17<sup>th</sup>, we will take to the stage of the National Opera for our final three pre-festival performances. See details below:  
Our Lady's Island Community Centre: Friday February 3<sup>rd</sup> at 8pm, admission is €10 on the door.  
National Opera House: Wednesday 15<sup>th</sup> Thursday 16<sup>th</sup> & Friday 17<sup>th</sup> of February at 8pm nightly. Tickets are €15 and can be booked online at [www.nationaloperahouse.ie](http://www.nationaloperahouse.ie) or from the box office at The National Opera House. We hope to see you there!



*Love is what we were born with. Fear is what we learned here.*



## NEWS & REFLECTIONS

### St Peter's Church

### Kilmore Quay

### Co Wexford



Fourth Sunday in Ordinary Time – January 29th 2023

### Reflection on the Gospel Reading



words, Jesus is saying that divine favour is upon those who are poor, those who are persecuted. This news might have been welcome—and surprising—to the crowds who heard Jesus that day.

The Beatitudes can be understood as a framework for Christian living. Our vocation as Christians is not to be first in this world, but rather to be first in the eyes of God. Matthew reminds us that those who act in the manner described in the Beatitudes will find their reward with God.

### Feast of the Patron Saint of our Diocese of Ferns

Monday, January 30<sup>th</sup> is the Feast of St. Aidan, also known as Mogue the Patron Saint of our diocese. He was born around 550, probably in Co. Cavan. He studied under St. David in Wales and on his return to Ireland, founded a monastery in Ferns. He became Bishop there and was renowned for his generosity and kindness. He died in 626.



Do you find real joy in the work you are doing and in the life you are living? Do you find real pride in a job not only well done, but perfectly done? Do you dislike anything that is done shoddily or half-heartedly? Is your heart so much in what you are doing and are you so conscious of the fact that you are doing everything to me and to my honour and glory that you cannot be satisfied with anything that is not 'just so'? It is as it should be. You should never be satisfied with a job done in half-hearted, begrudging manner. Do all that has to be done with joy and love, and let it include everything you do, from the most mundane job to those vitally important ones. See that your attitude is right in everything you undertake so that the right vibrations are put into it. What is more, you will find yourself enjoying it. (Eileen Caddy, *Opening Doors Within*)..

The best remedy for those who are afraid, lonely or unhappy is to go outside, somewhere where they can be quiet, alone with the heavens, nature and God. Because only then does one feel that all is as it should be. (Anne Frank).



## WE REMEMBER AND PRAY FOR

### KILMORE QUAY: 6pm

#### Saturday

✠ **January 28<sup>th</sup>**. We pray for **Patrick Burke** 10<sup>th</sup> anniversary and for **James Barry**, Kilmore Quay, 10th anniversary who we remember also at this time.

✠ **February 4<sup>th</sup>**: We pray for all the sick who need our prayers.

### TOMHAGGARD: Saturday 7.30

#### pm

✠ **January 28<sup>th</sup>**. We pray for all musicians and artists.

✠ **February 4<sup>th</sup>**: We pray for our earth that we may care for and respect it.

### KILMORE: Sunday 10am

✠ **January 29<sup>th</sup>**. We pray for **Maureen Lambert**, Ballask, whose first anniversary occurs, **Mary and Dick Pierce**, Gollough, **Annie Jeffers**, Mill Rd., Kilmore- **Ann Murphy**, Mountpill, **Patrick Mullins** and **Patrick Griffin**, Galway, **Peg Newport** and deceased family members, all of whose anniversaries occur at this time.

✠ **February 5<sup>th</sup>**: We pray for the souls of **Lil Fortune** whose first anniversary occurs and **her husband, Pat**, Ballyhealy and for **Thomas Power**, Ardeen, Clongaddy whose 6<sup>th</sup> Anniversary occurs.

### MULRANKIN: Sunday 11.30 am

✠ **January 29<sup>th</sup>**. We remember all volunteers in our local community.

✠ **January 29<sup>th</sup>** Funeral mass for **Joseph Anthony Murphy** the Durr-Bridgetown at 1pm in Mulrankin, Deepest sympathies to all the family on his passing.

✠ **February 5<sup>th</sup>**: We pray for the souls of **Alice Kehoe**, Bridgetown and for **Tom O'Leary** of Mill Lane, Bridgetown, both of whose Month's minds occur at this time.

*When our earthly life is over, all that matters is the love you shared and the difference you made.*



### Mass for the Feast of St. Brigid on Wednesday, February 1<sup>st</sup>

The 10.00 am Mass on Wednesday Feb 1<sup>st</sup> will celebrate both the Feast of St. Brigid, Patroness of Ireland and also mark the 50<sup>th</sup> Anniversary

of Scoil Realt na Mara, Kilmore, which opened on February 1st 1973. The Mass will be attended by the school children from 2<sup>nd</sup> to 6<sup>th</sup> Class. Everybody is welcome. The Mass will also be broadcast on the parish website [kilmoreparish.com](http://kilmoreparish.com).

### Celebrating Brigid

A celebration of Brigid in music, song, poetry and ritual will take place in Clonard Church at 7.00 pm on Sunday, February 5<sup>th</sup> at 7.00 pm. All are welcome.

### Telephone Numbers of Our Parish Team

**V Rev Fr. Patrick Mernagh** 086 2256794

**Sr. Mary O' Shea (Parish Sister):** [maryossig@gmail.com](mailto:maryossig@gmail.com) (087) 6784830.

### Mass online and via Parish Radio

To access Mass on the parish website go to [www.kilmoreparish.com](http://www.kilmoreparish.com).

The webcam will go live 15 minutes before Mass. To access Mass on the Parish Radio tune into 103.90FM

### Anniversaries Reminder

All Anniversaries must be booked through the Parish Office so, please call in to us in the office or text/email / phone us at least two weeks in advance to ensure that your anniversary appears in the newsletter.

### Rosary

The rosary times are as follows: Sunday 3pm, Monday 6.30pm, Friday 6.30 pm.

### Newsletter Notes

Please email notes for the newsletter to Mary Archer before Friday noon at 087 2480288 or [maryokeeffearcher@mail.com](mailto:maryokeeffearcher@mail.com)



### Feast of St. Brigid



### Prayer to Saint Brigid

You were a woman of peace.  
You brought harmony where there was conflict.  
You brought light to the darkness.  
You brought hope to the downcast.  
May the mantle of your peace cover those who are troubled and anxious,  
and may peace be firmly rooted in our hearts and in our world.  
**AMEN**

**Feast of Saint Brigid  
Secondary Patron of Ireland  
1 February**

Wednesday, February 1<sup>st</sup> 2023, is the Feast of Saint Brigid, Abbess and Secondary Patron of Ireland. Saint Brigid is renowned for her hospitality, almsgiving and care of the sick.

Saint Brigid was born in 454 and she went on to found a double monastery in Kildare with the assistance of Bishop Conleth. The Saint Brigid's Cross, in legend used by Brigid to explain the Christian faith, remains a popular sign of God's protection.

The Government of Ireland has decided there will be a Bank Holiday to honour St. Brigid. From 2023, there is a new annual public holiday in early February to mark St Brigid's Day. The public holiday is the first Monday in February, except where St Brigid's day (1 February) happens to fall on a Friday, in which case that Friday 1 February will be a public holiday.

### Seafood Festival 2023

Are you interested in being involved in the 2023 Seafood Festival? Kilmore Quay Development Association is looking for volunteers, people to help organise the festival and for brand new ideas. Are you interested in helping deliver the 36<sup>th</sup> Annual Seafood Festival? For further information please email [secretary@stellamariscentre.com](mailto:secretary@stellamariscentre.com) with your details or telephone the Stella Maris Centre on 053 912 9922. Thank you!

### ICA News

The first meeting of the new year for Kilmore Quay ICA will be held on Wednesday February 1st at 3pm in Stella Maris Centre. All members and anyone wishing to join are welcome to attend.

### Spring Clean

Wexford householders are being urged to bring their electrical and electronic waste to a free collection day to help the county meet national e-waste recycling targets for 2023. The event, hosted by WEEE Ireland in partnership with Wexford County Council, takes place on Saturday February 4 at Wexford Racecourse, Bettyville, Newtown Road from 10am-4pm. All household items with a plug or a battery will be accepted free of charge, including old washing machines, TVs, toasters and kettles, electronic tools and toys, cables, IT equipment, mobile phones, remote controls, and even watches.

### Wexford Mental Health Association

Wexford Mental Health Association has arranged a Church Gate Collection to take place this Saturday (28th) and Sunday (29<sup>th</sup>).

### Wexford Walking Trails

Riverside walk this Sunday (29th) along the Enniscorthy Riverside Trail. Meet at the Riverside Hotel car park at 2pm. The walk will last approximately one hour. All are welcome. For further information see <https://wexfordwalkingtrail.ie/trails/enniscorthy-riverside-trail/>

### Community Lotto

The numbers drawn in this week's Lotto were 3. 7. 12. 24. There were six match 3 winners each receiving €35. There was no jackpot winner and next week's jackpot stands at €6000.