It helps if you remember that everyone is doing their best from their level of consciousness. (Deepak Chopra)

You are not Alone

ALONE is a national organization that strives to enable older people to age at home, safely and securely, for as long as they wish. If you are an older person who would like to learn more about this service, please call ALONE's National Support Line on 0818 222 024. Available seven days a week from 8am to 8pm.

Domestic Abuse

You do not have to live with control and abuse in your home, Support is right here in your community. Visit www.safeireland.ie to find your local service or call the National Abuse Helpline 1800 341 900

Child Protection Services

To seek support or advice, or to report any concerns you may have with regard to child protection matters, please contact the following parish safeguarding officers: Séamus Byrne, 086 082 2380 (Kilmore area), Pat Roche, 087 278 5156 (Tomhaggard/Mulrankin area) and/or John Stafford, 087 914 8009 (Kilmore Quay area).

Samaritans Helpline

Call Us Free, From Any Phone. Find Out More Now. You Talk, We Listen. Call Us Free on 116 123.

Bereavement Support Line

If you or someone you know is struggling at this time, we are here to help you. It is free to call our Bereavement Support line 1800 80 7077 Monday to Friday 10am to

Pieta House, Preventing Suicide and Self Harm

If you have any concerns, please contact our team on 0818 111 126. Pieta Crisis helpline 1800 247 247 or text Help to 51444

Women's Refuge

For women in crises there is a 24hour Free Helpline 1800 220 444

Alzheimer Society of Ireland

The Alzheimer Society of Ireland's National Helpline Service is open six days a week. Call 1800 341 341/email helpline@alzheimer.ie

There are two ways to spread light: either by being the light itself, or by being a mirror that reflects it



Kilmore Outreach - Mystery Tour Reminder

Reminder: Our mystery outing is this Tuesday 16th July; we begin with coffee in Quiglevs after 10am mass, the coach will be leaving Quiglev's car park sharp at 11.30. We are looking forward to a wonderful day out and hope you all have an enjoyable time. A special thanks to the HSE & The National Lottery and Kilmore Scope for providing the funding. We also want to thank Angela and Eric Byrne who raised funding for the Parish coffee mornings recently, it is very much appreciated. The parish office will be open immediately after mass for ten minutes nest Tuesday due to our Mystery tour.

Bridgetown Information & Technology Centre

Our summer opening hours will change to Monday-Wednesday 10-12 from Monday 15th of July. Normal opening hours will resume Monday 2nd of September.

Ballycogley Players AGM

Ballycogley Players Drama Group will hold our Annual General Meeting next Wednesday July 17th at 7:30pm in Tomhaggard Social Centre. New members would be most welcome to join. We look forward to seeing you there. Thanks to all those who joined us last Wednesday night for our get together and cheque presentation to the Hope Cancer Support Centre in Tomhaggard Social Centre. Particular thanks to the Dovle family for joining us and to Michael Jordan, who accepted the cheque for €2500 for the Hope Centre in memory of Con Doyle. It was a great way to round off our *Out Of Order* journey which was such a successful production for the group. A special thanks to Grannie Dullard and Annette Dupuy for looking after the tea and refreshments on the night.

Lifeboat Day Bottle Stall

Kilmore Quay RNLI's annual Lifeboat Day will take place on Sunday August 4th. We are now welcoming all donations for the bottle stall at the lifeboat shop/station. All unopened refreshments of all shapes and



sizes gratefully accepted. Limited spaces also available for trade stalls. Please contact Johnny on 087 752 3611 to reserve a place.





NEWS & REFLECTIONS St Peter's Church **Kilmore Quay** Co Wexford



14th July 2024 - 15th Sunday in ordinary Time

Welcome

We welcome all who are visiting our parish during this holiday season. If you are here on holidays or just visiting for the Seafood Festival in Kilmore Quay, you are most welcome. Enjoy.

Reflection on the Gospel

Today's Gospel tells us that Jesus sent out the Twelve. These twelve were selected from among Jesus'



disciples and named "apostles." The word apostle means "one who is sent." The number twelve is also a symbolic number, representing the twelve tribes of Israel. By naming twelve apostles, Jesus shows his mission to be in continuity with the mission of God's people, Israel. Jesus' instructions to the apostles are very specific. He repeats the mission that they are sent to preach and to share his authority to heal and to drive out demons. Jesus sends them in pairs, establishing his mission as a communal endeavour. Jesus also instructs them to travel lightly, without the customary food, money, and extra set of clothes. These instructions mean that

the Twelve will be dependent on the hospitality of others, just as Jesus depended on others to provide for his needs. Jesus continues to send us into the world as his disciples. But like the first disciples, we are not sent alone. Jesus has given us the community of the Church, which strengthens our life of discipleship. The Christian message can only authentically be proclaimed in and through the community of faith that is the Church. In our work with others, we build this community of faith and can invite others to share in it.

Christ Needs Us

A story is told that during the bombing of a city in World War II, a large statue of Jesus was damaged. When the townspeople found the statue among the rubble, they mourned because it had been a beloved symbol of their faith and of God's presence in their lives.

Experts were able to repair most of the statue, but its hands had been damaged so severely that they could not be restored. Some suggested that they hire a sculpture to make new hands but others wanted to leave it as it was - a permanent reminder of the tragedy of war. Ultimately, the statue remained without hands. However, the people of the city added on the base of the statue of Jesus Christ a sign with the words "You are my hands."

The WWII story was likely a distorted version of two absolutely true ones. A real statue did exist outside a church, namely Christ the King Catholic Church in San Diego, but the hands were broken off by vandals around 1980, not by bombing. Instead of repairing the hands, the church decided to put up a plaque at the base that states: "I have no hands but yours."

This is a reference to a poem by St. Teresa of Avila:

Christ has no body but yours, No hands, no feet on earth but yours. Yours are the eyes with which he looks with compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands with which he blesses the world. Yours are the hands, yours are the feet, Yours are the eyes, you are his body. Christ has no body now but yours. Yours ae the eves with which he looks with compassion on the world. But sometimes people don't want to be involved, it's easier to leave it to the experts. The practice of leaving it to the professionals is very common nowadays. Of course, experts are needed for specialised jobs. But the non-specialist too, has a lot to contribute. The sick are as much in need of companionship as of medicine. The old need someone to spend time with them, the young need someone to show an interest in them. This is work we can all do. This does not call for any expertise only a caring heart. (Flor McCarthy)

Be faithful in small things because it is in them that your strength lies (Mother Teresa)

ANNIVERSARIES



KILMORE QUAY: Mass 6pm Saturday.

July 13th: We pray for the souls of Seán O'Reardon, Malahide, whose 1st anniversary occurs, Terence Lawton, Grange whose 7th anniversary occurs

now and B former Parish Sister of St. John of God, whose anniversary also occurs at this time.

- We also pray for the soul of John Power, Olinda, Kilmore Quay who was laid to rest during the week. Our sincere sympathies go to his family and friends. May he rest in peace
- [†] July 20th: We pray for our fishermen and all those who
 make a living from the sea.

TOMHAGGARD: Mass on Saturday 7.30 pm.

- [†] July 13th: We pray for many blessings to come forth from the Novena to St Anne starting this week in the parish.
- [⊕] July 20th: We pray for all those suffering from anxiety and depression in our Parish.
- ② 21st July: We pray for Jack and Margaret Bates, Ballyseskin, whose anniversaries occur, and we also remember Gerry Bates, Sarshill and Peter Bates, Clonard at this time. We also pray for Johnny Sinnott, Grange whose month's mind occurs now, also his wife Patricia whose anniversary occurs and the Sinnott and Sheil families.

KILMORE: Mass Sunday 10am.

- July 14th: We pray for the souls of Peter Bates, Grange, whose 17th anniversary occurs; Josie Hayes, Inchydoney, Co Cork, and Sr Joan Walker former Parish Sister of St. John of God, whose anniversary also occurs at this time.
- July 21st: We pray for the souls of Johnny Sinnott, Grange whose months mind occurs and for his wife, Patricia, whose anniversary occurs at this time and for all deceased members of the Sinnott and Sheil Families. We pray also for Jack and Margaret Bates, Ballyseskin Gerry Bates, Sarshill and Peter Bates, Clonard. May they rest in Peace.

MULRANKIN: Mass Sunday 11.30 am.

- [†] July 14th. We pray for the souls of Christopher Crowley, Rosslare Harbour, whose 2nd anniversary occurs and his sister Stella O'Neill, whose 3rd anniversary also occurs at this time.
- July 21st: We pray for favourable weather for all our farmers and fishermen.

We also pray for all our loved ones who have gone before us. May they rest in peace.

"I believe that when death closes our eyes, we shall awaken to a light of which our sunlight is but the shadow." (Schopenhauer)

When our earthly life is over, all that matters is the love you shared and the difference you made.

Reflection

When a flashlight grows dim or quits working, do you just throw it away?

Of course not! You change the batteries.

When a person messes up or finds themselves in a dark place, do you cast them aside? Of course not! You help them change their batteries.

Some need AA...attention & affection; some need AAA...attention, affection & acceptance; some need C... compassion; some need D....direction.

And if they still don't seem to shine...simply sit with them quietly and share your light.

Mass online and via the parish radio

To access Mass on theparish website go to www.kilmoreparish.com. The webcam goes live15 minutes before Mass. To access Mass on the parish radio tune in to 103.90FM.

Requests for Anniversary Masses

All requests for anniversary masses must be made to the parish office. The office is open Tuesday to Friday between 10.30am and 12.30pm. We cannot accept any requests that are left on the answering machine in accordance with GDPR guidelines.

Communion Calls

If there is anyone in the Parish who would like to be added to our communion calls list, please let the Parish office know, we would be delighted to accommodate you. Phone 053 913 5181

Communion Calls for July.

We will visit all those on our Communion Call Lists in Kilmore Quay and Mulrankin on Wed July 24th and on Thurs, July 25th, we will visit Kilmore and Tomhaggard. If you are not available for a visit, please let us know in the office.

Eucharistic Adoration

Eucharistic Adoration is held in St. Mary's Church. Kilmore, every Thursday from 10.30 am to 8.00pm. We would be incredibly grateful if more volunteers would sign up for an hour or less to ensure the continuation of Adoration in our parish. Please contact Johnny Keating (086 8597809) if you are interested and would like to help. Thank you.

Newsletter deadline

Please email notes for the newsletter to Mary Archer on maryokeeffearcher@gmail.com /087 2480288 before noon on Friday please.

Newsletter

Please take home a copy of our Newsletter to a house-bound neighbour so that he/she feels connected to the Parish.

Let us always meet each other with a smile. For the smile is the beginning of love.





KILMORE QUAY SEAFOOD FESTIVAL

Our Seafood Festival continues this weekend. Seafood Platters on sale in the Stella Maris Centre. For a full list of activities go to https://stellamariscentre.com/seafood-festival/

Novena 2024

All are Invited to our annual novena to Saint Anne, which will take place this year as usual in Tomhaggard starting on 18th July till Friday 26th July with mass each evening at 7:30pm in the Grotto with weather permitting. The Patron Mass will be held on Sunday the 21st at 2.00pm followed by our field day in Tomhaggard Social Centre. There will be no mass on that Sunday evening. We are appealing to you all for donations for the bottle stall, the produce stall, the wheel of fortune and brick and brac. You can leave them in the sacristy before mass or leave them at the parish office during the week during opening hours. All donations of buns or cakes for the teas each night would also be greatly appreciated. Go to Kllmoreparish.com for the full timetable of events each night.

Thought for the Day

Do we really need all the baggage we carry through life? 'Those are really rich whose needs are the least. That is what Jesus is teaching us. The disciples went off and did the three central works of Jesus: They proclaimed the Kingdom of God and called for a radical change of heart from people, so that they might see life in the way that Jesus was proclaiming. They liberated many people from evil influences and compulsions. They anointed the sick and brought them healing. This is what we are called to do within the circumstances of our life.

Blessing

May the light of your soul guide you

May the light of your soul bless the work you do with the secret love and warmth of your heart.

May you see in what you do the beauty of your own soul. May the sacredness of your work bring healing, light and renewal to those who work with you, and to those faithful who see and receive your work.

May your work never weary you.

May it release within you wellsprings of refreshment, inspiration and excitement.

May you be present in what you do.

May you never become lost in the bland absences.

May the day never burden.

May dawn find you awake and alert approaching your new day with dreams, possibilities and promises,

May evening find you gracious and fulfilled,

May you go into the night, blessed, sheltered and protected.

May your soul calm, console and renew you. (John O'Donohue, *Anam Cara*)



Visit our 'Tomkaggard Village' page