

*It helps if you remember that everyone is doing their best from their level of consciousness.* (Deepak Chopra)

### You are not Alone

**ALONE** is a national organization that strives to enable older people to age at home, safely and securely, for as long as they wish. If you are an older person who would like to learn more about this service, please call ALONE's National Support Line on 0818 222 024. Available seven days a week from 8am to 8pm.

### Domestic Abuse

You do not have to live with control and abuse in your home, Support is right here in your community. Visit [www.safeireland.ie](http://www.safeireland.ie) to find your local service or call the National Abuse Helpline 1800 341 900

### Child Protection Services

To seek support or advice, or to report any concerns you may have with regard to child protection matters, please contact the following parish safeguarding officers: Séamús Byrne, 086 082 2380 (Kilmore area), Pat Roche, 087 278 5156 (Tomhaggard/Mulrankin area) and/or John Stafford, 087 914 8009 (Kilmore Quay area).

### Samaritans Helpline

Call Us Free, From Any Phone. Find Out More Now. You Talk, We Listen. Call Us Free on 116 123.

### Bereavement Support Line

If you or someone you know is struggling at this time, we are here to help you. It is free to call our Bereavement Support line 1800 80 7077 Monday to Friday 10am to 1pm.

### Pieta House, Preventing Suicide and Self Harm

If you have any concerns, please contact our team on 0818 111 126. Pieta Crisis helpline 1800 247 247 or text Help to 51444

### Women's Refuge

For women in crises there is a 24-hour Free Helpline 1800 220 444

### Alzheimer Society of Ireland

The Alzheimer Society of Ireland's National Helpline Service is open six days a week. Call 1800 341 341/email [helpline@alzheimer.ie](mailto:helpline@alzheimer.ie)

*May all I do today be for the healing of the world.  
May all I do today bring blessings on the earth.  
May all I do today be for the good of all.*



Survey/Comment Sheet can be placed in a sealed Box in the Stella Maris Centre from this weekend until 30<sup>th</sup> September. An independent assessor will review the results of the survey and comments. The Community Update and Survey are available in Kilmore and Kilmore Quay Churches and Post Offices from this weekend.

### Kilmore Parish Journal

The committee of Kilmore Parish Journal is now preparing the 53<sup>rd</sup> edition of the journal. The journal records in words and photographs the history, traditions, folklore, sporting activities and achievements of the people of Kilmore Parish. Contributors are invited to submit articles and photographs for the Journal by email to [kilmoreparishjournal@gmail.com](mailto:kilmoreparishjournal@gmail.com). The final date for receiving material for publication is Wednesday October 9, 2024.

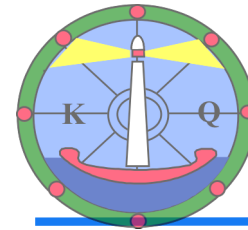
### Dying badly

A man said to his wife, 'Dear when we get older, and if the day comes when I'm dependent on a machine with some liquid being fed into me you know what to do.' She just turned off the TV and poured his glass of whiskey down the sink! There is a type of old age that we all have good reason to fear and it's a kind that we can so easily create for ourselves. Society presents us with an image of old age that is disastrous where we are past our best before date and are even into our worst after phase and are a burden on others and society. So many are afraid of dying badly, ending our lives alone, being unloved, dependent on others suffering from dementia and in in some lifeless place. But does it have to be like that? While it is the lot of so many, the living testimony of others is clearly quite the opposite. (Fr Jim Cogley, postings)

Praise and appreciation need not be reserved for big things. In fact, its good to concentrate on the little things because those are what often go unnoticed; and yet it's these little things that make the big things possible.

### Recreational Trail Update and Survey

Kilmore Quay Community Development Association CLG are pleased to update everyone on the proposed ORIS Recreational Trail. We have organised a small Survey including Comments Sheet and would welcome the views of the community. The



## NEWS & REFLECTIONS

### St Peter's Church Kilmore Quay Co Wexford

V. Rev Fr. Patrick Mernaah 086 2256794



22<sup>nd</sup> September 2024 – 25<sup>th</sup> Sunday in Ordinary Time

### Reflection on the Gospel for the 25<sup>th</sup> Sunday in Ordinary Time



The disciples in today's Gospel seemed to have thought that being part of Jesus' circle would bring them privilege and status. No sooner had Jesus spoken of himself as someone who would end up as one of the least than the disciples began to argue among themselves as to which of them was the greatest. They wanted power and, it seems, that they wanted power for its own sake. Jesus puts it to us today, 'those who want to be first must make themselves last of all and servant of all.' This ambition to serve is something that 'makes for peace and is kindly and considerate; it is full of compassion and shows itself by doing good.' Jesus implies that this is to be our primary ambition as his followers. In the

teaching of his disciples and of us all, Jesus performs a very significant action. He takes a little child and sets the child in front of his disciples, puts his arms around the child and declares that whoever welcomes one such child - a symbol of the most vulnerable people in society, welcomes him and not only him but God the Father who sent him. So, the message of today's Gospel is that we are called to serve those who, for one reason or another, are not in a position to help themselves. Jesus calls us to serve him as he comes to us in and through the weakest members of society. This is what he wants his church to be about.

### October is the month of the Rosary

October is the month of the Rosary. Our troubled world badly needs prayer. In Fatima Our Lady told us about the power of the rosary, she said "continue to say the Rosary every day in honour of Our Lady of the Rosary, to obtain the peace of the world and the end of the war, because only she can obtain it." - Our Lady at Fatima. We are going to gather at Grottos each evening at 8pm for the month of October. ease come and join us to pray for peace.



### Some thoughts from Pope Francis in Laudato Si about concern for our environment

*"Everything is connected. Concern for the environment thus needs to be joined to a sincere love for our fellow human beings and an unwavering commitment to resolving the problems of society"*



### TO HOPE AND ACT WITH CREATION

SEASON OF CREATION 2024

*The firstfruits of hope*  
(Rom 8:19-25)

*"If everything is related, then the health of a society's institutions has consequences for the environment and the quality of human life."*

*"Nature cannot be regarded as something separate from ourselves or as a mere setting in which we live."*

Practitioners of nonviolence seek to become their truest selves by slowly learning to love all beings, confident that all are kin and that we are called to embody this kinship concretely, especially in the midst of our most difficult and challenging conflicts. (Ken Butigan in Richard Rohr's Daily Meditations extract)

## ANNIVERSARIES



### KILMORE QUAY: Mass 6pm Saturday.

† Sept 21<sup>st</sup>: We pray for the souls of **John & Ita Gorman**, Ballask and Enniscorthy whose anniversary occurs now.

† Sept 28<sup>th</sup>: We pray for the souls of **Audrey and Frances Walsh**, Kilmore Quay whose anniversaries occur now.

### TOMHAGGARD: Mass on Saturday 7.30 pm.

† Sept 21<sup>st</sup>: Sincere sympathy to Barbara Goff, Tomhaggard on the death of her Dad, **Paul Goff**, Lucan who was laid to rest during the week in Dublin. May he rest in Peace.

† Sept 28<sup>th</sup>: We pray for peace in our troubled world.

### KILMORE: Mass Sunday 10.00am

† Sept 22<sup>nd</sup>: We pray for **Michael Horgan**, Terenure, a precious little boy whose First anniversary occurs at this time, and who would have celebrated his 9<sup>th</sup> birthday this week; **Jimmy Fortune**, Ballyhealy whose 50<sup>th</sup> anniversary occurs; Fr **Thomas O'Neill** former Parish Priest of Kilmore whose anniversary occurs at this time. We also pray for the soul of **Paul Turner**, The Hill whose Funeral Mass takes place in Kilmore Church at 12 noon on Monday with Burial in the New cemetery, we send our condolences to Helen and all his family at this time. May he Rest In Peace.

† Tues 24<sup>th</sup>: We pray for the soul of **Tony Rufo**, Orange County, Florida who died last week. May he rest in peace. Deepest sympathy to his family at this time.

† Sept 29<sup>th</sup>: We pray for the soul of **Nuala Furlong**, The Hollow, Kilmore Quay whose 2<sup>nd</sup> anniversary occurs. **Chris Bates**, Grange whose 2<sup>nd</sup> anniversary occurs and his wife **Ann** whose 6<sup>th</sup> anniversary occurs at this time.

### MULRANKIN: Mass Sunday 11.30am..

† Sept 22<sup>nd</sup>: We pray for the soul of **Andrew Hall**, whose funeral mass will take place on Monday at 1pm with a private cremation to follow. Our deepest sympathy to Phyllis, Joe and Ian at this time. May he rest in peace.

† Sept 29<sup>th</sup>: We pray for the souls of **Dermot and Jack Lee**, Cousinstown whose anniversaries occur at this time.

*"I believe that when death closes our eyes, we shall awaken to a light of which our sunlight is but the shadow." (Schopenhauer)*

*When our earthly life is over, all that matters is the love you shared and the difference you made.*

## Reflection

Before beginning your day, spend some time with God during the early morning. In these moments, reflect, feel the peace, and most important, extend the gratitude.

Every single day is different. Some days you wake up and feel strong enough to face the world, you feel like you can handle everything and you think you're unstoppable. Other days, you just don't want to get out of bed, you feel like you're fragile like glass. That's life. Life consists of both kinds of days. Learn to love and support yourself every single day, during the good and the bad. Learn to accept that life has its ups and downs and that is what makes it a journey.

### Mass online and via the parish radio

To access Mass on the parish website go to [www.kilmoreparish.com](http://www.kilmoreparish.com). The webcam goes live 15 minutes before Mass. To access Mass on the parish radio tune in to 103.90FM.

### Eucharistic Adoration

Eucharistic Adoration is held in St Mary's Church, Kilmore every Thursday from 10.30am to 8.00pm and in Tomhaggard Church every Monday from 10am to 6pm and in St Peters Church, Kilmore Quay on Saturdays from 10am to 6pm. We would be incredibly grateful if more volunteers would sign up for an hour or less to ensure the continuation of Adoration in our Parish. Please contact Johnny Keating 086 8597809 or Paula Hore 087 9870071 if you are interested and would like to help. Thank you.

### Requests for Anniversary Masses

All requests for anniversary masses must be made to the parish office. The office is open Tuesday to Friday between 10.30am and 12.30pm. We cannot accept any requests that are left on the answering machine in accordance with GDPR guidelines.

### Newsletter deadline

Please email notes for the newsletter to Mary Archer on [maryokeeffearcher@gmail.com](mailto:maryokeeffearcher@gmail.com) /087 2480288 before noon on Friday please.

I used to pray that God would feed the hungry or do this or that, but now I pray that he will guide me to do whatever I am supposed to do, what I can do. I used to pray for answers but now I am praying for strength. I used to believe that prayer changes things, but now I know that prayer changes us and we change things. (St. Mother Theresa)

Let us look at our shortcomings and leave other people's alone: There is no reason why we should expect everyone else to travel by our road. (Teresa of Avila).



page Kilmore Variety Group.

## Congratulations

We congratulate **Liam and Ann Rossiter** who celebrated their 60<sup>th</sup> Wedding Anniversary during the week, may they have many more happy years together.

## The Little Mermaid

Kilmore Variety Group presents The Little Mermaid next February 18<sup>th</sup> to 21<sup>st</sup> in Bridgetown College. We welcome all ages from 2nd class upwards, teenagers and adults. Auditions will place in the coming weeks, so if anyone is interested please send an email to Eileen to [varietygroupkilmore@gmail.com](mailto:varietygroupkilmore@gmail.com) or message our Facebook

## St. Vincent de Paul feast day is 27<sup>th</sup> of September

St. Vincent de Paul inspires us to be charitable individuals in service of others, especially the poor and marginalized. Here is one prayer to help us in the week ahead.

*"Open my eyes that I may see the deepest needs of men, women, and children.*

*Move my hands that they may feed the hungry;*

*Touch my heart that it may bring warmth to the despairing;*

*Teach me the generosity that welcomes strangers;*

*Let me share my possessions with people in need;*

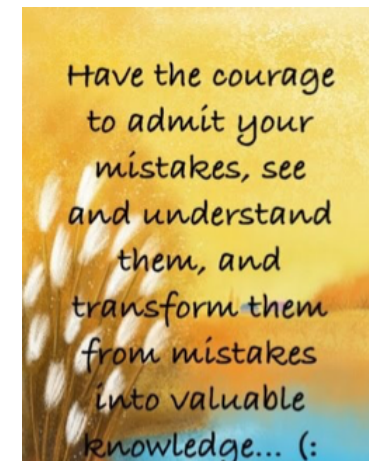
*Give me the care that strengthens the sick;*

*Help me share in the quest to set prisoners free;*

*In sharing our anxieties and our love,*

*Our poverty and our prosperity;*

*We partake of your divine presence. Amen."*



## Blazing Skies

Huge Congratulations to Liam Bates and his 36 strong youth choir, following the official launch of his composition **Blazing Skies** in The County Hall on Saturday. The launch of this music video is a beautiful and evocative choral song dedicated to those living in war zones the world over and imploring those children be spared the from the violence of war. All proceeds from the single will go towards UNICEF as it continues to provide aid to those in Gaza and beyond. The recording is up on Spotify and other platforms now. Go to the parish website to donate to this marvellous cause. [www.kilmoreparish.com](http://www.kilmoreparish.com) to donate to this marvellous cause.

