

It helps if you remember that everyone is doing their best from their level of consciousness. (Deepak Chopra)

You are not Alone

ALONE is a national organization that strives to enable older people to age at home, safely and securely, for as long as they wish. If you are an older person who would like to learn more about this service, please call ALONE's National Support Line on 0818 222 024. Available seven days a week from 8am to 8pm.

Domestic Abuse

You do not have to live with control and abuse in your home. Support is right here in your community. Visit www.safeireland.ie to find your local service or call the National Abuse Helpline 1800 341 900

Diocesan Child Protection Services

New Child Protection Services Update: We wish to thank Seamus for his dedicated and faithful service as our Representative in Kilmore for many years and we now welcome Paul to this new Role which he begins this week. To seek support or advice, or to report any concerns you may have with regard to child protection matters, please contact the following parish safeguarding officers: Paul: 087 7745546 (Kilmore area), Pat 087 278 5156 (Tomhaggard/Mulrankin area) and John 087 914 8009 (Kilmore Quay area).

Samaritans Helpline

Call Us Free, From Any Phone. Find Out More Now. You Talk, We Listen. Call Us Free on 116 123.

Bereavement Support Line

If you or someone you know is struggling at this time, we are here to help you. It's free to call our Bereavement Support line 1800 80 7077 Monday to Friday 10am to 1pm.

Pieta House, Preventing Suicide and Self Harm

If you have any concerns, please contact our team on 0818 111 126. Pieta Crisis helpline 1800 247 247 or text Help to 51444

Women's Refuge

For women in crises there is a 24-hour Free Helpline 1800 220 444

Alzheimer Society of Ireland

The Alzheimer Society of Ireland's National Helpline Service is open six days a week. Call 1800 341 341 or email helpline@alzheimer.ie

Let us look at our shortcomings and leave other people's alone: There is no reason why we should expect everyone else to travel by our road. (Teresa of Avila).

Kilmore Scouts



The new scouting year starts next week with Beavers and Cubs resuming on Tues 16th Sept at 7pm while Scouts and Ventures resume on Wed 17th at 7pm, all in Tomhaggard Social Centre. We still have some places available in our Beaver Section aged 6-8 and limited places in our Cub Section aged 9-11 with a

waiting list in Scouts. Full details are available, just email kilmorescouts@gmail.com

Meeting rescheduled

The Kilmore Quay Conservation Group's community information event regarding the dunes at Ballyteige Burrow has been rescheduled to Saturday 18 October at 12 noon in the Stella Maris Centre.

Dark Skies Lantern Walk

The Dark Skies Lantern Walk will now take place on SATURDAY evening. Meeting at the playground carpark in Kilmore Quay at 8.45pm. Remember to bring your 'Keep Cup' for some hot chocolate. Together with our Artists in the Community Team, Jeni, Ellie, and Brid we have been busy making lanterns from waste found on the beach. We are incredibly lucky to live in an area where it is still possible to see a starry sky. We want to celebrate this and make people aware of the importance it holds for wildlife and for people.

Community Lotto

The numbers drawn in this week's Lotto were 5.7.24.25. There were 4 match 3 winners each receiving €50. There was no jackpot winner. Next week's jackpot stands at €3400.

Spiritual Relief

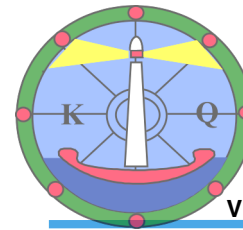
The master held that no words were bad if they were used in the appropriate context.

When he was told that one of his disciples was given to swearing, he remarked, "Profanity has been known to offer spiritual relief denied to prayer." (Anthony de Mello – *One Minute Wisdom*).

Grace

Grace comes into the soul, as the morning sun into the world. First a dawning; then a light; and at last the sun in his full and excellent rightness. (Thomas Adams).

Love is the bridge between you and everything – Rumi



NEWS & REFLECTIONS **St Peter's Church** **Kilmore Quay** **Co Wexford**

V Rev Fr. Patrick Mernagh: 086 2256794



Feast of the Exhalation of the Holy Cross – 14th September 2025

Reflection on the Gospel for the Feast of the Exhalation of the Holy Cross

On September 14, Christians worldwide celebrate Holy Cross Day, also known as the Feast of the Exaltation of the Holy Cross.



Pope Leo's Prayer for September

Gracious God, help us to discover your presence in all creation, so that, in fully recognizing it, we may feel and know ourselves to be responsible for this common home where you invite us to care for, respect and protect life in all its forms and possibilities.

Prayer for The Earth

O God of the poor, help us to rescue the abandoned and forgotten of this earth, who are so precious in your eyes...

God of love, show us our place in this world as channels of your love for all the creatures of this earth,

God of mercy, may we receive your forgiveness and convey your mercy throughout our common home. Praise be to you! Amen.



Learn to appreciate what you have, before time forces you to appreciate what you had.



WE REMEMBER AND PRAY FOR

KILMORE QUAY: Saturday: 6.00 pm.

† **Sept 13th:** We pray for the souls of **Jim McGee** and his Daughter-in-Law **Bernie McGee**, Kilmore Quay whose anniversaries occur now.

Sept 20th: We pray for all the war-torn countries, may the Holy Spirit descend on all world leaders and inspire them to reach agreement and put an end to all war.

TOMHAGGARD: Saturday: 7.30pm.

† **Sept 13th:** We pray for the soul of **Jimmy Walsh**, Genstown, **Nicholas and Donal Whelan**, Ballyregan, all whose anniversaries occur now.

† **Sept 20th:** We pray for the soul of **Helen O'Leary**, Wexford Town, whose 2nd anniversary occurs now.

KILMORE: Sunday: 10.00 am.

† **Sept 14th:** We pray for the souls of **Elizabeth Owens**, Rackardstown whose 10th anniversary occurs now, we also remember **Nick & Molly Kinsella**, Booleys Cross and their grandson, **Eamonn Kinsella**, Barntown, **Jim Reville**, Grange and **Jo Joyce**, Ballask, all whose anniversaries occur now. We also remember **Clare Barry**, Ballycross who died during the week, sympathy to her family and friends. May she Rest in Peace. We also, pray for the soul of **Nicholas Doyle**, brother of the late Fr Denis who was buried yesterday. Sympathy to his family and friends. May he Rest in Peace.

† **Sept 21st:** We pray for the soul of **Christy Owens**, Seaview, whose 4th anniversary occurs now, we also remember **Betty, Eileen, Toddy and Ann Marie Moore**, Rackardstown and the deceased members of their family, all those anniversaries occur now.

MULRANKIN: Sunday 11.30am

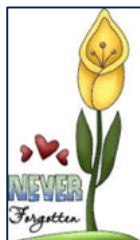
† **Sept 14th:** We pray for all those who are struggling in life, may God guide them on the right path.

† **Sept 21st:** We pray for the souls of **Nuala and Willie Moran**, Ballycapogue, whose month's mind occurs now and **Andrew Hall**, Mulrankin, whose 1st anniversary occurs now

† We also remember and pray for our loved ones who have gone before us and all those whose anniversaries occur at this time. May they all rest in peace

"I believe that when death closes our eyes, we shall awaken to a light of which our sunlight is but the shadow." (Schopenhauer)

When our earthly life is over, all that matters is the love you shared and the difference you made.



Reflection

Families Sustain Us in Adversity

"Without family, without the warmth of home, life grows empty, there is a weakening of the networks which sustain us in adversity, the networks which nurture us in daily living and motivate us to build a better future" (Pope Francis at WMOF in Cuba, 2015)

Building family life takes work. It helps to remember that the relationships that we build with our family members will nurture us all every day, even when we leave the home. The habits we learn in our family sustain us when life challenges us, both now and later.

Parish Office News

Please note: The Parish Office will be closed on Tuesday, and there will be no 10am Mass due to our exciting Mystery Tour taking place.

Travel Details: All those joining the tour are kindly asked to congregate in Quigley's Car Park on Monday 15th before 9:45am, as we will be departing promptly at 10:00am.

We wish everyone a safe journey and hope you enjoy your well-deserved mini break away!

Parish Devotions

Rosary will resume in St Mary's Church, Kilmore on Friday at 6.30pm and prayers on Sunday at 3pm. From Monday 15th all will be back to normal, Mondays and Fridays in the Church at 6.30, Wednesday at the Grotto and Prayers on Sunday at 3pm on Sundays

Don't forget to collect your New Parish Envelopes

New Parish Envelopes for those parishioners who contribute to the Weekly Collection in this manner, are now ready for collection in the Church. Please find yours at the top seat, where they are arranged by envelope number. Parishioners who are not already in the Envelope System, might like to consider it as the tax advantage to the Parish is very significant. To join, simply give your name and contact details to Fr Pat in the Sacristy. Your support has played a pivotal role in everything God has done through our church this year. We can't wait to see what God does for the year ahead.

Newsletter Notes

Please email notes for the newsletter to Mary Archer at maryokeeffearcher@gmail.com or phone 087 2480288 before Friday noon. Thank you.

Your job is not to judge. Your job is not to figure out if someone deserves something. Your job is to lift the fallen, to restore the broken and to heal the hurting.

This Sunday!

Kilmore Quay Community Market



12-4pm in the harbour
unless bad weather-
Stella Marris Centre

Raffle tickets on sale and draw on the day in aid of Meals on Wheels.

Stella Maris Centre & 1st Responders

The Centre is delighted to make a donation to the Kilmore Area Community First Responders to support their valuable work. The Campervan parking during the Fleadh Cheoil raised funds which were shared between the 1st Responders and the Parish Meals on Wheels.

Memorial Garden Service

The recent ecumenical service for all those Lost at Sea was held in St Peters Church. The prayerful service was led by Fr Pat and Rev Norman with guest speaker, Dr Howard Keeley and it was a fitting tribute to all of those lost at sea.

Kilmore Parish Journal

The Kilmore Parish Journal committee have begun preparations for the publication of the 54th. edition of the journal. The Journal records in words and photographs the history, traditions, folklore, sporting activities and achievements of the people of Kilmore parish. You are now invited to submit articles and photographs for

the 2025 Journal. Please send material for the Journal to The Editor at kilmoreparishjournal@gmail.com. The final date for receiving material for publication is Sept. 30, 2025.s to all who attended the service, Kilmore Choir, Liam and Maria, Kilmore Scouts and Bernie in the Centre.

Tax Efficient Giving in Ireland

If you pay income tax in the Republic of Ireland, and donate more than €250 in a tax year, your church could claim tax relief on your donation and boost the value of your gift without it costing you a cent. These extra funds, at no cost to you, can make a very significant difference to the funds we raise. This is an excellent means by which the parish can receive vital financial support. For those who have participated in prior years, we thank you for your generous support and ask for your continued support by signing the required Enduring Certificates, which must now be updated. Copies of the certificates are available in each Church this weekend – we would be grateful if you could please complete and return to the Parish Office. For anyone new who would like to participate in the scheme, please also complete the same certificate to sign-up. Alternatively, please contact Fr. Pat in the Parish Office. NB: This is an entirely confidential arrangement

between the individual and the Revenue Commissioners – no personal information in relation to your tax affairs will be divulged by the Revenue Commissioners

Parish Meals on Wheels

The service demands are growing with more people joining and we continue to look for your support so if you can spare an hour or two during the week to help your neighbour please contact the Centre and Bernie at 053 9129922. Thank you.

Downsize and De-clutter

Few activities are more empowering...Than ruthlessly pruning accumulated possessions. Few of us need the things or the space we acquire. Retain the essential, and those with special meaning. Make the rest justify their retention...or give them away. You'll be invigorated beyond your expectations.

It is preoccupation with possessions more than anything else that prevents us from living freely and nobly



CULTURE NIGHT FRIDAY 20TH SEPTEMBER

Mark Friday 20th September in your diary and join us for a jam-packed evening of workshops, live music, film screenings, and talks, spread out across various venues in County Wexford as part of the national Culture Night celebrations.

For details, see www.wexfordcoco.ie



MASS OF THANKSGIVING

You are warmly invited to a **Mass of Thanksgiving** celebrating the generous service and enduring spirit of our community volunteers.

Presided by: Bishop Ger Nash

Church of the Immaculate Conception, Rowe Street

Sunday, September 21st, 2025

12:00 noon

Let us come together in gratitude and joy.

„Well done, good and faithful servant.“

—Matthew 25:21