

It helps if you remember that everyone is doing their best from their level of consciousness.
(Deepak Chopra)

You are not Alone

ALONE is a national organization that strives to enable older people to age at home, safely and securely, for as long as they wish. If you are an older person who would like to learn more about this service, please call ALONE's National Support Line on 0818 222 024. Available seven days a week from 8am to 8pm.

Domestic Abuse

You do not have to live with control and abuse in your home, Support is right here in your community. Visit www.safeireland.ie to find your local service or call the National Abuse Helpline 1800 341 900

Diocesan Child Protection Services

For support or advice or to report any concerns you may have regarding child protection matters, please contact the following parish representatives: Kilmore Quay; **John Stafford**: 087 914 8009; Kilmore: Tomhaggard

Samaritans Helpline

Call Us Free, From Any Phone. Find Out More Now. You Talk, We Listen. Call Us Free on 116 123.

Bereavement Support Line

If you or someone you know is struggling at this time, we are here to help you. It is free to call our Bereavement Support line 1800 80 7077 Monday to Friday 10am to 1pm.

Pieta

If you have any concerns, please contact our team on 0818 111 126. Pieta Crisis helpline 1800 247 247 or text Help to 51444

Women's Refuge

For women in crises there is a 24-hour Free Helpline 1800 220 444

Alzheimer Society of Ireland

The Alzheimer Society of Ireland's National Helpline Service is open six days a week. Call 1800 341 341/email helpline@alzheimers.ie

When people walk away from you.... Let them go.... Your destiny is never tied to anyone who leaves you, and it doesn't mean they are bad people; it just means that their part in your story is over.

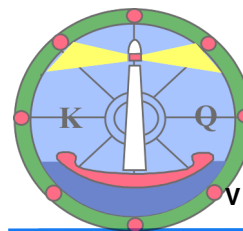


Ballycogley Players Drama Group

We were delighted to take part in variety concerts as part of the Tomhaggard Novena Festival & The Leo Carthy weekend recently. The audiences were treated to evenings of song & comedy and were thoroughly enjoyed by all. Congratulations to both organising committees, their invitation to take part every year is very much appreciated and we are looking forward to next year already. "Not Now Darling" by Ray Cooney & John Chapman is the chosen play for the 2027 drama circuit and we are delighted that Fr Pat Mernagh will take on the role of director. Auditions have taken place and the cast will be announced very soon. As always, keep an eye on our facebook page for all things drama!

Community Lotto

The numbers drawn in this week's Lotto were 3. 4. 26. 28. There were no match 3 winners and no jackpot winner. Next week's jackpot stands at €12,600



NEWS & REFLECTIONS

St Peter's Church

Kilmore Quay

Co Wexford

V Rev Fr. Patrick Mernagh: 086 2256794



Nineteenth Sunday in Ordinary Time August 9th 2023

Gospel Reflection for the 19th Sunday in Ordinary Time



1 Kings 19:9,11-13 Psalm 84(85):9-14 Second Reading Romans 9:1-5 Today's Gospel shows the disciples caught in a storm, afraid and struggling. In the middle of their fear, Jesus comes toward them across the water and speaks the words every heart needs: "Courage! It is I. Do not be afraid."

Peter steps out of the boat with great faith, but when the wind rises, fear rises too. He begins to sink and cries out, "Lord, save me." Jesus immediately reaches out and holds him. That moment is the heart of the Gospel: God meets us not when we are perfect, but when we are sinking.

We all face storms — illness, worry, grief, uncertainty. Like Peter, we start bravely, but life can shake us. The message today is simple: faith isn't about having everything under control. It's about trusting the One who comes close in every storm and reaches out His hand.

When Jesus gets into the boat, the wind dies down, and the disciples recognise Him: "Truly, you are the Son of God." Often our deepest faith grows from the moments when we realise we were held.

This week, maybe Jesus is inviting us to take one small step out of the boat — toward courage, forgiveness, prayer, or someone who needs support. And if the wind rises, we remember: He is already reaching out.

Parish Pilgrimage

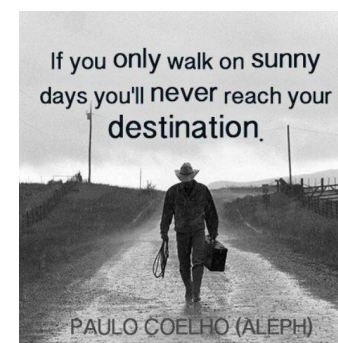
This year our Parish Pilgrimage to Our Lady's Island will take place on Friday the 4th of September @ 3pm. There will be no 10am mass that morning in the parish. This year we are teaming up with Piercestown Parish once again and we invite any members of the choir to join us on the day to help us celebrate our annual Pilgrimage to the Island every year.

Mass for the 15th of August will be at 3 pm in Our Lady's Island with Bishop Ger followed by the Rosary procession. In the Parish, we will have Mass at 6 pm in Kilmore Quay and at 7:30 pm in Tomhaggard.



Christina Noble grew up in desperate poverty, experiencing humiliation, rejection, neglect and abuse both within her family and in her neighbourhood. Yet she grew into a woman of extraordinary vision, courage and strength, and she works indefatigably for the street children of Vietnam.

In spite of her own horrific childhood. Christine goes on and on, doing more and more for children caught up in all kinds of dangerous and dreadful situations. Where does she get her enthusiasm from? I think it is because she believes that anything that any one of us can do to help any person to feel more loveable is the most important thing on this earth. (Sr. Stanislaus Kennedy, *Gardening the Soul*)





WE REMEMBER & PRAY FOR KILMORE QUAY: 6pm Saturday

✠ **Aug 8th:** We pray for the soul of **Maired Richards**, Dublin, on this her birthday anniversary. We pray for the soul of **Jackie Connick**, Kilmore Quay, who died last weekend, may he Rest in Peace. Sympathy to his family and friends. We pray for the soul of **Susan Walshe**, funeral service Sunday at 1.30 in St Peter's Church, burial in St Mary's Cemetery.

✠ **Aug 15th:** We pray for suitable weather for the farming and fishing communities.

TOMHAGGARD: Saturday 7.30 pm.

✠ **Aug 8th:** We pray for the soul of **Teresa Newport**, Tomhaggard, whose anniversary occurs now. We pray for the souls of **Jane, Jean-Pierre and Anne Sortais**, whose anniversaries occur now.

KILMORE: Sunday 10am

✠ **Aug 9th:** We pray for the soul of **Padraig Flynn**, The Hill, whose 1st anniversary occurs now. We also pray for the soul of **Pat Creevey**, Grange, whose 3rd anniversary occurs now. We also pray for the souls of **Pete & Annie Doyle**, Ballyharty, whose anniversary occurs now.

✠ **Aug 16th:** We pray for the soul of **Nora Stafford**, Ballygrangans, whose 3rd anniversary occurs now and we also pray for the soul of **Jimmy Barry**, Ballyharty, whose anniversary occurs now. We pray for the souls of **Mary & Richard Kehoe**, Ballycross, whose anniversaries occur now. We pray for the soul of **Joe Moore**, Ballyteigue, whose anniversary occurs now.

MULRANKIN: Sunday 11.30 am.

✠ **Aug 9th:** We pray for the soul of **Clare Moore**, who died during the week, sympathy to Dwight, her extended family and friends. May she Rest in Peace.

✠ **Aug 16th:** We pray for the soul of **Anne Boswald (nee Mernagh)**, Germany and Ballylibernagh, whose 10th anniversary occurs now.

There is no death, only a change of worlds. (Chief Seattle)

When our earthly life is over, all that matters is the love you shared and the difference you made.

Be gentle with each other today. You have no idea how much we all hurt.

We can never judge the lives of others because each person knows only their own pain and renunciation.



Reflection

You are only one person, they said. But when I was a child, I needed only one person to love me. One is very important. (Christina Noble).

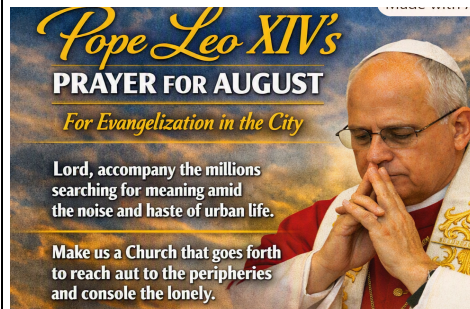
Requests for Anniversary Masses

All requests for anniversary masses must be made to the parish office. The office is open Tuesday to Friday between

10.30am and 12.30pm. We cannot accept any requests that are left on the answering machine in accordance with GDPR. **053 919 1830**

Mass online and via Parish Radio

To access Mass on the parish website go to www.kilmoreparish.com. The webcam will go live 15 minutes before Mass. To access Mass on the Parish Radio tune into 103.90FM



Pope Leo XIV's August prayer intention

Pope Leo XIV's August prayer intention: his focus is "for evangelization in the city." It highlights the Pope's call for Catholics to bring the Gospel into urban life — through compassion, dialogue, and witness amid modern challenges. The piece explains that city environments, though busy and diverse, are fertile ground for faith outreach and community renewal. It encourages believers to pray for those working in urban ministry and to see cities as places where hope and faith can flourish. See the video on the parish website kilmoreparish.com

Newsletter Notes

Please email notes for the newsletter to Mary before Friday noon at maryokeeffearcher@gmail.com

The false self is all the things we pretend to be and think we are. It is the pride, arrogance, title, costume, role, and degree we take to be ourselves. It is what's passing and what's going to die, and it is not who we are. (Richard Rohr, extract *Daily Meditations*).

It is okay to feel you are on the right path, but it is NOT okay to think that yours is the only path.

helped in any way to create another successful community event. To all our amazing volunteers who give so much to ensure the great experience for all and to Bernie and all of our staff for their fantastic work. We also thank our sponsors who help make it happen. A special thanks to *Failte Ireland* who came onboard this year.



TheWay.ie is a new platform

TheWay.ie is a new digital platform set up by the Irish Bishops Conference dedicated to sharing the 'Good News' and the witness of the Catholic church in Ireland and pass on the faith. It is intended to help people discover the faith, live the faith and pass on the faith. It is for both seekers and followers. Use the QR code to access the site. It is for both seekers and followers. Use the QR code to access the site.

Parish Meals on Wheels

Throughout our busy summer period the service continues to support those who look forward to this great community service. If you know of anybody in your local area who might benefit with a meal service please contact Bernie at 053 9129922. Many thanks to the volunteers who assist the service

Centre Community Café

Don't forget to book your table for breakfast or lunch at the Centre and contact Bernie at 053 9129922. Great menu. Take away meals and platters of sandwiches available for all your occasions.

People don't really want to grow up, people don't really want to change, people don't really want to be happy. As someone so wisely said to me, "Don't try to make them happy, you'll only get in trouble. Don't try to teach a pig to sing; it wastes your time and it irritates the pig." (Anthony de Mello, *Awareness*)

Once upon a time there was a forest where the birds sang by day and the insects by night. Trees flourished, flowers bloomed and all manner of creatures roamed about in freedom. And all who entered there were led to Solitude which is the home of God who dwells in Nature's silence and Nature's beauty. But then the Age of Unconsciousness arrived when it became possible for people to construct buildings a thousand feet high and to destroy rivers and forests and mountains in a month. So houses of worship were built from the wood of the forest trees and from the stone under the forest soil. Pinnacle, spire and minaret pointed towards the sky; the air was filled with the sound of bells, with prayer and chant and exhortation.



And God was suddenly without a home. (Anthony de Mello, *Prayer of the Frog*)

Seafood Festival '26.

Wow, another great festival. The Festival Committee sends out a huge thank you to all