Psi Chapter Monthly Newsletter Dallas, Texas

October 2024 Volume 32, Issue 22

PEARLS







President Beverly Moore

2024-2025 Southwestern Region **Outstanding Chapter**



Chapter Theme: "Business and Professional Women Empowering Others by Reflecting on Our Accomplishments, Upholding Our Legacy, and Celebrating What Is To Come! "

Message from the President

Greetings Sorors!

It was so good to see you in September at the chapter business meeting and at the activities that were held. The Executive Committee retreat that was held gave the officers a chance to collaborate on ideas that will implement successful programs and projects for Psi Chapter. Thank you Soror Daphne Hornbuckle for being the guest speaker for the retreat, lota roses to Dean Collette Jones and the Membership Committee for the informational and RUSH activities held to introduce Psi Chapter to ladies in the DFW community. Looks like Psi Chapter will be growing!

October is Domestic Violence Awareness Month. Purple Thursday or "Go Purple Day" is a National Day of Action each October during Domestic Violence Awareness Month. Everyone is encouraged to wear all things purple as a symbol of peace, courage, survival, honor, and personal dedication to domestic violence awareness. On Thursday, October 17, 2024, put on your purple and stand up against family violence. Remember, behind every number is a story. Please continue to pray for Soror Lamonica Brown whose daughter was killed due to domestic violence. We will wear purple to honor Deanne.

October is also Breast Cancer Awareness month. Let us all "think pink" this month also and make a concerted effort to support breast cancer awareness. We all have been impacted by this disease whether it be ourselves, grandmothers, mothers, daughters, sisters, aunts or other female relatives and friends. We also want to honor our survivors and remember the Sorors and family members that are not with us

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anymore due to breast cancer. We admire each of you for your bravery, inner strength, hope, courage, and determination. The Fight continues! lota Roses to Soror Daphne Hornbuckle for being selected as the "2024 Survivor of the Year."

Presidents Message October Meditation Spotlight: Sha'Carri Richardson

Black Jack Pizza Welcomes 2024 Olympian Sha'Carri African American Leadership (AALI) Institute's Policy Summit

Future Iota Leader (FIL)

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Psi Chapter volunteers every year at the annual Sister to Sister Festival hosted by Celebrating Life Foundation. Sorors please pray for our members that have lost loved ones and for our Pelati due to the passing of their long-time member, Pelati Beverly Williams.

We are less than a month away from the election. Please encourage your family and friends to get out and vote! Sorors your vote is your future.

Love and Blessings,

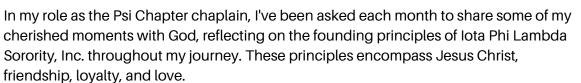
Soror Beverly Moore, Psi Chapter President 2024 SWR Outstanding Chapter President







OCTOBER MEDIATION SPENDING TIME WITH GOD ON OUR JOURNEY



I hope this column brings you as much encouragement as it has provided me in my own life journey up to this point. As you read these reflections, I hope they serve as a gentle reminder of the beauty and strength found in living by these principles. May they inspire you to seek moments of quiet reflection and to embrace the journey with an open heart, knowing that you are cherished and supported every step of the way



"I have learned to be satisfied with the things I have and with everything that happens. I know how to live when I am poor, and I know how to live when I have plenty. I have learned the secret of being happy at any time in everything that happens. When I have enough to eat and when I go hungry, when I have more than I need and when I do not have enough I can do all things through Christ because He gives me strength."

Philippians 4:11-13 NCV

Trust me, this journey is not as difficult as it may seem; however, it is an ongoing process. It becomes particularly vital to rely on God's strength and to view life through His lens rather than our own. The essential step is to surrender and allow God to guide us in His unique way. As we draw nearer to Him, we find it easier to recognize the countless blessings we receive daily. Regardless of the challenges we face in this life, we possess the key in the palm of our hands - God and His word.

As we continue on this journey, let us hold onto the promise that with faith, hope, and love, all things are possible. Each day is an opportunity to grow, learn, and become more aligned with the purpose God has set for us. Embrace the moments of joy, learn from the trials, and trust that every step is part of a greater plan. In times of uncertainty, let us remind ourselves of the strength we derive from our faith. It is in these moments that we truly discover our resilience and the depth of our spirit. Let us support one another, offering kindness and understanding, as we navigate the path ahead.

Let us go to God in prayer

Dear Heavenly Father, Thank you for this word today. We know our life's journey is in your hands. Make us true believers in your words - that we can do all things through you who strengthens us. Help us to never look back at what could have been but to move forward with you walking beside us. In moments of doubt, may we find solace in Your unwavering love and the strength to continue on the path You have laid before us. Let our lives be a testament to Your grace, and may our actions reflect the profound impact of Your love in this world. We are grateful for Your guidance and the endless possibilities that each new day brings. Thank You, Lord, for being our anchor and our hope. These and so many other blessings we ask and thank you for in your name. AMEN



Black Jack Pizza Welcomes 2024 Olympian Sha'Carri Richardson **Back Home**

You can always count on two things in Sunny South Dallas.

One: the sun always shines. Two: Black Jack Pizza will always be serving up good food. This second point is why, on a tranquil Thursday evening September 19, 2024, a loyal and longtime customer of Black Jack Pizza decided to drop by. Sha'Carri Richardson, the American track and field sprinter who earned a silver medal in the Women's 100 meters and a gold in the Women's 4x4 relay at the 2024 Paris Olympics, has long been a fan of Black Jack Pizza, particularly their burgers. She was quoted on social media as saying, "when I really want a good burger, I go to Black Jack Pizza", this one statement alone has brought in customers from all over who have discovered and tasted the goodness for themselves.

Honorary Soror Dorothy Jones of Psi Chapter has been running Black Jack Pizza (located at 2536 MLK BLVD.) for over thirty years with her son, Terry Jones. This family-owned establishment serves the community and beyond with excellent food and warm hospitality. Whether visiting the MLK location or the 2120 St. Augustine location (managed by her daughter, Marilyn Pond), patrons can always expect great meals.

She warmly welcomed Sha'Carri with her signature smile and embrace, expressing how thrilled the Black Jack Pizza family was to have her there. Sha'Carri shared her excitement about being in town for the week to attend a dedication ceremony at Kincaid Stadium, where the Dallas Independent School District (Dallas ISD) planned to rename the track in her honor. This was the same track where she set records as an eight-time State Champion during her time at Carter High School. She mentioned that she would be in town for a week and wanted to make Black Jack Pizza one of her key stops.

The 2024 Olympian ordered burgers, pizza, and the famous Black Jack Tea, commenting on the familylike atmosphere of the establishment as they affectionately referred to Honorary Soror Dorothy Jones as "Mother." This endearing interaction reminded her of her own mother, who passed away in 2021.









African American Leadership (AALI) Institute's Policy Summit

The African American Leadership Institute's Policy Summit aims to unite African Americans in examining issues that affect our community at a grassroots level. The objective is to create actionable recommendations concerning education, economic development, health, criminal justice, and other "hot button" topics.

Titled "For Such a Time as This: Mobilizing our Community for Progress, Change, and Action," the Summit took place on Saturday, September 21, 2024, at Paul Quinn College, an HBCU, hosted by Senator Royce West, Maurice West, and others.

Senator West sought the support of Psi Chapter to help organize this summit. On Friday evening, Psi Chapter members came together to prepare backpacks for the

youth attendees. Although several organizations were invited to volunteer, Psi Chapter was the sole group present and completed the task swiftly. Senator West's staff expressed their admiration for our organization and our readiness to assist. Special thanks to Sorors Daphne Hornbuckle, Wonda Traylor, Shelia Mathis-Fadipe, Tina L. Johnson, Dr. LeTitia Speed-Williams, and Soror Williams' daughter, Tiffany Speed-Tunwar.







Future lota Leaders (FIL)



On Sunday, September 22, 2024, the FIL gathered at the South-Central Police Station, with 18 members present. During the meeting, officers for the New Year were elected. Two books were discussed: 'My Melanin Moment,' which encourages FIL to celebrate their unique skin tones, and 'The Feeling Friends,' a story that highlights the importance of recognizing our own emotions as well as those of others around us.

Soror Tonia Harmon Lloyd extended an invitation to FIL to participate in the LMP symposium, which includes a visit to the Microsoft Company and an exploration of the world of AI.













Domestic Violence Awareness Month (DVAM) is a national campaign dedicated to raising awareness about domestic violence. Every October, organizations and individuals unite across the country for a national effort to uplift the needs, voices, and experiences of survivors. Congress declared the month of October to be Domestic Violence Awareness Month in 1989.

For DVAM 2024, the Domestic Violence Awareness Project is proud to build on the theme Heal, Hold & Center, first launched in 2023. This DVAM and beyond, we must work together, embrace the many cultural ways we can heal from violence and oppression, commit to holding space for survivors, and center those most marginalized in all of our efforts to end domestic violence. As we heal, hold, and center survivors, especially those navigating anti-Blackness and other systems of oppression, we remain grounded in the knowledge that there is no survivor justice without racial justice, according to the National Resource Center on Domestic Violence.







National Night Out

Soror Rev. Annelda Crawford, dressed in lota Emerald Green and White, attended the City of Dallas District 4 National Night Out Observance at Kiest Park on Tuesday, October 1, 2024. This vibrant and secure community gathering provided an excellent opportunity for city officials and residents to connect and socialize. The event showcased food trucks serving tasty dishes, agencies sharing valuable information for all ages, and a fantastic band playing in the background. Various community organizations distributed information packets and household items to all participants, making it a wonderful event enjoyed by everyone. In the photos, Soror Crawford is seen alongside Dallas Mayor Pro Tem Carolyn Arnold and retiring Chief of Police Eddie Garcia.



Carolyn Arnold Council Member (Dallas, TX) - District 4 Deputy **Mayor Pro Tem**



Chief of Police Eddie Garcia.



Breast Cancer Awareness Facts and Tips



The event began in 1985 as a week-long awareness campaign by the American Cancer Society, in partnership with Imperial Chemical Industries, a British company that made tamoxifen. The campaign eventually grew into a month-long event.

In 1992, the pink ribbon came into play after Alexandra Penney, SELF magazine's Editor-in-Chief, partnered with Evelyn Lauder, Estée Lauder's Senior Corporate Vice President and a breast cancer survivor, to distribute pink ribbons after the magazine's second annual Breast Cancer Awareness Month issue.

In 2024, more than 360,000 people will be diagnosed with breast cancer. But there is hope. Advancements in early detection methods and support continue to increase the chances of survival. When caught in its earliest, localized stages, the 5-year relative survival rate of breast cancer is 99%. But early detection for all is only possible through action. NBCF is dedicated to Helping Women Now®. The earlier we act, the bigger our impact — and we need your help.

This information is provided by Breastcancer.org & the National Breast Cancer Foundation, Inc.





Breast Cancer Awareness Facts and Tips Soror Daphne Hornbuckle

Click Here



23rd Annual Sister to Sister 5K WALK & RUN By: Soror D. Hornbucke



23rd Annual Sister to Sister 5K WALK & RUN

October is Breast Cancer Awareness Month. Each year, the Psi Chapter participates in the Sister to Sister Fitness Festival, organized by Sylvia Dunnavant Powers,

Executive Director of the Celebrating Life Foundation. This year's theme was "Keeping In Step with Change." Nearly 20 Sorors and Friends In Life (FIL) gathered at the Alan E. Sims Cedar Hill Recreation Center to assist with participant check-in, survivor check-in, vendor check-in, as well as greeting attendees and managing traffic flow. The Sorors were enthusiastic and eager to help everyone.

To kick off the day, a workout session led by Cassie Cass of Shake Body Dance got everyone moving. Survivors enjoyed a pampering experience that included massages, manicures, a selfie photoshoot, and an impromptu podcast interview with breast cancer survivor Carla Carter.

Upon returning from the walk/race, participants were welcomed with medals and lively music. During the celebration, survivors were treated to a performance by local artist Rick James. Soror Daphne Hornbuckle took the stage alongside radio personality Lynne Haze, both of whom were honored as the 2024 Survivors of the Year. Psi Chapter volunteers cherished the opportunity to serve the community, celebrate with the survivors, and engage in the vendor showcase.

A heartfelt thank you goes out to all who volunteered and participated in memory of Soror Vahnita Loud: Sorors Beverly Moore, Danielle Daniels-Young, Daphne Hornbuckle (Chair), Wonda Traylor (Co-Chair), Shelia Mathis-Fadipe, Tonia Harmon-Lloyd, Joyce Hodges, Jewel Hudson, Tina L. Johnson, Collette Jones, Vee Jordan, Suzanne Lyons, Tina Mitchell, Pamela Powell, Martha Richmond, Dr. LeTitia Speed-Williams, Ericka Thomas (participant), Ashanta Tolliver, our FIL, Denim Jones, and MOI Earl Mitchell (participant).























Woten Education Forum

On Saturday, September 14, 2024, Psi Chapter Past President Soror Brenda Jackson Napier and Past 1st Vice President Soror Mary Nickson participated in a Voter Education Forum at Hamilton Park UMC. The event featured candidates running for local and state offices, including State Senator Royce West. Attendees had the opportunity to ask questions regarding political issues, voting regulations, and the significance of getting out the vote (GOTV). As proud members of lota Phi Lambda Sorority, Inc. Psi Chapter, we also listened to Judge Staci Williams, a candidate for Chief Justice of the Fifth District Court of Appeals. Judge Staci Williams was previously recognized as Woman of the Year by Psi Chapter.





ODE TO OMEGA



Pelati Beverly Ruth Williams

We ask for continuing prayers for: our Pelati due to the passing of their long-time member, Pelati

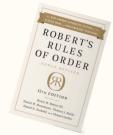
Soror LaMonica Brown's Family for the loss of her daughter Deanne Brown.

Soror Cheryl Dawes' family for the loss of her mother, Soror Franciel Tooks.



What Does Robert Say? **IOTA BYLAWS CHALLENGE**





What are Bylaws?



Bylaws are basic rules written, adopted and maintained by an assembly that relate to itself as an organization. Bylaws define the internal structure and function of the organization. Bylaws are the most important rules which an organization must compose for itself. Bylaws:

- describe the group's purpose
- outline the qualifications and method of selection of members
- provide for officers, committees, and meetings (including the quorum)
- may set up an executive board or board of directors among other specifications.

RONR(12th ed.) 56-57

Test Your Iota Bylaws Knowledge

Each month this article will include exercises to test your lota Bylaws knowledge. Each exercise will indicate where in the bylaws document the answers can be found.

				Bylaws Page #
			True or False	
1.	T	F	The most current Bylaws of lota Phi Lambda Sorority, Inc. are As Amended in 2015.	1
2.	T	F	The bylaws document of lota Phi Lambda Sorority, Inc. contains Bylaws and Standing Rules for the National Body, the Regions and Chapters. It also contains the Bylaws for the Educational Fund.	2-3
3.	Т	F	The bylaws are the governing law of the Sorority, and no law of the local chapter or region shall conflict with them.	28
4.	T	F	lota Phi Lambda Sorority was incorporated on June 1, 1929.	5
5.	Т	F	The purpose of lota Phi Lambda Sorority, Inc. includes the aim to organize chapters exclusively in metropolitan areas where a sufficient number of qualified women reside.	5
6.	T	F	The rules contained in the current edition of Robert's Rules of Order Newly Revised shall govern the proceedings of the Sorority when not covered by the bylaws and standing rules adopted by the Sorority.	28
7.	T	F	An Active member is one who attends the meetings and all events but does not pay her dues, taxes or assessments.	7













From the Journalist

All news articles are due the 25th of each month or before. Please email all written news articles and pictures to: tmitchellpsijournalist@gmail.com Please enjoy this addition of Psi Pearls and many more to come, and know I cherish this experience, and it is ultimately my pleasure to serve you.

Sisterly, Soror Tina Mitchell PSI CHAPTER JOURNALIST





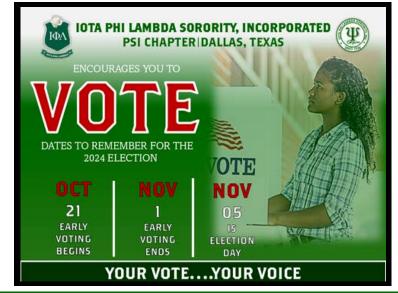
It's Assessment Time! Assessments are due Friday, November 8, 2024. Please contact the Finance Team for more information.



Upcoming events:

JOIN US FOR THE PRESIDENT'S WORKSHOP **OCTOBER 26, 2024** MORE INFORMATION TO COME







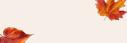
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Calendar for October 2024							
DATE	NAME OF EVENT	TIME	LOCATION				
Saturday, October 5th	23rd Annual Sister to Sister 5K Walk & Run	8 - 12 p.m.	Cedar Hill Rec Center				
Monday, October 7th	Health and Wellness Meeting	7 p.m.	Zoom				
Wednesday, October 9th	President's Workshop Meeting	7 p.m.	Zoom				
Saturday, October 12th	Pelati Meeting	2 - 3 p.m.	Zoom				
Tuesday, October 15th	Executive Committee Meeting	7 - 8:15 p.m.	Zoom				
Wednesday, October 16th	Education and Scholarship Committee Mtg	7 - 8 p.m.	Zoom				
Thursday -Sunday October 17th - 20th	2024 I ³ Symposium	Daily	Westin Dallas Fort Worth Airport				
Saturday, October 19th	Sorority Busines Meeting	10 – 1 p.m	J. Erik Jonsson Central Library				
Sunday, October 20th	Future Iota Leaders	Cancelled	Cancelled				
Tuesday, October 22nd	President's Workshop Meeting	7 p.m.	Zoom				
Saturday, October 26st	President's Workshop	10 - 2:30 p.m	Golf Club of Dallas				





























Happy Birthday Sorors' Enjoy your special Day!!!





IOTA PHI LAMBDA SORORITY, INC. **SOUTHWESTERN REGIONAL NEWS**



Southwestern Region Theme: "Empowered Women: Together We Achieve the Extraordinary"



National Make a Difference Day October 26, 2024



Congratulations to the New Officers



Save the Date:

Sovor Rosetta Davis

Regional Conference March 21-23, 2025

IOTA PHI LAMBDA SORORITY, INC. **NATIONAL HQ NEWS**



"Professional Business Women Propelled by Ingenuity: Intentional Purpose #Designed1929 #Driven2023-2027 #Distinction2029"

Save the Date:

National Convention - July 29, 2025 - August 3, 2025 in Washington, D.C.

Click below for newsletter National Newsletter October 2024



Soror Charlotte D. Berry **24TH NATIONAL PRESIDENT**

Please continue to pray for the victims of Hurricane Helene and Milton



Psi Chapter Information

If you would like to email President Beverly Moore, or Journalist Tina Mitchell click on the highlighted links listed below.

Beverly Moore, Psi Chapter President

Email: <u>beverlyj5850@gmail.com</u> Iota Phi Lambda Sorority, Inc. Psi Chapter P.O. Box 224891 Dallas, Texas 75222-4891

Tina Mitchell, Journalist

Public Relations Co-Chair

Email: tmitchellpsijournalist@gmail.com

PSI Chapter 2024-2025 Officers				
Soror Bevery Moore	President			
Soror Eddie Johnson	1st Vice President			
Soror Danielle Daniels-Young	2nd Vice President			
Soror Katrina Arrington	Recording Secretary			
Soror Shelia Fadipe	Corresponding Secretary			
Soror Nadia Robinson	Financial Secretary			
Soror Ashanta Tolliver	Treasurer			
Soror Tina Mitchell	Journalist			
Soror Collette Jones	Dean of Intake			

Chapter Theme:

"Business and Professional Women **Empowering Others by Reflecting on Our** Accomplishments, Upholding Our Legacy, and Celebrating What Is To Come! "

STAY CONNECTED WITH US!

FOLLOW US ON OUR SOCIAL MEDIA NETWORKS

PSI Chapter website: https://iota-psi.org

https://facebook.com399587420118





https://instagram.com//psi1936

Southwestern Region Information

If you would like to send an email to our Southwestern Regional Director or visit the Southwestern Region websites, click on the highlighted link listed below.

Soror Rosetta Davis

SWR Director https://iotaswr.org

National Information

If you would like to send an email to our National President or visit lota Phi Lambda Sorority, Inc., national websites, click on the highlighted link listed below.

Soror Charlotte D. Berry, M.Ed.

National President https://iota1929.org



Founder: Mrs. Lola M. Parker