



PSI PEARLS

Volume 32 Issue 33

November 2025



Chapter Theme: "Business and Professional Women Empowering Others by Reflecting on Our Accomplishments, Upholding Our Legacy, and Celebrating"

Greetings Sorors!

MESSAGE FROM THE PRESIDENT

November, the month we celebrate Thanksgiving, reminds us to pause and give thanks. I am grateful to my family and friends, for Psi Chapter's Executive Committee, and for Sorors who work diligently to ensure our programs and projects succeed. I also appreciate the guidance of our National and Regional Leaders and the support of our auxiliaries who help strengthen our mission.

Let us all embrace an *attitude of gratitude* for thankfulness brings joy, peace, and a greater sense of well-being.

Iota Roses to Soror Collette for mentoring and making a meaningful impact to one of Psi's *Future Iota Leaders (FIL)*, *Ariel Smith*. Soror Jones and FIL Ariel attended The Girls in Aviation Day Dallas event an empowering experience designed to introduce young women to careers in aviation and aerospace. FIL Ariel, had the opportunity to explore aircraft up close, meet inspiring women in aviation, and participate in hands-on learning activities that encouraged curiosity and confidence. Her journey proves that with sisterly support, the sky's the limit!

Iota Roses and Congratulations to Soror Daphne Hornbuckle, honored with Hofstra University's Alumni Achievement Award! Her achievements and community impact continue to exemplify the ideals of Iota Phi Lambda Sorority, Inc.

Iota Roses to Sorors Daphne Hornbuckle and Stevette Bauman who participated in the Pink Diamonds Bike Ride to raise awareness for breast cancer. The event promoted health, hope, and support for survivors and their families.



Iota Roses to *National Make a Difference Day* chair Soror Danielle Daniels Young and the committee for an outstanding event. *Psi Chapter* partnered with the *Parkland Healthy Start Program* to assemble care packages and share wellness resources for local mothers and infants. A beautiful day of service and impact!

President Beverly Moore
2024-2025
SWR Outstanding
President & Chapter

Congratulations to Soror Collette Jones, our 2025- 2026 *Outstanding Soror of the Year*!

Her leadership, dedication, and service reflect the true spirit of Iota sisterhood. We celebrate her excellence and example.

Let us all be thankful and on Veterans Day, let's honor the country's brave military service members. Remember our Sorors that have served and do something special for them.

Blessings and Happy Thanksgiving!
Soror Beverly Moore, Psi Chapter President

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Continuing Breast Cancer Awareness
Submitted: by:
Soror D. Hornbuckle



“Psi Chapter carries the spirit of Breast Cancer Awareness Month into November, honoring survivors and promoting early detection year-round.”

COMMUNITY SERVICE PROJECT



Psi Chapter Sorors and breast cancer survivors, Stevette Bauman and Daphne Hornbuckle, volunteered for the 5th Annual Pink Diamonds Breast Cancer Awareness Bike Ride, on Saturday, Oct 11, 2025. The Sorors pasted out Gatorade and fruit to the riders at one of the rest points. This bike ride and health fair, at Duncanville High School, raised funds to support those diagnosed with breast cancer. Linda Lydia, founder of Pink Diamonds Survivors of Cancer, with Sorors Stevette Bauman and Daphne Hornbuckle.

Here's a few pictures that capture how Psi Chapter represented Iota Phi Lambda Sorority, Inc., through service, sisterhood, and solidarity. Each moment reflects our commitment to legacy, leadership, and love.

PINK POWER IN PICTURES



The YouTube video titled “2025 Pink Diamonds Bike Ride” showcases the vibrant setup and community spirit of the 5th Annual Breast Cancer Awareness Bike Ride. You can watch it directly here. <https://www.youtube.com/watch?v=soi8MfuRQ9g>

Pretty-N-Pink Breast Cancer Breakfast
Submitted: by:
Soror N. Robinson



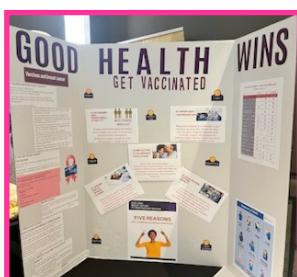
Annual Breast Cancer Fundraising Breakfast

Psi Chapter's Health and Wellness Committee proudly partnered with Pretty-N-Pink Dallas for their Annual Breast Cancer Fundraising Breakfast.

On Saturday, October 18, 2025, the event brought together advocates, survivors, and community members for a morning of awareness and empowerment. Soror Nadia Robinson represented Psi Chapter and Good Health Wins as an informational vendor, providing attendees with

educational materials on vaccine awareness. Resources included guidance on the RSV season, 2025–2026 recommended vaccines, and prevention tips for cold, flu, and COVID-19. The information was well received and contributed meaningfully to the event's success.

COMMUNITY SERVICE PROJECT



Many Hats to Make
Dreams Work
Submitted by:
Soror A. Crawford



On October 19, 2025, the Future Iota Leaders (FIL) meeting began with a prayer, followed by FIL Ariel Smith reciting the inspiring poem "Attitude" by Charles Swindoll. Guest speaker Teneque Gabriel, a former Iota GEM, Iota scholarship recipient, and 10-year owner of Mathnasium a math tutorial company shared her journey as an entrepreneur.

She emphasized that entrepreneurship is rewarding but requires wearing "many hats," or developing a wide range of skills, to bring your dreams to life. Using a creative hat demonstration, Ms. Gabriel illustrated the various roles and responsibilities entrepreneurs must master. Both Sorors and FIL participants were captivated by her engaging presentation. First



It Takes Many Hats to Make Your Dream Work

Vice President Soror Danielle Daniels-Young presented the guidelines for the Evelyn D. Wilkey Iota Essay Contest. She encouraged participation and reminded attendees that applications and essays are due by November 16th to the Psi Chapter Education and Scholarship Committee.

Elections for FIL officers for the 2025–2026 year were held, and the newly elected officers will be inducted at the November meeting. Congratulations to the FIL Elected Officers for 2025–2026! We proudly introduce the newly elected FIL leadership team: **President:** Ethan Young, **Vice President:** Ariel Smith, **Secretary:** ZaRiyah Duncan, **Treasurer:** Dawn Jones, **Photographer/Historian:** Carter Rose, **Chaplain:** Cody Rose.

Men of Iota (MOI)
Donate to The Homeless
Submitted by: B. Moore



President Barry Moore and the Men of Iota Auxiliary Group deliver clothing to Warren United Methodist Church. On **Friday, November 17, 2025**, Psi Chapter's **Men of Iota Auxiliary Group** demonstrated their commitment to service and community uplift by donating three large bags of men's clothing to the Warren United Methodist Church Homeless Ministry.

The donation was led by **MOI President Barry Moore**, whose act of generosity reflects the chapter's ongoing dedication to supporting those in need. The clothing will benefit individuals experiencing homelessness and hardship, offering warmth

Men of Iota Lead (MOI) with Heart: Psi Chapter (MOI) Donates to the Homeless Ministry

COMMUNITY SERVICE PROJECT

and dignity as the winter season approaches.

Pictured during the donation are **Psi Chapter President Beverly Moore**, **MOI President Barry Moore** and Soror Juanda Wallace, who joined in solidarity to represent the chapter's values of compassion, leadership, and service. This contribution is part of Psi Chapter's broader efforts to engage with local ministries and extend the impact of Iota Phi Lambda Sorority, Inc. beyond its membership into the heart of the community.



Good Health Wins

Alzheimer's Disease

Submitted by: Soror N. Robinson



Good Health WINs

November Health Awareness

UNDERSTANDING ALZHEIMER'S DISEASE

November is a time to spotlight Alzheimer's disease, a progressive brain disorder that affects memory, thinking, and behavior. According to the Alzheimer's Association, Alzheimer's is the most common cause of dementia, accounting for 60–80% of cases. It is not a normal part of aging, though age is the greatest known risk factor.

Most individuals diagnosed are 65 and older, but younger-onset (or early-onset) Alzheimer's can affect

those under 65. Symptoms gradually worsen over time, eventually interfering with daily tasks and independence.

While there is currently no cure, recent treatments—donanemab (Kisunla™) and lecanemab (Leqembi®)—offer hope by slowing cognitive decline in early stages through the removal of beta-amyloid from the brain. Let's continue to raise awareness, support caregivers, and honor those affected by this disease.



Alzheimer's is a brain disease that causes problems with memory, thinking and behavior.



Diabetes Awareness Month

Submitted by: Soror R. Jones



NOVEMBER IS DIABETES AWARENESS MONTH

YOU CAN THRIVE WITH DIABETES

A diabetes diagnosis doesn't define you. With the right tool and mindset, you can live a healthy, active life. The American Diabetes Association (ADA) offers support every step of the way—whether you're newly diagnosed, caring for someone with diabetes, or simply learning how to stay well.

Stay Active Regular physical activity is one of the best ways to manage diabetes. Walking, swimming, dancing—any movement you enjoy—can help lower blood sugar, boost energy, and improve overall health.

If you're new to exercise, start slowly and talk with your doctor before increasing intensity—especially if you have complications. Even light activity counts, and consistency matters more than perfection.

Manage Your Weight Maintaining a healthy weight reduces the risk of heart disease, kidney issues, and stroke. You don't need a fad diet—just balance nutritious foods, portion control, and regular movement. Losing even a few pounds can make a big difference in how you feel and how you manage your diabetes.

Safety First Check your blood sugar before and after workouts, stay hydrated, and listen to your body. Your healthcare team can help design a safe fitness plan that works for you.

Remember: diabetes is part of your life, not your whole story. With smart choices and steady effort, you can thrive—every step of the way.

<https://diabetes.org/health-wellness/fitness>



Spotlighting Future Iota Leaders (FIL)
Ariel Takes Flight
Submitted by: C. Jones



When FIL Ariel Smith shared her growing interest in aviation, Soror Collette of Psi Chapter made sure she had the chance to explore it firsthand by taking her to Girls in Aviation Day Dallas, on Saturday, October 11, 2025, held at the Victor N. Agather Hangar. The event, hosted by Women in Aviation International, offered young girls a closer look at aircraft, flight careers, and inspiring women in the field.

Ariel Takes Flight: Psi Chapter Mentorship Inspires Future Aviator

Ariel enjoyed hands-on exhibits, met female pilots, and learned more about the possibilities in aviation. Psi Chapter continues to take pride in nurturing curiosity and ambition among its youth, with Soror Collette's mentorship showing how one conversation can help a young girl's dream take flight.



Spotlighting:
Hofstra Honors
Daphne Hornbuckle



Hofstra University Honors Outstanding Alumni at 2025 Awards Celebration Celebrating Excellence in New York



Hofstra University celebrated nine extraordinary graduates and one honorary alumnus at its 2025 Alumni Awards Dinner, held on October 15 at the Garden City Hotel. President **Susan Poser** congratulated the recipients and shared updates about the University's achievements, from its new R2 research designation to the launch of Hofstra's version of ChatGPT Edu. "Tonight, we celebrate the extraordinary accomplishments of these inspiring Hofstra alumni. It is a joy to see them grow, lead, and give back to the community that helped shape them," she said. Hornbuckle currently serves on Hofstra University's Women in Leadership Advisory Board and DeMatteis School of Engineering and Applied Science Advisory Board, as well as the

Dallas Black Chamber of Commerce Board of Directors. Psi Chapter proudly celebrates Soror Hornbuckle, who was honored with a prestigious award in New York! Several of our Sorors made the special trip to witness this meaningful occasion and show their support. Joining Soror Hornbuckle was her husband, MOI Jesse Hornbuckle, along with Sorors Stacy Peoples, Stevette Bauman, and Etheleen Lengyon each representing Psi Chapter with pride and sisterly love.

Congratulations, Soror Hornbuckle!



Make A Difference Day
National ProjectIMAP
Submitted by:
Soror D. Young

On Saturday, October 25, 2025, Psi Chapter partnered with Parkland Healthy Start, Hope Supply Co., and School of Women, Inc., to support young mothers at the Dallas Public Library.

Sorors led a hands-on **Financial Literacy & Résumé Power Hour**, guiding participants through a simple five-line budget, one “money win,” and two CAR/STAR résumé bullets they can use immediately. We shared a Dallas local resource list and closed with a **self-care reset (M.E.A.L.S.)**.

M.E.A.L.S. is a five-step, zero-cost self-care checklist: **Move** for 2 minutes, **Exhale** with 4-4-6 breathing once a day, **Ask** for 15 minutes of help, morning **Light & Liquids** (sunlight + water), and a simple **Sleep** cue (same wind-down each night).

Make a Difference Day Psi Chapter Partners with Parkland Healthy Start (Dallas)

Thanks to community partners, families received essential **self-care kits and baby care items**—reinforcing that small steps create big change.

Impact: Served 25 mothers and distributed 25 kits with practical tools for budgeting and job readiness. 22 Sorors volunteered 3 hours to make this day a success. Special thanks to our partners and the Dallas Public Library for space and support.

SISTERHOOD IN MOTION



2025 Soror of the Year
Celebration Submitted by:
Soror D. Young



Outstanding Soror of the Year Celebration

Hosted by: Psi Chapter, Iota Phi Lambda Sorority, Inc.

Psi Chapter gathered on Sunday, October 26, 2025, for an elegant evening to honor our 2025–2026 Outstanding Soror of the Year, Soror Collette Jones. The atmosphere radiated warmth, pride, and sisterly joy as members and guests came together to celebrate a legacy of leadership and service.

Guests enjoyed a beautifully plated dinner while the program flowed seamlessly from heartfelt welcomes to moving tributes. Each moment highlighted Soror Jones's dedication, impact, and embodiment of the ideals of Iota Phi Lambda Sorority, Inc. Congratulations to our Outstanding Soror of the Year for embodying the ideals of Iota Phi Lambda Sorority, Inc.. It was a wonderful night of recognition, connection, and community.

MOMENTS SHARED



Spotlighting Tenequa Gabriel Entrepreneur

Tenequa brings a dynamic blend of technical expertise, human resources leadership, and heartfelt community service to everything she does. A proud graduate of Texas A&M University, she earned her Bachelor of Business Administration before pursuing her MBA in Human Resources from Southern Methodist University.

Her professional journey began in the tech world as an IT Developer, later transitioning into Human Resources with impactful roles in staffing, compensation, and generalist support. Through her years in high tech, Tenequa saw firsthand how foundational math skills shape future success a belief that fuels her current work.

What's Your Biz? Spotlight on Tenequa Gabriel: Championing Youth & Excellence In Education

As the Owner and Center Director of Mathnasium, The Math Learning Center, Tenequa is passionate about creating an engaging environment where students build confidence, master skills, and experience those unforgettable "light bulb" moments. Her commitment to youth development extends beyond the classroom she has dedicated over a decade to mentoring students at her church, nurturing both academic and personal growth.

In recognition of her entrepreneurial spirit and dedication to excellence, Tenequa was honored in 2018 with the Dorethea N. Hornbuckle Business Entrepreneur Award.



Affiliate: The Black Women's Agenda (BWA)

Psi Chapter's own Charlotte D. Berry, the 24th National President of Iota Phi Lambda Sorority, Inc., proudly attended The Black Women's Agenda 48th Annual Symposium and Luncheon in Washington, D.C., a powerful gathering held during the Congressional Black Caucus weekend.

From the dynamic Town Hall to the elegant Luncheon, the event was both informative and inspiring, capped by a surprise appearance from former Vice President Kamala Harris. The city was alive with energy chocolate, vibrant, and filled with purpose.

President Berry was joined by a distinguished delegation of Iota leadership, including:

- National President-Elect Wendy Jacques



National Leadership Represented at The Black Women's Agenda 48th Annual Symposium

- Eastern Regional Director Dr. Audrey Douglas-Cooke
- National Financial Secretary Vonetta Martin
- National Executive Director Karen Arey
- National Undergraduate Chair Tangila Brodgen
- Several Chapter Presidents and Sorors from the Eastern Region

Their presence reflected Iota's continued commitment to advocacy, excellence, and sisterhood on the national stage.





FROM THE

Journalist



Submit Your News to Psi Pearls

Attention Psi Chapter Members:

All news articles are due by the **25th of each month or earlier**. Please email your **written articles and pictures to: journalistiotapsi@gmail.com**

We hope you enjoy this edition of **Psi Pearls** and many more to come. It has truly been our pleasure to serve you through storytelling, celebration, and sisterhood.

Sisterly,

Soror Vee M. Jordan

Psi Chapter Journalist / Public Relations Chair

Announcements & Upcoming Events

American Education Week

November 17-21, 2025



BANDS OF HOPE SATURDAY, NOVEMBER 22, 2025



Feast Of Sharing

November 20, 2025



EVELYN D. WILKEY ESSAY CONTEST NOVEMBER 15, 2025

[CLICK HERE TO SUBMIT](#)

<https://form.jotform.com/iotapsifil/edwessayapp>

Attention Sorors, Pelatis, MOI, and Teen FIL:

Psi Chapter will be collecting **monetary donations** to support the **Coalition of Churches in Prison Ministry** in preparing 10,000 gift bags for residents of **Tennessee Colony Prisons**.

Join us to assemble the gifts: **Friday, December 19, 2025, 9:00 a.m.**

Mt. Tabor Baptist Church 3700 Simpson Stuart Rd, Dallas, TX 75241

Career Exploration Event:
Saturday, December 6, 2026
10am to 12pm Thurgood Marshall Recreation Center



CALENDAR FOR NOVEMBER 2025

DATE	NAME OF EVENT	TIME	LOCATION
November 8	2025 Fall Initiation	4p.m.	Glen Oaks United Methodist
November 10	Newsletter Due to SWR Journalist	11:59p.m.	Upload to Google Drive
November 12	LOMEPA Club Meeting (Private)	8:15p.m.	Via. Zoom
November 15	Monthly Business Meeting	10a.m.	J. Erik Jonsson Central Library
November 17-21	American Education Week		
November 19	LOMEPA Club Meeting (Private)	8:15p.m.	Via. Zoom
November 20	H.E.B. Feast of Sharing	2:30p.m.	Fair Park
November 22	Bands of Hope Event	7p.m.	Courtyard by Marriott
October 26	LOMEPA Club Meeting (Private)	8:15p.m.	Via. Zoom
November 27-Happy Thanksgiving			



- Happy Birthday -
Sorors' November Birthdays


Ericka Thomas 11-5

Helen Hurd 11-9

Vicki Calton 11-12

Stevette Bauman 11-17

Wonda Traylor 11-26

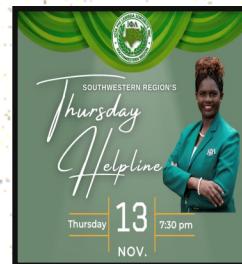
Sherlese Cannon 11-27



Iota Phi Lambda Sorority, Inc. Southwestern Regional News



Soror Michelle Peace

Asst. Southwestern
Regional DirectorSoror Dorita Hatchett
Southwestern Region
Recording/Financial SecretarySoror Wanda McKinnies
Southwestern Region
TreasurerSoror Bettina McKinney
Southwestern Region
JournalistSoror Dr. Valencia D. Hall
21st Southwestern Region Director

Iota Phi Lambda Sorority, Inc. National HQ News

National Theme: "Professional Business Women Propelled by Ingenuity: Intentional Purpose"
 #Designed1929, #Driven2023, #Distinction2029

Soror Charlotte D. Berry
24TH NATIONAL PRESIDENT

Small Business Saturday Virtual POP-UP

SHOP November 29, 2025



Psi Chapter Information

If you would like to email President Beverly Moore, or Journalist Vee M. Jordan click on the highlighted links listed below.

Beverly Moore, Psi Chapter President

beverlyj5850@gmail.com

Iota Phi Lambda Sorority, Inc.

Psi Chapter

P.O. Box 224891

Dallas, Texas 75222-4891

Chapter Theme:

“Business and Professional Women Empowering Others by Reflecting on Our Accomplishments, Upholding Our Legacy, and Celebrating What Is To Come! ”

PSI Chapter 2025-2026 Officers

Soror Beverly Moore

President

Soror Danielle Daniels Young

1st Vice President

Dr. LeTitia Speed Williams

2nd Vice President

Soror Tonia Harmon Lloyd

Recording Secretary

Soror Shelia Mathis Fadipe

Corresponding Secretary

Soror Stacy Peoples

Financial Secretary

Soror Ericka Thomas

Treasurer

Soror Vee M. Jordan

Journalist

Soror Stevette Bauman

Dean of Intake

STAY CONNECTED WITH US!

FOLLOW US ON OUR SOCIAL MEDIA NETWORKS

PSI CHAPTER WEBSITE: [HTTPS://IOTA-PSI.ORG](https://iota-psi.org)



<https://facebook.com/399587420118>



<https://twitter.com/psi1936>



<https://instagram.com/psi1936>

Southwestern Region Information

If you would like to send an email to our Southwestern Regional Director, National President or visit the Southwestern Region or National websites. Click on the highlighted links listed below.

[Dr. Valencia Hall](#), Southwestern Regional Director

Southwestern Region Website, <http://www.iotaswr.org>

Southwestern Region Theme: "Business and Professional Women Standing T.A.L.L.: Taking Action, Learning and Leading"

National Information

[Charlotte D. Berry](#), National President

National Website, <http://www.iota1929.org>

National Theme:

“Professional Business Women Propelled by Ingenuity: Intentional Purpose”
 #Designed1929 #Driven2023 #Distinction2029

