

PSI PEARLS



Volume 32 Issue 34

December 2021

Message from the President



Greetings Sorors!

We have entered the season of giving. Let us be grateful for the things we have and not concern ourselves with things we do not have. Giving thanks is an attitude that shows maturity even during a crisis. Be thankful. As we continue to navigate through the pandemic, I commend you all for your creative ideas and determination; working together to complete all the programs and projects.

This year Psi celebrated American Education Week with the adopted schools in the North and in the South. On November 15th, Soror Kandre Covington, Chair of Adopted Schools, and her assistants delivered Apple Awards to the teachers at Birdie Alexander Elementary School and Stepping Stones Early Child Development Center. In the meantime, on November 17th, Soror Brenda Napier

and her assistants were delivering the Apple Awards and a sheet cake to Stults Elementary. Psi Pearls to Soror Kandre Covington for organizing the distribution of the awards and Soror Brenda Napier for helping to carry out the distribution.

On November 27th, Psi Chapter had an opportunity to join The National Small Business Shopping Spree. It was phenomenal! Over forty-three vendors were on hand to showcase their products of which all were conducive to the needs of the chapter.

It is that time of year again to collect garments for Attitudes and Attire, and pack gift bags for over 8000 inmates through The Coalition of Churches in Prison Ministry. Let's get excited and come out to support both events.

The Membership Chair, Soror Collette

Jones, and committee has worked extremely hard in putting together the Virtual Rush

Ceremony and now are planning the pinning. Great job! Well, Sorors, it has been a challenging year so take a break this holiday season and get into the Yuletide Spirit from the comfort of your home. Decorate your Christmas tree, wrap your gifts, listen to some Christmas carols, dress up for dinner. But most of all, remember the reason for the season.

Have a Joyous Christmas

*Sisterly,
Soror Judy Reeves
Psi Chapter President*

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business".

PSI CHAPTER OFFICERS

- PresidentJudy Reeves
- 1st Vice PresidentBeverly Moore
- 2nd Vice President..... Wonda Traylor
- Recording Secretary.....Danielle Young
- Corresponding Sec.Stevette Bauman
- Financial Secretary.....Judy Jenkins
- Treasurer.....Teresa Henderson
- JournalistVee M. Jordan
- Dean of Intake.....Collette Jones

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**2021 American Education Week
November 15-19
Submitted by Soror Covington**



AMERICAN EDUCATION WEEK

Adopt-A-School

2021 "Apple For The Teacher Award"

Iota Phi Lambda Sorority, Inc., Psi Chapter, is a National Business and Professional Women's Organization which honors outstanding educators, during American Education Week, who are making an impact in the classroom and their respective communities. On November 16, 2021, Psi Chapter's Adopt-A-School Committee selected the following educators to receive the 2021 "Apple for the Teacher Award" for their outstanding achievements in the classroom: Mr. Terry Lavala, Music Teacher, and Ms. Leslie Graham Khalid, Fourth Grade Math Teacher, from Birdie

Alexander Elementary School; Ms. Michele Diffie, and Ms. Christiana Williams Preschool Teachers from Stepping Stones Early Childhood Development Center from Stults Elementary School.

On November 17, 2021, Sorors Brenda Napier, Martha Richmond, and Psi President Judy Reeves, delivered the "2021, Apple for the Teacher Awards" certificates and a sheet cake to Sixth-Grade teacher Ms. Tameka Bryant and Second-Grade teacher Ms. Sandra Alvarez at Stults Road Elementary School. Congratulations to you both.

2021 "Apple For The Teacher" Award Phenomenal Educators

Ms. Leslie Graham Khalid
Fourth Grade Math Teacher

Birdie Alexander Elementary School

Mr. Terry Lavala
Music Teacher

IOTA PHI LAMBDA SORORITY, INC.
PSI CHAPTER


American Education Week
November 15-19, 2021

"2021 Apple for the Teacher Award"
Congratulations !!

Ms. Leslie Graham Khalid


Birdie Alexander Elementary School
4th Grade Math Teacher

"CELEBRATING EXCELLENCE"




"2021 Apple for the Teacher Award"
Stepping Stones Early Child
Development Center
Congratulations!!

Ms. Michele Diffie



Ms. Christiana Williams



Ms. Michele Diffie

Ms. Christiana Williams

Stepping Stones Early Child Development Center

IOTA PHI LAMBDA SORORITY, INC.
PSI CHAPTER

American Education Week
November 15-19, 2021

"2021 Apple for the Teacher
Congratulations !!

Mr. Terry Lavala


Birdie Alexander Elementary
Music Teacher

"CELEBRATING EXCELLENCE"



"2021 Apple for the Teacher Award"
Stults Road Elementary School
Congratulations!!

Ms. Tameka Bryant
Sixth-Grade Teacher



Ms. Sandra Alvarez
Second-Grade Teacher



Ms. Tameka Bryant
Sixth Grade Teacher

Ms. Sandra Alvarez
Second Grade Teacher

Stults Road Elementary School

**2021 American Education Week
Submitted by Soror Covington**



2021 American Education Week

Psi Chapter's Outstanding Past/Present Educators

It is said that "Teaching is a Calling" that consists of three (3) loves:

Love of Learning, Love of Learners, and the Love of Bringing the First Two Loves Together.

Education is our passport to the future, for tomorrow belongs to the people who prepare for it today. The Art of Teaching is the art of discovery. Saturday, November 20, 2021, during the 2021 American Education Week, we paid homage to Psi Chapter's Outstanding Past/Present Educators.

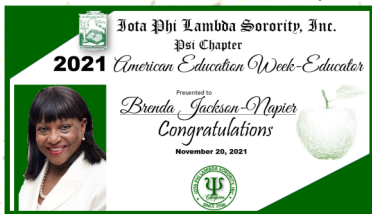
Congratulations Sorors! And thank you for inspiring hope, igniting the imaginations, awakening expectations, and instilling the love of learning to all students.

God Bless You!

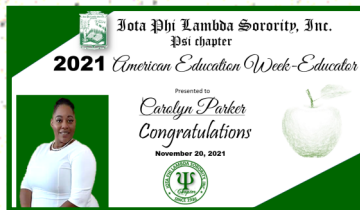


Psi Chapter's Outstanding Past/Present Educators

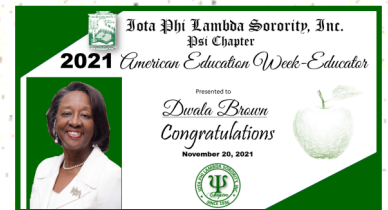
Soror Brenda Jackson-Napier



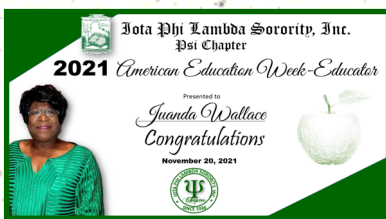
Soror Carolyn Parker



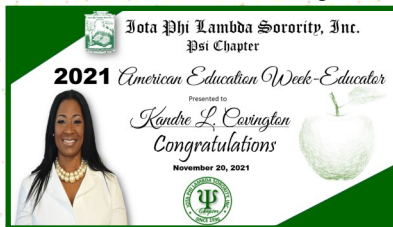
Soror Dwala Brown



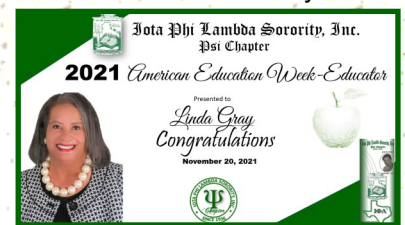
Soror Juanda Wallace



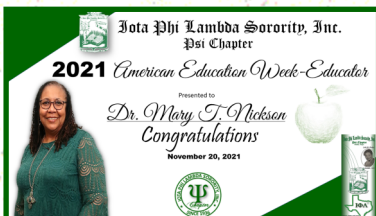
Soror Kandre L. Covington



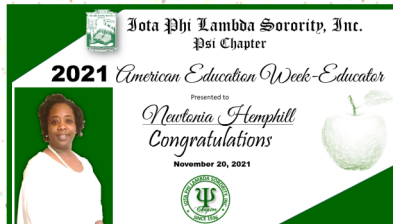
Soror Linda Gray



Soror Dr. Mary Nickson



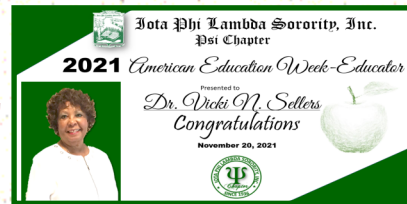
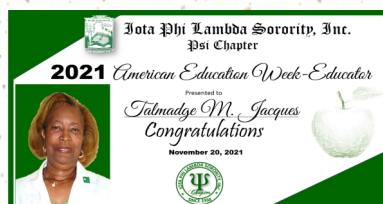
Soror Newtonia Hemphill



Soror Rosa Henderson



Soror Talmadge Jacques



Soror Dr. Vicki Sellers

2021 American Education Week
Submitted By Soror C. Jones

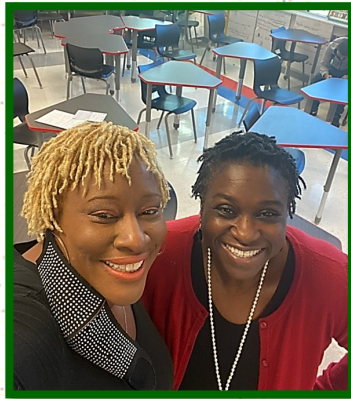


**AMERICAN EDUCATION WEEK
NOVEMBER 15-19, 2021**

This week Psi Chapter is embracing American Education Week with a variety of activities. Our very own, Soror Collette Jones, was a Career Day speaker at her Alumni High School, David W. Carter High School, on Monday, November 15th. Soror Jones spoke to the students about how Carter High School prepared her with the necessary skills to be successful in today's work environment. Soror Jones, a Social Worker with the Texas Department of Family and Protective Services, Children's Protective Services, provided valuable information on her career.

Soror Jones says "Hail Carter High School it all started here!"

Soror Collette Jones and Classmate and Teacher, Danielle Knighten. David W. Carter High School



2021 Wellness Challenge
Submitted by Soror Hodges



Let's Move!

Wellness Challenge November 1-30, 2021

On November 8,9,10,11, 2021, Soror Joyce Hodges has except the challenge by exercising at the YMCA for 45 minutes each day. Monday through Thursday with Silver Sneakers. Task accomplished for "Let's Move" Challenge on behalf of Iota Phi Lambda Sorority Inc., Psi Chapter.

Let's Get Moving Psi Chapter!!!



The American Heart Association recommends at least 150 minutes per week of moderate-intensity aerobic activity.

Let's Move!

150 MINUTES/WEEK
WALKING-RUNNING
BIKING-STRENGTH TRAINING
GARDENING-DANCING
HIKING-SWIMMING

Stay Hydrated!

CHALLENGE! NOVEMBER 1-30

CHOOSE YOUR APP
TRACK YOUR MINUTES
GET MOVING

Will you move more than 150 minutes per week?

Which Chapter will have to most minutes of movement?

Post weekly Chapter progress on Social Media.



**COMMUNITY SERVICE
SUBMITTED BY SOROR WALLACE**



**PSI CHAPTER
SERVES THE UNDERSERVED**

In celebration of Dallas Bethlehem Center and it's 75 years of service to the Dallas community, Sorors volunteered in two of its yearly events – Thanksgiving Food distribution and Christmas Angel Tree Giving.

Bethlehem center, a community faith based, interracial beacon of hope in the southern sector of Dallas, was founder by the United Methodist Women of the United Methodist Church. It empowers its community to improve lives through connected solutions. It provides early childhood programming, afterschool and summer programing, food distributions in a food desert area and weekly hot meals to the needy families in the surrounding area.

Psi Chapter's first volunteer effort was to assist the center by helping to prepare and hand out Thanksgiving meals during a neighborhood drive thru where over a hundred plus families were served.

Psi's second activity centered around Christmas and the center's Angel Tree of Giving. Sorors who volunteer were given Angel wishes for families which included coats, toys, shoes, and other personal items. Sixteen families were assisted with the hopes of making Christmas less stressful for each needy family chosen by the Center's faculty and staff.

By serving in these very worthy events, Psi Chapter genuinely shows their believe that to "Whom Much Is Given, Much Is Required."

Soror Juanda Wallace collected Gifts for the Angel Tree of Giving



Soror Wallace Posing with the pumpkins at the Bethlehem Center



Soror Loud also contributing to the Angel Tree of Giving



2021 Correspondence Week
Submitted by Soror Bauman



Correspondence Week



During the month of December, chapters throughout Iotaland celebrates Correspondence Week. Greeting cards are mailed to all National, Regional officers and Chapters. What a way to spread the holiday spirit throughout the organization.

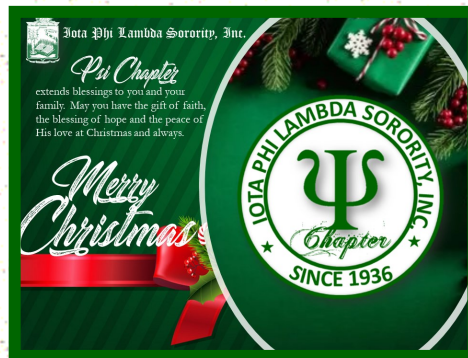
Hope this season is filled with beautiful memories to warm you in the year ahead.

Seasons Greetings To: **Sorors, and Auxiliaries.**

Psi Chapter's Greeting Card



Correspondence Committee
Greeting Card



Future Iota Leaders Greeting Card



PSI CHAPTER'S FIL NEWS
BY SOROR HODGES



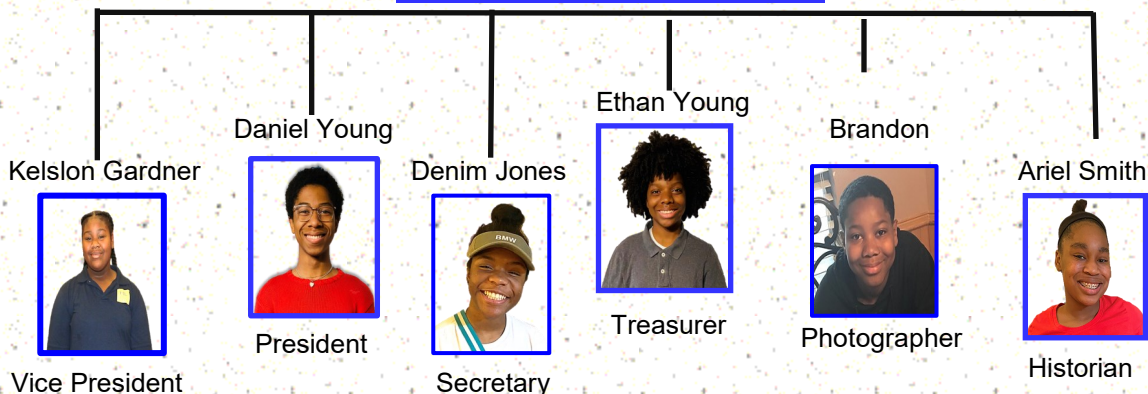
Future Iota Leaders (FIL) New Officers Installation



On Sunday, December 5, 2021, Future Iota Leaders (FIL) met virtually via Zoom @ 3:00pm. Psi Chapter's Future Iota Leaders (FIL) held their installation of officers for the 2021-2022 sorority year. The FIL officers are looking forward to showcasing their leadership, talents, and business skills as they learn and grow. Each FIL shared their personal wishes for Christmas which were:

- "End to COVID-19 pandemic"
- "Basic Christmas with a healthy family"
- "Happy Holidays and a good birthday for Denim"
- "Hopes of meeting in person soon"
- "Christmas is more than gifts. God gave us the greatest gift ...His Son Jesus"

2021-2022 FIL Officers



**SCHOLARSHIP INFORMATION
SUBMITTED BY SOROR YOUNG**



**FREDDA WITHERSPOON
SCHOLASTIC SCHOLARSHIPS**

Iota Phi Lambda Sorority awards scholarships for scholastic achievement to female graduating high school seniors wishing to pursue a college degree in business related fields. The National Scholarship is held annually. Judging criteria will include academic performance/achievement, career aspirations, demonstrated leadership, and financial need. Student should submit the following:

- Completed Application
- 300-500 autobiographical essay that includes career aspirations, leadership experiences, and significant achievements.
- Two Letters of Recommendation
- Current Official/Certified Academic Transcripts
- Family Income Documentation (Copy of 1st page of most recent IRS1040 with SS number redacted)

Apply for your chance to receive up to \$8000.00 in scholarship money to be applied at an accredited institution of your choice.

Submittal Due date: Saturday, January 15, 2022

If you are interested in applying, please contact Soror Daniele Young (Psi Chapter):

scholarship.psi@outlook.com

ALMA I. MACKEY REGIONAL SCHOLASTIC SCHOLARSHIP

Iota Phi Lambda Sorority awards scholarships for scholastic achievement to female graduating high school seniors ((2.5 GPA or higher) wishing to pursue a college degree in business related fields. This Regional Scholarship is held annually. Judging criteria will include academic performance/achievement, career aspirations, demonstrated leadership, and financial need

- Completed Application
- 300-500 autobiographical essay that includes career aspirations, leadership experiences, and significant achievements.
- Two Letters of Recommendation
- Current Official/Certified Academic Transcripts
- Family Income Documentation (Copy of 1st page of most recent IRS1040 with SS number redacted)

Apply for your chance to receive up to \$3000.00 in scholarship money to be applied at an accredited institution of your choice.

Submittal Due date: Saturday, January 15, 2022

If you are interested in applying, please contact Soror Daniele Young (Psi Chapter):

scholarship.psi@outlook.com

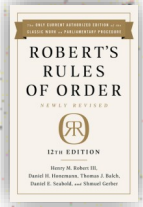
ROBERTS'S RULES OF ORDER
 SUBMITTED BY
SOROR NONA FISHER, PRP



What Does Robert Say?

P.R.N. – Parliamentary Rules Noted

The Parliamentarians of Psi



The Role of the Parliamentarian in Chapter Meetings

The parliamentarian is a consultant who advises the president and other officers, committees, and members on matters of parliamentary procedure. The president is free to appoint as her parliamentarian anyone in whom she has confidence. The parliamentarian's role during a meeting is purely an advisory and consultative one – since parliamentary law gives to the presiding officer (chair) alone the power to rule on questions of order or to answer parliamentary inquiries. After the parliamentarian has expressed her opinion on a point, the chair has the duty to make the final ruling and, in doing so, has the right to follow the advice of the parliamentarian or to disregard it. The parliamentarian's duties can extend beyond giving opinions to the presiding officer during meetings and include for example, assisting in the planning and steering of business to be introduced and interpreting bylaws and rules.

The parliamentarian:

1. Confers with the president (chair) on the agenda before the meeting in anticipation of parliamentary questions that might arise.
2. Sits next to the chair, so as to be convenient for consultation in a low voice, but the chair should avoid checking with the parliamentarian too frequently or too obviously.
3. Gives advice to the chair and when requested, to any other member.
4. Calls attention of the chair to any error in the proceedings that may affect the substantive rights of any member or may otherwise do harm.
5. Heads off a developing problem by providing suggestions to the chair, without waiting to be asked for advice. These consultations could require the assembly to *stand at ease*.
6. Speaks only if called upon for the most involved matters.
7. Has the same duty as the presiding officer to maintain a position of impartiality, and therefore does not make motions, participate in debate, or vote on any question except in the case of a ballot vote.

Reference: RONR (12th ed.) 47: 46-47:56.

“The Sounding Block Unit”

Psi Chapter has a history of effective parliamentarians including those who are currently members of the National Association of Parliamentarians (NAP), an organization whose mission states: “NAP is dedicated to educating leaders throughout the world in effective meeting management through the use of parliamentary procedure.”

Members of a local unit of NAP, “The Sounding Block Unit”



Soror Nona Fisher
 Professional Registered
 Parliamentarian



Soror Dr. Mary Nickson
 Psi Chapter Parliamentarian
 & Southwestern Region



Soror Daphne Hornbuckle



Soror Joyce Hodges



Let everything be done decently and in order.

1 Corinthians 14:40

HIV AND AIDS AWARENESS

HIV and AIDS AWARENESS



Annually on December 1st, we commemorate World AIDS Day and reflect upon our worldwide response to the HIV/AIDS epidemic. This year has been especially poignant as we mark 40 years since the first five cases of what later became known as AIDS were officially reported and honor the more than 36 million people, including 700,000 in the United States, who have died from AIDS-related illness globally since the start of the epidemic.

The U.S. Government’s theme for World AIDS Day 2021—*Ending the HIV Epidemic: Equitable Access, Everyone’s Voice*—highlights the Biden-Harris Administration’s strong commitment to ending the HIV epidemic globally by addressing health inequities and ensuring the voices of people with HIV are central in all our work. As we prioritize leading the COVID-19 response, including becoming an arsenal of vaccines for the world, and helping every country and community build back better, we must at the same time forge ahead, innovate, and invest in communities to end the HIV epidemic everywhere.

HAPPY HOLIDAYS

Happy Holidays From Psi Chapter



*Christmas brings
family and friends together.
It helps us to appreciate
the love in our lives that we often take for granted.
May the true meaning of the holiday season
fill your heart and home with many blessings.*



CALENDAR FOR DECEMBER 2021

DATE	NAME OF EVENT	TIME	LOCATION
Thursday, December 2nd	85TH ANNIVERSARY COMMITTEE MEETING	7pm	Via ZOOM
Sunday, December 5th	FUTURE IOTA LEADERS (FIL) MEETING	3pm	Via ZOOM
Monday, December 6th	BUSINESS MONTH COMMITTEE	6:30pm	Via ZOOM
Tuesday, December 7th	BRIDGING THE GAP MEETING	7pm	Via ZOOM
Wednesday, December 8th	DEMO OF THE PSI CHAPTER WEBSITE	6pm	Via ZOOM
Friday, December 10th	NEWSLETTER DUE TO REGIONAL JOURNALIST	11:59pm	
Tuesday, December 14th	PSI CHAPTER EXECUTIVE COMMITTEE MEETING	7pm	Via ZOOM
Wednesday, December 15th	PUBLIC RELATIONS COMMITTEE MEETING	7pm	Via ZOOM
Friday, December 17th	THE COALITION OF CHURCHES IN PRISON MINISTRY	8am	Hamilton Park UMC
Saturday, December 18th	PSI CHAPTER MONTHLY BUSINESS MEETING	TBA	TBA
Saturday, December 19th	PSI CHAPTER CHRISTMAS GALA	TBA	TBA
Sunday, December 19th	(FIL) MEETING/CHRISTMAS PARTY	TBA	TBA
Friday, December 24th	CHRISTMAS EVE		
Saturday, December 25th	CHRISTMAS DAY		
Friday, December 31st	NEW YEARS EVE		



Happy Birthday



SORORS' DECEMBER BIRTHDAYS

Dwala Brown 12/16

Rita Heath Powell 12/17

Rita White Ross 12/26



Rhonda Jones 12/26

Diana Jordan 12/31

Rosa Henderson 12/31



FROM THE

Journalist



All news articles are due the **25th of each month** or before. Email all written news articles and pictures to: journalistiotapsi@gmail.com

Please enjoy this edition of **Psi Pearls** and many more to come, and know it has ultimately been our pleasure to serve you.

Sisterly,

SOROR VEE M. JORDAN

PSI CHAPTER JOURNALIST/PUBLIC RELATIONS CHAIR

IOTA PHI LAMBDA SORORITY, INC.



HEALTH NEWS

Submitted By
Soror Ross, RN



December Is Seasonal Affective Disorder Awareness Month

During the month of December, awareness is being built around seasonal affective disorder. Also referred to as SAD or seasonal depression, there is treatment available for this disorder and hope can be found for the **16 million Americans** struggling through it every year.

What is seasonal affective disorder?

Seasonal affective disorder is a form of depression related to the changing of seasons. Most sufferers live far from the equator where daylight becomes scarce in the winter months. Linked to a biochemical imbalance occurring in the brain, SAD can cause bouts of fatigue, depression, and social withdrawal.

What are the symptoms?

Seasonal affective disorder is more than just the "winter blues." People with seasonal affective disorder experience mood changes and symptoms similar to depression. These changes usually occur during the fall and winter months, and they can be distressing and interfere with day-to-day life.

Symptoms include:

- Feeling sad or having a depressed mood
- Loss of interest or pleasure in activities
- Change in appetite
- Change in sleeping patterns
- Loss of energy or increased fatigue
- Difficulty thinking, concentrating, or making decisions
- Thoughts of death or suicide

HEALTH NEWS

The Dallas Morning News

Coronavirus Update

Breaking News

12/06/2021

The omicron variant of the coronavirus has arrived in Texas; here's what you need to know

The omicron variant of the coronavirus has arrived in Texas, Harris County Judge Lina Hidalgo said in a tweet.

A 40-year-old woman in Harris County with no recent travel history tested positive for the variant, Hidalgo said Monday.

The Texas Tribune also attributed the case to the Texas Department of State Health Services.

The omicron variant, first detected in South Africa, appears to have more than 30 mutations in the coronavirus' spike protein, which could affect how easily it spreads to people.

12/08/2021

Pfizer says COVID booster offers protection against omicron

Pfizer said Wednesday that a booster dose of its COVID-19 vaccine may protect against the new omicron variant even though the initial two doses appear significantly less effective.

Pfizer and its partner BioNTech said lab tests showed a booster dose increased by 25-fold the level of so-called neutralizing antibodies against omicron.

12/09/2021

The omicron variant of the coronavirus has been detected in North Texas

The omicron variant has been detected in North Texas, just days after Texas' first omicron case was identified in the Houston area.

The two cases involve a 35-year-old and a 40-year-old. Neither patient has a recent travel history, CBS 11 reported.



Iota Phi Lambda Sorority, Inc. Southwestern Regional News

Southwestern Region Theme:

“Empowered Women: Together We Achieve the Extraordinary”

75th Southwestern Regional Conference

March 24-27, 2022

Conference Theme: “Women, Power, & Leadership”

HOST CHAPTER: *Epsilon Chi*

REGISTRATION WILL OPEN:

FRIDAY, DECEMBER 10, 2021 THRU WEDNESDAY, FEBRUARY 16, 2022

REGISTRATION FEE:

\$225.00 plus \$10.00 SERVICE CHARGE

VIA. EVENTBRITE

(YOU WILL REGISTRAR THRU EVENTBRITE)

<https://www.eventbrite.com/e/75th-swr-conference>

Paypal:ipISWRtreasurer@gmail.com (family& friends)

<https://www.eventbrite.com/e/75th-swr-conference-tickets-214468700657>

HOTEL RESERVATION & ROOM RATES:

1-800-233-1234

December 12, 2021 thru February, 16, 2022

ROOM RATES:

DELUXE KING: \$109.00

DELUXE DOUBLE/DOUBLE: \$119.00

PREMIER KING: \$159.00

HYATT REGENCY HOUSTON WEST
13210 KATY FRWY.
HOUSTON, TEXAS 77079



Iota Phi Lambda Sorority, Inc. 75th Southwestern Regional Conference

March 24-27, 2022

HYATT REGENCY HOUSTON WEST
13210 KATY FRWY
HOUSTON, TX 77079

CONFERENCE THEME:

“WOMEN, POWER, & LEADERSHIP”

REGISTRATION WILL OPEN:

DECEMBER 10, 2021 – FEBRUARY 16, 2022

REGISTRATION FEE: \$225.00+\$10.00 SERVICE CHARGE

VIA EVENTBRITE

<https://www.eventbrite.com/e/75th-swr-conference>

Paypal:ipISWRtreasurer@gmail.com (family&friends)

Host Chapter - Epsilon Chi

ROOM RATES: DELUXE KING \$109

DELUXE DOUBLE/DOUBLE \$119

PREMIER KING \$159

ROOM RESERVATIONS -1-800-233-1234

DECEMBER 12, 2021-FEBRUARY 16, 2022

ROSETTA DAVIS - SWR DIRECTOR

DOROTHY WHITE - 23RD NATIONAL PRESIDENT



Iota Phi Lambda Sorority, Inc. Southwestern Regional News

Southwestern Region Theme:

“Empowered Women: Together We Achieve the Extraordinary”

Upcoming Event

Healing the Soul: Minerals, Oils, and Stones

Happy Friday Sorors!

The Southwestern Region Health and Wellness Committee is excited about the next Mind, Body and Spirit event scheduled for **Thursday, December 16, 2021, at 7pm via Zoom**. That evening we will discuss how minerals, oils, and stones are healing to our souls. Our speaker for the evening is Mrs. Stephanie Poliard of Infinite Wholistics. Mrs. Poliard is a Certified Holistic Practitioner and is excited to share her knowledge with us.

The link to register is below. Please share the link with your chapter members, Pelati, MOI and FIL.

We look forward to seeing you there.

You are invited to a Zoom meeting.
When: Dec 16, 2021 07:00 PM Central Time (US and Canada)

Register in advance for this meeting:
<https://us02web.zoom.us/join/register/tZYkfuirqzsvHdS1IjM7oqnJwjgGhbSxcToa>

After registering, you will receive a confirmation email containing information about joining the meeting.

Sisterly,

Wendy

Wendy B. Jacques
Assistant Southwestern Region Director
Iota Phi Lambda Sorority, Inc.
214.435.9570

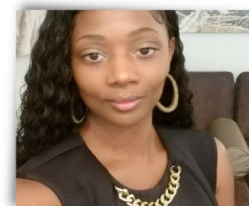
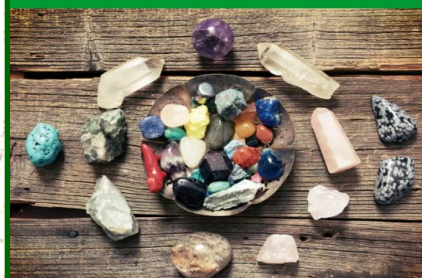
IOTA PHI LAMBDA SORORITY, INC.
SOUTHWESTERN REGION
HEALTH & WELLNESS COMMITTEE PRESENTS:



Healing the Soul: Minerals, Oils, and Stones

THURSDAY, DECEMBER 16, 2021 @ 7:00 PM
VIA ZOOM

JOIN US AS WE DISCUSS HOW MINERALS, OILS, AND STONES ARE HEALING TO OUR SOULS



STEPHANIE POLIARD, BCHHP
INFINITE WHOLISTICS, OWNER
EVENT SPEAKER

ROSETTA DAVIS, 20TH SOUTHWESTERN REGIONAL DIRECTOR
“EMPOWERED WOMEN: TOGETHER WE ACHIEVE THE EXTRAORDINARY”



Iota Phi Lambda Sorority, Inc. National HQ News

Iota Phi Lambda Sorority, Inc., 2021-2022 Essay & Scholarships Procedural Reminders

Fredda Witherspoon National Scholarship - scholarships are to be postmarked by **January 31, 2022** sent to the National President-Elect.

National FIL Scholarship applications are due postmarked by **February 28, 2022** sent to the National President-Elect.

Dorethea N. Hornbuckle Scholarship applications are due postmarked by **March 15, 2022** sent to the National President-Elect.

Alice P. Allen Scholarship applications are due postmarked by **April 1, 2022** and sent to the National President-Elect.

ALL essay and scholarship applications **MUST** be submitted with complete documentation, recommendations and sponsorships from an active chapter in Iota Phi Lambda Sorority to the National President Elect with the designated postmark dates for each essay or scholarship with official postal marking dates.

Please make sure that your chapter and regional websites indicate those scholarships that are specifically awarded by them and not National Scholarships. There is no reason that scholarship applications should be sent from around the country if the information is posted with clear directions. **Again, no National essay and/or scholarship applications are accepted without chapter endorsement and submission.**

2021 Essay Theme "How Social Media Affects Teens"

NOTE-The National Board has agreed that NO "test scores" will be a part of the 2022 Scholarship Evaluation packet due to continued erratic school interruptions and closures around the country from the COVID 19 Pandemic.



Soror Charlotte Berry
National President-Elect

2022 IOTA.TALKS

IOTA.Talks

"Building Capacity To Lead"

*Save
the
Date*

IOTA.talks are designed to build leadership capacity and enhance Sorors knowledge of Iota Phi Lambda (IPL's) foundation, basic operations, protocols and leadership growth; driven by National Board members and other leaders throughout the organization.

IOTA.talks series will do its first webinar on
Sunday, January 30, 2022.

Time
5:00 p.m. CDT (3:00 p.m. PDT & 6:00 p.m. EDT)

Theme:

An External/Internal Look at Iota Phi Lambda

"If you want to lead you need to grow. Good Leaders are always good learners". -John C. Maxwell

Iota Phi Lambda Sorority, Inc.
IOTA Talks
"Building Capacity To Lead"
Sunday, January 30, 2022
Time
5:00 p.m. CDT (3:00 p.m. PDT & 6:00 p.m. EDT)
THEME
Membership Matters:
An External/Internal Look at Iota Phi Lambda
"If you want to lead you need to grow. Good Leaders are always good learners". -John C. Maxwell
Soror Charlotte Berry National President-Elect



Iota Phi Lambda Sorority, Inc.

National HQ News

**“Business and Professional Women Building the Foundation
for Generational Financial Empowerment”**

Soror Dorothy M. White
23RD NATIONAL PRESIDENT



National President's Message

We Wish You A Merry Christmas And Happy New Year



On June 26, 1870, President Ulysses S. Grant declared Christmas to be a U.S. national holiday. In the 151 years since then, families have created their own celebration of Christmas by taking bits and pieces from other cultural traditions and inventing new ones unique to their family and community. I will always remember waking up on Christmas Day and listening to my father read the story of Christ's birth before we could touch a present. We would then wait for the first person to walk through our door and say "Christmas Give".

Each year we look forward to the holiday season with family gatherings and the exchange of Christmas presents. Last year we were unable to gather because of the severity of COVID-19 and no vaccines. Today, vaccines have made a major difference in the way we live. It has allowed us to gather with others while still observing precautions. This year we can look forward to celebrating with our immediate family members who have been vaccinated. We can again enjoy family traditions and celebrations and we can go to church and celebrate the birth of our Savior. We look forward to a time when we can gather and celebrate with our entire family, when the threat of COVID-19 has lessened and only requires an annual booster such as the annual flu shot.

We pray for the safety and health of our friends and family members who have not gotten the vaccines. We pray that they will realize that it is our best protection against COVID-19.

We must always remember that Christmas is a time to reflect on our many blessings and find ways of giving back to those less fortunate. As Margaret Thatcher states "Christmas is a day of meaning and traditions, a special day spent in the warm circle and friends." I pray that you have a happy and blessed Christmas! Stay safe and protect your family.

Sisterly,

Dorothy M. White
23rd National President





Iota Phi Lambda Sorority, Inc.

National HQ News

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COVID-19 Guideline Updates

Sorors, I want to thank you for adhering to the guidelines set to ensure that Iota operated in a manner that put the safety of our members in the forefront of everything we do. As we said at the beginning of this ordeal, you are expected to follow the CDC guidelines, in addition to the ones set by this organization

Remember, in addition to our national Bylaws and Standing Rules, all sorority members are expected to abide by any guidelines/regulations developed by the National Board for the safety of our members. Sorors, in addition to the widespread highly contagious Delta Variant we are now faced with the Omicron variant, so we highly recommend that all members get the vaccine and to continue with virtual meetings where the infection rate is exceptionally high. After discussion with the National Executive Board and taking in consideration our diverse membership and the fact that we cannot guarantee that all of our members are vaccinated we are recommending the following:

CHAPTER & AUXILIARIES MEETINGS & ACTIVITIES:

1. Facilities should be large enough to accommodate social distancing and have good circulation of air. Everyone must wear a mask, whether they are vaccinated or not.
 2. We will not ask for documentation, but we highly recommend that only vaccinated members attend in-person chapter meetings and activities. We recommend that the attached checklist be sent out to members before each in-person meeting or activity to ascertain their ability to meet in-person.
 3. If you choose to go in-person, we recommend that you provide call in or login capability for members who are unable to attend the meetings due to compromised immune systems.
 4. In addition to wearing a mask and social distancing, undergraduate chapters will adhere to the COVID-19 guidelines of their particular institution.
 5. Chapter/Auxiliaries may resume social and community gathering with caution. *Recommend the wearing of mask and social distancing for all activities.
 6. You may resume participation in community activities wearing Iota gear and a mask. Please practice social distancing for your and your family's safety.
 7. You may resume **partial in-person membership recruitment** with limited contact, remember everyone has not been vaccinated. We highly recommend virtual informational and study groups. In-person meetings should be short in duration or limited to outdoor activities. We highly recommend wearing a mask and social distancing during all interaction with prospective members and members of the Lomepa Club.
- In addition to wearing a mask and social distancing, undergraduate chapters will adhere to the COVID-19 guidelines for recruitment at their particular institution.

FUTURE IOTA LEADERS:

Now that children from 5-18 are eligible for the vaccine, you may resume in-person meetings & activities only with those youth who are vaccinated. FIL and FIL advisors must wear a mask when working with the public. We recommend that the attached checklist be sent out to all members before each in-person meeting or activity to ascertain their ability to meet in-person.

We will continue to assess the situation and make changes as needed.

Sisterly,

Dorothy M. White

23rd National President

Iota Phi Lambda Sorority, Inc.



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ANNOUNCEMENTS

ACTIVITY CHECK IN LIST FOR IN PERSON MEETINGS AND ACTIVITIES

The health and safety of our members is our topmost concern, so we appreciate you taking the time to report on your well-being as we work together to complete the programs of Iota.

1. Are you vaccinated - yes, or no?
2. Do you have any of the following symptoms or displayed within the last 72 hours? i.e., fever, cough, GI symptoms, other (loss of smell-fatigue)
3. Have you had exposure to someone who tested positive (Covid-19) or traveled in the last 14 days? if traveled - please list
4. Have you or a family member tested positive in the last 10 days?
5. Have you been tested for Covid in the last 14 days?
6. Wearing a mask when interacting with others help to prevent the spread of COVID, are you willing to wear a mask?

This checklist is another tool to keep our members safe during these perilous times. We highly encourage chapter presidents to send this to each member before a meeting or activity. If you are not vaccinated or have been exposed to COVID, as an act of sisterly care and love, please do not attend any in person activities. We are our sisters' keeper!





Iota Phi Lambda Sorority, Inc. National HQ News

**“Business and Professional Women Building the Foundation
for Generational Financial Empowerment”**

Soror Dorothy M. White
23RD NATIONAL PRESIDENT

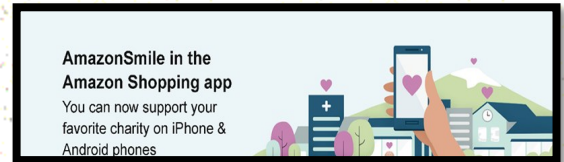


ANNOUNCEMENTS



DECEMBER DATES TO REMEMBER

- December 1 World's Aids Day
- December 1-7 Crohn's and Colitis Awareness Week
- December 7 Pearl Harbor Day
- December 10 Human Rights Day
- December 15 Bill of Rights Day
- December 24 Christmas Eve
- December 25 Christmas
- December 26 Kwanza
- December 30 Evelyn D. Wilkey National Essay Due
- December 31 New Year's Eve



How to turn on AmazonSmile in the mobile app

1. **Get the app**
Download or update to the latest version of the Amazon Shopping app on your phone. You can find it in the [App Store](#) for iOS or [Google Play](#) for Android.
2. **Join AmazonSmile**
Simply [sign up](#) by selecting your favorite charity (you can change this at any time).
3. **Turn on AmazonSmile**
Open the app and find 'Settings' in the main menu (☰). Tap on 'AmazonSmile' and follow the on-screen instructions to turn on AmazonSmile on your phone.
AmazonSmile in the app is not available for iPads and other tablet devices
To shop AmazonSmile on your tablet, type smile.amazon.com into the browser.

Psi Chapter Information

If you would like to email President Judy Reeves, or Journalist Vee M. Jordan click on the highlighted links listed below.

Judy Reeves, Psi Chapter President
judyreeves4@att.net

Iota Phi Lambda Sorority, Inc.
 Psi Chapter
 P.O. Box 223871
 Dallas, Texas 75222-3871

PSI CHAPTER WEBSITE
 Underconstruction

Chapter Theme:

“Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business”



You can Find us On



<https://twitter.com/psi1936>

Vee M. Jordan, Journalist/
 Public Relations Chair
journalistiotapsi@gmail.com

Public Relations Committee

- Daphne Hornbuckle
- Dwala Brown
- Jewel Hudson
- Judy Jenkins
- Rita Heath Powell
- Wonda Traylor
- Rita White Ross
- Shelia Fadipe
- Beverly Moore
- Rhonda Jones
- Mary Ann Collier

Southwestern Region Information

If you would like to send an email to our Southwestern Regional Director, National President or visit the Southwestern Region or National websites. Click on the highlighted links listed below.

[Rosetta Davis](#), Southwestern Regional Director

Southwestern Region Website, <http://www.iotaswr.org>

Southwestern Region Theme: “Empowered Women: Together We Achieve the Extraordinary”

National Information

[Dorothy White](#), National President

National Website, <http://www.iota1929.org>

National Theme:

“BUSINESS AND PROFESSIONAL WOMEN BUILDING THE FOUNDATION FOR GENERATIONAL FINANCIAL EMPOWERMENT”



Founder: Mrs. Lola M. Parker