VOLUME 32, 1SSUE 20 PSI PEARLS

JUNE 2024











President Soror Beverly Moore

Message from the president

Greetings Sorors!

It's already June, and the Sorority year is almost over, but the planning for the next sorority year has already began. We have elected and installed Psi's 2024-2025 officers and we plan to celebrate with each other at the Soror Recognition program at the end of the month. We are so grateful for 95 years of friendship and love. Let the laughter echo, the bonds of Sisterhood strengthen, and the victory be ours!

Iota Roses to Soror Collette Jones, Soror Eddie Johnson, and the membership committee for a job well done! Welcome to our six new members, the PearlFect SIX. We are looking forward to the fellowship, energy, and new ideas that you will bring to the chapter. Iota Roses to Soror Daphne Hornbuckle and the Technology Committee for the outstanding video honoring Founder's Day. Make sure that you watch, like, and share with all your social media friends and family.

Iota Roses to the Soror Collette Jones, Psi's Founder's Day Chair, and the DFW Founder's Day Committee for an outstanding joint program. Love and Sisterhood were felt by everyone in the room. Thank you, National President, Charlotte Berry, and National President-Elect, Wendy Jacques for your presence and the joint installation of officers. This truly gave us a feeling of unity. The dinner and fellowship after the ceremony were truly on point.

Iota Roses to Soror Rita Heath-Powell and her committee for coordinating the Buckner Shoes for Orphan Souls Community Service Project. It was truly an awesome turnout that included Sorors, MOI, Pelati, and FIL. Through Psi Chapter's efforts and donations, hundreds of underprivileged children worldwide will be blessed with a new pair of shoes, food, and an encouraging message of hope and love.

Sorors thank you for showing your confidence in me by re-electing me as your President for another year. Welcome to the new members of the Executive Committee and Iota Roses and thank you to the EC members that will not be a part of us this upcoming year. Your service, talents, and hard work is very much appreciated.

Sorors we all hold the power to transform Psi Chapter into a legendary force to be reckoned with! It's not just about being the best, but about uplifting each sister, celebrating our unique talents, and creating an atmosphere of love and support. Together, we can accomplish anything and everything. Are you ready for the 2024-2025 Sorority year? Bring it on !!!!

Blessings, Soror Beverly Moore, Psi Chapter President 2024 SWR Outstanding Chapter President

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Mental Health Awareness
Submitted by: Soror Rosma Newell, M.A.



Posttraumatic Stress Disorder (PTSD)

June is Posttraumatic Stress Disorder (PTSD) Awareness Month. Recently, the U.S. Department of Health and Human Services (HHS) Secretary, Kathleen Sebelius, stated the importance of this challenging and debilitating condition.

PTSD is an anxiety disorder that some people develop after seeing or living through an event that caused or threatened serious harm or death. PTSD may result in sleep problems, irritability, anger, recurrent dreams about the trauma, intense reactions to reminders of the trauma, disturbances in relationships, and isolation. Some people may recover a few months after the event, but for others, it may take years. For some, PTSD may begin long after the events occur. However, PTSD can be treated.



HHS, along with the Departments of Veterans Affairs (VA) and Defense (DOD), is supporting new research to reveal the underlying causes of PTSD and related conditions, develop better tools to identify those at the highest risk of developing the disorder and develop new and better treatments and preventive interventions.

The Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Institute of Mental Health (NIMH) also offer a variety of resources designed to help people who suffer from PTSD, as well as aid their families and friends in better understanding and dealing with trauma's aftermath. These resources include:

- The National Center for Trauma Informed Care provides education and training for supporting recovery and identifying specific treatment practices to address trauma.
- Information about bullying and other traumatic crises is at https://stopbullying.gov
- The National Child Traumatic Network provides tools and resources to assist healthcare providers, educators, and families.

Additionally, a list of military family resources can be found through the following:

- SAMHSA's Military Families Strategic Initiative.
- <u>Veterans Chat</u> for veterans, family members, or friends in crisis.

If you think that you or someone you know has PTSD, you are not alone. There is help available. Talk with a caring VA counselor by calling 1-800-273-8255

Sources:

https://youth.gov/feature-article/posttraumatic-stress-disorder-awareness-month



Buckner Shoes for Orphan Souls Community Service Project



Submitted By: Soror Rita Heath Powell

Iota Phi Lambda Sorority, Inc., Psi Chapter continued its long-time tradition of supporting the Buckner Children's Center Shoes for Orphan Souls project. The project involved sorting shoes to be shipped to thousands of children in underprivileged countries worldwide.

This year's community service project effort was held on May 11, 2024, from 9:30 a.m. to 11:30 a.m. at Buckner's Shoes for Orphan Souls Warehouse. Again, we had a phenomenal turnout with 32 volunteers, including Sorors, MOI, Pelati, FIL, and for the first time our LOMEPA Club group.

Kudos and much love to all who participated and continued to make this community service project one of our largest collaborative community service efforts.

















1NTRODUCING THE NEWEST MEMBERS TO THE 1OTA PHI LAMBDA SORORITY 1NC, PSI CHAPTER, AND THE SOUTHWESTERN REGION ON MAY 19, 2024



Congratulation PearlFect S.I.X

Soror Tonia Harmon Lloyd

> Soror Felicia Booker

Soror Ericka Thomas



Soror Tabatha Joseph

> Soror Tina Johnson

Soror Geralyn Andrus







Commencement Speaker D.A. Hulcy STEM Middle School



Submitted by: Soror Daphne Hornbuckle

As a model leader in the Dallas community and with an extensive career in IT, Soror Daphne Hornbuckle was invited to be the commencement speaker for D.A. Hulcy STEAM Middle School. On Wednesday, May 22, 2024, Soror Hornbuckle delivered an inspiring speech to the graduating class filled with her personal journey, encouragement, and ideal tips for a successful future.



Soror Hornbuckle delivers the commencement speech to the Hulcy Class of 2024.



Soror Hornbuckle at Hulcy STEAM Middle School.



Soror Hornbuckle with Principal LeVonue Brewster



IOTA PHI LAMBDA SORORITY, INC SISTERHOOD WEEK MAY 20TH-24TH



Supporting sisterhood, and unity, reflecting on growth, and fostering love for Iota Phi Lambda Sorority, Inc.











Congrations! PSI CHAPTER OFFICERS!

Congratulations to the 2024-2025 Psi Chapter officers. We look forward to your leadership, commitment, and vision for the chapter. We are confident that under your guidance, our sisterhood will continue to thrive and achieve new heights. Here's to a successful and memorable year ahead! The officers are:

President: Soror Beverly Moore
1st Vice President:Soror Eddie Johnson
2nd Vice President: Soror Danielle Daniels Young
Recording Secretary: Soror Katrina Arrington
Corresponding Secretary: Soror Shelia Mathis Fadipe
Financial Secretary: Soror Nadia Robinson

Journalist: Soror Tina Mitchell

Dean: Soror Collette Jones

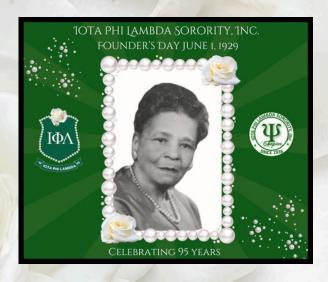


IOTA PHI LAMBDA SORORITY, INC. 95TH JOINT DFW FOUNDER'S DAY



June 1, 2024, Psi Chapter and Sorors throughout Iota Phi Lambda Sorority, Inc., celebrate 95 years of Service and Sisterhood.





<u>Iota Phi Lambda Sorority, Inc.</u> <u>Founder's Day Video</u>

















Congratulations to Dr. Letita Speed-Willams, Southwestern Regional Treasurer on her new practice, Exemplary Counseling. Dr. Williams is a highly qualified, passionate, and committed Mental Health Advocate Educator, who believes that every student can reach their dreams. As an Adjunct Instructor and Mental Health Counselor at Exemplary Counseling Incorporated, Dr.Williams provides a unique opportunity to aid people with the necessary tools to overcome emotional obstacles. She teaches through the attainment of knowledge and consistencies in attendance aid in the academic success of their developmental program series. Dr. William's mantra is to build a love of academic excellence through modeling expectations, teaching from the heart, and building interrelationships. Her goal is to create a safe space for people who exude a love for life while channeling a passion for caring.

For a list of services offered, see website at https://exemplarycounseling.com/

Man of Iota (MOI)







MOI National President Deacon Gregory E. Williams- 6/5



Reminder A Note from the Journalist



All news articles are due to the journalist by the 25th of each month. Email all written news articles and pictures to: psijournalist87@gmail.com

Hope you enjoyed another great edition of the Psi Pearls Newsletter.

Sisterly,

Soror Rosma Newell, M.A. Psi Chapter Journalist/Public Relations Chair Iota Phi Lambda Sorority, Inc.





6/3: Health & Wellness Committee Mtg.

6/6: Budget & Finance Committee Mtg.

6/8: Pelati Meeting

6/10: Newsletter Due to Regional Journalist

6/10: Health & Wellness Committee Mtg.

6/11: Psi Executive Committee Mtg.

6/12: Membership Monthly Mtg.

6/13: SWR Helpline

6/15: Psi Business Meeting

6/16: Father's Day

6/16: FIL Meeting

6/19: Juneteenth

6/25: News Articles Due

6/29: Sorors Recognition





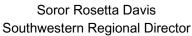


Iota Phi Lambda Sorority, Inc. Southwestern Regional News



Southwestern Region Theme: "Empowered Women: Together We Achieve the Extraordinary"

https://iotaswr.org







Iota Phi Lambda Sorority, Inc. National News

Soror Charlotte D. Berry, M. Ed 24th National President https://iota1929.org

National Theme:
"Professional Business Women Propelled by Ingenuity: Intentional Purpose
#Designed1929 #Driven2023-2027 #Distinction2029"

Dear Sorors,

Happy Founder's Day!



The anticipation building up to Founder's Day on our social media platforms has been truly amazing. Witnessing Facebook adorned in our lovely green and white was truly heartening. My Sisters, your display filled my heart with immense pride and love for our sisterhood of over 1,700 members. Thank you for spreading such happiness and making each Sister's day uniquely special.

We are thrilled to announce a special Mini Canva training session set for Thursday, June 20th at 8 pm EST / 7 pm CST / 5 pm PST via Zoom. Canva is a powerful tool for design and marketing, and mastering it can significantly boost your business's visual identity and branding. Whether you're starting your entrepreneurial journey or looking to enhance your skills, this training promises value for everyone. Kindly email your preferences by June 8th to (michellegreenenj@gmail.com) on what you would like to learn. The top 3 requests will be covered in the session.

To join the Canva training class, please use the following link: https://tinyurl.com/natltechnologytraining

May your Founder's Day be filled with the joy you truly deserve. Looking ahead to the 2024-2025 year, I am eager about the great accomplishments our Sorority will make in our communities and the scholarships we will award to deserving students.

To see the newsletter live, click Here

Founder's Day Video Here

With Sisterly Love, Michelle Green National Journalist

PSI CHAPTER CONTACT INFORMATION

If you would like to email President Soror Beverly Moore, or Journalist, Soror Rosma Newell, click on the highlighted links listed below.

Soror Beverly Moore Psi Chapter President Email: <u>beverlyj5850@gmail.com</u> Iota Phi Lambda Sorority, Inc. P.O. Box 75222-4891

Soror Rosma Newell, M.A. Psi Chapter Journalist **Public Relations Chair** Email: psijournalist87@gmail.com



2023-2024 Psi Executive Committee

Soror Beverly Moore- President Soror Mary Nickson-1st Vice President Soror Eddie Johnson- 2nd Vice President Soror Jewel Hudson- Recording Secretary Soror Joyce Hodges-Corresponding Secretary Soror Nadia Robinson-Financial Secretary Soror Ashanta Tolliver-Treasurer Soror Rosma Newell- Journalist Soror Collette Jones-Dean of Intake

Chapter Theme:

"Business and Professional Women Empowering others by Reflecting on Our Accomplishments, Upholding Our Legacy, and Celebrating What Is To Come!"

STAY CONNECTED WITH US!

FOLLOW US ON OUR SOCIAL MEDIA **NETWORKS** PSI Chapter Website: https://iota-psi.org

https://facebook.com399587420118



https://twitter.com/psi1936



https://intagram.com//psi1936

<u>Southwestern Region Information</u>

If you would like to send an email to our Southwestern Regional Director or visit the Southwestern Region websites, click on the highlighted link listed below.

> Soror Rosetta Davis **SWR Director** https://iotaswr.org

National Information

If you would like to send an email to our National President or visit Iota Phi Lambda Sorority, Inc., national websites, click on the highlighted link listed below.

Soror Charlotte D. Berry, M.Ed National President https://iota1929.org



Founder: Mrs. Lola M. Parker