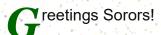
PEARLS PEARLS



Volume 32 Issue 40 June 2022

Message from the President



Congratulations!! June 1, 2022, marked another milestone as we celebrated the 93rd Founder's Day nationwide. Sorors paid tribute to the Founder Lola M. Parker and rededicated themselves to sisterhood. This was an extraordinary virtual program from the lighting of the candles to sorors pledging their friendship and loyalty of all times. Psi Pearls to Soror Martha Richmond, Chair, Soror Deloris James, Co-Chair, and their committee for an exciting heartwarming afternoon.

Juneteenth, also known as Freedom Day in Texas, is another day of celebration. It is now a National holiday thanks to Mrs. Opel Lee. On June 17, 2021, Mrs. Lee saw the fulfillment of one of her dreams, to be present at the President's signing of a bill that would make celebrating freedom from slavery a law. She was on hand to witness President Joe Biden sign the **Juneteenth National Independence Day Act.**

The 85th Anniversary Gala was an exciting way to close out this sorority year with our National President Soror Dorothy White, National President Elect Soror Charlotte Berry, Southwest Regional Director Soror Rosetta Davis, White Rose Queen Soror Lillian Parker, with Soror Betty Wilson Jones and many other special guests on hand for this celebration. Iota Roses to Soror Rita Powell, Chair, Soror Judy Jenkins Co-Chair, and their committee for making this event a Night to Remember.

I would like to thank all of you for allowing me to serve as your Chapter President for the past three years. It has been an interesting journey, but all things must come to an end. Our success this year would not have been possible without your commitment and hard work.

Now my sisters, I hope you have a wonderful summer with family and friends.

Sisterly Soror Judy Reeves Psi Chapter President

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business".

PSI CHAPTER OFFICERS

PresidentJudy Reeves

1st Vice PresidentBeverly Moore

2nd Vice PresidentWonda Traylor

Recording SecretaryDanielle Young

Corresponding SecStevette Bauman

Financial SecretaryJudy Jenkins

TreasurerDwala Brown

JournalistVee M. Jordan

Dean of IntakeCollette Jones

PSI TABLE OF CONTENTS	PAGE#
President's Message, Psi Officers & Table of Contents	1 (4)
Healing Luncheon	2
Dallas Black Chamber of Commerce	3
2022 Founder's Day Celebration	4-7
85th Anniversary Gala	8-10
What Does Robert Say? & The Sounding Block Unit	11
Calendar For June 2022 & Sorors Birthdays	12-13
From the Journalist, Health News & Women's Health	14-15
2022 Juneteenth, Father's Day, and 4th Of July	16
Regional News	17
National News	
Information Page	20



2022 Healing Luncheon Submitted by C. Jones



Psi Chapter's Healing Luncheon

Psi Chapter's 1st Healing Luncheon was held Saturday, May 7, 2022, at the Celebration Restaurant on Lover's Lane in Dallas, Texas. Sorors came out to discuss the "Turtles in the room." Sorors were able to release all issues. Next, Sorors gave positive affirmations and heartfelt desires for the new sorority year. Sorors participated in fun games like Pass the Turtle and What's in Your Phone.

Our very own Soror Dr. Mary Nickson gave tips for how to release your emotions in a healthy manner. Sorors were given prizes for participating. Celebration Restaurant, a great variety of food choices, great food, and excellent service. Lastly, Sorors gathered around outside to say peaceful words, take photos, and participate in a balloon release. May 7th was a superb day to envision that beautiful things happen to you when you are affiliated with lota.













2022 Quest for Success Submitted by Soror Hornbuckle



Dallas Black Chamber of Commerce 37th Annual Quest for Success Awards Luncheon On the Levee

On May 10, 2022, Psi Chapter was happy to serve and volunteer for the Dallas Black Chamber of Commerce's 37th Annual Quest for Success Award Luncheon. Psi Chapter volunteers greeted the guests with warm smiles and in a professional matter. Where there was a need, the members of Psi Chapter stepped in to assist; including serving the elderly honorees.

This year the honorees were all from the Art industry. They included: Ann Williams, and Zenetta Drew of the Dallas Black Dance Theatre; Curtis King, TBAAL; Teresa Coleman Wash, Bishop Arts Theater; Dr. Harry Robinson, African American Museum; and many more. A wonderful live performance by singer-songwriter, Myra, was an extra touch.

It was great to reconnect with many professionals and business owners, as well as develop some new friendships and partnerships. The 37th Annual Quest for Success was indeed a success.



Sorors: Daphne J. Hornbuckle (Dallas Chamber Board Member), Beverly Moore, Rita White Ross & Juanda Wallace attend the 37th Annual Quest for Success Awards Luncheon



L to R: Sorors Juanda Wallace, Rita Ross & Beverly Moore



L to R: Sorors Rita Ross, Beverly Moore, Daphne J. Hornbuckle & Juanda Wallace with Dallas Black Chamber's President, Harrison Blair



Honorees: Dr. Harry Robinson, Curtis King, Teresa Coleman Wash, Ann Williams (Past WOY), John Baptist, & Zenetta Drew

Sorors Daphne J. Hornbuckle & Juanda Wallace with Quest for Success MC, Tashara Parker.

Psi Chapter Monthly Newsletter

2022 Founder's Day Program Submitted by Soror Richmond



2022 Founder's Day Celebration Theme: "Hat's Off to Our Founder and Her Six Friends

Chapters across lotaland celebrated lota Phi Lambda Sorority, Inc. 93rd Founder's Day. At 6 pm on June 1, 2022, Psi Chapter held its virtual Founder's Day celebration entitled "Hat's off to Our Founder and her Six Friends." Sorors looked amazing in all white with white Hats and/or white head gear. The celebration started with ringing of the bell to announce the 6 o'clock hour. A warm welcome was given to all Sorors by Soror Deloris James, Prayer by Soror Eddie Johnson, Our Creed by Soror Collette Jones, followed by singing of the Founder's Day Song by Soror Letitia Speed. The National President (Soror Dorothy White) greeted us with her Founder's Day message via video. The National Founder's Litany was read by NPE-Soror Charlotte Berry and Soror Brigitti Perry with Prologue by Soror Joyce Hodges.

The phenomenal Candlelight Service was performed by seven (7) Sorors presenting the seven (7) attributes: Intelligence -Soror Mary Nickson, Friendship- Soror Crystal Lotterberry, Courage- Soror Carla Mass, Honesty- Soror Nadia Robinson, Loyalty- Soror Judy Dossman-Jenkins, Truth- Soror Ethelen Lengyon, and Work- Soror Rhonda Jones. Rounding out the program The Pledge of Sisterhood by Soror Rita White-Ross, and the Loyalty Pledge by Soror Wonda Traylor. Remarks given by NPE- Soror Charlotte Berry- introduced and welcomed the Sorors from the New Iota Chapter (Zeta Lambda) in Little Rock, Arkansas. Psi Chapter President Soror Judy Reeves thanked the Founder's Day committee for an excellent program and welcomed Soror Redessa Shaw (SWR Dean of Intake) for visiting with us.

Zeta Lambda Chapter President Arteja Stamps introduced her Chapter members in attendance: Sorors Lakesha Hinton, Chantess Doolittle, NaQuita Freeman, and LeAndra Grant. These members were spotlighted. The Founder's Day Program concluded with prayer by Soror Eddie Johnson, Chapter Toast by Soror Vahnita Loud and video singing of the Sorority Song by Soror Rhonda Jones.

Following the Founder's Day Program, a meet and greet was held. Sorors were given much love and thanks for being in attendance at our 93rd lota Phi Lambda Sorority, Inc. Founder's Day Celebration presented by Psi Chapter.

There were forty-one (41) Psi Chapter members in attendance and seven (7) guests (including Soror Franceil Tooks from Florida) who is the mother of Psi Chapter member Soror Cheryl Dawes.

Celebrating 93 Years Founder's Day Program (Opening)



Opening Screen From Our Founder Soror Lola M. Parker



Ringing of the Bell Soror Shirley Pleasant



Welcome From Soror Deloris James



Prayer From Soror Rev. Annelda Crawford



Our Creed Soror Collette Jones



Founder's Day Song Soror Rev. LeTitia Speed



2022 Founder's Day Program Submitted by Soror Richmond



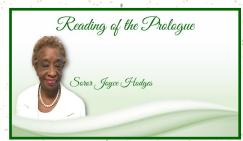
2022 Founder's Day Celebration Theme: "Hat's Off to Our Founder and Her Six Friends



National President's Founder's Day Message Dorothy White Click The Link To Hear The Video



National Founder's Day Litany Soror Charlotte Berry, National President Elect



Reading of the Prologue Soror Joyce Hodges



2022 IPLS Founders Day Message.mp4

Founder's Day Candlelight Service





The Light of Intelligence Soror Mary Nickson



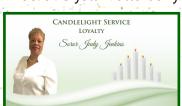
The Light of Friendship Soror Crystal Lotterberry



The Light of Courage Soror Carla Mass



The Light of Honesty Soror Nadia Robinson



The Light of Loyalty Soror Judy Jenkins





The Light of Truth Soror Etheleen Lengyon



The Light of Work Soror Rhonda Jones



2022 Founder's Day Program Submitted by Soror Richmond



2022 Founder's Day Celebration Theme: "Hat's Off to Our Founder & Her Six Friends

Chapters across lotaland celebrated lota Phi Lambda Sorority, Inc. 93rd Founder's Day. At 6 pm on June 1, 2022, Psi Chapter held its virtual Founder's Day celebration entitled "Hat's off to Our Founder and her Six Friends." Sorors looked amazing in all white with white Hats and/or white headdress.

Hat's Off to our Founder & Her Six Friends































Hat's off to our Founder and Her Six Friends









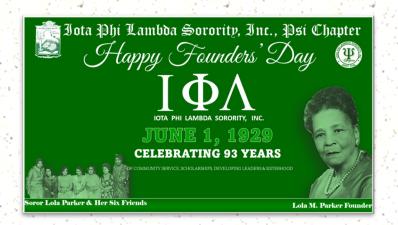
















2022 85th Annual Gala Submitted by Soror Powell



Psi Chapter's 85th Anniversary Gala "Looking Back & Celebrating 85 Years of Service & Sisterhood; Moving Forward to Continue Our Legacy"

OH, WHAT A NIGHT! On Saturday, June 4th, lota Phi Lambda Sorority, Inc., Psi Chapter celebrated 85 years of sisterhood and service to the Dallas community. The elegant affair was held at the Hilton Dallas Centre Lincoln Hotel. Psi Chapter was graced with the presence of lota Royalty including our National President Mrs. Dorothy White, National President Elect Mrs. Charlotte Berry, Southwestern Regional Director Mrs. Rosetta Davis, and White Rose Queen Mrs. Lillian Parker. Other National and Regional Officers in attendance included National Secretary Tanesha Mosley, National Parliamentarian Betty Wilson Jones, Southwestern Regional Secretary Ms. Robin Mack, and Southwestern Regional Treasurer, Ms. Letitia Speed. In addition, Psi was joined by other Southwestern Region Chapter members, past chapter and legacy members, past business honorees, our current Woman of the Year, Mrs. Joyce E. Daniels, and other past Woman of the Year honorees. The program included greetings from our National President, Southwestern Regional Director, and White Rose Queen as well as video greetings from the Mayor of Dallas, Eric Johnson, and greetings from a representative from Senator Royce West's office.

One of the highlights of the program was a video highlighting 85 years of sisterhood and service produced by Mrs. Daphne Hornbuckle. The video included historical facts and testimonials about the impact that our chapter has made in the city of Dallas. The video testimonials included former FIL, Mr. Matthew Houston (past Chairman of the Dallas Black Chamber Board of Directors), past scholarship recipient, Ms. Tenequa Gabriel (owner of Mathnasium Learning Center), longtime supporter Mrs. Norma Adams Wade ((Journalist and founding member of the National Association of Black Journalists), past business honoree, Ms. Tracy German (Owner of the Cake Bar), past Woman of the Year honoree Mrs. Cheryl Smith (award winning journalist and publisher of the I Messenger News Group) and Dr. Harry Robinson (Dallas history maker and founder of the Dallas African American Museum).

After dinner, a champagne toast to the chapter was given by National President Elect and Psi Chapter member, Mrs. Charlotte Berry. A special tribute and program highlight was the chapter being serenaded by the legendary Don Diego Band with the song "It'sOur Anniversary" as a beautifully decorated cake was rolled out on the dance floor. After the special tribute, the party really started as many sorors, and guests danced the night away to the phenomenal music of the Don Diego Band.

lota Roses and special thanks to my Co-Chair Mrs. Judy Jenkins and an AWESOME 85th Anniversary Planning Committee. Your dedication and commitment to planning our Gala over the past two yearstruly paid off and resulted in a beautiful evening enjoyed by all. OH, WHAT A NIGHT!

A Night To Remember!! 85th Anniversary Gala Photo Gallery!!















9

2022 85th Annual Gala Submitted by Soror Powell

Psi Chapter's 85th Anniversary Gala

A Night To Remember!! 85th Anniversary Gala Photo Gallery!!





























2022 85th Annual Gala Submitted by Soror Powell

Psi Chapter's 85th Anniversary Gala

A Night To Remember!! 85th Anniversary Gala Photo Gallery!!

























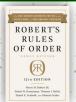


ROBERTS'S RULES OF ORDER **SUBMITTED BY** SOROR NONA FISHER, PRP



What Does Robert Say?

P.R.N. – Parliamentary Rules Noted The Parliamentarians of Psi



Kudos, Continuous Learning and Basic Principles

What would Robert Say? "Well done!"

As we conclude our sorority year, it is fitting that we extend kudos to Soror Vee M. Jordan and LeTitia Speed who were introduced last month as new members of the National Association of Parliamentarians by virtue of having participated in training on basic parliamentary procedure and having successfully passed the membership exam. This is a worthy beginning!

Parliamentarians engage in lifelong learning while delivering services to organizations so that the organizations can hold more efficient meetings, deliver more effective meeting results, have clearer governance documents, and have an educated membership with a strong base of parliamentary knowledge and skills. Parliamentarians can avail themselves of learning opportunities through workshops at the local unit, district, state, and national levels.

Parliamentary procedure can be described as an application of the Golden Rule with common sense and courtesy. The basic principles of Parliamentary Law regard the rights:

- of the majority.
- of the minority, especially a strong minority greater than one third,
- of individual members,
- of absentees, and
- of all these together.

Fully comprehending and using Robert's Rules of Order Newly Revised is an exciting, continuous learning adventure.



Soror Nona Fisher, PRP and Soror Donna Mitchell, PRP, Epsilon Chi, 1st VP Texas State Association of Parliamentarians at TSAP Annual Convention

RONR (12th ed.) xlix

"The Sounding Block Unit"

Psi Chapter has a history of effective parliamentarians including those who are currently members of the National Association of Parliamentarians (NAP), an organization whose mission states: "NAP is dedicated to educating leaders throughout the world in effective meeting management through the use of parliamentary procedure."

Members of a local unit of NAP, "The Sounding Block Unit"



Soror Nona Fisher Professional Registered Parliamentarian



Soror Dr. Mary Nickson Psi Chapter Parliamentarian & Southwestern Region



Soror Daphne Hornbuckle Soror Joyce Hodges Soror Vee M. Jordan





Let everything be done decently and in order.



CALENDAR FOR JUNE 2022

DATE	NAME OF EVENT	TIME	LOCATION
Tuesday, June 1	Founder's Day	6 p.m.	Virtual
Saturday, June 4	85th Anniversary Gala	7 p.m.	Hilton Dallas Lincoln Centre Hotel
Tuesday, June 7	Budget Meeting	6:30 p.m.	Virtual
Wednesday, June 8	Membership Meeting	7 p.m.	Virtual
Tuesday, June 14	Executive Committing Meeting	7 p.m.	Virtual
Saturday, June 18	Chapter Business Meeting	10 a.m.	Virtual
Sunday, June 19	Future lota Leaders (FIL)	3 p.m.	Virtual
Saturday, June 25	Soror Recognition	11:30 a.m.	Celebration Restaurant
Sunday, June 26	Informational Session	2 p.m.	South Central Station



Happy Bizthday

SORORS' JUNE BIRTHDAYS





Nona Fisher 6/23



SORORS' July Birthdays



Brenda Napier 7/4



LeTitia Speed 7/6



Cheryl Dawes 7/13





Happy Bizthday



SORORS' July Birthdays

Collette Jones 7/16



Rhonda Molett 7/21



Juanda Wallace 7/23



Daphne Hornbuckle 7/28





Charlotte Berry 7/29









All news articles are due the **25th of each month** or before. Email all written news articles and pictures to: <u>journalistiotapsi@gmail.com</u>

Please enjoy this edition of **Psi Pearls** and many more to come, and know it has ultimately been our pleasure to serve you.

Sisterly,

SOROR VEE M. JORDAN

PSI CHAPTER JOURNALIST/PUBLIC RELATIONS CHAIR IOTA PHI LAMBDA SORORITY, INC.



HEALTH NEWS/WELLNESS

Submitted By Soror Ross, RN



June is Alzheimer's & Brain Awareness Month

During Alzheimer's & Brain Awareness Month, the Alzheimer's Association is encouraging all Americans to adopt healthy lifestyle behaviors that can help reduce the risk of cognitive decline. Age is the greatest risk factor for Alzheimer's disease. In fact, 1 in 3 seniors age 85 and older will have Alzheimer's disease. While some brain changes are inevitable as we age, there is a growing body of research to suggest that adopting healthy lifestyle behaviors, including healthy eating, exercising regularly, not smoking and staying cognitively engaged may help us age healthier and help reduce the risk of cognitive decline.

"Understanding the role healthy behaviors may play in reducing cognitive decline is a robust area of research currently," said Kathy Shockley, Director, Programs & Services. "Researchers are working to determine what may be the optimal lifestyle 'recipe' to reduce cognitive decline, but there are steps we can take now to age well and help reduce the risk of cognitive decline." This June (and beyond!), follow these five tips to promote better brain health and help reduce the risk of cognitive decline: **Exercise regularly** — Regular cardiovascular exercise helps increase blood flow to the body and brain, and there is strong evidence that regular physical activity is linked to better memory and thinking.

Maintain a heart-healthy diet — Stick to a meal schedule full of fruits and vegetables to ensure a well-balanced diet. Some evidence suggests a healthful diet is linked to cognitive performance. The Mediterranean and DASH diets, which emphasize whole grains, green leafy vegetables, fish and berries, are linked to better cognitive functioning, and help reduce risk of heart disease as well. Get proper sleep — Maintaining a regular, uninterrupted sleep pattern benefits physical and psychological health, and helps clear waste from the brain. Adults should get at least seven hours of sleep each night and try to keep a routine bedtime. Stay socially and mentally active — Meaningful social engagement may support cognitive health, so stay connected with friends and family. Engage your mind by doing activities that stump you, like completing a jigsaw puzzle or playing strategy games. Or challenge yourself further by learning a new language or musical instrument.

Keep your heart healthy — Recent study shows strong evidence that a healthier heart is connected to a healthier brain. The study shows that aggressively treating high blood pressure in older adults can help reduce the development of mild cognitive impairment (MCI).

Source: Alz. Association



2022 Women's Wellness Submitted By Soror Rhonda Jones



Women's Health Mindfulness for Your Health

The Benefits of Living Moment by Moment

Paying attention to what's going on right this second can be hard. We often spend more time thinking about what's coming up in the future. Or dwelling on things in the past we can't change. We can miss out on experiencing the present.

It's possible to train yourself to focus on the present moment. You become aware of what's going on inside and around you—your thoughts, feelings, sensations, and environment. You observe these moments without judgment. This is called mindfulness.

"We're looking at our thoughts and feelings with curiosity, gentleness, and kindness," explains Dr. Eric Loucks, director of the Mindfulness Center at Brown University.

Mindfulness has its roots in Buddhist meditation. Meditation is a practice that aims to increase awareness of the mind and concentration.

In recent years, mindfulness has become a household term. Mindfulness programs are now commonly found in schools, workplaces, and hospitals.

Mindfulness can involve a sitting meditation that's practiced in a quiet space. In this practice, you focus on your breathing or sensations in your body. If your mind wanders—like thoughts popping in about things you need to do—you try to return your mind to the present moment.

But mindfulness doesn't have to be done sitting still or in silence. You can integrate the practice into things you do every day, like walking or eating. You can also be mindful while interacting with others.



2022 JUNETEENTH FREEDOM DAY

Juneteenth Freedom Vay

Juneteenth is a federal holiday in the United States commemorating the emancipation of enslaved African-Americans. It is also often observed for celebrating African-American culture. Originating in Galveston, Texas, it has been celebrated annually on June 19 in various parts of the United States since 1865. Wikipedia

Why Do They Call It Juneteenth?

Juneteenth honors the emancipation of enslaved African Americans in the United States. The name "Juneteenth" is a blend of two words: "June" and "nineteenth." It's believed to be the oldest African-American holiday, with annual celebrations on June 19th in different parts of the country dating back to 1866.

On June 17, 2021, Mrs. Lee saw the fulfillment of one of her dreams by being present at the presidential signing of the bill that would make celebrating freedom from slavery a law. She was able to witness President Joe Biden sign the **Juneteenth National Independence Day Act**.

Sunday October 17, 2021, Psi Chapter Sorors participated in Glen Oaks United Methodist Church's celebration of 65 years in the ministry. The highlight of this celebration was the guest speaker, Mrs. Opal Lee, educator, activist, and advocate for Juneteenth as a National United States Holiday. Mrs. Opal Lee received her bachelor's degree from Wiley College and her master's from North Texas State University.



Psi Chapter stopped and pose for a picture with Rev. Crawford & Ms. Opal Lee.



2022 HAPPY FATHER'S DAY



Father's Day is celebrated worldwide to recognize the contribution that fathers and father figures mean in the lives of their children.

This **day** celebrates fatherhood and male parenting. Although it **is celebrated** on a variety of dates worldwide, many countries observe this **day** on the third Sunday in June.

2022 HAPPY 4TH OF JULY





The Declaration of Independence

We celebrate American Independence Day on the Fourth of July every year. We think of July 4, 1776, as a day that represents the Declaration of Independence and the birth of the United States of America as an independent nation.





Jota Phi Lambda Sorority, Inc. Southwestern Regional News

Southwestern Region Theme:

"Empowered Women: Together We Achieve the Extraordinary"





Soror Rosetta Davis
20TH SWR DIRECTOR





Jota Phi Lambda Sorority, Inc. National HQ News

"Business and Professional Women Building the Foundation for Generational Financial Empowerment"

June 2022

IOTA BULLETIN

Soror Dorothy M. White 23RD NATIONAL PRESIDENT



Iota Phi Lambda Sorority, Inc.,

Founder's Day Message
June 2022

From Our 23rd National President
Dorothy White
Please Click The Link Below



End of the Year Message

Sorors, as we come to the end of another chapter in lota's history, we thank God for the women who decided to start this sorority that has impacted the lives of many women and children. The 2021-2022 sorority year marked yet another successful chapter for lota Phi Lambda Sorority, Inc., as we continued to make worthwhile contributions to the community despite the prolonged restrictions of Covid-19. We experienced growth in membership, increased our collaboration opportunities, strengthened our focus on the health and wellnessof our members and the community, and developed innovative and relevant programs. However, in addition to the accomplishments, we also suffered the loss of many valued members of lota.

Sorors, we continued our march towards 1,929 members and 100 chapters, with the inductions of more than 135 new members and the chartering of four new chapters during this sorority year. This was a great beginning, but as we prepare to celebrate 100 years, to meet our goals we must induct at least 700 new members and charter 35 additional chapters. To accomplish our goals of 1,929 members and 100 graduate and undergraduate chapters by 2029, we have expanded the duties of the membership committee to include developing and designing a national membership campaign. We recognize that to remain relevant and maximize our impact in the community, we must depend on membership growth. Not only do we need members to carry out the numerous lota programs and projects, but new members bring in fresh ideas, diversity, and enthusiasm.





Jota Phi Lambda Sorority, Inc. Mational HQ News

"Business and Professional Women Building the Foundation for Generational Financial Empowerment"

June 2022

IOTA BULLETIN

Soror Dorothy M. White
23RD NATIONAL PRESIDENT



Continue

End of the Year Message

Since the convention, lota has participated in several activities with our affiliates and other organizations. We increased our interaction with our most visible affiliate, the National Council of Negro Women by serving on the Affiliate Advisory Committee, participating in the Affiliate Circle Meeting, and serving as a Circle Leader for the 2021 Affiliate Assembly. Several members of the Board and I attended the National Urban League Virtual National Convention and the "State of Black America" Symposium. Iota also collaborated with three business sororities, Eta Phi Beta Sorority, Inc., Gamma Phi Delta Sorority, Inc., and Lambda Kappa Mu Sorority, Inc., to sponsor a Small Business Saturday Pop-Up Virtual Shopping Mall. In my role as President of Iota Phi Lambda Sorority, I participated in the Black Women's Agenda (BWA) COVID-19 Facebook Live Town Hall Meeting. We also collaborated with the Leadership Conference on Civil and Human Rights Committee to produce a video for Women's History Month. This project was spearheaded by Soror Betty Wilson-Jones, the chair of the Leadership Conference Committee, National Executive Director Vanetta Martin, and Michelle Greene, our National Journalist.

today's youth, where we not only teach financial literacy and entrepreneurship, but also the principles of leadership and ethical behavior.

I recently heard a sermon entitled "Burn the Boat." The idea was that many people do not fullycommit to a plan or idea, because they already have a built-in exit plan. If the boat is still available, you have an avenue of escape. But if you burn the boat, you must make it work, there is no other way out.

Some of our members join lota as a steppingstone to other organizations, so they never fully commit to the work and success of lota. They already have an exit plan in mind when lota fulfills its purpose. The only way we can be assured that we are still here for the next ninety- three years, and our impact is widespread, is to fully embrace the vision of our founder and fully commit to the future of lota Phi Lambda Sorority, Inc.

As we come together on this first day of June 2022, we rededicate our talents, ingenuity, imagination, and creativity to the mission upon which lota Phi Lambda Sorority, Inc. was built. We pledge to fully embrace the principles of lota as penned by our founder, Mrs. Lola Mercedes Parker, to serve the community and encourage our members.

Sorors, we can only accomplish these goals if we burn that exit plan and fully commit to the future and longevity of lota. As Pat Riley, the basketball coach stated, "There are only two options regarding commitment: you're either in or you're out. There's no such thing as life in- between."

Enjoy this day, fully commit to the success and longevity of lota Phi Lambda Sorority, Inc. and Have a wonderful Founder's Day!

Sisterly,

Dorothy M White 23rd National President



Psi Chapter Information

If you would like to email President Judy Reeves, or Journalist Vee M. Jordan click on the highlighted links listed below.

Judy Reeves, Psi Chapter President judyreeves4@att.net

Iota Phi Lambda Sorority, Inc. Psi Chapter P.O. Box 224891 Dallas, Texas 75222-4891

PSI CHAPTER WEBSITE https://iota-psi.org

Chapter Theme:

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business"



You can Find us On



https://twitter.com/psi1936



https://facebook.com/399587420118

Vee M. Jordan, Journalist/ Public Relations Chair

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Public Relations Committee

Daphne Hornbuckle
Dwala Brown
Jewel Hudson
Judy Jenkins
Rita Heath Powell
Wonda Traylor

Rita White Ross

Shelia Fadipe

Beverly Moore

Rhonda Jones

Mary Ann Collier

Southwestern Region Information

If you would like to send an email to our Southwestern Regional Director, National President or visit the Southwestern Region or National websites. Click on the highlighted links listed below.

Rosetta Davis, Southwestern Regional Director
Southwestern Region Website, http://www.iotaswr.org

Southwestern Region Theme: "Empowered Women: Together We Achieve the Extraordinary"

National Information

Dorothy White, National President

National Website, http://www.iota1929.org

National Theme:

"Business and Professional Women Building the foundation for generational Financial Empowerment"



Founder: Mrs. Lola M. Parker