



**TANGLED
GARDEN**
Cafe Est. 1995



www.tangledgardencafe.ca
tangledgardenwestport@gmail.com



STARTERS

GARLIC BREAD

Sliced ciabatta loaf with garlic butter – 6
with Cheese – 8 Add bacon – 1.50

BRUSCHETTA

Tomatoes, oregano & garlic in extra virgin olive oil,
baked on Naan bread with mozzarella cheese – 10

MEDITERRANEAN BRUSCHETTA

Tomatoes, red onions, baby spinach, black olives & Feta
with extra virgin olive oil, all on Naan bread,
baked with mozzarella cheese – 12

CHICKEN FINGERS

Tossed in one of our sauces or plain with plum sauce – 9

ONION RINGS

Served with jalapeño lime aioli – 9

ZUCCHINI STICKS

Basket of breaded & deep fried zucchini,
served with ranch dressing – 9

FRESH CUT FRIES

Small – 7 Large – 10

POUTINE

Our fresh-cut fries loaded with mozzarella and
topped with our homemade gravy.

Small – 9 Large – 12

SWEET POTATO FRIES

Served with jalapeño lime aioli. Small – 8 Large – 11

CALAMARI

Breaded & deep fried, served with jalapeño lime aioli – 10

SPICY CALAMARI

Breaded calamari sauteed in spicy tomato sauce with
baby spinach, onions, red, green & banana peppers – 12

GARLIC SHRIMP

Baked with garlic butter & mozzarella cheese,
served with garlic bread – 9

BAKED PITAS WITH TZATZIKI

Baked pita wedges served with homemade tzatziki – 8

PEROGIES

Stuffed with potato and cheddar, and fried with
bacon and onions. Served with sour cream – 8

SOUPS & SALADS

SOUP OF THE DAY

Ask about today's creation – 6

FRENCH ONION SOUP

Sauteed onions in an onion broth,
baked with rye bread and mozzarella – 9

GARDEN SALAD

Spring mix, cherry tomatoes, red onion, cucumbers
and carrots with your choice of dressing
Small – 8 Large – 11

TANGLED GARDEN SALAD

Spring Mix, Cherry Tomatoes, Cucumbers, Red Onion,
Carrots, Broccoli, Mushrooms, Peppers & Artichokes, topped
with Grilled Chicken and served with your choice of dressing
Small – 12 Large – 16

GREEK SALAD

Spring Mix, Cherry Tomatoes, Cucumbers,
Red Onion and Feta
Small – 9 Large – 13

CAESAR SALAD

Crispy romaine lettuce, tossed with our garlic
caesar dressing with croutons, Parmesan & bacon
Small – 9 Large – 13

BABY SPINACH SALAD

Dried cranberries, almonds, red onion, cucumbers,
and crumbled blue cheese with a balsamic vinaigrette
Small – 10 Large – 14

ADD GRILLED CHICKEN OR SHRIMP TO ANY SALAD

Small – 3 Large – 5

DRESSINGS

French, Italian, Blue Cheese, Ranch, Thousand Island,
Balsamic Vinaigrette, Red Wine Vinaigrette
and Maple Balsamic.

SIDES

Coleslaw – 4 Gravy – 1.75

SANDWICHES & WRAPS

GREEK WRAP

With Grilled Chicken Loaded with Feta Cheese,
accompanied by Red Onions, Baby Spinach, Tomatoes,
Black Olives and Tzatziki – 17

VEGGIE WRAP

Tomato, Onion, Red Pepper, Cucumber, Mozzarella Cheese,
Pesto Mayo, Baby Spinach and Guacamole – 16

CLUB WRAP

Turkey, Tomato, Bacon & Greens – 17

BACON GUACAMOLE GRILLED CHEESE

Cheddar, Swiss & Mozzarella Cheese
with Bacon and Guacamole – 16

CHICKEN CAESAR WRAP

Romaine Lettuce, Croutons, Shaved Parmesan,
Grilled Chicken and Caesar Dressing – 16

All of the above include Fresh Cut Fries OR Garden Salad

Substitute Soup, Caesar or Greek Salad – 1.00
Side Gravy – 1.75

Make your French Fries a poutine – 2.50
Substitute Onion Rings or Sweet Potato Fries 1.00

PESTO CHICKEN SANDWICH

Chicken, Feta, Red Pepper, Mixed Greens and
Pesto Mayo on a Ciabatta Bun – 18

CHICKEN SOUVLAKI PITA

Skewered Seasoned Chicken on a Pita
with Tomatoes, Onions, Baby Spinach, Feta,
Black Olives and Tzatziki – 17

CLUB HOUSE SANDWICHES

ORIGINAL

The original with Bacon, Tomatoes, Turkey & Greens – 18

GRILLED CHICKEN CLUB

Tender seasoned breast of chicken on a bun with
tomato, cheddar cheese, bacon, mayo and greens – 18

ULTIMATE

Ham, Tomatoes, Turkey, Cheese, Bacon & Greens – 19

All of the above include Fresh Cut Fries and Garden Salad

Substitute Caesar or Greek Salad – 1.00
Side Gravy – 1.75

Make your French Fries a poutine – 2.50
Substitute Onion Rings or Sweet Potato Fries 1.00

CHICKEN BURGERS

Includes Fresh Cut Fries OR Garden Salad

Substitute Soup, Caesar or Greek Salad – 1.00 • Side Gravy – 1.75
Make your French Fries a poutine 2.50
Substitute Onion Rings or Sweet Potato Fries 1.00

CHICKEN BURGER

Straight up with Greens, Tomato and Mayo – 17

NASHVILLE HOT CHICKEN BURGER

Dipped in Hot Sauce with Pickles & Greens – 18

BUFFALO BLUE CHEESE BURGER

With Greens, Tomato and Onions – 18

KNARFBISCUIT BURGER

Full Chicken Breast, Regular Bacon, Back Bacon, Topped with Melted Cheddar and Swiss, Jalapeños, Onion Rings, Tomato and Greens. Served on a Ciabatta Bun with our own Spicy Mayo – 21

ENTREES

CHICKEN FINGERS

Four pieces of Breaded Chicken with Fresh Cut Fries and Plum Sauce – 16

FISH & CHIPS

Beer-battered Cod with a generous amount of Fresh Cut Fries, Coleslaw and Tartar Sauce.
1 Pc. – 14 2 Pc. 17

BUTTER CHICKEN

Breast of Chicken in an Indian Spiced Tomato Cream Sauce with Spinach and Red Peppers, over Rice with Naan Bread with Vegetable – 19

PARMESANS

CHICKEN – Breaded Chicken Breast covered with Mushrooms, Tomato Sauce, smothered with Mozzarella Cheese and served with Pasta and Garlic Bread – 18

VEAL – Tasty Breaded veal topped with mushrooms and tomato sauce, smothered with mozzarella cheese and served with pasta and garlic bread – 18

CHICKEN SANTORINI

Breast of Chicken covered with Tomatoes, Baby Spinach, Red Onions, Black Olives, Feta & Tzatziki Sauce. Choice of Potato & Vegetables – 18 (GF)

LEMON DIJON TROUT

Fresh Pan-fried Trout in our unique Sauce of Lemon, Dijon and Dill. Choice of Potato & Vegetables – 19 (GF)

WIENER SCHNITZEL

Breaded Bavarian Pork Cutlet served with choice of Potato and Vegetables – 19
Make it a Jäger Schnitzel for an additional \$2

BEEF LIVER

A generous portion, Hand Breaded Grilled & Topped with Carmelized Onions & Bacon with choice of Potato and Vegetables – 19

JAMAICAN CHICKEN

Grilled breast of chicken topped with a tomato, jerk sauce and choice of potato and vegetable – 19 (GF)

CHICKEN SOUVLAKI PLATTER

Marinated Chicken Skewered and Served on a Bed of Rice with Tzatziki and Greek Salad – 19 (GF)

HOT TURKEY SANDWICH

Roasted turkey breast topped with gravy & served with choice of potato and vegetables – 18

Add to your Entree:

Soup or Garden Salad - 5 • Caesar or Greek Salad - 6

BURGERS

Includes Fresh Cut Fries OR Garden Salad
Choose a Homemade Patty or a Veggie Patty.

Substitute Soup, Caesar or Greek Salad – 1.00 • Side Gravy – 1.75
Make your French Fries a poutine – 2.50
Substitute Onion Rings or Sweet Potato Fries 1.00

TG GOURMET BURGER

Greens, Tomato and Onion with House Sauce – 16

BBQ BACK BACON CHEDDAR BURGER

Greens, Tomato and Onion with Barbecue Sauce – 19

JALAPENO SWISS BURGER

Greens, Tomato, Onion and Jalapeño Lime Aioli – 18

THREE CHEESE BURGER

A classic with mozzarella, swiss and cheddar – 19

BURGER EXTRAS – \$1²⁵ EA.

Mozzarella • Blue Cheese • Bacon • Swiss • Feta
Jalapeño • Cheddar • Banana Peppers • Mushrooms

PASTA

All of our sauces are created with the best ingredients

Includes Garlic Bread. Add cheese for 1.00

Add Chicken or Shrimp to any Pasta – \$5

Add to your Pasta Entree:

Soup or Garden Salad - 5 • Caesar or Greek Salad - 6

LASAGNA

Meat or Vegetarian Version – 15

FETTUCCHINE ALFREDO

Fettuccine in a Garlic Cream Sauce – 17

MEDITERRANEAN TORTELLINI

Tomatoes, Feta, Black Olives, Red Onions and Baby Spinach. Tossed in Extra Virgin Olive Oil and Chopped Garlic – 18

SPAGHETTI

With Meat or Tomato Sauce – 14

BAKED CANNELLONI

Two Tubes stuffed with Spinach and Cheese and Baked with our Homemade Tomato Sauce – 16

TORTELLINI GORGONZOLA

Cheese Tortellini in a Cream Sauce, Tossed with Sundried Tomatoes, Gorgonzola Cheese and Baby Spinach – 19

BACON MUSHROOM PENNE

Penne, bacon and mushrooms tossed in a homemade creamy Rosé sauce – 19

TG JAMBALAYA

Shrimp, chicken, sausage, onion, peppers and tomatoes, combined with a very spicy Cajun sauce, all on top of your choice of fresh fettuccine or rice. (GF on rice) – 20

PENNE PESTO

Penne tossed in our homemade pesto sauce with grilled chicken and red peppers – 19

(GF) = Gluten Free.



= Popular Choice



PIZZA

Our special homemade pizza recipe has been in our family since 1966. In 1995 we introduced it to Westport when the Tangled Garden first opened. It has ever since become "the best pizza around"

COMBINATION

Pepperoni, Mushrooms, Green Peppers & Bacon
Small - 16 Medium - 23 Large - 26

VEGETARIAN

Mushrooms, Green Peppers, Onions & Tomatoes
Small - 16 Medium - 23 Large - 26

BBQ CHICKEN, BACON & ONION

Made with barbecue sauce and topped with Mozzarella
Small - 16 Medium - 23 Large - 26

HAWAIIAN

Ham and Pineapple
Small - 14 Medium - 19 Large - 22



WHITE GREEK PIZZA

Olive oil and Garlic Base, Baby Spinach, Black Olives, Tomatoes, Red Onion, Feta and Topped with Mozzarella.
Small - 17 Medium - 24 Large - 27

CANADIAN

Pepperoni, Mushrooms and Bacon
Small - 15 Medium - 21 Large - 24

SPICY ITALIAN

Pesto Tomato Sauce, Pepperoni, Sausage, Hot Peppers, Red Peppers, topped with shaved Parmesan Cheese
Small - 17 Medium - 24 Large - 27

MEAT LOVERS

Pepperoni, Bacon, Ham and Sausage.
Small - 16 Medium - 23 Large - 26

CREATE YOUR OWN PIZZA!

	small 10"	medium 13"	large 15"
Tomato sauce & cheese	12	15	18
1 ingredient	13	17	20
2 ingredients	14	19	22
3 ingredients	15	21	24
4 ingredients	16	23	26
extra traditional ingredients	1.75	2.25	2.75

TRADITIONAL INGREDIENTS

Pepperoni, Mushrooms, Green Peppers, Bacon, Onions, jalapeño Peppers, Tomatoes, Ham, Green Olives, Sausage, Pineapple, Black Olives, Anchovies, Red Peppers, Hot Banana Peppers and Baby Spinach

SPECIAL INGREDIENTS

Artichokes, Broccoli, Sundried Tomatoes
Sm. 2.00 Med. 2.50 Lrg. 3.00

CHICKEN – Sm. 3 Med. 4 Lrg. 5

GLUTEN FREE CRUST – 11" (priced as medium)

EXTRA CHEESE – Sm. 2.25 Med. 3.00 Lrg. 3.50

LIQUOR

BEER

ON TAP	16 oz.	20 oz.	Pitcher (60oz)
Steam Whistle (Pilsner)	6	7	17
Perth Brewery Easy Amber	6	7	17

BOTTLES (341 ml)	
DOMESTIC.....	5.50
Coors Light • Budweiser • Bud Light • Canadian Michelob Ultra • Alexander Keith's • Mill Street Organic..	
IMPORTED	6
Corona • Stella Artois • Heineken	

SHOTS (1 oz)

Vodka, Gin, Rum, Rye or Tequila	6.50
Crown Royal	7.50
PREMIUM (1oz)	
House Scotch	9
Glenfiddich	9

COFFEES (1.5 oz)

Spanish – Brandy and Kahlua	9
B52 Coffee – Baileys, Kahlua and Grand Marnier	9

COOLERS, COCKTAILS & SPECIALTY ITEMS

Long Island Iced Tea (2 oz)	9
Caesar (1 oz)	8
White Russian (2 oz)	9
Mike's Hard Lemonade (330ML)	6
Strong Bow Cider (500 ml)	7
Guinness (440 ml)	7
PREMIUM (1oz)	8
Grand Marnier • Kahlua • Baileys Amaretto • St. Remy Brandy	

WINE LIST

Carafe (1L) 1/2 Carafe Glass (6oz)

WHITE			
Peller Estates Dry White Canada (D)	26	15	7
Peller Estates French Cross Pinot Grigio Canada (XD)	29	17	7.50
Jackson Triggs Sauvignon Blanc Canada (XD)	29	17	7.50
RED			
Gato Negro Cabernet Sauvignon Chile (D)	26	15	7
Jacob's Creek Shiraz Australia (XD)	30	18	8
Jackson Triggs Merlot Canada (D)	29	17	7.50



Bring Your Own Wine – \$7 Corkage Fee

BEVERAGES

Soft Drinks (refill included)	2.89
Iced Tea (refill included)	2.89
Milk / Chocolate Milk (Sm.)	2.85
(Lrg.)	3.85
Lemonade (refill included)	2.89
Fruit Juice (Sm.)	2.85
(Apple, Orange) (Lrg.)	3.85

Coffee (bottomless)	2.65
Tea or Specialty Tea	2.65
Bottled Water.....	2.00
'Bubly' or Sparkling Water.....	2.89
Hot Chocolate	3.25
Specialty Bottled Sodas	3.75