

## TANGLED

 GARDEN
www.tangledgardencafe.ca tangledgardenwestport@gmail.com完 free wi-fi

## STARTERS

## GARLIC BREAD

Sliced ciabatta loaf with garlic butter - 7 with Cheese-8 Add bacon-1.50

## BRUSCHETTA

Tomatoes, oregano \& garlic in extra virgin olive oil, baked on Naan bread with mozzarella cheese - 11

## 8. MEDITERRANEAN BRUSCHETTA

Tomatoes, red onions, baby spinach, black olives \& Feta with extra virgin olive oil, all on Naan bread, baked with mozzarella cheese - 13

## CHICKEN FINGERS

Tossed in one of our sauces or plain with plum sauce - 10

## ONION RINGS

Served with jalapeño lime aioli - 10 ZUCCHINI STICKS
Basket of breaded \& deep fried zucchini, served with ranch dressing - 10
(8.) FRESH CUT FRIES Small-7 Large-13

## POUTINE

Our fresh-cut fries loaded with mozzarella and topped with our homemade gravy. Small-9 Large-14
SWEET POTATO FRIES
Served with jalapeño lime aioli. Small-8 Large-11 CALAMARI
Breaded \& deep fried, served with jalapeño lime aioli - 12
\% SPICY CALAMARI
Breaded calamari sauteed in spicy tomato sauce with
baby spinach, onions, red, green \& banana peppers - 14

## GARLIC SHRIMP

Baked with garlic butter \& mozzarella cheese,
served with garlic bread - 12

## CRAB CAKES

2 crab cakes placed on greens and drizzled with Jalapeño lime aioli with a lemon wedge - 14

## PEROGIES

Stuffed with potato and cheddar, and fried with bacon and onions. Served with sour cream - 9

## SOUPS \& SALADS

SOUP OF THE DAY
Ask about today's creation - 7

## FRENCH ONION SOUP

Sauteed onions in a beef \&onion broth,
baked with rye bread and mozzarella - 9
GARDEN SALAD
Spring mix, cherry tomatoes, red onion, cucumbers and carrots with your choice of dressing Small-9 Large - 13

TANGLED GARDEN SALAD Spring Mix, Cherry Tomatoes, Cucumbers, Red Onion, Carrots, Broccoli, Mushrooms, Olives, Pepperoncini \& Peppers, topped with Grilled Chicken and served with your choice of dressing Small-16 Large - 20

GREEK SALAD
Spring Mix, Cherry Tomatoes, Cucumbers, Kalamata Olives, Red Onion and Feta Small-10 Large-15

## CAESARSALAD

Crispy romaine lettuce, tossed with our garlic caesar dressing with croutons, Parmesan \& bacon Small-10 Large-15

BABY SPINACH SALAD
Dried cranberries, almonds, red onion, cucumbers, and crumbled blue cheese with Maple Balsamic Vinaigrette Small-11 Large-16

ADD GRILLED CHICKEN OR SHRIMP TO ANY SALAD Small-5 Large-8

## DRESSINGS

French, Italian, Blue Cheese, Ranch, Thousand Island, Balsamic Vinaigrette, Red Wine Vinaigrette and Maple Balsamic.

## SIDES

Coleslaw - 5 Gravy - 2

# SANDWICHES \& WRAPS 

All Sanwiches and Wraps include Fresh Cut Fries, Soup OR Garden Salad

## GREEK WRAP

With Grilled Chicken Loaded with Feta Cheese, accompanied by Red Onions, Baby Spinach, Tomatoes, Black Olives and Tzatziki - 18
(2) VEGGIE WRAP

Tomato, Onion, Red Pepper, Cucumber, Mozzarella Cheese, Pesto Mayo, Baby Spinach and Guacamole - 17

## CLUB WRAP

Turkey, Tomato, Bacon \& Greens - 17
Bacon Guacamole Grilled cheese
Cheddar, Swiss \& Mozzarella Cheese with Bacon and Guacamole - 17

## (2.) KNARFBISCUIT BURGER

Full Chicken Breast, Regular Bacon, Back Bacon, Topped with Melted Cheddar and Swiss, Jalapeños, Onion Rings, Tomato and Greens. Served on a Ciabatta Bun with our own Spicy Mayo - 22
(2) PESTO CHICKEN SANDWICH Chicken, Feta, Red Pepper, Mixed Greens and Pesto Mayo on a Ciabatta Bun - 19
Chicken Souvlaki Pita Skewered Seasoned Chicken on a Pita with Tomatoes, Onions, Baby Spinach, Feta, Black Olives and Tzatziki - 18
Chicken Caesar Wrap Romaine Lettuce, Croutons, Shaved Parmesan, Grilled Chicken and Caesar Dressing - 17

## (9.) ORIGINAL CLUB <br> The original with Bacon, Tomatoes, Turkey \& Greens - 19 <br> ULTIMATE CLUB <br> Ham, Tomatoes, Turkey, Cheese, Bacon \& Greens - 20

GRILLED CHICKEN CLUB
Tender seasoned breast of chicken on a bun with tomato, cheddar cheese, bacon, mayo and greens - 19

## BURGERS

## CHICKEN BURGER

Hand-Breaded Chicken Breast, Straight up with Greens, Tomato and Mayo-18

## Nashville Hot Chicken Burger

Hand-Breaded Chicken Breast, dipped in
Nashville Hot Sauce with Coleslaw \& Pickles - 19
Buffalo Blue Cheese Chicken Burger
Hand-Breaded Chicken Breast with Greens, Tomato and Onions - 19

CLASSIC BURGER
Hand-Press Ground Beef Burger with Greens, Tomato and Onion - 16

## Q. BBQ BACK BACON CHEDDAR BURGER <br> Greens, Tomato and Onion with Barbecue Sauce - 19

## JALAPENO SWISS BURGER

Greens, Tomato, Onion and Jalapeño Lime Aioli - $\mathbf{1 8}$
Three Cheese Burger
A classic with mozzarella, swiss, cheddar green, tomato and onions - 19

## VEGI BURGER

Vegetable Patty with greens, tomato and onion - 17

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\begin{aligned}
& \text { BURGER IXTRAS - \$200 EA. Mozzarella • Blue Cheese • Bacon• Swiss • Feta } \\
& \text { Jalapeño • Cheddar • Banana Peppers • Mushrooms }
\end{aligned}
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Substitute Soup, Caesar or Greek Salad - 2.00 • Side Gravy - 1.75 • Make your French Fries a poutine 3.00 Substitute Onion Rings or Sweet Potato Fries 2.00

## ENTREES

## CHICKEN FINGERS

Four pieces of Breaded Chicken with
Fresh Cut Fries and Plum Sauce - 17

## (\%) FISH \& CHIPS

Beer-battered Fish with a generous amount of Fresh Cut Fries, Coleslaw and Tartar Sauce. 1 Pc. - $15 \quad 2$ Pc. 19

## PARMESANS

CHICKEN - Breaded Chicken Breast covered with Mushrooms, Tomato Sauce, smothered with Mozzarella Cheese and served with Pasta and Garlic Bread - 20

VEAL - Tasty Breaded veal topped with mushrooms and tomato sauce, smothered with mozzarella cheese and served with pasta and garlic bread -20

## CHICKEN SANTORINI

Breast of Chicken covered with Tomatoes, Baby Spinach, Red Onions, Black Olives, Feta \& Tzatziki Sauce. Choice of potato/rice \& vegetables - 19 (GF)
(\%) LEMON DIJON TROUT
Fresh Pan-fried Trout in our unique Sauce of Lemon, Dijon and Dill. Choice of Potato/Rice \& Vegetables - 20 (GF)

WIENER SCHNITZEL
Breaded Bavarian pork cutlet served with choice of potato/rice and vegetables - 20 Make it a Jäger Schnitzel for an additional \$3


HOT TURKEY SANDWICH
Roasted Turkey topped with gravy, served with cranberry sauce \& choice of potato/rice and vegetables - 18

## PASTA

All of our sauces are created with the best ingredients
Includes Garlic Bread. Add cheese for 1.00 Add Chicken or Shrimp to any Pasta - \$8

## LASAGNA

Meat or Vegetarian Version - 17
FETTUCCINE ALFREDO
Fettuccine in a Garlic Cream Sauce - 18

## MEDITERRANEAN TORTELLINI

Tomatoes, Feta, Black Olives, Red Onions and Baby Spinach. Tossed in Extra
Virgin Olive Oil and Chopped Garlic - 20

## SPAGHETTI

With Meat or Tomato Sauce - 16

## * TORTELLINI GORGONZOLA

Cheese Tortellini in a cream sauce, tossed with cherry tomatoes, Gorgonzola cheese and baby spinach - 21

## BACON MUSHROOM PENNE

 Penne, bacon and mushrooms tossed in a homemade creamy Rosé sauce - 208. TG JAMBALAYA

Shrimp, chicken, sausage, onion, peppers and tomatoes, combined with a very spicy Cajun sauce, all on top of your choice of fresh fettuccine or rice. (GF on rice) - 23

LEMON LOBSTER FETTUCCINE
Creamy garlic cream sauce with lemon zest and chunks of lobster - 25

## SICILIAN PENNE

Penne tossed in extra virgin olive oil with garlic, Italian sausage,banana pepper, bell peppers and Parmesan cheese - 21


