

Pencil Grasp Development

Palmar Supinate

1-1.5 years



Digital Pronate

2-3 years



Quadrupod

3-4 years



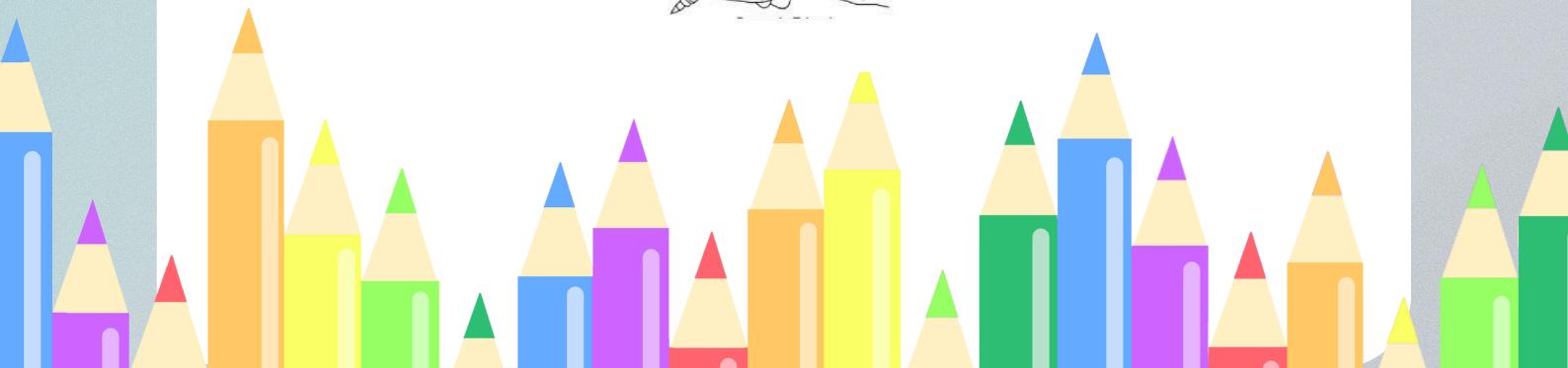
Static Tripod

3-4 years



Dynamic Tripod

5-6 years



What is a functional grasp?

A functional grasp is any grasp in which a child can write legibly without pain, poor endurance, misaligned joints or movement at the elbow & shoulder. A child can have a "non-traditional" grasp but it does not mean the grasp is not functional.

How do you promote a functional grasp?

A functional grasp can be promoted by...

- Hand strengthening through open palm weightbearing (eg: crawling)
- Playing with fine motor manipulatives, PlayDoh & putty
- Using small pencils or crayons to encourage using the finger tips to grasp
- Coloring/writing on a slanted or vertical surface