

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9-10 AM						Parent + Kids Inclusive	
10-11 AM						Kids (8+ yr)	Handstand
11AM-12PM						Teens (12+ yr)	Fit-bounce (teens+adults)
12-1 PM							
1-2 PM				Homeschool or early dismissal		Dance/mvt	*Parties, Privates, or Rentals
2-3 PM						stretch-aerials (10+)	
3-4 PM							
4-5 PM	Kids (8-12yr)					*Parties, Privates, or Rentals	
5-6 PM			Kids (8-12yr)				
6-7 PM	Teens (12-16yr)	Kids (8-12yr) Acro-trampo	Teens (12-16yr)	Teens (12-16yr)	*Parties, Privates, or Rentals		
7-8 PM							
8-9 PM	Adults (Aerials-Intermediate)	Adults (Aerials-Beginner)	Adults Fitbounce	Stretch-handstands (15+)			
9-10 PM							

* Enquire for other private or rental opportunities beyond the prespecified times in the schedule.

Nous pouvons ajouter des cours en français; 4 inscriptions minimum.