

The Lord's Prayer

Song on Screen - The Lord's Prayer

(Jackie Evancho: https://www.youtube.com/watch?v=3PyInyZn_0M)

Matthew 6:9-13

9 In this manner, therefore, pray:

Our Father in heaven,
Hallowed be Your name.

10 Your kingdom come.

Your will be done

On earth as it is in heaven.

11 Give us this day our daily bread.

12 And forgive us our debts,

As we forgive our debtors.

13 And do not lead us into temptation,

But deliver us from the evil one.

[d]For Yours is the kingdom and the power and the glory forever. Amen.

“Three Benefits of Praying the Lord's Prayer

There are probably dozens of benefits to praying to God as God himself taught us. Here, I will just offer three.

Praying the Lord's Prayer enables us to:

1. Seek first his kingdom and his righteousness (Matthew 6:33).

Personally, I tend toward praying inward-focused prayers that center on my confession, my problems, and my requests. Praying the Lord's Prayer as [Martin] Luther recommends helps us to seek a greater awareness of Christ, other people, and God's broader mission in our prayers.

2. Discipline our wandering minds.

Our minds drift so easily in times of prayer. One moment I'm praying, the next I'm thinking about that email I need to reply to. Utilizing the structure of the Lord's Prayer helps me to recognize when my mind has wandered and helps me remember where to pick up again.

3. Build a fence so our prayers can run wild inside.

[...] our lack of prayerfulness is chiefly a heart issue. Some people may push back on this method of prayer, saying that it is too structured and therefore restrains the Spirit's spontaneous leading. In fact, I have found the opposite to be true.

As someone who has always favored unscripted prayers that express heartfelt longings and desires, I have not found structure and spontaneity to be at all at odds with one another. I am amazed to find that, every time I pray through the Lord's Prayer as Luther has commended, my prayers have been richer, deeper, and more revealing, and have unlocked affections that are otherwise seldom seen.”

(Nick Aufenkamp; <https://www.desiringgod.org/articles/a-simple-way-to-pray-every-day>)

In this manner, therefore, pray:

9 Our Father in heaven, Hallowed be Your name.

We have a Father in heaven and this is what He is like:

Scripture Passage telling us of God's Character:

Exodus 34:4-7

Verse 5 - The Lord proclaimed His Name by giving His characteristics.

Prayer Exercise: Thank your heavenly Father for each attribute of His character:

Verse 6 -

compassionate

gracious God

slow to anger

abounding in love and faithfulness

Verse 7 - maintaining love to thousands

and forgiving wickedness

rebellion and sin.

Yet he does not leave the guilty unpunished;

he punishes the children and their children for the sin of the parents to the third and fourth generation.

Song: (on screen and at this link: <https://www.youtube.com/watch?v=54s8EVpF2XI>)

O Lord, our Lord

How majestic is Your name in all the earth

O Lord, our Lord

How majestic is Your name in all the earth

O Lord, we praise Your name

O Lord, we magnify Your name

Prince of peace, mighty God

O Lord, God Almighty

O Lord, our Lord

How majestic is Your name in all the earth

O Lord, our Lord

How majestic is Your name in all the earth

O Lord, we praise Your name

O Lord, we magnify Your name

Prince of peace, mighty God

O Lord, God Almighty, Almighty

O Lord, our Lord

How majestic is Your name in all the earth

O Lord, we praise Your name (worship You Lord, magnify Your name)

O Lord, we magnify Your name (O Lord, we worship You Lord, magnify Your name)

O Lord, we praise Your name (worship You Lord, magnify Your name)

O Lord, we magnify Your name (O Lord, we worship You Lord, magnify Your name)

Prince of peace, mighty God

O Lord, God Almighty

Prince of peace, mighty God

O Lord, God Almighty

We magnify Your name

Source: [Musixmatch](#)

Songwriters: Michael W. Smith

How Majestic Is Your Name Lyrics © Meadowgreen Music Co.

In this manner pray...

10 Your kingdom come. Your will be done, On earth as it is in heaven.

Your Kingdom Come:

Romans 14:17

What is the will of God?

God's Sovereign Will — Acts 4:27-31

God's Commanded Will — Matthew 7:21; 1 Thessalonians 4:3; 1 Thessalonians 5:18; 1 John 2:17

Prayer Exercise: Let God know that you are willing to accept His Sovereign Will and that you are willing to obey His Commanded Will

In this manner pray...

11 Give us this day our daily bread.

“After the Korean War ended, South Korea was left with a large number of children who had been orphaned by the war. We’ve seen the same thing in the Vietnam conflict, in Bosnia, and in other places. In the case of Korea, relief agencies came in to deal with all the problems that arose in connection with having so many orphan children. One of the people involved in this relief effort told me about a problem they encountered with the children who were in the orphanages. Even though the children had three meals a day provided for them, they were restless and anxious at night and had difficulty sleeping. As they talked to the children, they soon discovered that the children had great anxiety about whether they would have food the next day. To help resolve this problem, the relief workers in one particular orphanage decided that each night when the children were put to bed, the nurses there would place a single piece of bread in each child’s hand. The bread wasn’t intended to be eaten; it was simply intended to be held by the children as they went to sleep. It was a “security blanket” for them, reminding them that there would be provision for their daily needs. Sure enough, the bread calmed the children’s anxieties and helped them sleep. Likewise, we take comfort in knowing that our physical needs are met, that we have food, or “bread,” for our needs.”

(R.C. Sproul, <https://www.ligonier.org/blog/what-does-give-us-day-our-daily-bread-mean/>)

Prayer Exercise: Thank your Heavenly Father for providing for all of your needs.

In this manner pray...

12 And forgive us our debts, As we forgive our debtors.

What does this mean? This is the ethical way of living taught by Jesus

Matthew 6:14-15

Mark 11:25-26

If your right eye causes you to sin, pluck it out, or your father will not forgive you your trespasses. **(Matthew 5:29)**

If you call your brother a fool, your father will not forgive your trespasses **(Matthew 5:22)**.

If you do not love your enemy, your father in heaven will not forgive your trespasses
(Matthew 5:44).

Whoever causes one of these little ones to stumble will not be forgiven by my father
(Matthew 18:6).

Prayer Exercise: Ask the Father to give you the heart of Jesus. Ask Him to give you the strength to reflect Him just as Jesus did.

In this manner pray...

13 And do not lead us into temptation, But deliver us from the evil one.

For Yours is the kingdom and the power and the glory forever. Amen.

What does this mean? Do not allow me to be taken in by temptation, but deliver me from Satan and his attacks on my Christian Character.

James 1:13

Proverbs 20:24

Kingdom - Romans 14:17

Power - 1 Corinthians 1:22-24

Glory - Exodus 33:22 - δόξα (doxa)

Prayer Exercise: Ask the Father to help sin become distasteful to you. Consider what in your life might displease the Father...ask Him to take it from you.

Song - The Savior is Waiting - SDA Hymnal 289