

DERMAPLANE POST CARE



Avoid sun exposure and
always wear sunscreen.



Avoid wearing makeup for at
least 24 hours.



Avoid vigorous exercise for at
least 24 hours.



Avoid sauna, hot tubs, or
steam treatments for at least
7 days.



Avoid using exfoliating
scrubs for at least 7 days.



Avoid chlorine for at least 7
days.



Avoid touching the face or
removing the products for at
least 12 hours.



Use a serum or moisturizer to
keep skin hydrated.



Book your next session as
advised by your skin
specialist.