

HYDRODERMABRASION POST CARE



Avoid unprotected sun exposure and/or use of tanning beds.



May apply makeup in 24hrs.



Avoid vigorous exercise for at least 24 hours.



Avoid sauna, hot tubs, or steam treatments for at least 7 days.



Do not use topical Retin-A, Retinol, & exfoliants at least 5 days.



Use sunscreen with SPF 30 or higher daily.



Avoid touching the face or removing the products for at least 24 hrs.



Avoid picking or scratching skin, especially if peeling occurs.



Book your next session as advised by your skin specialist.