



ENERGY WISDOM & TEA LOUNGE

Supporting You On Your Path On All Levels For The Mind, Body And Spirit

December 2022



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11932 Dewdney Trunk Road, Mission, BC

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Book of the Month

YOU ARE THE
MEDICINE

WINTER

Season's Greetings

Energy Wisdom has an interesting selection of Gift Ideas for the Holiday Season! This month's Showcase section explores '**Spirit Boxes**' that have been compiled on different themes, like Inner Guidance, Chakras, and Attunement of the Light Body.

Check out '**Kayleen's Kreations**' for beautiful Gift Baskets filled with all-natural, home-made products as soaps, candles, bodysprays. There are also a variety of t-shirts designed with Sacred Geometry and a variety of custom-designs.

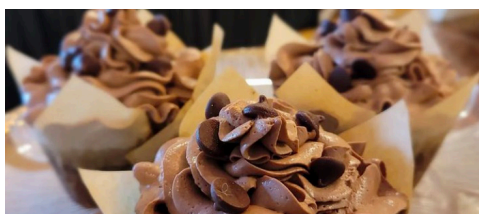
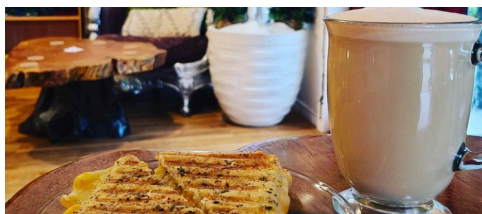
Gift Certificate Sale

Christmas Sale December 1 – December 23, 2022

** \$50.00 for \$37.50 **

** \$100.00 Gift Certificate for \$75.00 **

** \$200.00 Gift Certificate for \$150.00 **



CRYSTAL WISDOM



SHUNGITE

KEY WORDS Cleansing and purification, infusion of spiritual Light, activation of the Light Body, adherence to Truth
ELEMENTS Fire, Wind, Storm
CHAKRAS All

Shungite is a natural composition of primarily amorphous graphite (carbon), crystalline silicate particles, and other minerals distributed throughout the stone. The carbon in Shungite gives it certain catalytic abilities, electroconductivity and chemical resistance. Its complex composition of materials includes carbon, silicon, aluminum, iron, magnesium, sulfur, calcium and phosphorus. Visually, Shungite resembles anthracite coal. It is found in the Karelin region of Russia, near the village of Shunga.

There are two varieties - the first is “Classic Shungite”, which is available in larger quantities and has been shaped into spheres, wands, pyramids and tumbled stones; the second is known as “Noble Shungite”, which is available only in raw form, has a higher carbon content, and is far rarer.

ROBERT SIMMONS, “My first impression upon holding Shungite was of a wave of cleansing vibration through my whole body. This stone clears the energies of the entire body and opens one to receive spiritual Light. Unlike some stones that work on an etheric or even cellular level, Shungite gave me the impression that it operates on the molecular level, freeing the very atoms of one’s body from their bondage to negative patterns and energies. When one feels this, it is a powerful and very surprising sensation. Shungite prepares the atoms and molecules of the body for the direct infusion of spiritual Light.

Shungite works to cleanse and align all the particles of the body so that they are open to rapid conjoining with the Light. The light body does not fully form until it merges with the physical body. The atoms and molecules of the material body, when they are properly aligned, form the scaffolding or “skeleton” around which the light body can coalesce. In most of us, our physical bodies cannot properly align for the creation of the light body because we carry contradictions, diseases and disharmonies within us. These negative patterns keep us from being able to match our frequencies and patterns to those of the spiritual Light closely enough for the light body to manifest. However, the Light floods into us when we are truly aligned and open to receive it, and this a great spiritual fulfillment - a Human Being of Light is manifested. The highest purpose of Shungite is to facilitate this process. It is a process that takes time, but Shungite can accelerate it.”

READING NOOK

Tea Leaf Readings

With

Carolyn

Tarot Readings

With

Katie



*Book a reading
Email us today at:*

info@energytealounge.ca

Or book online:

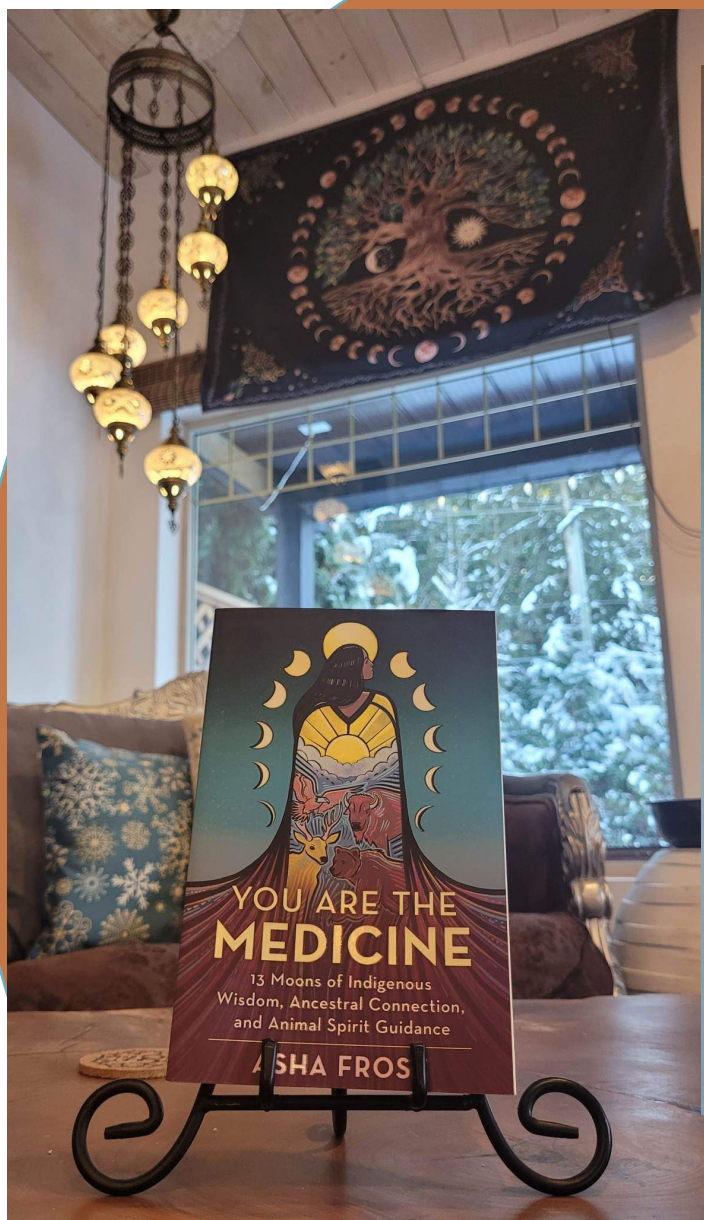
<https://energytealounge.ca/bookings>

10:00am - 4:00pm

30 minute session - \$50

60 minute session - \$95

BOOK OF THE MONTH



"This beautiful book will breathe life into your soul and reconnect you to the medicine that has always been whispering within."
— Rebecca Campbell, Best-selling Author, Mystic, and Mother

"Inviting us to connect to our own ancestral wisdom by sharing hers, Asha generously and lovingly shows us the way home. A must read for our times."
— Colette Baron-Reid, Author and Oracle Creator

"Asha is the perfect guide to take our hands and lead us back home to ourselves, to help us ask brave questions and step forward with courage."
— Kaitlin Curtice, Author of *Native*

The Medicine you have been searching for lives within you. Follow the path of the 13 Ojibwe Moons with Animal Spirits and Ancestors as your guides as you unlock your connection to your own unique, inherent healing power. Through storytelling, ceremonies, and Shamanic journeys, learn to apply ancient wisdom to your life in ways that are respectful and conscious of the stolen lands, lives, and traditions of Indigenous peoples.

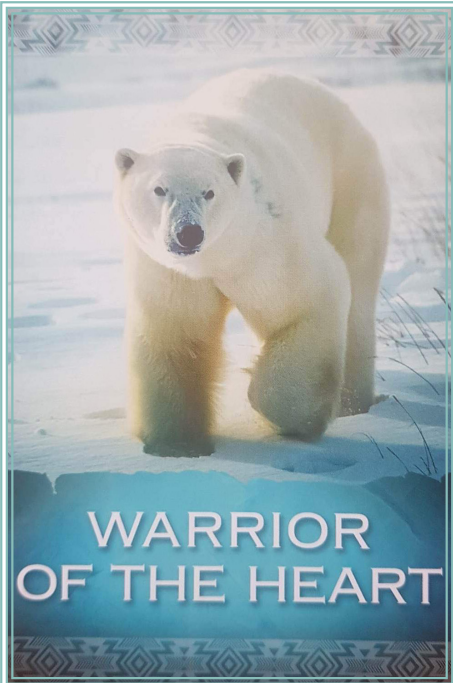
Discover how to:

- Ground and root into your own lineage and meet your Ancestral guides.
- Practice self-care and rest on your journey.
- Return to Ancestral ways of cleansing and purifying.
- Trust and surrender so you can manifest and thrive.
- Release self-doubt, fear, disconnection, and insecurity.



ASHA FROST (she/her) is an Indigenous Medicine Woman and a member of the Chippewas of Nawash First Nation. As an energy healer, homeopath, and mentor, Asha has guided thousands of people through profound and lasting transformation with her ceremonies, teachings, and speaking events. Asha lives on Anishinaabe, Huron-Wendat, and Haudenosaunee Territory, with her husband and two beautiful children, with whom she co-creates a better world for the seven generations to come.

DECEMBER ORACLE GUIDANCE



You have radiant spirit of a Warrior of the Lights. Be impeccable in all of your actions. No matter what others believe, the Creator always knows the Truth. This isn't the time to be timid and pull back. Immense courage is filling you. Throw your shoulders back, step forward, and take risk! Be willing to live life from your heart rather than your mind.

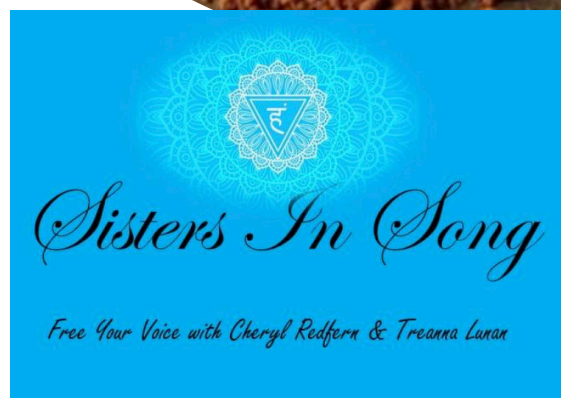
Honor your truth.
Speak up for yourself.

ABOUT THE READER

Carolyn Goodall is an Intuitive, Teacher and Owner of *Energy Wisdom & Tea Lounge*. Carolyn has been practicing spirituality for over two decades and is a true teacher at heart.

EVENTS

Check out our Event Calendar
<https://energytealounge.ca/calendar>



Sign up and check out more Events coming soon on our calendar and follow us on Facebook!
<https://energytealounge.ca/calendar>
Facebook@energytealounge

SHOWCASE

Spiritual Gift Boxes



Daily Spiritual Box

Christmas Gift Specials

Nov. 12, 2022 until Dec. 23, 2022



Original Price \$277.06

Today's Sale Price \$193.94

Spiritual Gift Box

Water Element Inspirtation

- Water Temple Oracle by Suzy Cherub
- Mango Wood Seaside Nesting Boxes, includes 3 sizes
- Kayleen's Kreations Spray made with Pure Essential Oils Of Eucalyptus, Tea Tree, And Lemon
- Sodalite Raw Base Point
- Yemaya, The Mother Goddess of the Oceans



Original Price \$187.97

Today's Sale Price \$131.60

Spiritual Gift Box

Inner Goddess

- The Goddess Power Oracle Deck
- Purple Lepidolite Raw Base Point
- Natures Garden Lavender Incense
- Chakra Candle Holder Goddess
- Goddess Carved Wood Box With Earth Designs



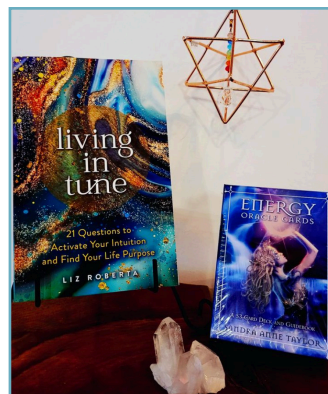
Original Price \$174.80

Today's Sale Price \$122.35

Spiritual Gift Box

Aspiring Witch

- Wood Carved Box Lined With Black Velvet, Made In India
- Satya Nag Champa Sacred Ritual Incense
- Cast Iron Caulron Displaying The Moon Phases, Goddess In The Moon
- Wood Painted Incense Holder With Pentacle Design
- The Rider Waite Tarot Deck
- The Ultimate Guide To Rider Waite Tarot



Original Price \$164.28

Today's Sale Price \$114.99

Spiritual Gift Box

Attunement of the Light Body

- Living in Tune, by Liz Roberts
- Energy Oracle cards by Sandra Anne Taylor
- Clear Quartz Cluster Point
- The Merkaba

SHOWCASE

Spiritual Gift Boxes



Original Price \$142.85
Today's Sale Price \$99.99

Spiritual Gift Box ***Connection With Animals***

- The Animal Oracle
- Animal Communication Made Easy
- Ceramic Native Art Wall Hanging, "Guardian Bear" by Sue Coleman
- Parasite Wood Carving Sea Turtle



Original Price \$179.63
Today's Sale Price \$125.74

Spiritual Gift Box ***Chakras***

- Hand-Stitched Velvet Chakra
- Mini Chakra Candle Set
- Nag Champa 7 Chakras
- Clear Quartz Point
- Canadiana Hand-Made Chakra Goddess



Original Price \$280.25
Today's Sale Price \$196.17

Spiritual Gift Box ***The Spirit Of The Trees***

- The Midas Tree, by Dr. Lesley Phillips
- 92.5 Sterling Silver Tree Of Life Ring made in Squamish
- Black Tourmaline Wand is the Ultimate Protection Stone
- The Sacred Forest Oracle Deck by Denise Lynn
- The Tree Of Life Macrame Hanging
- The Green Man Resin Incense Holder



Original Price \$167.73
Today's Sale Price \$117.41

Spiritual Gift Box ***Love***

- Polished Rose Quartz Point
- Nature's Garden Rose Incense
- Goddess of Love, made in Canada
- Heart Chakra Votive Candle



Handmade Headache and Anxiety Relief Essential Oil Sprays

This essential oil spray can help relax muscles and relieve pain from both tension headaches and migraine attacks. It also has anti-inflammatory properties and can protect you against mosquitos. Help yourself feel calmer and restore balance.

ay & Shea Thai Lemongrass



Vanilla Sweetness, Sandalwood & Citrus, Cranberry Orange



Cedarwood and Spice



Pet Shampoo



Orange Cranberry



Lavender Swirl



Autumn Spice



Christmas Spirit



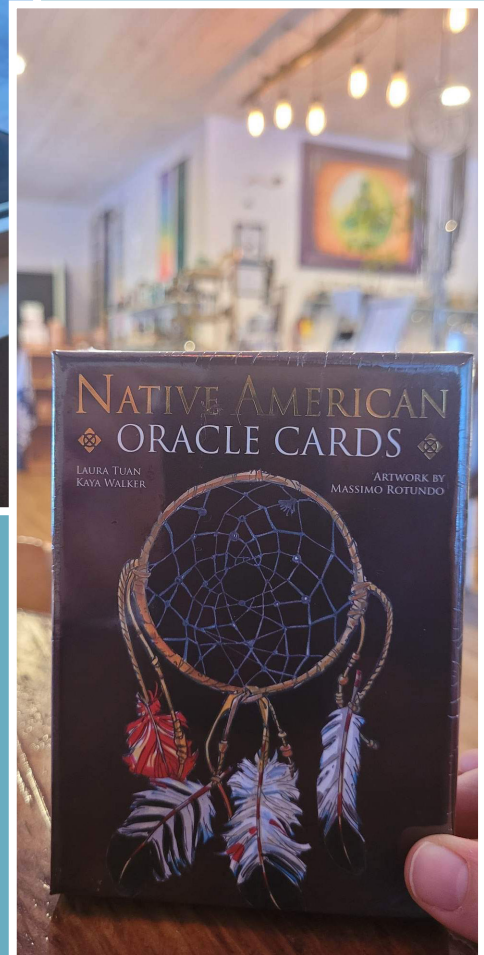
Looking for a Handmade Christmas Gift?

Personalize an essential oil spa gift basket with the chose of 3 different scented candles, 6 different scented soaps, bath salts, essential oil sprays and soft face towels.

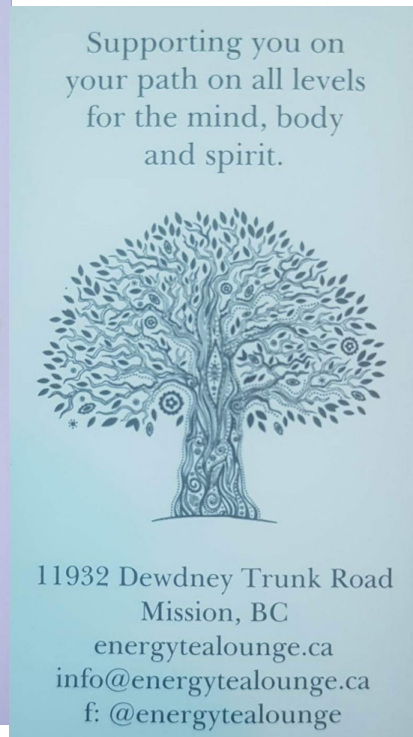
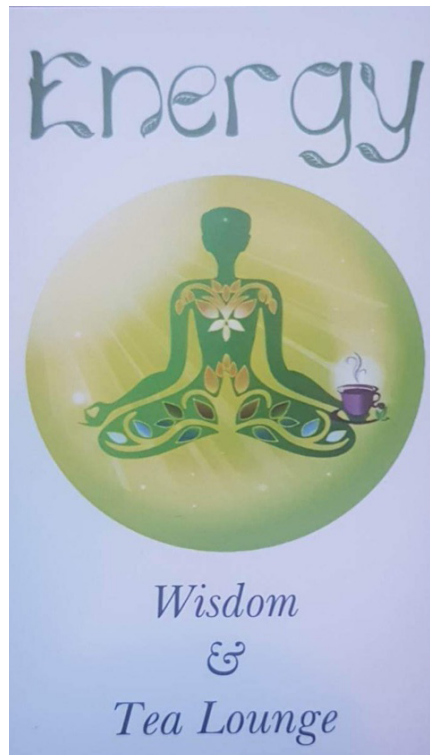
Creative Designer T-Shirts Custom Orders Available!



KIDDIE NOOK



CONNECTIONS



Advertise Here

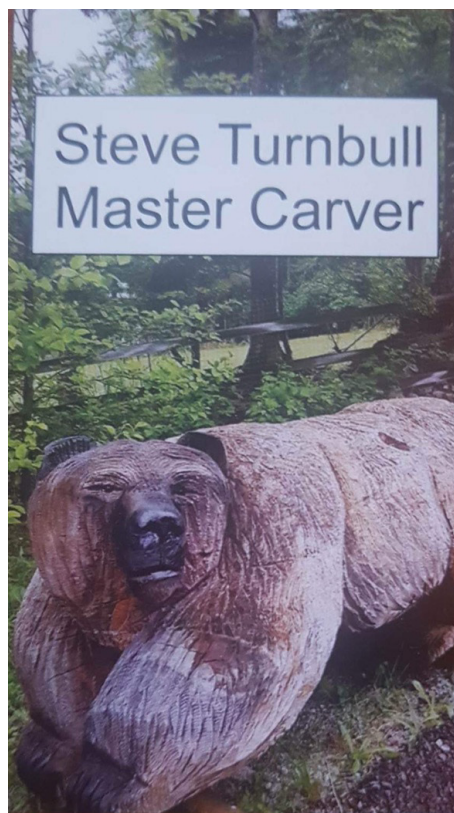
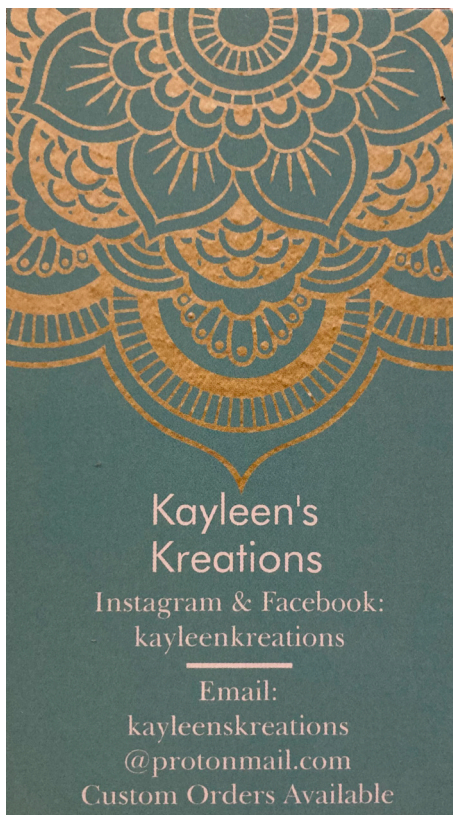
Reserve Your Spot Today For Next Month's Newsletter
(Deadline Every Month Is The 30th)

\$5.00/Business Card One Side

\$7.50/Business Card Both Sides

\$10.00/Half Page

CONNECTIONS



1-778-201-8694

Please text only, as I am deaf.

