

Energy

Wisdom & Tea Lounge

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Energytealounge.ca



Fall 2024

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Book of the Month

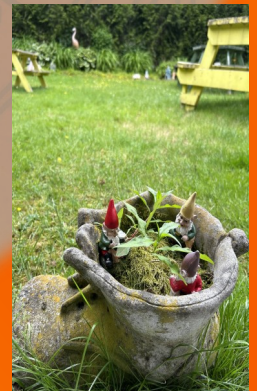
Craft of the Wild Witch

T

wo very special, yet very different days, (akin to polar opposites) are celebrated in the month of October; **Thanksgiving**, a day of Gratitude, Feast & Family Gatherings, followed by **Halloween**, or **Samhain**, the holiday of Celtic pagan origins which marked the end of summer and the onset of winter. An important time in the calendar to honour and give respect to the dead. It is said that on this day, a veil that separates the spirit world from the earth plane is lifted, making communications easier.

In honour of this magical time, a selection of Tarot Cards, Books, and Bags are Showcased in this month's newsletter.

In the Garden Nook of Earthly Delights





Halloween Psychic & Spiritual Fair



Energy

Wisdom & Tea Lounge
11932 Dewdney Trunk Road
Mission, BC

October 5, 2024

11:00 to 5:00

Come Celebrate with us!

**Bringing in of the Halloween and Samhain energy, celebrating the end
of the harvest season and beginning of winter
"darker half" of the year.**

Psychic Intuitive Readings, Birth Chart Readings, Energy Healings

Artisans & Market Vendors

Jewelry, Candles, Handmade Soaps, Crystals, Books, Metaphysical Tools,
and much more!

****Live Music****

Book your Reading & Healing Today!

energytealounge.ca/bookings

Crystal Wisdom

Lapis Lazuli



COLOR	Deep blue flecked with gold
APPEARANCE	Dense, veined, Lapis Lazuli looks like the night sky. All sizes, sometimes tumbled
RARITY	Easily obtained but expensive
SOURCE	Russia, Afghanistan, Chile, Italy, United States, Egypt, Middle East

ATTRIBUTES Lapis Lazuli opens the third eye and balances the throat chakra. It stimulates enlightenment and enhances dream work and psychic abilities, facilitating spiritual journeying and stimulating personal and spiritual power. This stone quickly releases stress, bringing deep peace. It possesses serenity and is the key to spiritual attainment.

Lapis Lazuli is a protective stone that contacts spirit guardians. This stone recognizes psychic attack, blocks it, and returns the energy to its source. It teaches the power of the spoken word, and can reverse curses or dis-ease caused by not speaking out in the past.

This stone harmonizes the physical, emotional, mental, and spiritual levels, imbalances between these levels can result in depression, dis-ease, and lack of purpose. In balance, the harmony brings deep inner self-knowledge.

Lapis Lazuli encourages taking charge of life. It reveals inner truth, encourages self-awareness, and allows self-expression without holding back or compromising. If repressed anger is causing difficulties in the throat or in communication, Lapis Lazuli releases these. This stone brings the enduring qualities of honesty, compassion, and uprightness to the personality.

Lapis Lazuli is a powerful thought amplifier. It stimulates the higher faculties of the mind, bringing objectivity and clarity. It encourages creativity through attunement to the source. Lapis Lazuli helps you to confront the truth, wherever you find it, and to accept what it teaches. It aids in expressing your own opinions and harmonizes conflict. It teaches the value of active listening.

Lapis Lazuli bonds relationships in love and friendship and aids expressing feelings and emotions. It dissolves martyrdom, cruelty, and suffering. As a gem essence, it dissolves emotional bondage.

HEALING Lapis Lazuli alleviates pain, especially that of migraine headaches. It overcomes depression, benefits the respiratory and nervous systems and throat, larynx, and thyroid, cleanses organ, bone marrow, thymus, and the immune system. Lapis Lazuli overcomes hearing loss, purifies blood, and boosts the immune system. It alleviates insomnia and vertigo, and lowers blood pressure.

POSITION Wear or place at the throat or third eye. Lapis Lazuli should be positioned above the diaphragm, anywhere between the sternum and the top of the head.

For further details on **Crystals**, please visit

Energy Wisdom & Tea Lounge.

Fall Reading Oracle Guidance



You have pure magick flowing through you in the form of visions, dreams, and trance-like moments. You are visually psychic and all the world is full of messages being relayed to you both through the medium of physical sight and through the eye of spirit. You may even find you are able to enter trance extremely easily. You're adept at reading patterns within Nature, you can scry without meaning to, and you look into every face knowing the story it is silently sharing. One glance gives you information about the person or place you are with or within, and your skill is an ancient one, revered throughout the ages.

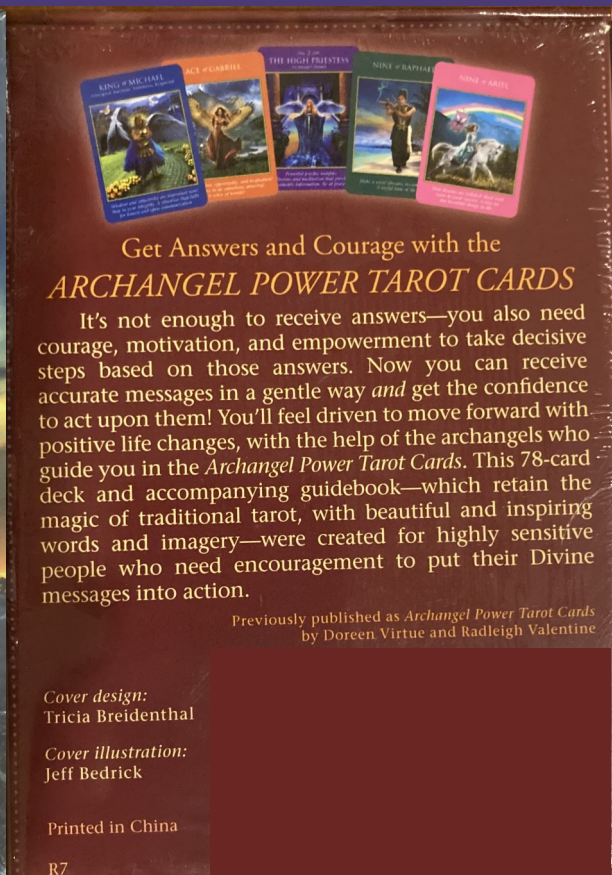
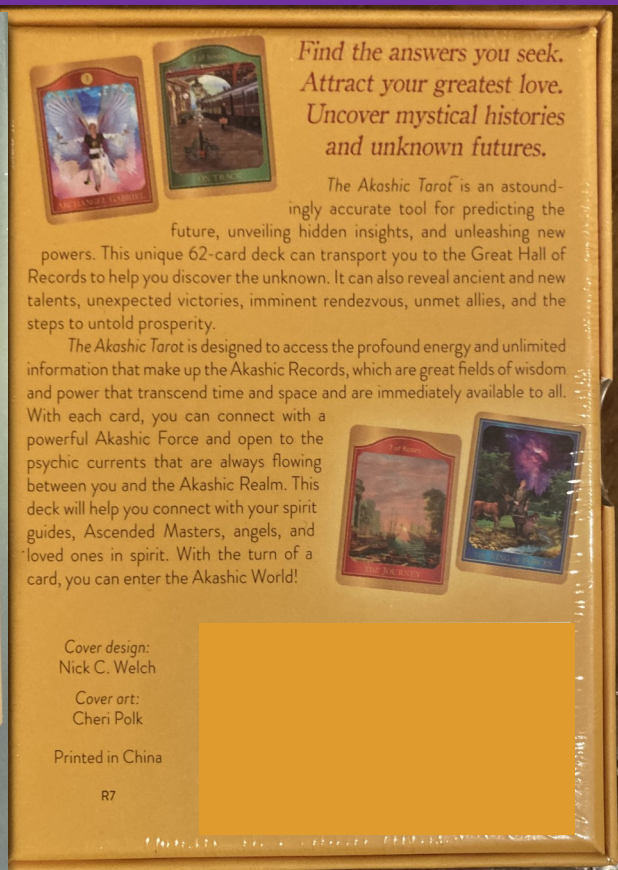
Trust in your visions. They come from a magickal place, and when you become able to read and understand them, you will be the Dreamer indeed. Your vision is coming to reality—keep going. Your dream will manifest in your life and very soon.

About the Reader

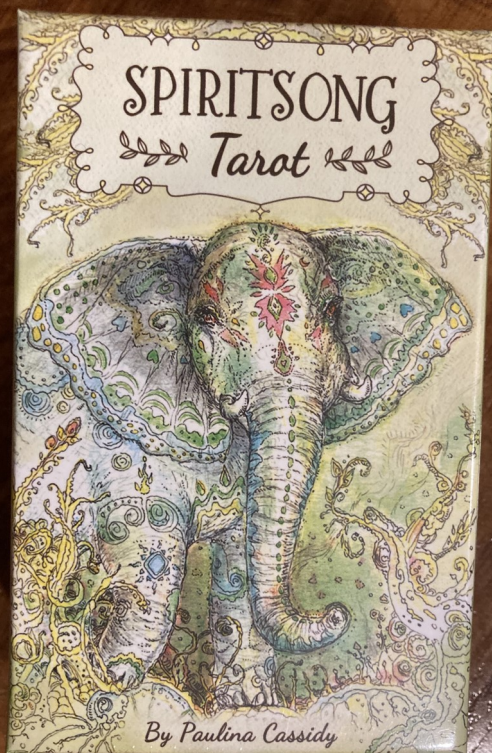
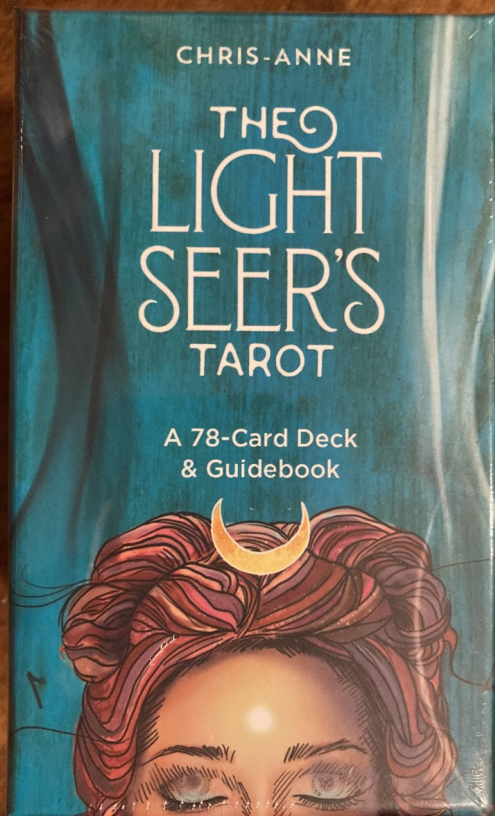
Carolyn Goodall is an intuitive reader, teacher and owner of Energy Wisdom & Tea Lounge

Read from The Faery Forest by Lucy Cavendish

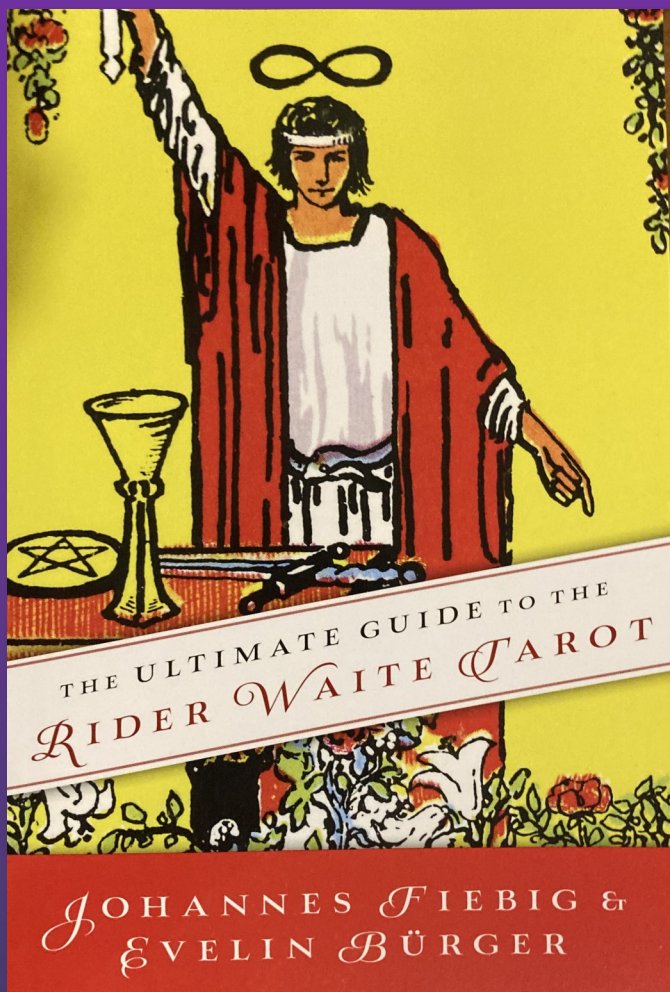
Showcase



Tarot Cards



Tarot Books



Body, Mind & Spirit / Divination / Tarot

THE ULTIMATE TAROT REFERENCE

Discover everything you ever wanted to know about the world's most popular tarot deck. *The Ultimate Guide to the Rider Waite Tarot* details the ten most important symbols on each and every card in the deck complete with hundreds of illustrations for easy use. In addition to an explanation of the symbols, each card is given a brief interpretation by topic:

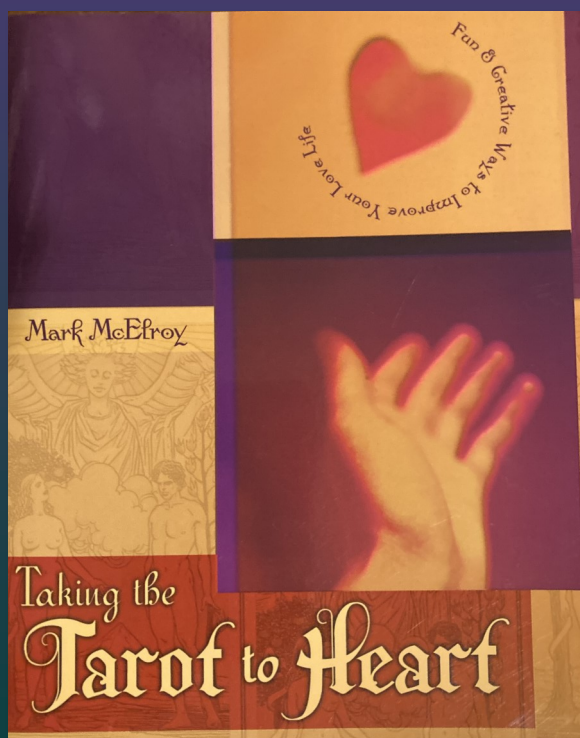
- Primary meaning
- Spiritual meaning
- Daily meaning
- Prognosis or tendency
- Love and relationship meaning
- Success and happiness meaning

Writing in a convenient format designed for quick reference, European tarot authorities Johannes Fiebig and Evelin Bürger also provide tips, hints, facts, and lore to improve your reading right away. Within these pages, you will find the top ten most important:

- Ways of using a single card
- Facts about the tarot
- Spread layout techniques
- Tips and rules for interpretation
- Interpretations for each suit

JOHANNES FIEBIG has been writing about the tarot since 1984. His fields of interest include the use of tarot and other symbolic languages as psychological tools. He lives in Klein, Germany.

EVELIN BÜRGER founded the German occult publishing company Königsfurt Verlag in 1989 with Johannes Fiebig. Her areas of interest include the intuitive use of the tarot, yoga, gardening, and art. She lives in Klein, Germany.



Tarot / Relationships

Why Leave Love to Chance? Enhance Your Romance!

"What can I do to help me get more dates?" • "How can my partner and I stop arguing all the time?" • "How can I find my soulmate?" • "Why do I keep sabotaging my relationships?" • "How can my partner and I spice up our sex life?" • "Where is this relationship going?"

Whatever your status—single or partnered, dating or married, gay or straight—*Taking the Tarot to Heart* shows how you can use the Tarot to infuse your relationships with creative insight. The fast, fun, and effective methods inside work with any Tarot deck, whether you've had ten years or ten seconds of practice.

There's no focus on hocus pocus—this book emphasizes the practical, not the mystical. With lighthearted games, tips, and real-life examples, you'll discover hundreds of ways to use the cards to enhance romance:

- Brainstorm twenty-two great date destinations in ten minutes
- Make better dating decisions
- Break a relationship-sabotaging habit
- Generate romantic gift ideas on the fly
- Solve your personal relationship challenges
- Create your own personal romantic profile

The methods in *Taking the Tarot to Heart* work with any Tarot deck—or any images, from personal photos to magazine ads. You don't have to "believe" in anything—these techniques work by giving you new ways to think about relationships.

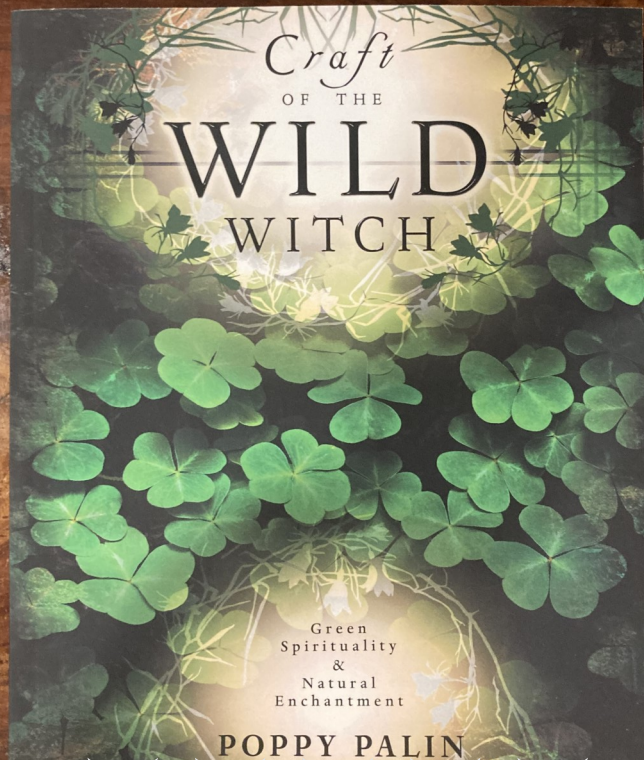
So why wait around for Prince Charming or Princess Perfect to sweep you off your feet? Grab a Tarot deck and take a chance at true romance!

After twenty years of developing training applications for MCI, Office Depot, Staples, and other companies, Mark McElroy (Mississippi) now creates books, decks, and courses designed to make Tarot more user-friendly than ever. Mark writes frequently for Tarot-related Web sites and news groups, and served as advisor and VP for the American Tarot Association. Today, he writes full-time and is developing a number of new Tarot books and decks.

Tarot Bags



Book of the Month



us with poetry in our souls. Some of us may feel like we are revisiting a lost part of ourselves, fulfilling an incessant longing within us. Or we may feel like we've found a new way to express who we feel ourselves to be, inherently, while honouring our native land and its spirits. However wild witchcraft affects us as individuals, its core message is always the same; it represents all that is steadfast and true in a modern world that can often seem chaotic and cruel if we have no anchor, no real sense of purpose. The essential message of wild witchcraft is found under cinnamon leaves, where the bright scales of hidden creatures shine, found in the fronds of glistening weeds swaying in brackish depths, in the swell...

Excerpt from Preface

There is lyricism and mystery, simple wisdom and profound realization, great comfort and life-changing power in the wild witchery I will be discussing in this book. It is witchcraft for those of us who yearn to express our own inherent spirituality in a joyous, meaningful manner, not within temples or churches but out in the landscape and within the deepest fathomless places in our own souls... Places that echo the furthest reaches of the starry-veiled cosmos. It is a way to understand our own wild heart, our soul nature. I will explain how our soul nature finds a perfect elemental expression on wind-buffed granite outcrops and in deep still green water alike. The understanding of our true soul nature will come as unexpectedly as the warmth to be found in mid-winter sunlight, as tenacious as the twisted tree that blooms and grows despite its exposed position, as moving and awe-inspiring as the sound of a single swan's wing-beats that are heard as it makes its way home alone across the moors. It is a magical path for those of

Greet an old friend, one who seems silent save for the whispers of her silvered leaves, and hear the subtle messages present in the touch of your hand on her rough bark. . . . Leave an offering of milk and honey for the sweet-toothed spirit who guards a favourite hill. . . . See a special stone in a vision, know you will find it on the beach today. . . . Such is the way of the wildwitch.

A POETIC GUIDEBOOK TO THE GREEN-SPIRITED PATH

Wild witchcraft is a magical, free-spirited philosophy that embraces nature. It resonates with those who yearn to express their inherent spirituality in a joyous, meaningful manner; who sense their wild heart and soul nature; who know there is beauty, magic, and meaning in the world if only we want to find it. It is a magical path for those with poetry in their souls.

Evocative and compelling, *Craft of the Wild Witch* reveals how to practice a form of witchcraft that is both wild and free. Within these pages you will discover the wildwitch's way of seeing and knowing, how to discern one's suitability for the wildwitch's path, and the fundamental themes of green spirituality. Also covered in this guidebook:

rituals • chants • seasonal prayers
tree meditations • spellweaving • other-life memories
trancework • the Fey & Otherworld companions
pathworking • herb helpers • sacred intent & safe practice

Poppy Palin (England) is the author and illustrator of six books on her experiences as a natural seer. She is also a professional sacred tattooist and a commissioned artist. Her work has appeared in many magical publications.



Kiddie Nook



I AM A WARRIOR GODDESS

A warrior goddess is strong, powerful, and kind. She's friends with the sun and the wind. She takes care of her body and mind. She helps others and makes the world a better place. Join a young girl with big aspirations to see how you can be a warrior goddess, too. You don't have to be a grown-up to be a hero.

Ages 4-8

JENNIFER ADAMS is the author of more than 40 books, including the *BabyLit* board book series, which introduces small children to the world of classic literature, and *My Little Cities* board books, illustrated by the award-winning Greg Pizzoli. Her work has been featured in the *New York Times*, the *Wall Street Journal*, *Parents* magazine, and *Vanity Fair*. She currently resides in Salt Lake City. For more, visit jennifer-adams.com.

CARME LEMNISCATES is the author, illustrator, and designer of several critically acclaimed children's books. In 2016, she won the Serra d'Or Critics award for *Árboles (Trees)* and was the Bronze recipient of ForeWords Reviews' 2012 Book of the Year Award for *Silence*. She also won the SCBWI-Crystal Kite Award 2017-International for *El Jardín Mágico*. She is the founder of Lemniscates Studio, located in her home city of Barcelona. For more, visit lemniscates.com.



AGES 4-ADULT

THE TREE



Written by Dana Lyons Illustrated by David Danióth
Forewords by Julia Butterfly Hill & Pete Seeger

"*The Tree* should be on every child's bookshelf. The illustrations are hauntingly beautiful. The message is powerful – we must take peaceful action to save what we love."



Dr. Jane Goodall
Author of *A Reason For Hope*

"I love this book!"

Pete Seeger

Pete Seeger, Musician, Songwriter



Events, Workshops & Ceremonies

Book your spot today!

<https://energytealounge.ca/bookings>

September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>
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<i>29</i> Cacao Ceremony, Meditation and Mantra Nights	<i>30</i>					