

Energy

Wisdom & Tea Lounge

Supporting you on your path on all levels for the Mind, Body and Spirit



February 2023



Sign up for our newsletter at Energytealounge.ca
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11932 Dewdney Trunk Road, Mission, BC

Amazing Energies to the start of the New Year 2023!

One word that has been mentioned many times this month that has the qualities of the current energy has been **RELEASE**. Release of fear and emotions. Release in order to forgive yourself and others. Release ego for *Intuitive development*, for achieving *Spiritual Radiance*.

The Book of the Month, "*Intuition and Chakras*", written by Dr. Lesley Phillips, has clear instruction and insight on developing intuition and clearing chakras. Also, her book written for youth, "*The Midas Tree*" has direct guidance for grounding and it's importance through a mystical, magical story.

Azurite Crystal in this month's Crystal Wisdom is amazing for clearing chakras, opening the third eye and crown.

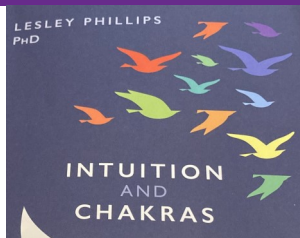
Showcased this month are tools for Protection, Clarity of Thought, Bringing in Abundance.

Keep the Momentum going throughout the month of February!

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BOOK OF THE MONTH



RIDDLE

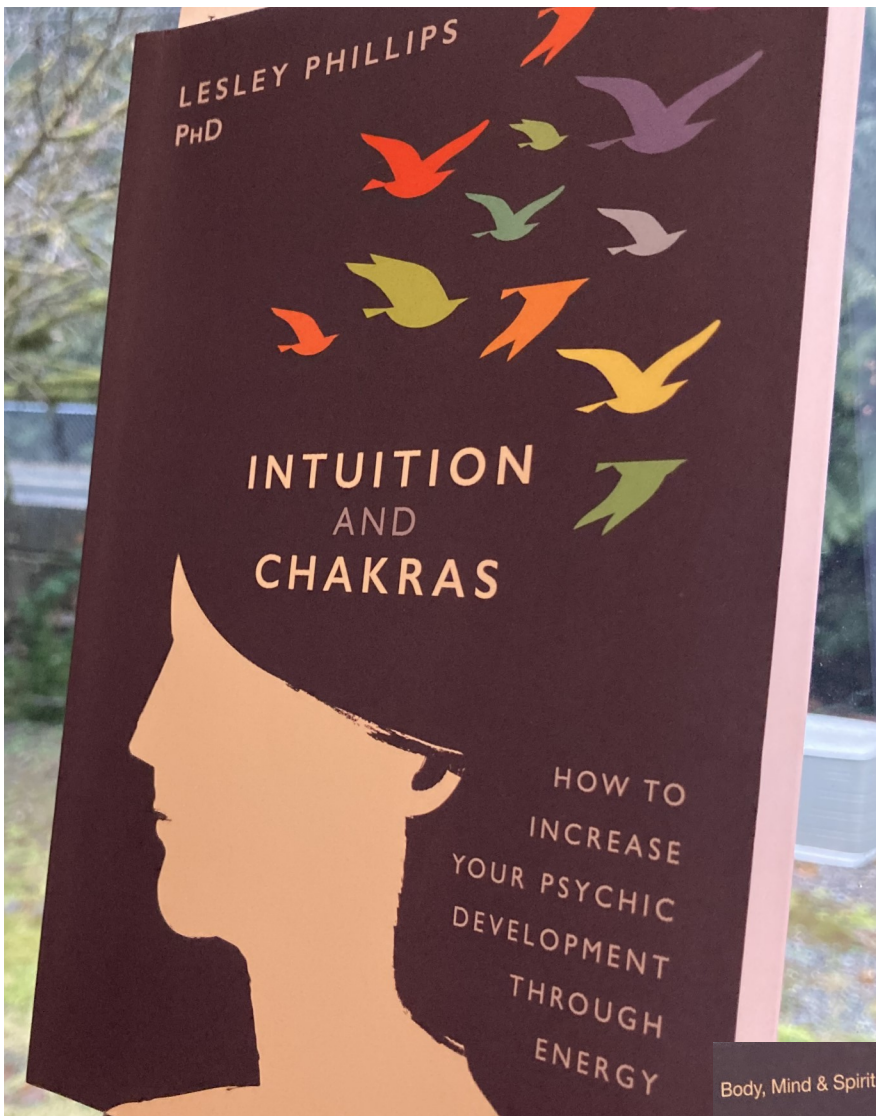
*What spell do we cast as
we weave our mystical webs?*

Find the answer in the newsletter and enter a draw to win a
TumbleStone of your choice at:
info@energytealounge.ca



BOOK

OF THE MONTH



Chakras are conduits for your higher wisdom to flow from your source to you. You can consciously access your spiritual information through them to guide your life journey. They also process your life experiences and help you respond. You can cleanse them to stay clear and change their content based on new revelations about your reality. Each chakra gives a different perspective or vantage point. It can be useful to think of them as windows of perception or doorways of consciousness.

Body, Mind & Spirit / Psychic Development / Chakras

BUILD A RELIABLE SYSTEM OF INNER WISDOM USING YOUR ENERGY BODY

This remarkable book makes it easy to receive intuitive guidance whenever you wish, be confident in your answers to life's big questions, and follow your inner wisdom to happiness and success. Lesley Phillips shows you how to develop your unique profile of psychic abilities through simple energetic techniques. By uniting your subtle body and intuition, you can heighten self-knowledge, reveal your inner truth, heal on multiple levels, and create your best reality.

Intuition and Chakras gives you the foundation needed to safely and effectively develop both your chakras and your intuitive senses. Discover many inspiring stories from Lesley's work with clients. Explore each chakra and how intuitive information flows through it. Featuring accessible exercises and meditations, this book helps you overcome challenges, turn your intuition into a practical tool, and lead a purpose-filled life.

LESLEY PHILLIPS PhD has been teaching intuition development and meditation since 1996. She was ordained as a minister and spiritual counselor in 2003 and as a spiritual teacher in 2005. Lesley hosts an award-winning radio show called *Unlocking Your Truth*. She has helped thousands through readings, healings, and psychic development courses at her School of Intuition. Visit her at www.DrLesleyPhillips.com.

CRYSTAL

WISDOM



KEY WORDS Insight, vision, intuition, intellect

ELEMENT Wind

CHAKRAS Third Eye (6th), Crown (7th)

THE CRYSTAL BIBLE

Azurite guides psychic and *intuitive* development. It urges the soul toward enlightenment. It cleanses and stimulates the third eye and attunes to spiritual guidance. This crystal enables journeys out of the body to take place easily and safely. It *raises consciousness* to a higher level and gives greater control over spiritual unfoldment. It facilitates entering a *meditative* and *channeling* state. Azurite is a powerful *healing* stone, facilitating psychosomatic understanding of the effect of the mind and emotions of the body.

Mentally, Azurite brings about clear understanding and new perspectives, and expands the mind. It releases long-standing blocks in communication and stimulates memory. Azurite challenges your view of reality and lets go of programmed belief systems to move into the unknown without fear, reaching deeper *insights* and a *new reality*. Old beliefs gently rise into the conscious mind to be tested against truth.

Emotionally, Azurite treats throat problems, arthritis and joint problems, aligns the spine,

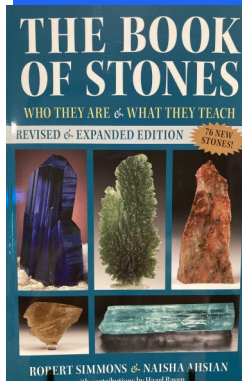
and works at a cellular level to restore any blockages or damage to the brain. It heals kidney, gallbladder, and liver problems, and treats the spleen, thyroid, bones, teeth, and skin and aids detoxification. It encourages the development of the *embryo* in the womb. Azurite has a *special resonance* with the mind and mental processes, mental healing, and stress relief. It can energize and realign the subtle bodies with the physical, *clearing the chakras*.

POSITION Wear touching the skin on the right hand or place as appropriate directly on the body, especially on the third eye. May induce palpitations. If so, remove immediately.

COMBINATION STONE Azurite with Malachite combines the qualities of the two crystals and is a powerful conductor of energy. It unlocks *spiritual vision*, strengthens the ability to *visualize*, and opens the third eye. At an emotional level it brings deep healing, cleansing ancient blocks, miasms, or thought patterns. It overcomes muscle cramps.

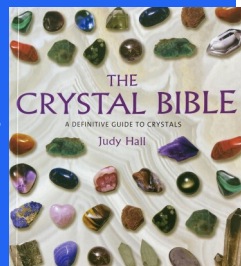
AFFIRMATION

"I open my mind to new vision, both inner and outer, as I expand my awareness."



Excerpts from
"THE CRYSTAL BIBLE"
by Judy Hall

"THE BOOK OF STONES"
by Robert Simmons & Naisha Ahsian



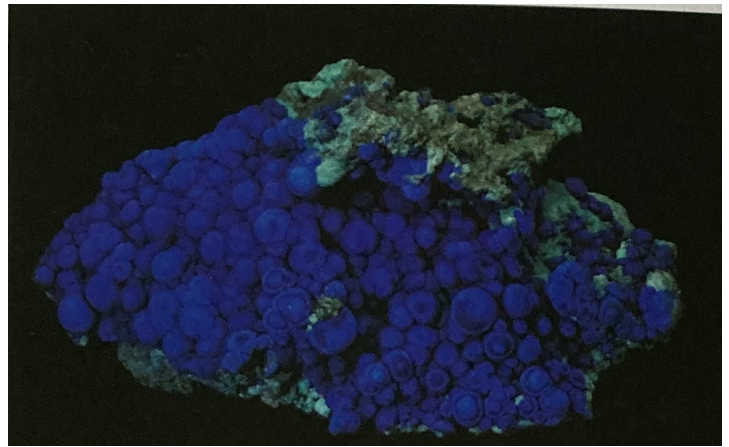
AZURITE

THE BOOK OF STONES

No stone is a purer embodiment of the *Blue Ray* than Azurite. Its rich dark-blue colour carries the exact frequency of the *third-eye chakra* and is a natural tool for the activation of that energy center. Azurite is a stone of *inner vision* and can be used for the enhancement of dreams as well as the development of psychic powers. It can stimulate intellect as well as intuition, and it is a helpful aid for those who are studying new or challenging subjects. It is recommended that anyone who is a student, including being a '*student of life,*' carry or wear an Azurite to aid them in the assimilation and retention of new information and ideas. Azurite can also facilitate the agility of mind required to make conceptual leaps and reach new *insights*.

Azurite can be used to strengthen the astral and etheric bodies, making ones less vulnerable to psychic attack or attachments. It can be used to seal 'holes in the aura', thus alleviating tendencies to succumb to fatigue. It stimulates all the mind centers, nourishing within self a keen interest in all aspects of one's life and function in society. It is an excellent antidote to boredom, since it opens one's inner eye to a wide array of connections and possibilities. Those engaged in academic pursuits may find the Azurite makes it easier to retain *clarity* and *focus* while studying. It can certainly assist one in making new connections between seemingly unrelated fields of knowledge. It is a stone of *synthesis*, whereby the discovery of new commonalities and links between different ideas leads to higher levels of understanding of life and the world. Azurite is a stone which opens the *door to inner discovery*. Azurite is a stone of insight and vision. It is an excellent ally for opening and clearing the third-eye and crown chakras, stimulating psychic and intuitive ability and aligning inner vision to higher guidance. Azurite can assist in exploring *past or alternate lifetimes*, and in recovering information and knowledge from those lifetimes.

Azurite's ability to stimulate inner sight is also useful for the spiritual seeker. As seekers, we must constantly *monitor* our thoughts and motives in a effort to better ourselves mentally, psychically and spiritually. As humans, our *egos* are often driving forces in our motives and actions. Azurite lends us the inner sight to honestly see where our *motives* are based. The true spiritual seeker will use one's intuitive abilities and inner sight for the *highest good of all beings*, not for personal gain or ego fulfillment. Azurite can easily cause the ego's 'house of cards' to tumble down, revealing the truth behind the illusion our ego would have us see.



Azurite also gives one the ability to 'read between the lines' in what others would have us believe. It is a great aid to *non-judgmental discernment*, because it allows one to understand the *true motives* in others as well as oneself. Azurite is an excellent ally to employ when undertaking business or personal *partnerships*, as it helps the *truth rise to the surface*.

Azurite is a *classic ally* for the psychic, medium, channel or other intuitive *Light worker*. It enhances one's psi powers and helps one maintain *objectivity* and *accuracy*. It assists one in *clearly interpreting* psychic information without placing one's own opinion, judgments or experiences into the mix. It is *stimulating* to the mind and can help with learning, *memorizing*, writing, lecturing or other tasks having to do with the orderly presentation or integration of information. It is an excellent stone to take into testing situations or negotiations.

SPIRITUAL **Azurite** opens the third eye and crown, stimulating psychic powers, assisting in past-life recall and bringing an increased sense of connection to the Divine. It helps one sense the truth in a situation and protects one from being misled. It allows one to understand others' motives and to act in alignment with Spirit. It helps psychics and other intuitive counselors improve the accuracy of their interpretations.

EMOTIONAL Falsehood stems from fear. Azurite has the ability to help one understand the *root of one's fears* when one is habitually un-truthful or deceptive. It can lend one the *courage* to correct these patterns and to be more clear and truthful to oneself and others.

PHYSICAL Azurite is helpful in all issues of the brain and head. It can help soothe migraines, lessen tinnitus, and balance vertigo.

READING NOOK

Tea Leaf Readings

With

Carolyn

Tarot Readings

With

Katie



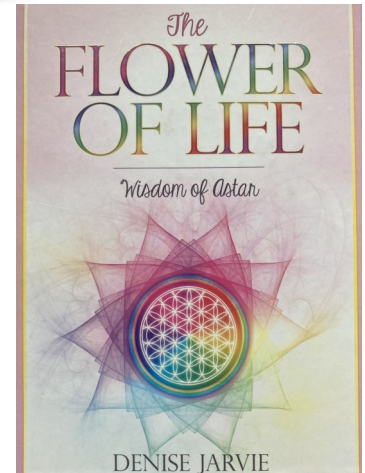
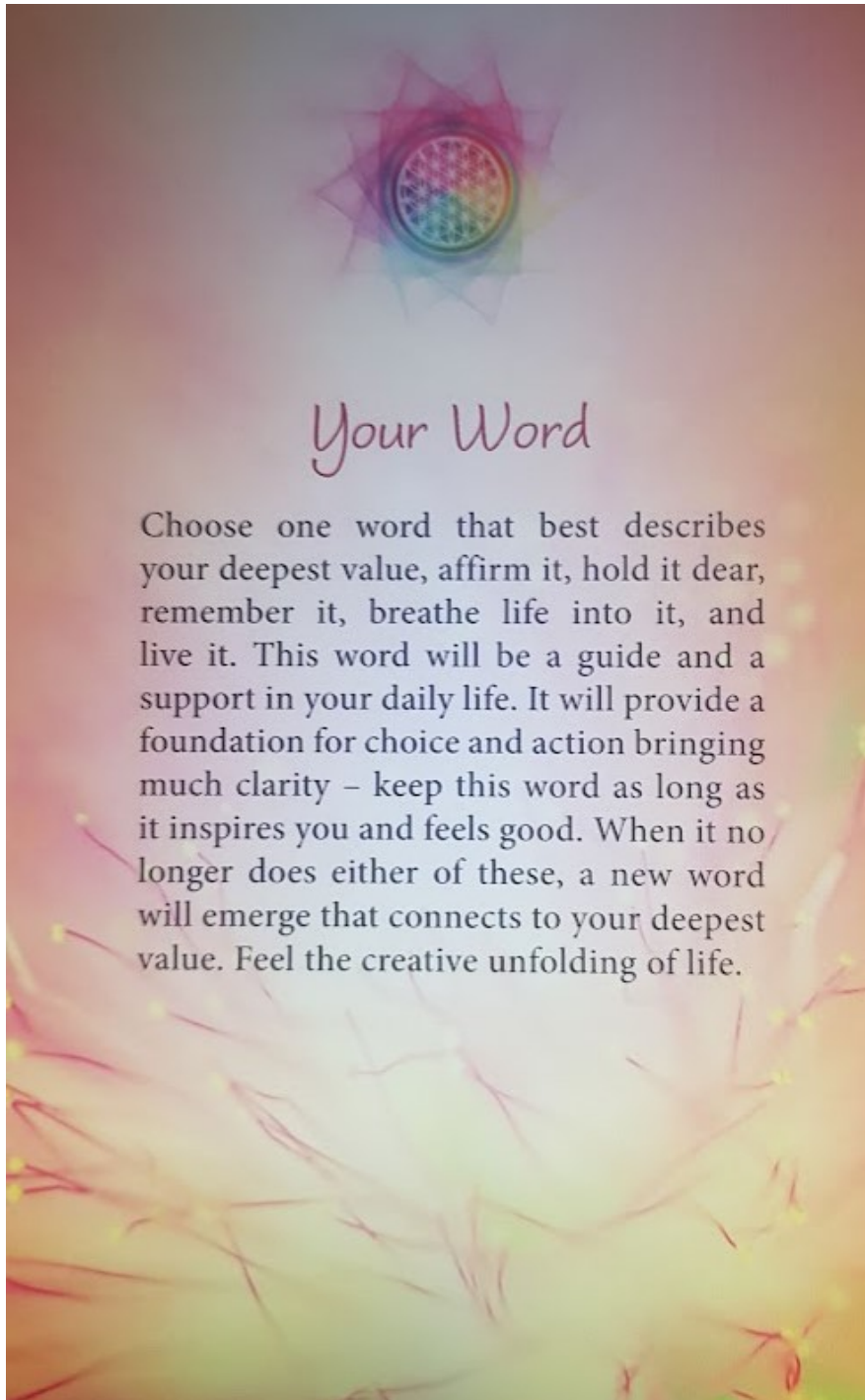
Book a reading at
<https://energytealounge.ca/bookings>

10:00am-4:00pm

30 minute session—\$50

60 minute session—\$95

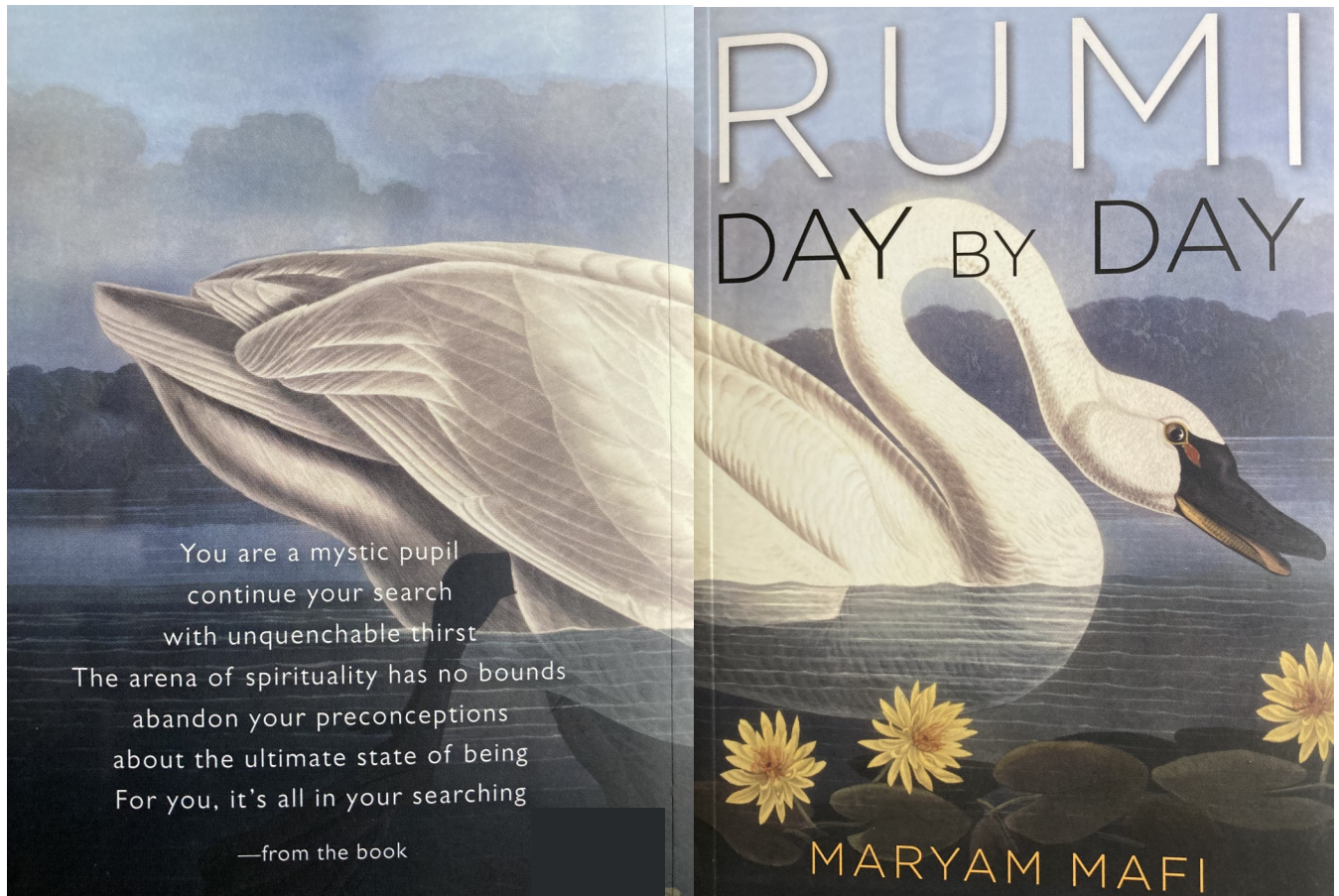
February Oracle Guidance



ABOUT THE READER

Carolyn is an Intuitive & Teacher, Owner of *Energy Wisdom & Tea Lounge*. Carolyn has been practicing spirituality for over two decades and is a true teacher at heart.

Poetry Wisdom



*Walking in this world
with knowledge of a higher realm
is like traversing a vast, lush meadow
in painfully tight shoes!
Someone who sees you from afar
might think you were cavorting in heaven,
while all you can think of
is how to free yourself
from your suffocating state.*

Psychic and Spiritual Fair

March 18, 2023

Come celebrate the Spring Equinox "OSTARA" with us!

The earth awakens, new life emerges, sap rises, buds shoot and spring flowers are celebrated as gifts from nature.

Spring returns and rejuvenates our own life force.

It is a time for celebrating the greening of the earth.



Check out all our events at
<https://energytealounge.ca/bookings>

Sign up and check out more Events coming soon on our calendar and follow us on Facebook.

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SHOW

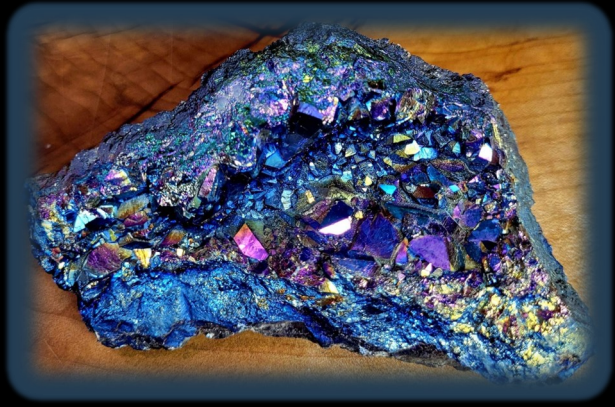
CASE



Protection Pieces include; Flower of Life Mat, Tingsha Bells, Raven Candle Holder, Black Obsidian Crystal, Raw Shungite Cube, White Sage & Cinnamon Smudge Stick



Clear Quartz provides receptive energy & clarity to thoughts.



TITANIUM AMETHYST
RAINBOW AURA AMETHYST

Bringing in Abundance Tools: Citrine Chip Stone
Necklace, Citrine Rough Point, Sunstone
Tumbledstone, Sun Incense Holder, Gateway of Light
Activation Oracle Card Deck



Moon Theme Pieces: Moon Phase DreamCatcher, Wood
Sun & Moon Pendulum Mat, Resin Silver & Blue Moon
Incense Holder, Selenite Tower, Moonstone Bracelet



Valentine Gift Basket



Custom T-Shirts





KIDDIE

NOOK

The Midas Tree

Written by Lesley Phillips



Illustrations by
Cody Chancellor

What would you do
if you found a door in a tree?

The Midas Tree

by Lesley Phillips

Enter the Adventure!

Joshua enters a door in a magical tree and is trapped inside a mystical realm! Desperate to go home, he must first transform himself, and...

The Midas Tree!

If *The Chronicles of Narnia* and *Alice through the Looking Glass* are some of your favourite books, you will adore *The Midas Tree*." Jenny Keller Ford, Author of "The Amulet of Ormisez" and "Dragon Flight"

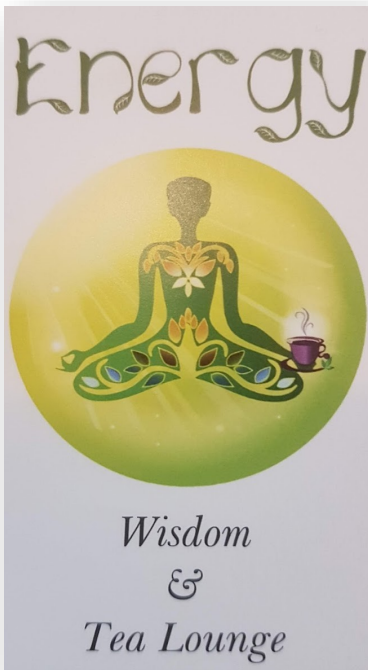
The Devas were amazing!
They reminded me of fairy godparents.
Angie Krause, angelsareforkidsandfurkids.com

A fantastically animated cast, imaginative settings, and a unique, enthralling story!
Shahiroz Walji, Astral Encounters.

Children will enjoy the magical aspects of the story.
Caroline Begin, relaxationathome.com - book of the month.

"We cast the spell of destiny as we weave our mystical webs. Every subtle stitch, every decision on whether to add a thread here or there, all lead to the final culmination, the result, the outcome, the ultimate destination, another NOW moment."

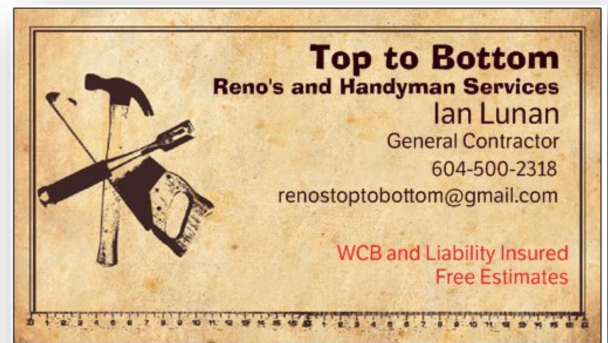
CONNECTIONS



Supporting you on
your path on all levels
for the mind, body
and spirit.



11932 Dewdney Trunk Road
Mission, BC
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(deadline every month is the 30th)


\$ 5.00/business card one side

\$7.50/business card both sides

\$10.00/half page

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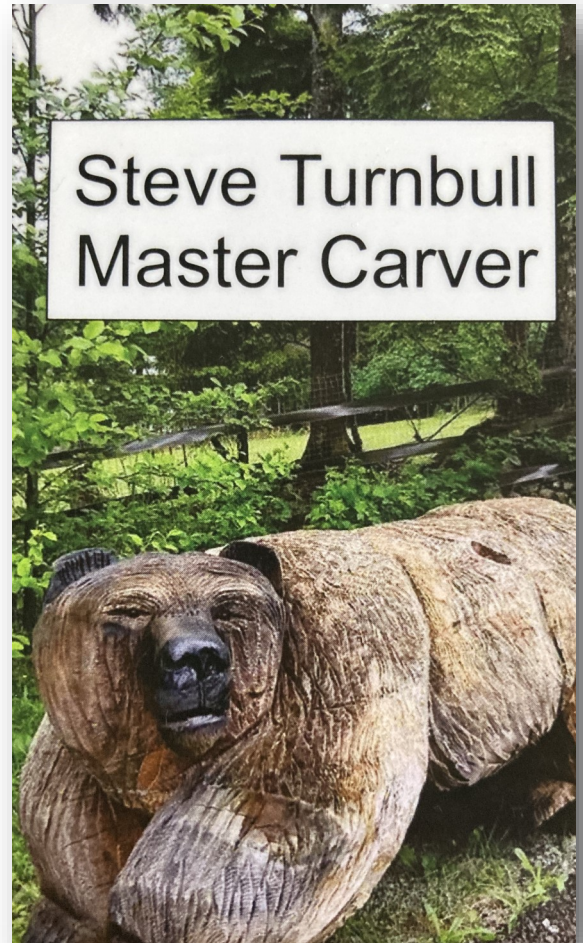


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Eclectic Soul Energy

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Shannon Lester 604.302.5416 Mission, BC

eclecticsoulenergy@gmail.com <https://www.facebook.com/eclecticsoulenergy>



<https://energytealounge.ca/>

Phone: 604-814-8095

info@energytealounge.ca

11932 Dewdney Trunk Road, Mission

