

Energy

Wisdom & Tea Lounge

Supporting you on your path on all levels for the Mind, Body and Spirit



Newsletter

February 2024



Celebrating the Soul Dance

Divine Connection, Unity, Love

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February Wisdom

Divine Intimate Soul Dance

Divine intimate connection is always about Light and has nothing to do with technique or sexy underwear. It is all about Light circulating between the two souls, activating DNA and divine information is being moved by a higher intelligence throughout their body grids and the web of life. Its all about two souls, who's frequencies are matching each other like two magnets. Allowing all emotions to flow through the healing vessel of divine connection until the many trails inside of their aura fields are cleared. Healing of old wounds and mistrust towards life, others and oneself. In time they become a medium for higher lightwork together. This divine union is about moving our soul light in a dance with another soul and once we aware of this power, we become a true force of Love together.

Crystal Wisdom



HEALING Rose Quartz strengthens the physical heart and circulatory system and releases impurities from body fluids. Placed on the thymus, Rose Quartz aids chest and lung problems. It heals the kidneys and adrenals and alleviates vertigo. Rose Quartz is said to increase fertility. The stone of elixir soothes burns and blistering and smooths the complexion. It is helpful in Alzheimer's, Parkinson's, and senile dementia.

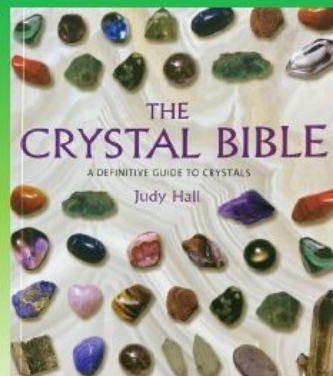
POSITION Wear, especially over the heart. Place on the heart, thymus, or in relationship corner of room.

Rose Quartz is the stone of unconditional love and infinite peace. It is the most important crystal for the heart and the heart chakra, teaching the true essence of love. It purifies and opens the heart at all levels, and brings deep inner healing and self-love. It is calming, reassuring, and excellent for use in trauma or crisis.

If you want to attract love, look no further than romantic Rose Quartz. Placed by your bed or in the relationship corner of your home, it is so effective in drawing love and relationships toward you that it often needs Amethyst to calm things down in existing relationships, it will restore trust and harmony, and encourage unconditional love.

Rose Quartz gently draws off negative energy and replaces it with loving vibes. It strengthens empathy and sensitivity and aids the acceptance of necessary change. It is an excellent stone for mid-life crisis. Holding Rose Quartz enhances positive affirmations. The stone can then remind you of your intention. This beautiful stone promotes receptivity to beauty of all kinds.

Emotionally, Rose Quartz is the finest healer. Releasing unexpressed emotions and heartache and transmuting emotional conditioning that no longer serves, it soothes internalized pain and heals deprivation. If you have never received love, Rose Quartz opens your heart so that you become receptive. If you have loved and lost, it comforts your grief. Rose Quartz teaches you how to love yourself, vital if you have thought yourself unlovable. You cannot accept love from others nor love them unless you love yourself. This stone encourages self-forgiveness and acceptance, and invokes self-trust and self-worth.



Excerpts from "The Crystal Bible" by
Judy Hall

For further details on *Crystals*,
please visit:

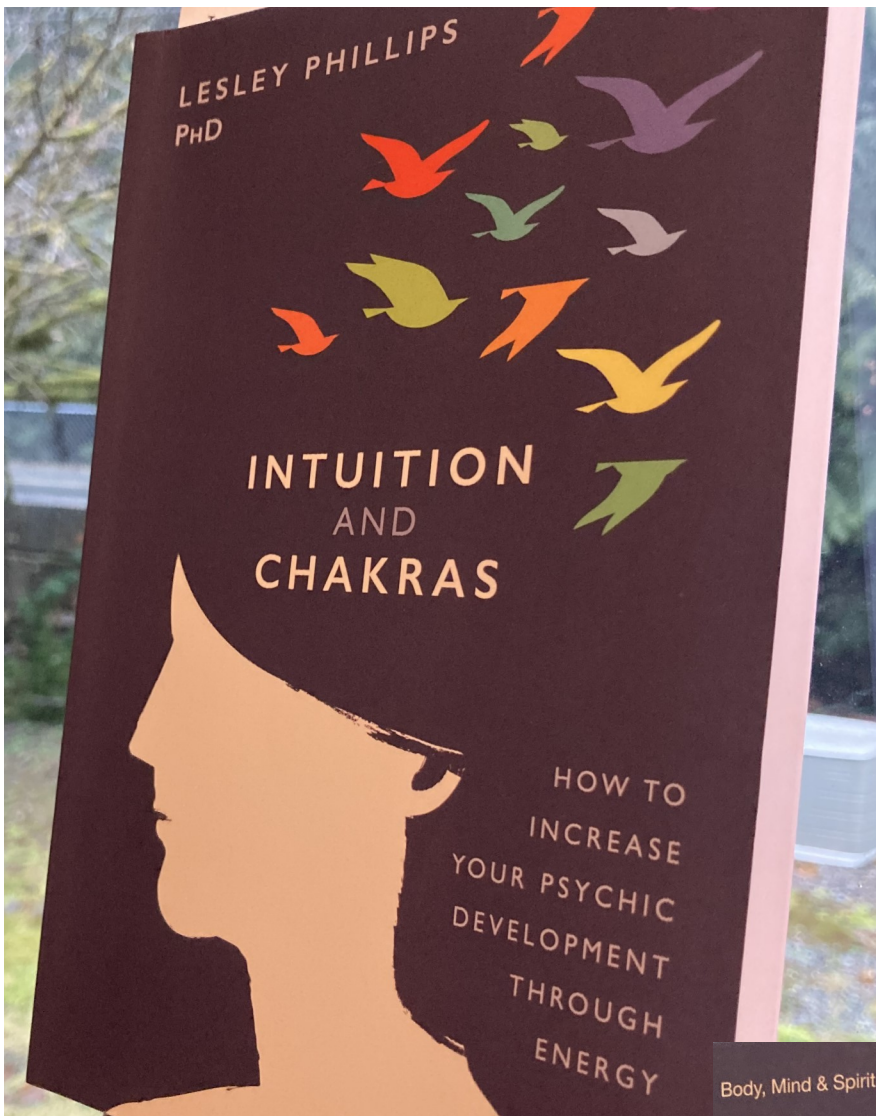
[Energy Wisdom & Tea Lounge](#)

July Crystal Wisdom

Green Calcite

BOOK

OF THE MONTH



Chakras are conduits for your higher wisdom to flow from your source to you. You can consciously access your spiritual information through them to guide your life journey. They also process your life experiences and help you respond. You can cleanse them to stay clear and change their content based on new revelations about your reality. Each chakra gives a different perspective or vantage point. It can be useful to think of them as windows of perception or doorways of consciousness.

Body, Mind & Spirit / Psychic Development / Chakras

BUILD A RELIABLE SYSTEM OF INNER WISDOM USING YOUR ENERGY BODY

This remarkable book makes it easy to receive intuitive guidance whenever you wish, be confident in your answers to life's big questions, and follow your inner wisdom to happiness and success. Lesley Phillips shows you how to develop your unique profile of psychic abilities through simple energetic techniques. By uniting your subtle body and intuition, you can heighten self-knowledge, reveal your inner truth, heal on multiple levels, and create your best reality.

Intuition and Chakras gives you the foundation needed to safely and effectively develop both your chakras and your intuitive senses. Discover many inspiring stories from Lesley's work with clients. Explore each chakra and how intuitive information flows through it. Featuring accessible exercises and meditations, this book helps you overcome challenges, turn your intuition into a practical tool, and lead a purpose-filled life.

LESLEY PHILLIPS PhD has been teaching intuition development and meditation since 1996. She was ordained as a minister and spiritual counselor in 2003 and as a spiritual teacher in 2005. Lesley hosts an award-winning radio show called *Unlocking Your Truth*. She has helped thousands through readings, healings, and psychic development courses at her School of Intuition. Visit her at www.DrLesleyPhillips.com.

SHOW

CASE



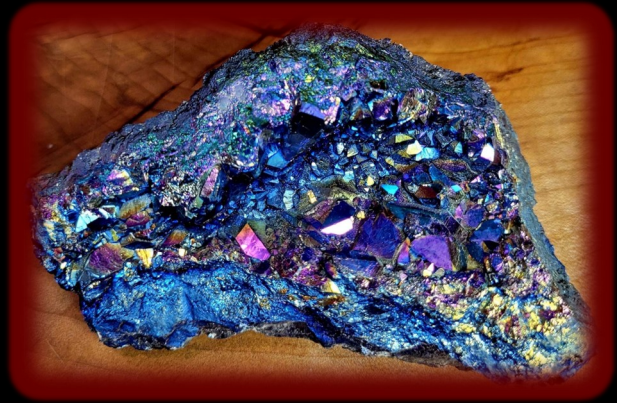
Protection Pieces include; Flower of Life Mat, Tingsha Bells, Raven Candle Holder, Black Obsidian Crystal, Raw Shungite Cube, White Sage & Cinnamon Smudge Stick



Clear Quartz provides receptive energy & clarity to thoughts.



Bringing in Abundance Tools: Citrine Chip Stone
Necklace, Citrine Rough Point, Sunstone
Tumbledstone, Sun Incense Holder, Gateway of Light
Activation Oracle Card Deck



TITANIUM AMETHYST
RAINBOW AURA AMETHYST



Moon Theme Pieces: Moon Phase DreamCatcher, Wood
Sun & Moon Pendulum Mat, Resin Silver & Blue Moon
Incense Holder, Selenite Tower, Moonstone Bracelet

Readings

Carolyn Goodall—Tea Leaf Readings

Katie White—Tarot Readings

*Stacey Kirchner—Akashic Record
Readings*

Ross Van Der Hoek—Mediumship

Book your Reading today at:

<https://energytealounge.ca/bookings>

Wednesday - Sunday

11:00am - 8:00pm

EVENTS & WORKSHOPS

Book your spot today!

<https://energytealounge.ca/bookings>

FEBRUARY 2024

Sun	M	Tu	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9 <i>New Moon Ceremony</i>	10 <i>New Moon Ceremony</i>
11	12	13	14	15	16	17 <i>Introduction to Crystals</i>
18	19	20	21	22	23	24 <i>Intuitive Development Class</i>
25 <i>Cacao Ceremony, Meditation & Mantras</i>	26	27	28	29		

MARCH 2024

Sun

Mo

Tue

Wed

Thu

Fri

Sat

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**2 Guided
Messages from
Spirit**

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**10 New Moon
Ceremony**

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**23 **Psychic &
Spiritual Fair****

**24 Full Moon
Ceremony**

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**30 Intuitive
Development
Class**

**31 Cacao Ceremony,
Meditation &
Mantras**



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