Service provided through in-home visits:

- Provide tools and support to strengthen families
- Build on family strengths
- Celebrate families in their diversity

The Family Support Program supports the healthy development of the whole family unit. Desiring for children to grow up in peaceful and loving homes where they feel safe and valued. Working to develop healthy relationships inside and outside of the home.



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sometimes It's about who is there to hold your hand and support YOU, when YOU need them!

## Family Support Program

## 306-782-1205 306-782-1209

Parents desire the best for their children; no parent sets out to fail.

However, in our fast-paced life with many demands on families, relationships can break down.



All families experience stress and challenges. Family Support wants to provide support and help to build new skills by teaching and modeling healthy relationships within the family unit.

## Common topics are:

- Positive Parenting
- Communication skills
- Relationship building
- Connectedness to community
- Child development
- Child safety
- Healthy teen relationships
- Coping skills
- Personal wellness



At Family Support we provide in-home services to help parents to:

- Develop/improve parenting skills
- Grow stronger family bonds
- Learn Child Development
- Support Daily Life Skills
- Support challenging behaviours



The best inheritance a parent can give to his children is a few minutes of their time each day.

- M. Grundler

Whether you are new to parenting or have been parenting for many years, your inquiry into our program is welcomed.

We all need hope and encouragement in our parenting journey. As our children grow and develop, we want to provide the very best care and compassion to allow them to grow to their full potential.

Our desire is:

- for families to feel empowered
- · for children to feel safe and loved
- to impact the next generation in a positive way

We want to provide opportunities for families to be healthy and for parents to care for the people that matter most to them—**their children!**