



Unlock your potential.

The possibility for expansion
and growth is inside us all.



SIGN Vocational Employment and Independent Living Program

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**Independent
Living Program /
Vocational
Employment Program**



306-783-9420



The programs provide on-site training and supervision as well as independent living supports and services to individuals with persistent mental health illnesses. The Vocational Employment Program is designed to prepare and assist individuals who have difficulty obtaining and/or maintaining employment.

Referral Process:

Referrals to the programs are made by Mental Health Services ONLY.

The goal of the **Vocational Employment Program** is to increase employability and self-sufficiency of program individuals by providing supportive job skills and a job coach to monitor participants during work placements.

Job Types:

- Lawn Care
- House Cleaning
- Janitorial
- Snow Removal
- Home Checks (Vacations, etc.)
- Seasonal yard Clean-ups
- Miscellaneous Jobs

The goal of the **Independent Living Program** is to provide individuals with basic living skills to facilitate independent living.

Services Provided:

- Support and reassurance
- Teaching skills related to:
 - Housekeeping
 - Menu Planning
 - Meal Preparation
 - Shopping
 - Budgeting
 - Personal Hygiene
- Assisting with locating housing and relocation
- Advocacy
- Assistance with accessing community resources