

Triple P Online! Free courses for residents of Saskatchewan

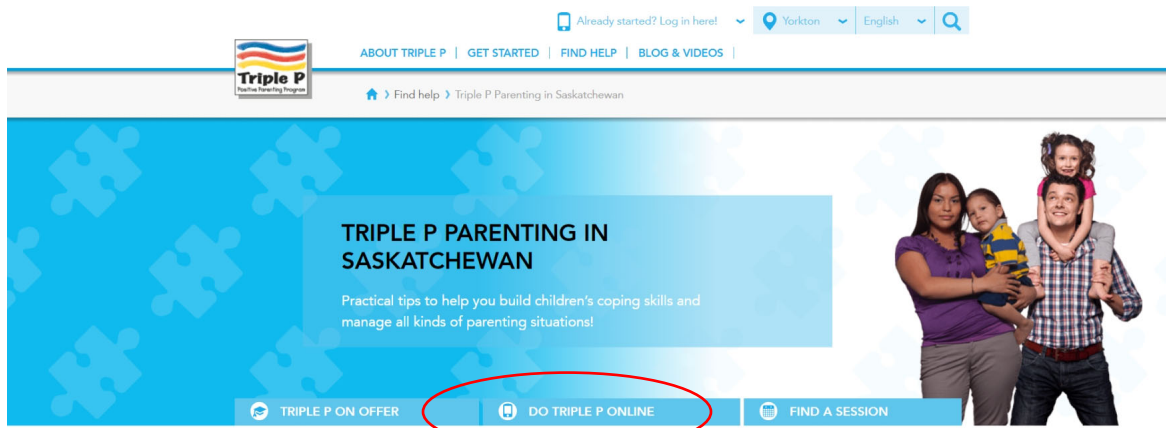


Go to Triple P Parenting's Canadian website at www.triplep-parenting.ca.

You may see a link at the top, **See the special range of Triple P programs offered in Saskatchewan.**

Below that, you may see the location as Yorkton, and the language as English. If your location and language are not correct, change them to Yorkton and either English or French, then click the line mentioned above which will take you to the Saskatchewan portion of the website.

There you will see this page:



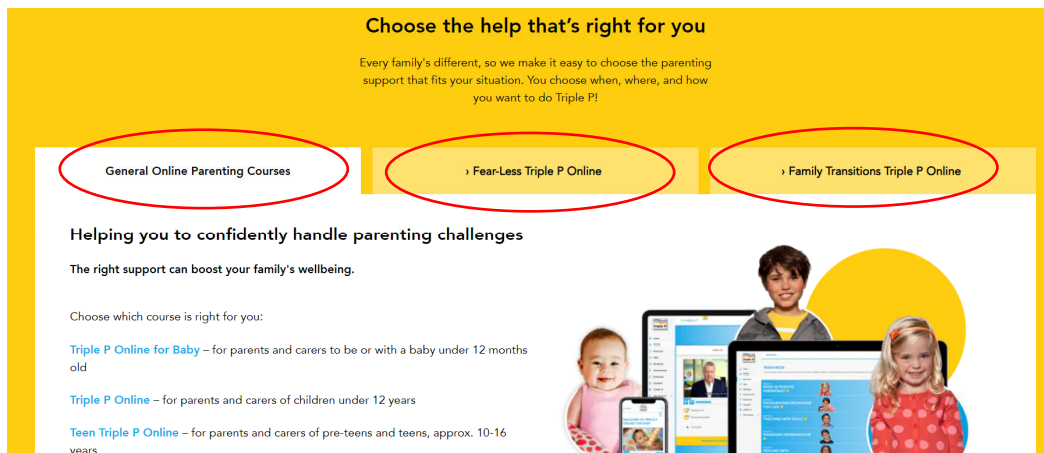
Triple P is the parenting program that helps make raising kids (and teenagers) easier. It gives parents simple tips to help manage the big and small problems of family life! Our programs offer support for every step of your parenting journey, from babies, to toddlers, to children and teenagers. Self-esteem issues. Feeling anxious. Bedtime battles. Aggressive or uncooperative behaviour. Separation or divorce. Weight and exercise concerns. Triple P can help you deal with them all – and more! And Triple P is one of the few parenting programs in the world with evidence to show it works for most families.

The Government of Saskatchewan is taking the guesswork out of parenting, by supporting parents and caregivers throughout the province by offering the Triple P – Positive Parenting Program® for free in most locations.

Read the [free digital magazine](#) to help you through uncertain times and COVID-19!



On this page, click the middle blue tab, **DO TRIPLE P ONLINE**, and you will see this:



The courses offered here are free to residents of Saskatchewan.

*If you click on other links to courses, you will see courses for which there is a fee. Only the courses listed under the three tabs > **General Online Parenting Courses**, >**Fear-Less Triple P Online** and > **Family Transitions Triple P Online** are free.*

Under **General Online Parenting Courses**, you will see three courses:

- Triple P Online for Baby
- Triple P Online
- Teen Triple P Online

Under **Fear-Less Triple P Online** and **Family Transitions Triple P Online**, you will see a button **Get started today – it's free!** >

Select the course for which you wish to register and you will be taken to a new page. That page provides more information about the course. To register, scroll down to the bottom of the page and fill in all the requested information on this form:

Children under 12? Do Triple P Online FREE!

Families in Saskatchewan get FREE access for 12 months

First name * Last name *
Please enter your first name Please enter your last name

Email * Postal Code*
Your email address will be your user name Please enter your postal code

We respect your privacy. We invite you to read our [privacy policy](#).

- ✓ Register now, start in 5 minutes!
- ✓ Based on scientifically proven principles
- ✓ Track your progress
- ✓ Go at your own pace – free access for 1 year

After you submit your registration, information to login to the Triple P portal will be sent to the email address you provided.

The number of free courses are limited so we encourage you to get the best out of this free resource for Saskatchewan families.

Thank you for trusting Triple P!

SIGN Triple P

SIGN on Broadway, 345 Broadway St. West, Yorkton SK

Web www.signyorkton.ca/triple-p

Email triplep@signyorkton.ca