



Society for the Involvement of

Good

Neighbours

KAMSACK FAMILY RESOURCE CENTRE

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 - 11:30 AM Wiggles & Giggles - Drop in play for infants aged 0-12 months! 1 - 3:30 PM In Our Feelings - Empathy & Kindness (My Friend Is Sad) Learning to notice sadness in others and respond with kind words	3 10:30 - 12 AM Money Matters Workshop for Indigenous Peoples: Spending Plans Centre closed in afternoon for staff meeting	4 10 AM - 3 PM Rapid Access Counselling 10 AM - 2 PM Moms Meetup <i>Join us for coffee, light lunch and snacks!</i> <i>Meet new & seasoned moms!</i> Jordan's Principle Rep on site to assist with client Jordan's Principle claims	5 9:30 - 11:30 AM Jocelyn of Shelwyn House on site for Bullying Q&A and Group Talk 1 - 3:30 PM Play & Connect! (drop in) Ages & Stages Questionnaire	6 9:45 - 10:45 AM Gym Jam! <i>Join us at Victoria School Gym for gross motor play!</i> 1 - 3:30 PM Play & Connect! (drop in)
9 9:30 - 11:30 AM Wiggles & Giggles! Drop in play for babies aged 0-12 months! 1 - 3:30 PM In Our Feelings - Patience & Calm-Down Skills (Waiting Is Not Easy!) Finding safe actions to use when waiting feels hard	10 10:30 - 12 AM Money Matters Workshop for Indigenous Peoples: Ways to Save 1 - 3:30 PM Sharing Circle Parents with kids under 5	11 10 AM - 3 PM Rapid Access Counselling 10 AM - 2 PM Moms Meetup <i>Join us for coffee, light lunch and snacks!</i> <i>Meet new & seasoned moms!</i>	12 9:30 - 11:30 AM Sensory Play! Pink&Red Snowstorm Jars 1 - 3:30 PM Play & Connect! (drop in) Ages & Stages Questionnaire	13 9:45 - 10:45 AM Gym Jam! <i>Wear red or pink for Valentines day & meet me at Victoria School Gym!</i> 1 - 3:30 PM Play & Connect! (drop in) Bring your siblings & come play to celebrate Family Day! Valentines themed activities offered for play!
16 Centre closed. Happy Family Day!	17 10:30 - 12 AM Money Matters Workshop for Indigenous Peoples: Shopping Smart 1 - 3:30 PM Sharing Circle Parents with kids under 5	18 10 AM - 3 PM Rapid Access Counselling 10 AM - 2 PM Moms Meet-Up <i>Join us for coffee, light lunch and snacks!</i> <i>Meet new & seasoned moms!</i> Jordan's Principle Rep on site for assistance with Jordan's Principle claims	19 9:30 - 11:30 Sensory Play! <i>Play-dough family portraits</i> 1 - 3:30 PM Play & Connect! (drop in) Ages & Stages Questionnaire	20 9:45 - 10:45 AM Gym Jam! <i>Meet me at Victoria School Gym for gross motor programming!</i> 1 - 3:30 PM Play & Connect! (drop in)
23 9:30 - 11 AM Wiggles & Giggles! Drop in play for babies aged 0-12 months! 11 - 11:30 AM Public Health Q&A 1 - 3:30 PM In Our Feelings: Inclusion & Cooperation (Can I Play Too?) Using calm thinking to find ways for everyone to play together.	24 9:30 - 11:30 AM Play & Connect! (drop in) 1 - 3:30 PM Sharing Circle - Parents with Kids under 5	25 10 AM - 3 PM Rapid Access Counselling 10 AM - 2 PM Moms Meet-Up with Yorkton Triple P on site! Topic: Toilet Training Morning session: 10:30 AM-12PM Afternoon Session: 1 - 2:30 PM <i>Join us for coffee, light lunch & snacks! Gain info on toilet training your child!</i>	26 9:30 - 11:30 AM Sensory Play! Snow Much Fun Tuff Tray 1 - 2:30 PM Winter Themed Learning Event w/ Mobile Early Learning East Central @ Kamsack Public Library - Please register by texting Devin at 306 590 7535 Ages & Stages Questionnaire	27 9:45 - 10:45 AM Gym Jam! <i>Meet me at Victoria School Gym for gross motor programming!</i> 1 - 3:30 PM Play & Connect! (drop in)
	<i>Find us on Facebook!</i>  			

This calendar is subject to change. Please watch for us on Facebook and Instagram. SIGN Kamsack Family Resource Centre, located at 434 1st Street, Kamsack

To contact us: Phone 306-542-1010 / Call or text 306-590-8070 or 306-590-7535 / Email kamsackfrc@signyorkton.ca