## November 2024



Monday	Tuesday	Wednesday	Thursday	Friday
				1
Find us on Facebook	Come Grow with asl			9:45 - 10:45 AM
4	5	6	7	8
9:30 - 11:30 AM Mom's Mental Health Approaching Sensitive Conversations and Communicating Needs  1 - 3:30 PM Play & Connect (drop in)	9:30 - 11 AM Parenting Tip Tuesday: Let's Talk Spanking 11 - 11:30 AM RHYME TIME! at Kamsack Library for singalongs! 1:30 - 2:30 PM Play & Connect! (drop in)	10 AM - 3 PM Rapid Access Counselling  10 AM - 2 PM Play & Connect (drop-in) at Kamsack Seniors Centre	9:30 - 11:30 AM Play & Connect! (drop in)  1 - 3 PM Sensory Play Poppy Collage Ages & Stages Questionnaire	9:45 - 10:45 AM
11	12	13	14	15
Centre closed for Remembrance Day	9:30 - 11 AM Parenting Tip Tuesday Authoritative vs Authoritarian Parenting 11 - 11:30 AM RHYME TIME! Meet us @ Kamsack Library for sing-alongs! 1 - 3:30 PM Play & Connect! (drop in)	10 AM - 3 PM Rapid Access Counselling  10 AM - 2 PM Play & Connect (drop-in) at Kamsack Seniors Centre Play, sensory fun and crafts!	9:30 - 11:30 AM Play & Connect (drop in)  1 - 3:30 PM Sensory Play Nature Paint Brushes Ages & Stages Questionnaire	9:45 - 10:45 AM Gym Jam! Meet us at Victoria School Gym for games and activities!  1 - 3:30 PM Move your Bones Tissue Paper Tuff Tray Toss
18	19	20	21	22
9:30 - 11:30 AM Mother's Mental Health Sensitive  1 - 3:30 PM Play & Connect! (drop in)	9:30 - 11 AM Parenting Tip Tuesday: Whining 11 - 11:30 AM RHYME TIME! Meet us at Kamsack Library for sing-alongs! 1 - 3:30 PM	Centre closed for staff training	Centre closed for staff meeting	9:45 - 10:45 AM Gym Jam! Meet us at Victoria School Gym 1 - 3:30 PM Move Your Bones  23  10 AM - 2 PM
	Play & Connect (drop in)			Play & Connect (drop in) at Kamsack Seniors Centre
25	26	27	28	29
9:30 - 11:30 AM Mother's Mental Health Mom Rage - What Is It?  1 - 3:30 PM Play & Connect! (drop in)	9:30 - 11 AM Parenting Tip Tuesday: Hassle Free Mealtimes 11 - 11:30 AM RHYME TIME! Meet us at Kamsack Library for sing-alongs! 1 - 3 PM Play & Connect (drop in)	10 AM - 3 PM Rapid Access Counselling  9:30 - 11:30 AM Play & Connect! (drop in) at Kamsack Seniors Centre!  1 - 3:30 PM Kick The Letter Block Play	9:30 - 11:30 AM Sensory Play Leaf Cutting Bin 1 - 3:30 PM Play & Connect (drop in)	9:45 - 10:45 AM

This calendar is subject to change. Please watch out for us on Facebook and Instagram, coming soon.

To contact us: Phone 306-542-1010 / Fax 306-542-1011 / Call or text 306-590-8070 or 306-590-7535 / Email kamackfrc@signyorkton.ca