



**Build  
your  
potential.**

**The possibility  
for growth  
is inside us all.**

**SIGN Vocational Employment  
SIGN Independent Living**

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**Independent  
Living**

**Vocational  
Employment**



**306-783-9420**

The programs provide on-site training and supervision as well as independent living supports and services to individuals with persistent mental health illnesses.

Vocational Employment is designed to prepare and assist individuals who have difficulty obtaining and/or maintaining employment.

### **Referral process:**

Referrals to the programs are made by Mental Health Services ONLY.



The goal of **Vocational Employment** is to increase employability and self-sufficiency of program individuals by providing supportive job skills and a job coach to monitor participants during work placements.

### **Job types:**

- ✓ Lawn care
- ✓ House cleaning
- ✓ Janitorial
- ✓ Snow removal (limited space)
- ✓ Home checks (vacations, etc.)
- ✓ Seasonal yard clean-ups
- ✓ Miscellaneous jobs



## **VOCATIONAL EMPLOYMENT**

The goal of **Independent Living** is to provide individuals with basic living skills to facilitate independent living.

### **Services provided:**

- ✓ Support and reassurance
- ✓ Teaching skills related to:
  - Housekeeping
  - Menu planning
  - Meal preparation
  - Shopping
  - Budgeting
  - Personal hygiene
- ✓ Assisting with locating housing and relocation
- ✓ Advocacy
- ✓ Assistance with accessing community resources

## **INDEPENDENT LIVING**