

"You've helped me not only to find respite for my child but have also helped me, as a parent, when I've been overwhelmed in filling out paperwork and managing things like upcoming appointments for my child.

"To find words to describe how I feel about this is hard because I am forever thankful. I don't think that I can explain the level of gratitude I feel. It has been a great just knowing that someone will show up to help. That's been so amazing."  
--Family Support client

"It is a privilege to help families in need meet their goals. I am thankful for the opportunity to be a light and assist where needed.

"I respect and appreciate the chance to visit people in their homes, to get to know them and in turn share a part of myself as I help connect them to resources in the community so that families can be more involved in their community and neighbourhoods. It fills me with gratitude."  
--Family Support staff member



## Family Support

345 Broadway Street West  
Yorkton SK S3N 0N8

Telephone  
306-782-1205

Fax  
306-783-9426

Email  
[familysupport@signyorkton.ca](mailto:familysupport@signyorkton.ca)

[www.signyorkton.ca](http://www.signyorkton.ca)  
Facebook and Instagram  
[@signyorkton](https://www.instagram.com/signyorkton)



**306-782-1205**

**Family Support aims to help families attain greater self-sufficiency. We celebrate family and youth autonomy and individuality, and respect self-determination.**

**We help families:**

- **Increase knowledge and use of healthy parenting methods;**
- **Increase community ties;**
- **Learn effective problem-solving and communication skills;**
- **Connect with doctors, counsellors, and many other services in the community;**
- **Manage household routines and develop organizational and daily living skills.**

**One of our main goals is to have more children return to their parents, and have fewer children placed in out-of-home care.**

**We provide in-home and in-community support for families in Yorkton and east-central Saskatchewan who have an open protection file with the Ministry of Social Services, or who voluntarily seek support.**

Family Support believes in supportive care teams, so whenever possible and with the permission or presence of clients, we work in collaboration with others to support the family.



Our noon hour art initiative, for instance, allows both rural and city students, with the support of the education system and teachers, to enjoy a non-competitive activity in a space where they feel safe and can explore their creative side.

**Our services are provided through in-home visits.**

**Our Family Support staff are not counsellors, social workers, or emergency personnel. They are skilled at listening, helping clients identify their own needs and strengths, and assisting clients to navigate their community and the service providers.**

**We offer mentoring and feedback in such areas of life as positive parenting techniques, communications, routines, and household management.**

