

## Our Values:

**Individual Rights:** The program promotes individual rights to freedom of expression, self-determination and decision-making and actively prevents abuse, harm, neglect and violence.

**Participation and Inclusion:** The program works with individuals, families, and carers to promote opportunities for meaningful participation and active inclusion in society.

**Individual Outcomes:** Programming is planned, delivered and reviewed to build on individual strengths and enable individuals to reach their goals.

**Feedback and Complaints:** Regular feedback is sought and used to inform individual and organization-wide service reviews and improvement.

**Service Access:** The service manages access, commencement and leaving a service in transparent, fair, equal and responsive way.

**Leadership:** The service has effective and accountable service management to maximize outcomes for individuals.

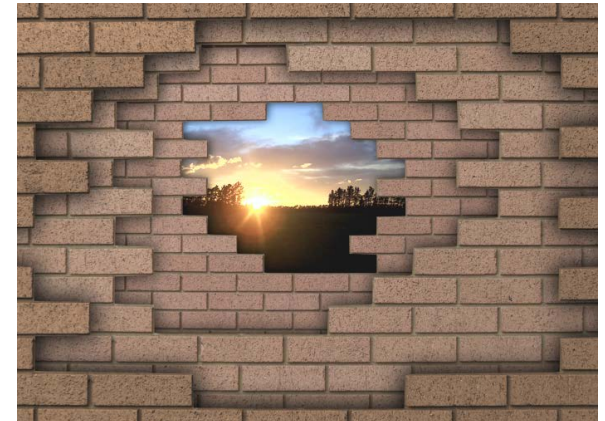


## Life Without Barriers

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**306-783-9422**

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## Our Mission :

Improving the quality of life for individuals living with an acquired brain injury by fostering independent living skills and community re-integration.

## Program Eligibility

To qualify for services, individuals must meet the following eligibility criteria:

- Have a diagnosis of moderate to severe acquired brain injury supported by medical records and are medically stable.
- Reside in the (former) Sunrise Health Region and eligible for Saskatchewan health coverage.
- Are open to willingly participate in goal-directed rehabilitation.

### Special notes:

Individuals are prioritized for services based on time since injury with priority given to those whose injury occurred in the last three (3) years.

Individuals who have a congenital brain injury or one that is a result of a progressive condition are not eligible for services under this program.

## Referral Process

Referrals to the program are made only by Saskatchewan Health Authority Acquired Brain Injury Community Coordinator.

Once a person is determined to help themselves, there is nothing that can stop them.

~ Nelson Mandela

## Our services are offered to:

Individuals  
Families or caregivers  
Third parties

## Services are delivered through:

In-home support  
Community support  
Group support

## Our Goal:

To assist individuals living with an acquired brain injury to live as independently as possible. We believe that every person is unique and focus on a person-directed approach, tailored to each individual's needs and aspirations.

## How We Can Help

- Establishing routines
- Home management
- Money management
- Accommodation assistance
- Personal hygiene
- Medication management
- Meal planning and preparation
- Memory skills
- Time management
- Accessing other agencies
- Community access
- Safety issues



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**Neighbours LIFE WITHOUT BARRIERS**