

Small changes, big differences.



Group Teen Triple P

FREE!!!

Takes the guesswork out of
parenting teenagers!

(For parents/caregivers of youth ages 10 – 16)

Thursday January 9, 2020	530 – 8pm
Thursday January 16, 2020	530 – 730pm
Thursday January 23, 2020	530 – 8pm
Thursday January 30, 2020	530 – 730pm
Thursday February 6, 2020	TBD
Thursday February 13, 2020	530 – 730pm

ALL sessions will take place at:

**Cowessess Band office
Multi-Purpose Room
Cowessess First Nation**

A commitment of attending group
on these dates is expected.

Children are NOT permitted to attend.

NO EXCEPTIONS

(please speak with Cheryl Delorme if this is an issue for you to attend)

****REGISTRATION IS REQUIRED****

Only 12 spots available

Supper at 5pm, with class starting at 530pm sharp!

TO REGISTER:

Call Cheryl Delorme
Maternal Child Health Program Coordinator
306-696-6449

www.triplep-parenting.ca



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