

# July 2025



Society for the Involvement of

**Good Neighbours KAMSACK FAMILY RESOURCE CENTRE**

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Centre closed Happy Canada Day!	Centre closed	Centre closed	Centre closed
7	8	9	10	11
9:30 - 11:30 AM Story Hour  1 - 2 PM Stroller Stride!  2 - 3:30 PM Play & Connect! (drop in)	9:30 - 11 AM Nobody's Perfect Parenting: When You and Your Child's Other Parent Don't Live Together  11 - 11:30 AM RHYME TIME! Meet @ Kamsack Public Library for sing-alongs!  1 - 3:30 PM Play & Connect! (drop in)	10 AM - 3 PM Rapid Access Counselling  10 AM - 2 PM Mom's Meet-up Join us for snacks, lunch, coffee & free programming! Meet other moms!	9:30 - 11:30 AM Play & Connect! (drop in)  1 - 3:30 PM Sensory Play - Air, Land & Sea Tuff Tray  Ages & Stages Questionnaire	9:45 - 10:45 AM Park Play! Meet @ Victoria School Park  1 - 3:30 PM Play & Connect! (drop in)
14	15	16	17	18
9:30 - 11:30 AM Story Hour  1 - 2 PM Stroller Stride  2 - 3:30 PM Play & Connect! (drop in)	9:30 - 11 AM Nobody's Perfect Parenting: The "Baby Blues"  11 - 11:30 AM RHYME TIME! Meet @ Kamsack Public Library for sing-alongs!  1 - 3:30 PM Play & Connect! (drop in)	10 AM - 3 PM Rapid Access Counselling  10 AM - 2 PM Mom's Meet-Up Join us for snacks, lunch, coffee & free programming! Meet other moms!	9:30 - 11:30 AM Play & Connect! (drop in)  1 - 3:30 PM Sensory Play - Sink or Float? Waterplay Activity  Ages & Stages Questionnaire	9:45 - 10:45 AM Park Play! Meet @ Banks Crescent Park  1 - 3:30 PM Play & Connect! (drop in)
21	22	23	24	25
9:30 - 11:30 AM Story Hour  1 - 2 PM Stroller Stride  2 - 3:30 PM Play & Connect! (drop in)	9:30 - 11 AM Nobody's Perfect Parenting: Postpartum Depression  11 - 11:30 AM RHYME TIME! Meet us @ Kamsack Library for sing-alongs!  1 - 3:30 PM Play & Connect (drop in)	10 AM - 3 PM Rapid Access Counselling  10 AM - 2 PM Mom's Meet-up Join us for snacks, lunch, coffee & free programming! Meet other moms!	9:30 - 11:30 AM Play & Connect! (drop in)  1 - 3:30 PM Sensory Play - Nature Potion Mix & Play  Ages & Stages Questionnaire	9:45 - 10:45 AM Park Play! Meet @ Park Street Park  1 - 3:30 PM Play & Connect! (drop in)
28	29	30	31	
9:30 - 11 AM Story Hour  11 - 12 PM Public Health nurses for Q&A  1 - 2 PM Stroller Stride  2 - 3:30 PM Play & Connect! (drop in)	9:30 - 11 AM Nobody's Perfect Parenting: Depression  11 - 11:30 AM RHYME TIME! Meet us @ Kamsack Public Library for sing-alongs!  1 - 3:30 PM Play & Connect! (drop in)	10 AM - 3 PM Rapid Access Counselling  10 AM - 2 PM Mom's Meet-up Join us for snacks, lunch, coffee & free programming! Meet other moms!	9:30 - 11:30 AM Play & Connect! (drop in)  1 - 3:30 PM Sensory Play - Construction Tuff Tray Play  Ages & Stages Questionnaire	Find us on Facebook!  

This calendar is subject to change. Please watch for us on Facebook and Instagram, SIGN Kamsack Family Resource Centre, located at 434 1st Street, Kamsack

To contact us: Phone 306-542-1010 / Call or text 306-590-8070 or 306-590-7535 / Email kamsackfrc@signyorkton.ca