



We provide a safe, supportive and non-judgmental space for children, youth and their caregivers to express themselves, explore their feelings, and work towards positive change.



In partnership with



**Counselling Connect
Saskatchewan**

A project by FAMILY SERVICE
SASKATCHEWAN

SIGN Rapid Access Counselling for Children, Youth and Caregivers

SIGN on Broadway
345 Broadway Street West
Yorkton SK S3N 0N8
Phone 306-782-1440
rapidaccess@signyorkton.ca

For days, times and location
visit www.signyorkton.ca,
click on Counselling,
then Rapid Access Counselling.



To make an appointment, visit
www.counsellingconnectsask.ca.
Click Book a Session, select the
session type and follow the prompts.

www.signyorkton.ca
Facebook/Instagram @signyorkton

November 2025

Rapid Access Counselling for Children, Youth and Caregivers

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counsellingconnectsask.ca



Society for the Involvement of
**Good
Neighbours**



signyorkton.ca
@signyorkton

We believe:

- No one needs to face challenges alone.
- Recognizing the mental, emotional, physical, and spiritual dimensions of wellness, we can explore goals, coping strategies, relationships, and exceptions.
- By meeting, we can build a connection where we can share and learn from each other.
- Working together, we can work on finding your best hopes for today.

Counselling can help families navigate many challenges, including:

- Behavioural concerns,
- Family conflicts,
- Trauma,
- Grief,
- Anxiety and depression,
- Bullying and
- Other social issues encountered at school.



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Good

Neighbours

RAPID ACCESS COUNSELLING
FOR CHILDREN, YOUTH & CAREGIVERS

Rapid Access Counselling for Children, Youth and Caregivers is a free accessible form of counselling provided by qualified counsellors, who may also provide information and referrals to other beneficial community and health services.

We provide support and guidance for children and youth ages 6 to 17, as well as their caregivers, through counselling services tailored to their specific needs. We are committed to making child and youth mental health services more accessible and supporting the well-being of families.

We focus on prevention, early intervention, and crisis support by reducing wait times. We do this by making it easier to schedule an appointment through the online booking system. If a counsellor is not available locally, you may book an on-line meeting with a counsellor elsewhere in the province.

Our professional counsellors are trained and licensed to provide this service. They offer collaborative and change-focused conversation to help you identify solutions and build on your strengths. You will leave the sessions with strategies you can continue to use on your own.

For those who live in Yorkton or nearby, in-person sessions are available at our SIGN on Broadway location. Those with internet or mobile data may access support from anywhere in the province if not available locally, using their desktop or mobile devices.