

Free presentations available to your group by SAC Outreach

YouPower

This program for girls, boys, and young moms is available to schools and programs that work with kids and parents. It promotes healthy emotional and social development of youth within communities across Canada. It offers three training programs: Girl Power, a pre-adolescent girls program; 2BBoys, a pre-adolescent boys program; and Fempower, a young mothers' program. All programs consist of six to 12 sessions, and are very flexible to ensure they fit your group and your requirements.

Internet Safety

Living in a digital world may be a new challenge for parents/caregivers and youth. Learn about some of the dangers, understanding technology, and how to protect ourselves and our children from exploitation and sexting. This presentation can be applied to all age groups.

Building Boundaries

Learn what boundaries are, how to set them, and how to follow through. This presentation discusses physical, sexual, emotional, and spiritual boundaries. The program can be adapted for children, teens and adults

Sexual Consent

Discuss the legal aspect of consent, age, the emotional understanding of consent, what consent looks like, sounds like, and how to say No. We also discuss safety tips and the importance of using our voice, respecting the "yes", respecting the "no", and respecting indecision. This presentation is geared for teens and young adults.

Personal Safety

This program for kids discusses the difference between small problems and big problems through books and stories. We talk about rules and dangers in our lives. We identify safe adults we can talk to and trust, and learn the importance of confident words and being able to say No.

Dealing with Peer Pressure

Our peers and friendships play a huge role in our lives and drawing boundaries in our closest relationships are often the hardest. This program works great for students in grades 6 to 12. We discuss verbal and non-verbal cues, why speaking up can be hard, and the effects peer pressure has on our self-respect and our lives.

Rock The Talk

Want to keep your kids safe but don't know how to have those "uncomfortable" conversations? Wondering if your children's sexual health is normal and developmentally-appropriate for their age? Want tips on how to set boundaries and protect your children? Designed for parents, caregivers, and front-line workers who work with children. Great way as adults to get comfortable with an uncomfortable topic.

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Society for the Involvement of

Good

Neighbours SEXUAL ASSAULT COUNSELLING

For your information...
but need more?

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Safety Planning

Plan to stay safe when we walk our streets; stay safe in our communities, schools, and sports groups; and stay safe at home. Learn what a safety plan is and how to make one. This presentation is suited for teens and adults.

Healthy Relationships

Discusses the seven pillars of healthy relationships, fair fighting and conflict resolution, and communication styles. This presentation can be formatted for middle years, teens, and adults.

Sexual Harassment in the Workplace

A look into sexual harassment and how it affects our lives, school and work environments. By understanding its effects, we create a safe environment for ourselves and our community. We look into policies and laws that protect us, the grey areas that still exist in our system, and real ways we can address the problem. Suitable for teens and adults in schools, institutions, and workplaces.

Working with Victims of Sexual Violence

We discuss who the victims of sexual violence are, trauma and its effect on the brain and memory, victim response, and implications for working with victims of sexual violence. This presentation is formulated to expand your knowledge and understanding and provide a client-based response.

Sexual Assault Report Investigator

This presentation is targeted for professionals who investigate childhood sexual abuse, including those who work in Child Protection, Victim Services and RCMP. It includes best practice techniques, sensitivity, and establishing rapport.

Confronting Myths and Stereotypes in the Prosecution of Sexual Offenses

This presentation invites us to challenge our own personal biases and beliefs about sexual assault as we uncover the real cause for assault. It highlights possible myths and stereotypes that appear during trials, appeals, and during interviewing and prosecution, as well as in our daily lives. This presentation is intended for learning professionals, service workers, and front-line staff working with both victims and perpetrators.

*The following training session is our only fee-based program.
Please contact us to discuss availability and costs.*

Sexual Assault Training for First Responder

A two-day certificate course which includes modules such as Child Abuse, Adults Who Were Abused as Children, Sexual Assault, Sexual Harassment, and Prevention. We learn important communication styles and responses, and challenge personal biases. This training program is valuable for front line workers, teachers, service providers, early childhood educators, and anyone in a helping role or profession.



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